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LacrosseTalk

The Official Publication of Canada's National Sport

U19 WOMEN
Succeed in
SCOTLAND



Canadian girls
 fight epic battle
 to win first...

World Title!

By: LacrosseTalk Staff

History was made when the Team Canada U19 Women's Lacrosse team met the USA in the 2015 FIL World Championships gold medal game for Under 19 Women's Lacrosse supremacy in Edinburgh, Scotland this past July. It would be the first time Canada competed for U19 world gold – but there were more historical firsts to be realized, as this international lacrosse story unfolded.

The Canadian U19 Women's Lacrosse team entered the 2015 World Championships ranked 3rd in the world behind the USA and Australia respectively. Since 1995, when the U19 Women's World Championship tournaments began, Canada had placed no better than third place, winning bronze in 1999, 2003 and 2011 – they finished out of the medals in fourth place in 1995 and 2007.

Canadian Head Coach, Scott Teeter, and his staff, prepared the women for the international tournament grind of eight games in ten days.

"I thought we were progressing nicely -- I was curious to see the level we would peak at and I thought we had enough talent to compete with the US," said Coach Teeter. "We were experienced and probably the deepest and most talented U19 team that Canada has ever put together. Besides experience, our biggest strength was we didn't have a weakness at any position."

Team Canada opened the tournament against long-time foes, the mighty USA, a team of top US high school players and Division I college lacrosse recruits. Canada kept on pace with the US knotting the score 7-7 at the half. This game proved to be a tale of two games as Canada turned the ball over on twelve occasions in the second half and were outshot 26-12 overall, only to be outscored 8-2 in the last frame dropping a 15-9 decision.

"The girls knew that we could compete with the US," stated Teeter. "We needed to clean up a few things, mainly possessing the ball and cards/fouls. In the preliminary game against the US, we threw everything we had at them. We just

didn't follow through with the game plan for an entire 60 minutes."

The next two games pitted Canada against Australia and England -- two teams Canada has raised their level of play against and two teams the U19's were ready to pass in the standings. Canada, stumbled against the Aussies and Brits narrowly getting their first victories of the tournament.

Canada led Australia 9-6 late in the game, only to give up three quick goals inside 4 minutes left -- the last goal with only one tick on the clock. Both teams traded OT goals and went into sudden victory OT knotted at 10-10. Thirty-four seconds into sudden victory OT, Canada's Lydia Sutton (3G, 1A) scored and secured the 11-10 win for Canada.

The next day, England proved another challenge for Canada. After a 4-2 Canada halftime lead, England outscored Team Canada 5-3 to tie the score at seven at the end of regulation time. Again, Canada gave up the first overtime goal only to have Canada's Megan Kinna (1G) clutch up and tie things up with just 0:13 left in OT. Just like the night before, Lydia Sutton (1G, 1A) scored the game winner two minutes into sudden victory to eke out a 9-8 victory over a tough English squad.

Two close OT victories-- Canada could have easily started the tournament winless in the first three games!

"It really showed me the character of my players," said Teeter. "We had both games won and we blew games late. Even when we were down in overtime, we stuck together and made some key plays to lead us to victory. It was our game to lose and I knew if we played to the level we were capable, we would finish on top."

The ladies found their legs in the next three round robin games and outscored their opponents 51-3 with lopsided victories over Wales (12-3), Korea (20-0) and host Scotland (19-0). Scoring in bunches helped fine-tune the Canadian attack and allowed for additional time to work together as a team and get accustomed to the international game and officiating.

Team Canada standout player and scoring sensation, Selena Lasota, adapted to the international game and new team systems after a successful Freshman season at Northwestern. Her fast-paced, physical play brought plenty of attention from opponents. After too many yellow cards, Lasota was rested in the Korea match.

"I thought she (Lasota) had a difficult time understanding our systems early on, as well as, playing within the parameters of the officials on the world stage," explained Teeter. "Once she bought into playing creatively within our systems, she was a force to be reckoned with!"

In second place, with a comfortable 5 win and 1 loss record, Canada was set for the Australia rematch semi-final game. In their prior match, Canada squandered

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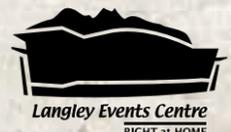


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Steele, Manville & Richardson Win BCLA Scholarships

By: LacrosseTalk Staff

The BC Lacrosse Association is proud to announce Harlowe Steele (Coquitlam), Emily Manville (New Westminster) and Jake Richardson (Langley) as the 2015 BCLA scholarship recipients. Steele was the Dorothy Robertson Scholarship recipient, Manville the Wayne Goss Scholarship recipient and Richardson received the Ted Fridge Scholarship.

Harlowe Steele has been a longtime member of the Coquitlam Adanacs lacrosse community. She played minor lacrosse with the Coquitlam Minor Association competing on many boys teams early on and all-female teams later in her minor career. She was a member of the Bantam A1 team that took gold at Provincials a few years back. Harlowe was a high performance athlete with the Team BC Box and Field Lacrosse programs winning 2 golds and 2 silvers at nationals. She is a lacrosse advocate volunteering her time coaching young Tyke girls, working introductory clinics and managing the 30-second clock at Junior B games.

In addition to coaching, Steele volunteers for KidSport Tri-Cities and has offered her time with the Share Society, Relay for

Life and many school events. She will attend San Diego State University to study environmental engineering and to play for the lady Aztecs lacrosse team.

Emily Manville has been an athlete for the New Westminster Minor Lacrosse Association since 2006 (NWMLA) where she has competed in both Box and Field Lacrosse. She played 3 seasons with both Team BC Box (2011-13) and Field Lacrosse teams (2013-15) competing at various national and international events. Her strong leadership skills and lacrosse abilities won her an invitation to try out for the Canadian U19 Women's team in 2014. Emily has also officiated box lacrosse for the past 5 years.

Manville is involved in many activities and is a person others are drawn to because of her leadership qualities. This honours student has worked as a day care assistant, a peer tutor in high school and has spent time working at the LEC as a retail associate for the Stealth lacrosse games, TWU and Junior hockey games to name a few. Manville will attend Columbia University (New York) to study chemistry and biology, with the ambition to pursue a

career in paediatric medicine. She will play Division I Women's lacrosse for the Lions.

Jake Richardson is an active player and coach for the Langley Minor Lacrosse Association (LMLA). As a Box and Field Lacrosse athlete, Jake has learned what kind of commitment it takes to succeed on and off the field. This born leader has taken initiative with all teams as a team leader and captain for his Intermediate "A" Box squad and U19 Field teams. He was awarded with the Warrior Fairplay award for his Langley U19 team at Provincials.

Outside of lacrosse, Richardson volunteers his time with the LMLA coaching young Box and Field athletes; he manages social media updates for the Senior Salmonbellies and has offered his time at the Port Coquitlam Car Shows. Jake will attend The University of Mount Olive (North Carolina) where he will play lacrosse.

Congratulations to all scholarship and bursary recipients and good luck in your future scholastic endeavors.

Team Cowieson takes BCLA 2015 Golf Classic



Photo: Dave Showers

Team Cowieson takes 2015 BCLA President's Golf Classic honours shooting -15

By: LacrosseTalk Staff

On Thursday June 25, 2014 the BC Lacrosse Association hosted the 14th Annual President's Golf Classic, honouring Canadian Lacrosse Hall of Famers from BC at Golden Eagle Golf Club in Pitt Meadows, BC.

The BCLA takes great pride in bringing the lacrosse community together with players, coaches, fans and friends of lacrosse for a day of golf and a chance to reconnect. Over 80 sponsors,

athletes and friends of lacrosse enjoyed the hot sunny weather at the Texas Scramble event.

Holes were sponsored by companies of which the BC Lacrosse Association is very grateful for their support. They included; IMPACT Canopies, GoodLife Fitness, Special Risk Insurance, BCLA, Vancouver Stealth-Langley Events Centre, Mr. Mikes Steakhouse & Bar, Investors Group, Warrior Sports Canada, Beachcomber Hot Tubs, Delta Whistler Village Suites, Freedom 55 Financial and Pacific Fasteners. Thank you for your continued support!

The golf t-shirts were once again sponsored by Firststar Sports Inc. A special thanks to Thrifty Foods-Maple Ridge for their support with the great prizes and fruit at the registration table and to Old Dutch Foods for the additional munchies.

Many thanks also go out the endless list of companies who donated prizes for the foursome gifts. Thanks to: BCLA, Beachcomber Hot Tubs, Big Kahuna Sports, Canada Safeway, Carnoustie Golf Course, Charter Bus Lines, Delta Whistler Village Suites, Executive Hotels-Coquitlam, Firststar Sports Inc., Foggy Dew Public House, Geno's Restaurant, Golden Eagle Golf Course, Hard Rock Casino-Vancouver, Hastings Park Entertainment Inc., HOPS Northwest Pub, Investors Group, Judge Begbie's Tavern, Kruger Paper Products, Lougheed Village Bar & Grill, Me-n-Ed's Pizza-Poco, Meridian Meats, Mr. Mikes Steakhouse & Bar, Paddlewheeler Pub, River's Reach Pub, Sammy J's Grill & Bar, Silver Ridge Promotions, Stefano's

Restaurant, SUBWAY Restaurants of BC, Summit Clothing, TAG Pubs (New West), Thrifty Foods-Maple Ridge, Union Jack Public House, Vancouver Stealth, Woody's Pub, and Whistler Golf Course.

The BCLA Putting Contest was won by Murray Sherwin, winning an OGIO golf bag and SUBWAY gift card and umbrella package; the Investors Group KP promotion winner was Scott Eureby; the Stealth hole promotion draw winners were Rod McLeod, Todd Webb, Randy Farrell, Dean Hamilton and Kristy Meggeson. The Hole #13 Whistler Golf getaway package included a round of golf and one night stay at the Delta Whistler Village Suites went to Randy Clough - only 5 feet away from the cup!

The men's closest to the hole award was won by Doug Webb, while Jason Boldt smoked a huge drive to win the long drive contest. For the ladies, Suzie Ratzke was closest to the pin, while Carolyn Bodnar had the long drive. And last but not least, the winning foursome, scoring 15 under par, was the Investors Group team foursome including Keith Cowieson, Don and Dean Hamilton and Sean Lindgrin.

Thank you to all the participants and volunteers like Sohen Gill, Bev Mosdell, Corrine Perriman, the BCLA staff and the GEGC staff for making this a great event. Be sure to keep the third Thursday of June 2016 free in your calendar for next year's event.

BCLA Raise \$39,753 During 2015 Vancouver Stealth Season

By: Stealth Lax

Vancouver, BC (May 7, 2015) - The BC Lacrosse Association's Lacrosse on the Move Fund Travel Grant raised \$39,753 during the Vancouver Stealth's nine home games during the 2015 season.

This is the second year that the BC Lacrosse Association (BCLA) and the Stealth have teamed up to raise funds for the Stealth-BCLA "Lacrosse on the Move" Travel Grant Program. BCLA volunteers sold 50/50 raffle tickets during Stealth home games, and the Stealth donated monies raised through an auction of player worn jerseys.

"I am thrilled with the partnership that the Stealth have formed with the BCLA to support lacrosse through the Lacrosse on the Move Travel Grant," said Stealth Owner Denise Watkins. "I'm very excited that the fundraising efforts have increased this year to nearly forty thousand dollars. These funds really help

families with travel costs so that they can participate in the sport. I'm happy that we can help the growth of the game working with the BCLA."

The Stealth introduced a new electronic 50/50 raffle system this season, replacing the existing manual 50/50 raffles, allowing fans real-time displays of total prize money available in the jackpot. 50/50 sellers were able to reach more patrons and allow longer ticket sales to increase the jackpots for the "Lacrosse on the Move" Travel Grant Fund.

For the second consecutive year, the Stealth auctioned off their limited edition game worn jerseys, raising \$9,920 during BCLA Night on March 21.

Sohen Gill, BCLA President reflects, "We are proud of the partnership that the Vancouver Stealth and the BC Lacrosse Association have created and developed over the past two years. Having a professional lacrosse team in our community

has increased the exposure and interest in the sport of lacrosse, and providing the opportunity to allocate grants to local lacrosse associations and their athletes. The Stealth has demonstrated it is committed to giving back to the greater BC lacrosse community."

In two years, the BCLA has raised \$64,573 for the Lacrosse on the Move Fund, which goes towards teams traveling to minor box lacrosse and youth field lacrosse provincial championships. Another portion funds athletes participating in Team BC, many of whom could not otherwise not be afforded the opportunity to represent our province.



SUBWAY® BCLA Lacrosse Zone Players Announced



Candace McDole receives the SUBWAY Zone Player of the Year award at the Female Provincials in July.

By: LacrosseTalk Staff

The 2015 SUBWAY® BC Lacrosse Zone Players of the Year were announced earlier this summer. Seven lacrosse zones from across BC nominate an athlete who best exemplifies what it takes to be a top athlete on and off the floor.

The following Midget aged athletes were selected as their Zone Player of the Year in 2015. Zone 1-Conor Sinclair (Cranbrook), Zone

2-Drew Bannister (Shuswap), Zone 3-Candace McDole (Ridge Meadows), Zone 4-Nick Hannay (New Westminster), Zone 5-Liam O'Connor (Vancouver), Zone 6-Brayden Zunti (Cowichan Valley) and Zone 8-Douglas Porter (Prince George).

Each 2015 SUBWAY® BC Lacrosse Zone Players of the Year received a custom embroidered Firststar jacket and a \$500 scholarship for being named to this prestigious award. The overall 2015 SUBWAY® BC Lacrosse Zone Player of the Year was Zone 3 representative, Candace McDole of Ridge Meadows. Candace, in addition to the custom Firststar jacket, received a \$1000 scholarship for the accolade. McDole is a Box and Field Lacrosse goaltender for the Burrards and has played both disciplines for Team BC in the past years.

Thomas Semple, a member of the Coquitlam Adanacs Midget A1 team, was named the SUBWAY® BCLA Midget Provincial Champions MVP. He was an integral part of the 2015 Midget A1 gold medal winning team at the Midget Provincials in Prince George. Thomas received a custom Firststar jacket and a \$1000 scholarship. Congratulations to all award recipients!

Murray ready for Boxla Farewell



Coquitlam Adanacs stalwart Bruce Murray retires after a decade with the A's.

By: (Dan Olson, Tri-Cities NOW)

Over a 15-year senior career that has seen multiple high marks and a few valleys, Bruce Murray thought the choice of leaving the sport would best be made on his own — not by injuries or Father Time.

So with one more game on the schedule, the long-time Coquitlam Adanac will try to soak all the elements of the summer game and then walk away on his own terms.

The Adanac captain said that at age 38 and with two young children, it's time to pour his summertime towards other activities.

"It's never an easy decision but I kind of knew, in my heart of hearts that the time to leave was when my body and my mind had had enough," says Murray. "I'm comfortable with my decision and I'm dreading the moments of going out, but I'd rather go out when I still can."

On Saturday August 1, at the Poirier Sports Centre, Murray put in his typical honest, full-force shift as Coquitlam hosted the Nanaimo Timbermen in what, as both teams sat outside the playoff picture, was otherwise be a meaningless contest.

For Murray, the rigors of putting up a burly defence against younger and faster shooters has added to the wear that comes from toiling on the Poirier concrete. The club is also missing the playoffs for the third time in five seasons.

Still, he says it's just as much a mental choice, that getting prepared for the game and staying motivated, while never a problem, has become a longer routine.

"It's nice to know I can still play against the young guys, that I haven't lost too many steps. But this is the first season that I felt like, 'Oh God, another practice'... I knew then that I was ready."

Considering that doctors advised he'd never play again after ripping up his knee in 2009, Murray has shown how far determination and hard work can take you.

"I was told then my career was over, that I'd be looking at a year-and-a-half of rehab before getting back to work," he recalls. "I was back playing the next season and back at work in three months — I'm not someone who will give up when told it can't be done."

Still, as life is prone to do, the season didn't unwrap as planned. Just prior to the opening game, head coach Bob Salt, who had committed to working the bench with assistant Todd Stockdale in a transition year, stepped down.

First overall draft pick Wesley Berg advised the club he wanted to play in Ontario in 2015, and veteran sniper Daryl Veltman was shipped to Victoria. Then, the club proceeded to lose the first two games by a 21-8 margin.

What kept the young lineup from falling apart after such travails was the veteran core, led by Murray.

U19 Women Succeed in Scotland – COVER OVERAGE for page 4

By: LacrosseTalk Staff

away a late lead only win in Double OT. Canada was prepared for whatever the Aussies threw at them and was adamant not to repeat the breakdowns in their one-goal round robin win. What ensued was not expected by any lacrosse fan, especially against the number two ranked Aussies.

Team Canada was dominant in all aspects of the game against Australia as they controlled ground balls, minimized turnovers, won face-off battles and outshot the Aussies 23-12. Selena Lasota (1A) earned Player of the Match for Canada, assisting on one goal and winning six draw controls to help power Canada to a 10-3 lead at half. Canada poured it on in the second half, with seven unanswered goals en route to a 17-3 trouncing of Australia. Nine players tallied for Team Canada and were led by six-point efforts by Erica Evans (5G, 1A) and Danita Stroup (4G, 2A) in the victory. The victory punched Canada's ticket in the gold medal game versus 4-time world champion USA.

"We played for a full 60 minutes and executed our systems with very few errors," reiterated Coach Teeter. "In the earlier match, the Aussies made us pay for our mistakes, which allowed them to claw back in the game. We eliminated those mistakes in the semi-final and you saw that in the difference in the final score."

"We said from day one, any time we took the field, we wanted to get better and we didn't want to peak on the first day of the championship -- we wanted to be playing our best lacrosse at the end. I thought we were hitting our stride in the elimination rounds."

Ideal weather conditions graced the stadium as rain fell on the grass field prior to the gold medal match -- a good omen in Canadian Field Lacrosse history at World Championships. Similar weather greeted Team Canada Men's team in 1978 when they won Canada's first world title; it rained again in 2006, when the Men's team captured their second world championship; and ironically, weather delays were the norm in Denver 2014 -- another Senior Men's world title realized!

Conditions were perfect as the sun broke through the clouds with crowds of red and white cheering on Team Canada. The game was a tight affair from start to finish in an epic battle that would go down in history as one of the best U19 Women's World Championship games.

The USA jumped out to a 3-1 first half lead only to be answered by the stick of Selena Lasota late in the half as she notched her first of the game at the 10:39 mark, only to add a man-up goal with 19 seconds remaining in the first half to take a 5-4 lead into the locker room...and the ever-so-important momentum into the second half!

It may be an understatement that the Canadian ladies outplayed the US (statistically) in the first half and the scoreboard didn't reflect it -- the

score could have been tilted more to the red and white's favour. Canada's disciplined approach saw them win more ground balls and possess the ball off of numerous US turnovers -- the telling stat was how Canada outshot the US 12-5 after one frame.

"We didn't get rattled when we were down 3-1. We made great adjustments to get back to our game plan on not making the game a track meet. Defensively, we played as a unit and forced the US out of their comfort zone. On the offensive, we finished our shots when needed and then won our fair share of the draw controls."

Both teams traded goals in the second half as each team tallied 4 goals apiece -- none more important than Canada's seventh goal midway through the final frame.

The confident Canadians broke the back of the US after Danita Stroup sent a gutsy backhand pass through the 8-meter zone, past the US defense, right into the stick of teammate Holly Lloyd alone on the crease. Lloyd made no mistake to put Canada ahead (7-6) for good with over 20 minutes on the clock.

Canada held off a furious USA rally with a stubborn defense and some timely saves late to preserve the win and get Canada's first U19 women's championship hardware with a 9-8 victory.

Player of the Match, Selena Lasota (3G, 2A), left her best performance when it counted the most to help secure Canada's name atop World Lacrosse headlines. Other Canadian point-getters included Holly Lloyd (3G), Lydia Sutton (2G), Brenna Shanahan (1G) and Danita Stroup (2A).

"Definitely, the championship is an outstanding accomplishment," stated an elated Teeter. "I could not be more proud of how our players bought into the coaching staff's systems and philosophies."

The U19 Team Canada Women's team will go down in history as the first number 3 seed team to win a U19 world lacrosse title; the first Canadian Women's team to defeat the USA at a World Championship; and the first Canadian Women's team (Senior or Junior) to win a world title. Not too bad for a squad that has never won a medal higher than a bronze!

"This championship will definitely change the landscape of girl's lacrosse across Canada. We hope to continue to build on all the progress that Canada has made at every level of field lacrosse and show why this is our national sport."

The U19 Women's 2015 All-World Team: Erica Evans (Canada), Ashtyn Hiron (Australia), Miranda Ibello (USA), Theodora Kwas (Australia), Rebecca Lane (Australia), Selena Lasota (Canada), Nikki Ortega (USA), Lindsey Ronbeck (USA), Amelia Ruiz (England), Lydia Sutton (Canada), Francesca Whitehurst (USA) and Olivia Wimpenny (England).

"There aren't many quality guys like Bruce Murray around anymore, he's in the line of Andy Ogilvie, Pat Coyle... He really was a huge boost with keeping our young lineup focused and resilient, considering all the injuries we faced," says Stockdale.

A Vancouver firefighter by trade, Murray said this season has had its share of obstacles to overcome. Still, the team has grown through the process and appears on a course that could reap better rewards in the near future.

"At the start of the year I kind of said that this would be it, me and [former head coach Bob Salt] would have one more kick at it... It didn't work out like we planned but [first year head coach Todd Stockdale and Shawn Joinson, Coquitlam general manager] have done a tremendous job with what's been dealt them."

Coupled with 10 years in the pro game, which saw him being a major part of the Vancouver Ravens and Colorado Mammoth, among other stops, and the one gap in his re-

sume was a boxla championship — Coquitlam fell short in two Mann Cup runs.

"Being able to go to two Mann Cups was pretty special, and while we didn't bring it home I think we came close," he recalls. "Being able to play the best in the world is something every player aims for."

His two world box championship gold medals are pretty special.

Talking with Coquitlam's all-time scoring leader Jason Wulder, who is in his first year as offensive coach with the squad, kind of prepared him for what comes after making the decision.

"He told me to really think about it, to make sure your mind is set," said Murray. "Once you are gone, you're gone and there's no coming back. I expect to have the itch but whenever I get out of bed with some aches and pains I think I'll know I made the right decision."

2015 U19 World Lacrosse Foundation Grant Awards

By: Jane Boutlier

The U19 World Lacrosse Foundation has recently announced the latest round of grant awards as part of its continued commitment to aspiring BC lacrosse players.

After being named to the Under 19 Women's Lacrosse team, Megan Kinna and Danita Stroup were both awarded grants by the Foundation. In July, Team Canada travelled to Edinburgh, Scotland for the U19 Women's World

Championships – they returned as champions after defeating Team USA.

Also receiving awards this year were U18 Team BC players Johnnie Grais and Matthew McIlwrick, who will compete for the 2015 First Nations Cup in Halifax, Nova Scotia.

Since 2010 when the first grants were awarded, the U19 World Lacrosse Foundation has provided over \$17,000 to young athletes and eligible lacrosse programs in BC.

“With BC’s incredible depth of talent and the unparalleled commitment of lacrosse program volunteers it is very difficult to decide on winners; but it is a real pleasure to read about the accomplishments and aspirations our ambitious young athletes during the selection process” said U19 World Lacrosse Foundation President Cliff Pascas. “Our grant awards support athletes in pursuit of their goals and helps to further establish BC as a lacrosse leader”.

The application deadline for next year’s awards is May 31, 2016.

Potential candidates for the award can find detailed information on the U19 World Lacrosse Foundation’s website www.U19worldlaxfoundation.com



Master's Box Champs –New Season

By: LacrosseTalk Staff

The Lower Mainland Masters Lacrosse League (LMMLL) finished their 2015 Box Lacrosse season after a long hot summer in the six team league. The 2015 season consisted of eight league and three playoff games per team.

The final games were played and a champion was crowned. Team Gold took the title for the second straight year over Team Blue 15-7.

“It was a total team effort from a great group of guys,” said Team leader Chad Hanson.

Former WLA top draft pick, John Olson, led the way with 5 goals and 3 assists. Team Red took the bronze with a 6-1 win over Team Green. Team White outlasted Team Grey 7-4 in the consolation game.

The LMMLL is now taking registration for the fall box lacrosse season. Games will be played at the Langley Events Centre

Fieldhouse, in the Vancouver Stealth practice facility.

The season will run from October 25, 2015 to February 13, 2016. Lacrosse players 35 years and older can register and is open to everyone. The league consists of six teams with 18 players and 2 goalies per team. The league plans to expand to eight teams in the future. All games are Sunday evenings in three time slots with games starting at 6:30pm, 7:45pm and 9:00pm.

To register, please contact Ian Quinney at (Lowermainlandmasters@gmail.com). Spots are filling up fast so get your money in to secure a spot. The cost is \$175.00 per player and \$100.00 for goalies. If players do not secure a spot on a team, individuals can be placed on a spare list (drop in rates apply) for when teams are short players (injuries or holidays).

WLA Announces 2015 League Awards

By: Chris Fox

The Western Lacrosse Association would like to announce and congratulate the 2015 League Award Winners and All-Stars. “On behalf of the WLA Board of Governors, myself, and support staff that have a part in ensuring that the league is run in a professional manner, we would like to congratulate all of you for being recognized as the best in our league.” said WLA Commissioner, Ernie Truant.

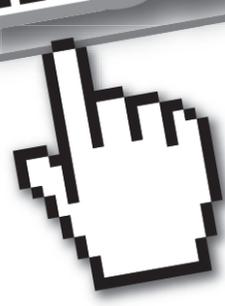
The 2015 WLA First Team All-Stars are as follows. Goaltender: Eric Penney (New Westminster). Defense: Jeff Cornwall (New Westminster) and Brett Mydske (Langley). Forward: Jesse King (Victoria), Ben McIntosh (Maple Ridge) and Corey Small (Victoria). Second Team All-Stars are as follows. Goaltender: Tye Belanger (Burnaby). Defense: Ian Hawksbee (New Westminster) and Rory Smith (Victoria). Forward: Robert Church (Burnaby), Pat Saunders (Langley) and Logan Schuss (New Westminster).

The WLA League Awards are as follows: Leo Nicholson Trophy-Outstanding Goaltender: Eric Penney (New Westminster Salmonbellies); Ed Bailey Trophy-Rookie of the Year: Anthony Malcom (Langley) & Eric Penney (New Westminster); Dorothy Robertson-Coach of the Year: Todd Stockdale (Coquitlam Adanacs); Maitland Trophy-Outstanding Play Sportsmanship Assistance to Minor Lacrosse: Bruce Murray (Coquitlam); Commission Trophy-Most Valuable Player: Ben McIntosh (Maple Ridge Burrards); Gord Nicholson-Defensive Player: Brett Mydske (Langley Thunder); Three-Star Award: Rhys Duch (Victoria); League Top Scorer: Rhys Duch and Corey Small (Victoria), Fred Wooster-Unsung Hero: Jesse Fehr (Burnaby) and Zack Porter (Maple Ridge) and the Bill Ellison Award for and the Bill Ellison Award for Playoff MVP was Aaron Bold (Victoria).



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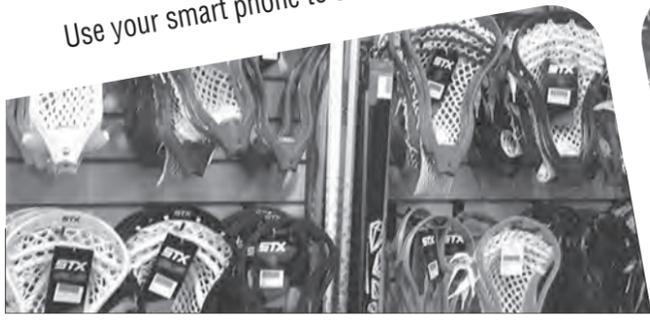


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Team U18 and U15 Field at Nationals



Team BC U18 Men's Field Team - 2015 First Nations Trophy - Silver



Team BC U15 Men's Field Team - 2015 Alumni Cup - Silver



Coach Poole learned plenty after a 2013 silver in order to adapt to achieve a 2014 gold. His new team make-up with a younger squad meant a more youthful look – one less year of nationals experience may have been overshadowed by a higher degree of talent.

“I didn’t see much of a change in the age difference – the players at this age group are young men and are all highly skilled,” said Coach Poole. “A lot of the U18 players have played at the highest level and been in some pretty intense situations – that’s reassurance that they know what it takes to compete and win!”

“We had good competitive training sessions in preparation for nationals,” noted Ian Poole. “All the guys were very focused and ready to compete for our ultimate goal. The athletes bought into the system – we focused on ball possession and teamwork – the guys were right on board.”

The U18’s ended up with a 3 win, 1 loss round robin record. Team BC defeated New Brunswick 27-0, Nova Scotia 15-5 and Manitoba 18-4 – their only loss came at the hands of Ontario 10-9. If not for a second half letdown, Team BC could have beaten Ontario. Team BC scored 79 goals for while allowing 31 against in round robin play.

The one-goal loss to Ontario in the round-robin was enough motivation to feel good about their chances in the gold game.

BC’s Riley Phillips scored 0:49 into the match and then added his second at the 2:01 mark of the opening quarter to get BC off to a quick start. BC’s sticks went cold from the 5:10 mark of the first until the start of the third quarter as Ontario

rattled off eight unanswered goals to take an 8-2 lead early in the third frame.

“We ran into a strong draw-man from Ontario that really helped them control the pace of the game,” noted Poole. “Other than that we were as good or better.”

Team BC was forced to play catch up hyper-lacrosse the rest of the way – an uphill battle since they were unable to possess the ball from the face-off X with little time to work. Both teams traded goals in the third as Ontario lead 11-5 after three quarters.

The rally was on! Nathaniel Kozevnikov opened the fourth with a goal 0:15 into the period, then added his second of the game at 6:53 narrowing the gap to 11-7. Dylan Foulds scored an unassisted marker, but Ontario answered a minute later to make the score 12-8. Riley Phillips took the team on his shoulders and scored his fourth and fifth of the game, but it was too little too late as Team BC ran out of time and dropped a 12-10 decision.

“We battled back from an 8-goal deficit,” said Poole. “The guys battled their hardest and showed a lot of character and heart to be able to come back – I couldn’t have asked for much more.”

“Overall I was happy with the group – it was a total team effort,” reflected Poole. “We have a great manager who works hard all year and a committed coaching staff. We are eager to start tryouts and we are looking to put the strongest team together to battle for that championship – the one we let slip away this year.”

Team BC top scorers included: Dylan Foulds (11G, 7A), Parker Johnson (12G, 3A), Connor McNeill (12G, 2A), and Riley Duimel (12G, 2A). Goalies Levi Gallant and Thomas Rennie allowed 31 goals for and a team 6.20 goals against average. Team BC’s all-star selections included Parker Johnson (attack), Riley Phillips (midfield), Robert (Bobby) Kidd (defense) and Levi Gallant (goal).

Team BC U15 – The Team BC U15 has been a contender winning 3 of 4 Alumni Cup titles the past four seasons – only slipping up to Ontario (12-4) in 2014. Head Coach Bryan Poole had a year to think about the 2014 loss to prepare his athletes for these Nationals.

“We felt very good about ourselves heading into the National tournament,” stated Coach Bryan Poole. “With the new age groups, we really didn’t know what to expect, however, we

spent a lot of time together and felt really good about where we were as a group heading into the tourney.”

The U15’s ended up in second place after the round robin with a 4 win, 1 loss record. Team BC scores were: 9-8 over Alberta, 27-0 over Nova Scotia, 24-1 over PEI, 21-2 win over New Brunswick and a one-sided 15-4 loss to Ontario. Team BC netted 92 goals for and yielded 37 goals against.

“The Ontario loss wasn’t much of a game, we really struggled on face-offs and didn’t handle the pressure and pace that they played at,” explained Poole.

BC met regular foes Team Ontario in the U15 gold medal match. There was much to forget about the Ontario round robin match and plenty to improve on in order to get atop the podium. BC was aware it would take a complete team effort to win.

“In the final game, we made some adjustments and we came out flying – we dominated the face-offs and wing play and possessed the ball really leading to a quick lead,” stated Poole.

BC’s Tyler Ewen and Gabriel Procyk got BC off to a good start with two goals in 2:03 midway through the quarter, only to have Ontario narrow the gap 2-1 at the end of one. Procyk netted his second of the game to go up 3-1, but Ontario answered with three of their own in 5:31 in the second, which led to a 6-4 Ontario lead at the half.

Team Ontario went up 7-4 early in the third frame and was answered by 2 goals by Finn Stark to make it a 7-6 game heading into the final frame. Daniel Chand tied the game at 7-7, but moments later, Team Ontario pulled ahead and never looked back as they dominated the last period to hand Team BC an 11-7 Alumni Cup final loss.

“It was a grind all game because you knew that Ontario could erupt at any point,” mentioned Coach Poole. “Our kids played an amazing game and never quit. I’m very happy with our results. I have to hand it to my great coaching staff of Matt Levesque and Rich Cambrey – the kids learned a lot and we are looking forward to our Baltimore trip.”

Team BC top scorers included: Tyler Ewen (17G, 0A), Daniel Chand (12G, 5A), Gabriel Procyk (12G, 5A) and Dylan McCormick (8G, 3A). Goalies Mathew Chapman and Johnny Edin allowed 37 goals for a team 6.17 goals against average. Team BC’s all-star selections included Tyler Ewen (attack) and Finn Stark (midfield).

Coquitlam Jr. Adanacs Miss-out on Minto



Team fell to the Six Nations Arrows Saturday in 9-4 loss. Arrows will hoist the trophy for the second year in a row

By: Gary McKenna, Tri City News

For the second year in a row the Coquitlam Jr. Adanacs came up short in the Minto Cup finals.

The club was finished off in Game 6 last Saturday night, falling 9-4 to the Six Nations Arrows, who repeat as junior ‘A’ lacrosse champions.

Arrows shooter Austin Staats was the first to score in the must-win match for the A’s. Brendan Bomberry, who was named Minto Cup MVP, made it 2-0 for the home team before Coquitlam was able to get on the board with a marker from Chase McIntyre.

The game looked to still be in reach for Coquitlam for a few more minutes, but two more goals from the Arrows before the end of the first and two more in the second put the A’s in a big hole going into the final frame.

A determined Jean-Luc Chetner managed to pot one early in the third, assisted by Cole Shafer, who scored a goal of his own two minutes later.

But any hope that the A’s would be able to turn things around and make a comeback were quashed when Six Nations’ Ryan Lee scored back-to-back markers less than one minute apart, both assisted by Jordan Durston.

Jordan Magnuson managed to score an unassisted tally for Coquitlam at the midway mark, but a strong defence from the Arrows made it

tough for the A’s to gain the zone.

When the final buzzer rang, Coquitlam was down 9-4, missing out on junior ‘A’ lacrosse’s biggest prize for a second year in a row.

Cole Shafer, who played his last game in a Jr. Adanacs uniform, was named player of the game for Coquitlam.

Thursday night’s Game 5 didn’t go much better for the Jr. Adanacs, who managed just two goals in the game.

Chetner scored one when he buried a pass from Cole Shafer in the first, but Coquitlam’s offence went quiet after that, despite registering 41 shots in the match. It wasn’t until Andy Campbell scored an unassisted goal five minutes into the third that the club was able to cut down the Arrows lead, but by then it was too late.

The Arrows had built up four goal lead, an enormous differential for a team with such a stingy defence and strong goaltending. In fact, Arrows netminder Doug Jamieson stopped 39 of the 41 shots he faced in the match, while at the other end of the rink Christian Del Bianco stopped 42 of 50 in the 8-2 loss.

Arrows shooter Bomberry was named MVP and also received the Jim Bishop Award, which is given for outstanding sportsmanship. It is the first time in the history of the Minto Cup series that a player has won both honours. sports@tricitynews.com



at the BC Lacrosse Association's
2015 Annual General Meeting and
Minor Box/Senior Box Lacrosse Special Sessions

October 16-18, 2015 - Whistler, BC

For Information and Registration, please visit www.bclacrosse.com

Americas Masters Games 2016 – 1 Year Out

By: LacrosseTalk Staff

Be a part of history. From sunny beach volleyball to cool curling and 26 other sports in between, there is certainly a sport for you.....and lacrosse of course!

The 2016 Americas Masters Games (AMG) will run from August 26 to September 4, in Vancouver, BC. The world class event will bring upwards of 10,000 athletes from Canada and worldwide to compete in various team and individual sports.

The sports in these inaugural Games include: Athletics, Archery, Badminton, Baseball, Basketball, Canoe Kayak, Curling, Cycling, Dance Sport, Diving, Field Hockey, Figure Skating, Golf, Ice Hockey, Judo, Karate, Lacrosse, Rowing, Rugby, Soccer, Softball, Squash, Swimming, Table Tennis, Tennis, Taekwondo, Triathlon, and Volleyball.

The Masters Games movement is centered on providing a supportive, social and fun environment for people over the age of 30 to compete in their sport. Masters events enable and encourage people to pursue an active lifestyle and reach their sporting goals, regardless of age, gender or race.

Participants are welcome from around the world for the inaugural Americas Masters Games. All abilities and skill levels are welcome to join a fun, sport and cultural filled celebration in Vancouver.

As a participant of the Masters Games you will not be competing for national glory but to push your limits, enjoy the atmosphere and engage with like-minded people from around the world.

The BC Lacrosse Association, like numerous other BC Provincial Sport Organizations, has jumped on board for these games to offer a great Masters sporting experience in Men's Field Lacrosse. BCLA VP of Development, Terry Mosdell, and his volunteer committee, have taken a lead role to plan for the lacrosse competitions.

The early plans are to have two divisions including Junior Masters ages 30+ and Grand Masters ages 45+. The team sizes will be approximately 20-25 players. The BC athletes will fall under Masters rules and will need to be BCLA registered master field lacrosse players to participate. There will be a team entry fee which will include game competitions (3-4 games depending on the number of registered teams), medals for teams that place in the top three of each age group, plenty of social events built around the

competitions and the experience of a lifetime to compete in a world sporting event. More details for lacrosse competitions will be planned and communicated in the coming months to the lacrosse community as they are confirmed.

"This event will be pretty big – we hope to have teams from all around attend," said Terry Mosdell.

About the Americas Masters Games: The Americas Masters Games are an opportunity for people of any sporting ability (from past-Olympians to bright-eyed novices) to compete in an inclusive, friendly & fun atmosphere. In 2016, Vancouver will host the first ever Americas Mas-

ters Games, supported by the following Games stakeholders: The City of Vancouver, Tourism Vancouver, Vancouver Hotel Destination Association and BC Pavilion Corporation - with

overall project and competition leadership from Sport BC & the BC provincial sport organizations. Masters competitions occur regularly at local, national and international levels, with a World Masters Games held every four years.



Devils Lose Sr. C Bronze Medal Game – PME Sr C Champions

By: Ted Clarke, Prince George Citizen

The winning streak had ended and the Westwood Sports Pub Devils have been dethroned.

They lost a nail biter semifinal 7-6 in double-overtime to the Port Moody Express at the B.C. senior C lacrosse provincial championship in Armstrong, and their batteries were drained by the time they stepped on the floor for the bronze-medal game 75 minutes later, losing that game 14-4 to the host Armstrong Shamrocks.

"We were super-tired, we were just gassed after the semifinal," said Devils coach and manager Chris Scott. "We hung in there with Moody."

The semifinal winner for Port Moody came seven minutes into the second sudden-death overtime period, after a 10-minute first overtime went scoreless. Blair Poy's shot trickled through the legs of Devils goalie Steven Brizan.

"It was shot Steve stopped but it had some backspin on it and it went back into the net - it was a greasy one but that's how those games end," said Scott. "We came out of that game with our heads held high. Moody thought they were going to walk all over us. We had our

chances and they have a good team. After 43 wins in a row you can't get too upset when you lose a couple of games and we'll come back stronger next year."

Until this weekend, the Devils hadn't lost since the 2013 season. They captured their second-straight Prince George Senior Lacrosse Association championship a month ago, while Port Moody won the Lower Mainland-based West Coast Lacrosse League.

Montgomery Jones, and Matt Rochon each scored two goals, while Danton Nicholson and Scott Anderson scored in the semifinal for the Devils.

Ridge Meadows defeated Armstrong 10-8 in the semifinal and went on to win the senior C championship game 8-6 over Port Moody.

The Devils opened with a 9-8 win over the North Shore Indians, then defeated the Kelowna Raiders 12-5. One other PGSLA team, the BX Pub Bandits, went 0-3 in the round-robin, losing 6-5 to Airdrie/Calgary, 13-4 to Port Moody and 13-4 to Armstrong. The Bandits faced the Ladner Pioneers Sunday for ninth place and lost 10-7.

Senior Men's Field Fall Start

By: Mary Clare

Men's field lacrosse is a competitive league that consists of 8 teams from the lower mainland.

We are looking for players born 1995 and earlier. The youth age group has changed from U19 to U18, so all 3rd year U19 players are now eligible to play in the senior league. Most of the teams have a lot of younger players – it's not as scary as it sounds! We play Saturday nights out of Coquitlam Town Centre and Queens Park East in New Westminster.

The league kicked off with a jamboree on September 12th, league play began September

19 and runs through to December 5th, breaks for Christmas and re-starts January 16th. A provincial championship will take place at the end of February. Last year, we had an island team attend provincials, and we are hoping to expand that to teams from the interior this year. The top two teams are eligible to go to Nationals and play for the Ross/Victory Cup.

For more information please contact the commissioner, Mary Clare, at H: 604-946-5082, C: 604-862-8730 or email marykclare@hotmail.com. She can put you in touch with teams that have room on their rosters. Our website is www.cwfl.ca

2015 SUBWAY BCLA Box Lacrosse Provincial All-Star Teams

<p>Female Junior All-Stars</p> <p>Harlowe Steele (Coquitlam) Serafina Sia (Great White North) Nadine Stewart (New West #1) Jenna Chernoff (New West#2) Charlie Robinson (Port Coquitlam) Ashley Bull (Ridge Meadows)</p>	<p>Midget A1 All-Stars</p> <p>Jalen Chaster (Coquitlam) Riley Condon (Juan de Fuca) Riley Richardson (Langley) Will Malcom (New West) Daytin Vidovich (Ridge Meadows) Dawson Gordon (Saanich)</p>	<p>Bantam A1 All-Stars</p> <p>Luca Antongiovanni (Coquitlam) Ben McDonald (Delta) Adam Bland (Juan de Fuca) Tanner Koroluk (Kamloops) Nikhil Dhandwar (New West) Braeden Washington (Ridge Mdws)</p>	<p>Pee Wee A1 All-Stars</p> <p>Josh Iacino (Coquitlam) Jacob Pearson (Delta) Daniel Ramage (Juan de Fuca) Caleb Campbell (Kamloops) Lleyton Shearon (Langley) Joel McCormick (Ridge Meadows)</p>
<p>Female Midget All-Stars</p> <p>Emily Nelson (Coquitlam) Makinna Bourque (Nanaimo) Keeley O'Neill (New West #1) Cassandra Gill (Port Coquitlam) Paige Bell (Ridge Meadows #1) Kaila Barteski (Ridge Meadows #2)</p>	<p>Midget A2 All-Stars</p> <p>Daniel Miller (Coquitlam) Kevin Boettger (Kamloops) Adam Fulton (Nanaimo) Jean-Francois Leroux (Penticton) Rylee Fisher (Port Coquitlam) Ryan Popkey (Port Moody) Dawson Bancroft (Semiahmoo) Jake McIntosh (Prince George)</p>	<p>Bantam A2 All-Stars</p> <p>Marcello Mannarino (Coquitlam) Justin Charlton (Kelowna) Kirk Bothwell (New West) Caden Colmorgen (N. Okanagan) Shaun Davison (Peninsula) Cameron Ickert (Ridge Meadows) Ryder Bremner (Surrey) Bryan Toth (Vic-Esquimalt)</p>	<p>Pee Wee A2 All-Stars</p> <p>Graham Sward (Abbotsford) Jackson Owen (Cowichan Valley) James Bogardis (Kelowna) Matt Collis (Mission) Eli McComb (North Shore) Griffen Gouger-Davis (Pr. George) Owen Robertson (Ridge Meadows) Leo Stewart-Smulders (Vancouver)</p>
<p>Female Bantam All-Stars</p> <p>Brigita Cecic (Burnaby #1) Fiona Briner (Langley) Sarah Ferguson (Nanaimo) Erica Malcom (New West) Addison Bradley (Pt. Coquitlam #1) Molly Schmidt (Pt. Coquitlam #2)</p>	<p>Midget B All-Stars</p> <p>Dylan Nishiyama (Abbotsford) Levi Hofmann (Comox Valley) Brandon Bavaro (Coquitlam) Josh Vanos (New West) Justin Reedeker (Peninsula) Rhys Whittaker (Quesnel) Mateo Lonon (Ridge Meadows) Drew Bannister (Shuswap)</p>	<p>Bantam B All-Stars</p> <p>Nicholas Mahon (Abbotsford) Ethan Mainprize (Campbell River) Eidan Joss (Coquitlam) Jake Morin (Juan de Fuca) Dylan Wormald (Langley) Lucas Price (Port Coquitlam) Kaleb Hallett (Prince George) Mitchell Brown (Shuswap)</p>	<p>Pee Wee B All-Stars</p> <p>Carter Squire (Abbotsford) Temeke Gottfriedsen (Kamloops) Sean Wade (Langley) Brenden Jamieson (Oceanside) Jordan Rekunyk (Port Coquitlam) Tenzin Nyman (Ridge Meadows 1) Brandon Landreville (Ridge Mdws 2) Axel Nezil (Saanich)</p>
<p>Female Pee Wee All-Stars</p> <p>Emily Kuhn (Burnaby #2) Breanna Hollingshead (Coq. #2) Keira Martin (Nanaimo) Paige Brooks (New West #2) Annaka Polan (Port Coquitlam) Leona Sinclair (Ridge Meadows #2)</p>	<p>Midget C All-Stars</p> <p>Tim Rice (Fort St. John) Matthew Constantine (JdF #3) Tyler Boucher (Vanderhoof) Ben Rigoni (Williams Lake)</p>	<p>Bantam C All-Stars</p> <p>Blake Bosak (Abbotsford) Jordan Sandhu (Juan de Fuca) Dimitri Passutto (Kelowna) Tristan McCarron (Langley) Keegan Allen (Penticton) Daniel Bowers (Port Coquitlam) Simon Nemethy (Vanderhoof) Brian Martin (West Kootenay)</p>	<p>Pee Wee C All-Stars</p> <p>Kenny Sweet (Campbell River) Dakota Dubreul (Delta) Owen Barrows (Kamloops) Noah Pakter (Langley) Owen Leary (Mission) Jack Thomson (Ridge Meadows) Ryley Lockhurst (West Kootenay) Rhys Ladouceur (Victoria)</p>

Canadian Lacrosse Hall of Fame Announces 2015 Inductees

New Westminster, BC – Ten new members and one team have been named for induction into the Canadian Lacrosse Hall of Fame for 2015.

The new inductees include: Box Lacrosse Players Jim Veltman (Stouffville, Ontario), Tom Patrick (Brampton, Ontario), Curt Malawsky (Maple Ridge, BC) and Chris Gill (Pitt Meadows, BC). Field Player Jeff Gombar (Port Coquitlam, BC). Builders Terry Sanderson (Ontario-Deceased), Lindsay Sanderson (Orangeville, ON) and Chris Hall (BC-Deceased); Veteran Players Ed Goss (New Westminster, BC) and Larry Lloyd (Whitby, Ontario); and the 1981-1983 Peterborough James Gang Lacrosse team in the Team Category.

The new inductees will bring the number of those honoured in lacrosse's national shrine to 505 --149 Builders, 307 Players and 49 Veterans (those who played prior to 1975). There are 19 teams inducted in the Canadian Lacrosse Hall of Fame Team Category.

The formal induction banquet and ceremonies will be held Saturday November 14, 2015 at the Canadian Lacrosse Hall of Fame at the ANVIL Centre in New Westminster, British Columbia. For additional information please visit the Canadian Lacrosse Hall of Fame website at canadianlacrossehalloffame.org or contact David Lancaster, Canadian Lacrosse Hall of Fame Chair, at (604) 717-5522 or E-mail at davidl@lancasteranddavid.ca

2015 Canadian Lacrosse Hall of Fame Inductee Bios

Builders Category-

Chris Hall (BC-Deceased) -- As a youngster in Victoria, BC in the early 1960's, Chris Hall watched his dad work as a scorekeeper for the Shamrocks lacrosse team. Chris played basketball, rugby and other sports, but it was box and field lacrosse, that he went on to excel in as a player, coach and General Manager. Hall played for the Victoria Shamrocks in the Western Lacrosse Association (1973, 1974, 1976-1982). He played one season (1975) for the Boston Bolts of the original National Lacrosse League. He went on to coach or co-coach the Shamrocks for 10 seasons between 1983 and 2001. He won the Mann Cup as a player in 1979 and as a coach in 1983 and 1999. He played for Canada in the World Games in Baltimore (1982), in Los Angeles (1984) and in the World Championships in Toronto (1986). He was selected all-world defenseman at the World Games (1984). Chris was the head coach and GM of the Canadian National Field Team from 1988-1994 and led the squad to a silver medal in Australia (1990) and a bronze medal in England (1994). In 1980, he co-founded and head coached the Victoria Seaspray field lacrosse club. Under his leadership, the team captured 12 Ross Cup Senior Men's National Championships. Hall's NLL coaching career began in 2002 with the Calgary Roughnecks. He took the Roughnecks and the Washington Stealth to NLL championships in 2004 and 2010 respectively. He also coached Team England in two world indoor box lacrosse championships. Chris was inducted into the Greater Victoria and National Lacrosse League Halls of Fame prior to his death in December, 2014 at the age of 64.

Lindsay Sanderson (Orangeville, ON) -- In the 1980's, Orangeville, Ontario's Lindsay Sanderson was a team leader, fierce competitor and leading scorer in Senior B lacrosse, winning 6 consecutive provincial championships and 3 Presidents' Cup national championships with the Orangeville Northmen (1981, 1982 and 1984). In 237 regular season and playoff games, he scored 856 points. He played Senior A with the Brampton Excelsiors in 3 Mann Cup series (1976, 1980 and 1981). But his impact off the floor has been even greater. Since the 1970's, Lindsay has coached and held key positions in minor lacrosse from director to president. He was instrumental in turning around Orangeville Minor Lacrosse in the 1980's and developed it into one of the premiere associations. He has coached lacrosse at every level -- Minor, Junior,

Major and in the professional National Lacrosse League with the Montreal Express, Ottawa Rebel and Toronto Rock -- he was also head coach and GM of the NLL Philadelphia Wings (2005-2008). He was assistant coach on 3 Minto Cup teams in Orangeville and a Mann Cup team in Brampton. All together, as a coach and GM, Lindsay has won 12 Ontario Minor Lacrosse championships, 14 Junior, Senior and Major championships and 7 national championships. The Ontario Lacrosse Association honoured him with the prestigious Mr. Lacrosse Award (1995) and he was given the Jim Bishop Memorial Award (1999) as Junior A coach of the year. Lindsay Sanderson is currently GM of the Jr. A Barrie Lakeshores.

Terry Sanderson (ON-Deceased) -- Terry Sanderson is one of Canada's all-time winningest coaches at the highest levels of lacrosse. He played his Junior lacrosse in Bolton, Ontario and Senior with Orangeville, Fergus and in Victoria. Sanderson played pro lacrosse for the NLL Syracuse Sting (1974) and Quebec Caribou (1975). He was a pick-up player for the Mann Cup winning Brampton Excelsiors in 1980. In 218 Major lacrosse games, he tallied 610 points and in 158 Senior B games, he scored 816 points. After his playing days, he helped create the Orangeville Junior B Northmen in 1989 and the Orangeville Junior A team in 1991. He coached the Junior A team to three Minto Cup championships (1993, 1995 & 1996). He was a member of the coaching staff of the Mann Cup winning Brampton Excelsiors (2002) and the team's assistant coach in their Mann Cup victories (2008 & 2009). He was the General Manager and coach of the professional Toronto Rock when they won the NLL championship in 2005. After stints with NLL teams in Philadelphia and Calgary, Terry rejoined the Toronto Rock in 2010 as assistant coach and eventually GM. He is a member of the Orangeville Sports Hall of Fame and the Ontario Lacrosse Hall of Fame. Terry Sanderson died in November, 2014 at age 62.

Player Category-

Jim "Scoop" Veltman (Stouffville, ON) -- Veltman played lacrosse for the Brampton Excelsiors at the Minor, Junior and Senior levels. He was a perennial top seven OLA Junior A league scorer in his final 3 Junior seasons and received the Dennis MacIntosh Memorial Trophy for ability and sportsmanship and League MVP honours. In 1988 and '89, Jim moved west to play for the Coquitlam Senior A Adanacs where he made an instant impact -- he was a First Team All-Star, Rookie of the Year, WLA MVP and WLA Scoring Leader while leading the A's to a Mann Cup final in 1988. In seven seasons with Brampton (1990-1998), Veltman brought home 3 Mann Cups; he won his fourth ring with the Victoria Shamrocks in 2003. During his Major/Senior career, he scored 145 goals and 389 assists in 155 games; he scored another 93 goals and 279 assists in 123 playoff games.

Jim played 16 seasons in the NLL (1992-2008) with Buffalo, Ontario and Toronto, winning 8 Championships. In 14 of his 16 NLL seasons, he led the league in loose balls and reached the 2000th career loose ball milestone. In 211 NLL regular season and playoff games, he netted 164 goals and had 533 assists. Veltman was the first recipient of the NLL Sportsmanship Award (2002) and the Toronto Rock's "Les Bartley Award" (2004). In his international career, Jim captained the 2003 Team Canada team that won the World Indoor Lacrosse Championships. Since retiring, Veltman has been active in the CLAX winter league as commissioner. He is also a member of the NLL Hall of Fame (2009) and the Brampton Sports Hall of Fame (2011).

Tom Patrick (Brampton, ON) -- Tom Patrick played Junior A for the St. Catharines Athletics from 1971-1975. This prolific goal scorer was a top eight OLA Junior Series league leading



scorer in 1973-75 for the Athletics. Patrick is the 12th all-time top career goal scorer of the OLA Junior Series with 295 goals. In 111 regular season Junior A games, he scored 295 goals and had 199 assists for 494 points.

Patrick played for the Brampton Excelsiors of the Major Series from 1976-1981. In his rookie season (1976), he won the Bucko McDonald Trophy as League Top Scorer and awarded the Gene Dopp Award for Outstanding Rookie of the Major Series. In 130 regular season Major games, he scored 205 goals and had 187 assists for 392 points and an additional 73 goals and 72 assists in 82 playoff games. Patrick was a player in five Mann Cup Championships, winning one Mann Cup title with the Brampton Excelsior in 1980. In 2006, Tom Patrick was inducted into the Ontario Lacrosse Hall of Fame.

Chris Gill (Pitt Meadows, BC) -- Chris Gill was born and raised in Coquitlam across the street from Smith Box. He played 16 years of minor, Intermediate and Junior lacrosse with the Adanacs. In Junior, this two-time All-Star netted 137 goals and 104 assists for 241 points in only 72 games. In one of the most memorable Minto Cup finals, he led the Adanacs to the 1992 final, only to lose in seven games to Six Nations. Gill followed in his father's footsteps and at 21 years of age joined the Vancouver Fire Department and was selected number one overall in the WLA draft (1994). In 13 WLA seasons with the Burrards and Salmonbellies, he scored 482 goals and 352 assists for 833 points in 282 regular season and playoff games. Gill was a five-time WLA All-Star, a two-time league leading scorer (1997 & 2000), the Three Star Award winner (1997) and WLA MVP (1998). He played in two Mann Cups (2008 & 2009) with the Salmonbellies. In 2001, Chris won a President's Cup with the North Shore Indians. His 186 game pro career had stops in Baltimore, Ontario, Toronto, Vancouver, Calgary, Edmonton and Colorado where he scored 354 goals and 235 assists for 589 points. He won three NLL Championships with Toronto (2) and Colorado. Gill also was a member of the Team Canada U19 team in the 1991 World Field Lacrosse Championships as well as a member of the Men's National Field Lacrosse team (1998 & 2002). He coached four seasons the WLA Salmonbellies and is currently bench boss for the Maple Ridge Burrards. In the off season, Gill is a co-coach with the NLL Colorado Mammoth. Chris Gill will enter the Hall of Fame as a fourth generation inductee after great grandfather Les Dickinson, grandfather Bill Dickinson and father Sohen Gill.

Curt Malawsky (Maple Ridge, BC) -- Curt Malawsky grew up playing lacrosse in Coquitlam's Smith Box. He played all of his Minor, Intermediate and Junior lacrosse with the Adanacs. This two-time Junior league All-Star was the 1991 BCJALL league Top Scorer. In 82 Junior A regular season and playoff games, Malawsky scored 102 goals and 184 assists for 286 points. Curt was a top draft pick of the Salmonbellies in 1992. His 13-year WLA career has stops in New West, North Shore and Coquitlam.

This six-time WLA All-Star also captured the WLA's Maitland Trophy for sportsmanship, ability and commitment to minor lacrosse (2000, 2001, 2002 & 2007). In 227 regular season games, he scored 326 goals and 390 assists for 716 points. In playoff action, he netted 179 goals and 231 assists in 137 games. Malawsky won the 2001 Mann Cup with Coquitlam in seven games over Brampton. He played 12 seasons in the NLL with stops in Calgary, Arizona, San Jose, Vancouver and Rochester. In 177 games, he scored 287 goals and 294 assists for 581 points winning one NLL title with Calgary (2009). As a coach, Malawsky's Junior A teams won three Minto Cups -- two with the Burnaby Lakers (2004 & 2005) and one with the Coquitlam Adanacs (2010). Curt currently coaches the NLL Calgary Roughnecks.

Field Player Category-

Jeff Gombar (Port Coquitlam, BC) -- Lacrosse has taken Jeff Gombar to all corners of the world since he picked up a lacrosse stick as a 5-year-old in Port Moody, BC. He played goal for the Coquitlam Jr. A Adanacs (1984-87), won 1st Team All-Star and top goaltender honours (1986 & 1987) and was BCJALL co-MVP with Paul Gait. His first exposure to field lacrosse came as a member of the Team BC U19 field lacrosse team that competed at the 1985 Western States Lacrosse Tournament. His play led to a scholarship offer from Whittier College where his teams won three Western Collegiate Lacrosse League titles and two Western States championships (1985-1989). In his senior year, he was a conference All-Star and named an alternate for the North-South Collegiate all-star game. Jeff was a first-round draft pick of the Coquitlam Adanacs (1988) and played 13 WLA seasons with Coquitlam, North Shore and Okanagan.

His Coquitlam Adanacs and Tri-City field lacrosse clubs were 6-time Provincial champs and he received top goaltender honours in each. His club won six National Field Lacrosse Championships. Jeff led his squad to four national titles including three Ross Cups (1992, 2004 & 2007). Gombar was named top goaltender on three occasions and Ross Cup MVP goalie (2004). He played on two Pacific Northwest Lacrosse Association tournament champions (1990 & 1991) and received top goaltender honours twice (1991 & 2001). As a member of Team Canada's Men's Field Lacrosse team, he competed at the World Championships in Manchester (1994), Baltimore (1998) and Perth (2002) winning a bronze and two silvers. Gombar was the first Head Coach of the SFU Men's field lacrosse program (1996-1999) where his team captured three PNCLL titles. Jeff was an assistant coach on the world champion 2006 Team Canada Senior Men's Field Lacrosse Team that won Canada's first FIL title since 1978. He was an assistant coach with the Team Canada U19 Men's team that captured silver (2008) and with the silver medal winning Team Canada Senior Men's squad (2010). He was inducted into the Canadian Lacrosse Hall of Fame as a member of the 2006 Team Canada Men's Field team (Team Category).

Veteran Player Category-

Larry Lloyd (Whitby, Ontario)

Larry Lloyd played for the famed Oshawa Green Gaels from 1965-69 and a member of 4 Minto Cup winning teams. In 63 Junior A games, he scored 155 goals and added 119 assists for 274 points and added 57 goals and 49 helpers in 28 playoff games. Lloyd netted 7 goals and 6 assists in his first Senior A game with the Brooklin Redmen (1968). He played three seasons of pro lacrosse for the Detroit Olympians (1968) and the Philadelphia Wings (1974-75) where he was voted to the 1st and 2nd All-Star teams with the Wings. In 179 Senior A regular season games with Brooklin and Windsor, he scored 356 goals and 315 assists for 671 points and added 57 goals and 32 assists for 89 points in 37 playoff games.

Lloyd was inducted into the Oshawa Sports Hall of Fame (1992) and the Canadian Lacrosse Hall of Fame (2000) as a member of the Oshawa Green Gaels (Team Category).

Edward Goss (New Westminster, BC)

Edward Goss was born and raised in the Sapperton area of New Westminster, BC. As a youth he played hockey, soccer and basketball, but it was lacrosse that he excelled. This life-long Salmonbellie played minor lacrosse in New West where his teams were perennial champions. Goss's Junior A 'Bellies team were Minto Cup finalists three consecutive years (1966-68). In 64 regular season Junior games, he scored 141 goals and 133 assists for 274 points. Ed was named Junior A Rookie of the Year and 1st Team All-Star (1966); won the Bill Dickinson Trophy as league top scorer and First All-Star team (1967) and held the record for most goals in a game (11) before it was broken

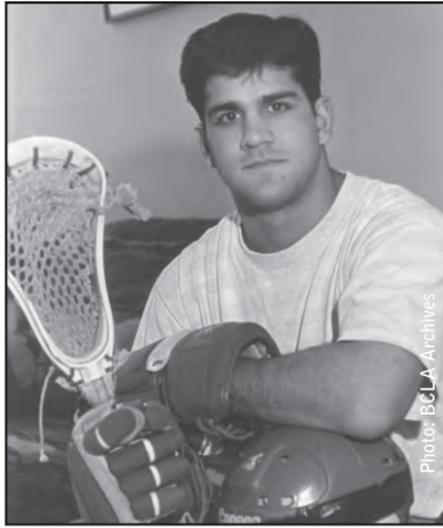
Continued from - Canadian Lacrosse Hall of Fame Announces 2015 Inductees

some 20 years later by Gary Gait. He played three pro seasons with New Westminster (1968-69) and Maryland Arrows (1975) winning two World Professional Championships with the Salmonbellies. Ed joined the Salmonbellies as an underage player in 1969 and played Senior A ball for New West over six seasons from 1969-1977. In his first Senior season, Goss scored 51 goals and 45 assists for 96 points and was named to the 1st All-Star team. He was the W.C. Ellison Trophy recipient for playoff MVP that same season. In 188 Senior A and pro games, Ed netted 215 goals and 301 assists for 516 points and 376 penalty minutes. His Salmonbellies team went to three straight Mann Cups, winning two (1970 & 1972). Goss was inducted into the Canadian Lacrosse Hall of Fame as a member of the New Westminster Salmonbellies 1968-1972 team.

Team Category-

Peterborough James Gang 1981-83 – The Peterborough James Gang lacrosse teams, that were coached by Mark Vitarelli and managed by Lee Vitarelli, won three straight Minto Cup titles in 1981, 1982 and 1983. In three regular seasons, the James Gang amassed a record of 58-4. In the 1981 season, they had a perfect 20-0 regular season and in playoffs, they swept Elora and Brampton before defeating Oshawa 4 games to 3 for the Junior A title. They went on to defeat the Burnaby Cablevision 4-0 for their first of three Mintos. In the 1982 season, Peterborough finished in first place with a 17-3 record. They swept Hamilton, Etobicoke and Oshawa for the Ontario title, then defeated Victoria-Esquimalt Legionnaires in five games. In the 1983 season, the James Gang finished first again with a 21-1 record in the eastern division. This team went a perfect 8-0 to win the eastern title before going 4-0 in the Minto Cup round robin over Etobicoke and New Westminster.

Hall of Fame 4-peat for Gill-Dickinson Family



Chris Gill



Sohen Gill

a very good lacrosse player and people would say he takes after me – I'd always say, no, Bill Dickinson (Chris's grandfather) was the key to his success."

Sohen's father-in-law, Bill Dickinson, was a formidable player with a reputation as both a great defenseman and a top scorer from 1935 to 1951 in the Intercity Lacrosse League (ICLL). In 398 career games with Richmond, Vancouver, North Shore Indians and Salmonbellies, including 21 Mann Cup finals games, he scored 941 points including 611 goals. After retiring from the game, he held the position of ICLL commissioner for 6 years. He was inducted into the Canadian Lacrosse Hall of Fame in 1965.

Bill's dad, Les, inducted into the Hall in 1971, got the lacrosse ball rolling in 1936 when he helped to establish the Vancouver Burrards. One of his first recruits was son Bill for the 1937 season. Under Les's leadership and Bill's checking and scoring prowess, the Burrards went from ICLL cellar dwellers to Mann Cup finalists in 1940.

Almost 80 years of lacrosse in the Gill-Dickinson families has shaped many lacrosse lives in four generations of lacrosse in BC. And with other family members volunteering and the younger generations of the family toiling in minor lacrosse, there's a good chance of future greatness.

"Four generations...it's never been done before," noted Sohen Gill. "I'm not sure if there has even been three generations of inductees – there could be a fifth generation in the future."

By: Bruce MacDonald & LT Staff

Chris Gill is joining his father, grandfather and great-grandfather in the Canadian Lacrosse Hall of Fame. Gill is one of ten new inductees to be honoured by the Hall later this November.



In thirteen Western Lacrosse Association (WLA) seasons with the Burrards and Salmonbellies, Chris scored 482 goals and 352 assists for 833 points in 282 regular season and playoff games. He was a five-time WLA all-star, a two-time league leading scorer (1997 & 2000), the Three Star Award winner (1997) and WLA MVP (1998). He played in two Mann Cups (2008 & 2009) with the Salmonbellies.

Chris has also given much of his time back coaching youth lacrosse in Ridge Meadows as well as coaching his daughter on various Team BC teams including Women's Field Lacrosse.

"It was a shock when I was first told – I couldn't believe it," said an elated Gill. "This award means so much to me and my family – it's neat to follow in my families footsteps being inducted alongside such greats."

Chris's dad, Sohen, twice the commissioner of the WLA, was inducted into the Hall in 2005 as a builder. He managed and coached teams beginning in 1970, not to mention organized thirteen national championship tournaments. Between 1961 and 1969, Sohen played eight seasons of senior lacrosse with Burnaby, Victoria, Vancouver, and Coquitlam, scoring 141 points in 111 games. He is widely considered the first Indo-Canadian lacrosse player in western Canada and very likely the first in the entire country.

"I was very excited to hear of Chris's selection to the hall," stated the elder Gill. "You look back to his youth lacrosse days, he was

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Pee Wee A1 Gold - Ridge Meadows Burrards



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Pee Wee C Gold - Kamloops Rattlers



Bantam A1 Gold - Juan de Fuca Whalers



Bantam A2 Gold - Surrey Rebels



Bantam B Gold - Campbell River Ravens



Bantam C Gold - Penticton Heat



Midget A1 Gold - Coquitlam Adanacs



Midget A2 Gold - Port Moody Thunder



Midget B Gold - Coquitlam Adanacs



Midget C Gold - Vanderhoof Bears



Female Junior Gold - Coquitlam Adanacs



Female Midget Gold - Ridge Meadows Burrards 1



Female Bantam Gold - Port Coquitlam Saints



Female Pee Wee Gold - Ridge Meadows Burrards

By: LacrosseTalk Staff

The 2015 SUBWAY® BCLA Box Lacrosse Provincial Championships took place during the month of July in four centres around BC. The 2014 Provincials had 111 teams with over 2700 athletes, coaches and volunteers participating in the championships.

The events and locations were: Pee Wee and Female Provincials July 8-12 in Ridge Meadows and Port Coquitlam, the Bantam Provincials July 15-19 in Kelowna and the Midget Provincials July 22-26 in Prince George.

The 2015 SUBWAY® BCLA Box Lacrosse Provincial medal winners were as follows.

Pee Wee Girls-Gold: Ridge Meadows, Silver: Burnaby, Bronze: New Westminster. Pee Wee A1-Gold: Ridge Meadows, Silver: Coquitlam, Bronze: Juan de Fuca. Pee Wee A2- Gold: Ridge Meadows, Silver: Mission, Bronze: Cowichan Valley. Pee Wee B-Gold: Saanich, Silver: Oceanside, Bronze: Port Coquitlam. Pee Wee C-Gold: Kamloops, Silver: Campbell River, Bronze: Mission.

Bantam Girls-Gold: Port Coquitlam 1, Silver: New Westminster, Bronze: Port Coquitlam 2. Bantam A1-Gold: Juan de Fuca, Silver: Ridge Meadows, Bronze: Coquitlam. Bantam A2- Gold: Surrey, Silver: Vic-Esquamalt, Bronze: Peninsula. Bantam B-Gold: Campbell River, Silver: Shuswap, Bronze: Juan de Fuca. Bantam C-Gold: Penticton, Silver: Vanderhoof, Bronze: Juan de Fuca.

Midget Girls-Gold: Ridge Meadows 1, Silver: Ridge Meadows 2, Bronze: Coquitlam. Midget A1-Gold: Coquitlam, Silver: New Westminster, Bronze: Langley. Midget A2-Gold: Port Moody, Silver: Prince George, Bronze: Nanaimo. Midget B-Gold: Coquitlam, Silver: Comox Valley, Bronze: Peninsula. Midget C-Gold: Vanderhoof, Silver: Juan de Fuca, Bronze: Williams Lake and in the Junior Girls-Gold: Coquitlam, Silver: Ridge Meadows, Bronze: New Westminster.

The SUBWAY® Team Sportsmanship award went to the Pee Wee A2 Kelowna Kodiaks team, Female Junior Prince George Posse team, the Bantam A1 Delta Islanders and the Fort St. John Midget C team.

The Warrior Tournament MVP's were as follows.

The Warrior Sports Canada Most Valuable Player award selections were: Pee Wee A1 – Joel McCormick (Ridge Meadows); Pee Wee A2 – Eli McComb (North Shore); Pee Wee B – Brenden Jamieson (Oceanside); and Pee Wee C – Kenny Sweet (Campbell River). Bantam A1 – Drew Andre (Ridge Meadows); Bantam A2 – Ryder Bremner (Surrey); Bantam B – Dylan Christensen (Campbell River); and Bantam C – Daniel Bowers (Port Coquitlam). Midget A1 Thomas Semple (Coquitlam); Midget A2 – Ryan Popkey (Port Moody); Midget B – Brandon Bavaro (Coquitlam); and Midget C – Sam Peet (Vanderhoof). Female Junior – Harlowe Steele (Coquitlam); Female

Midget Nicole Pahnke (Ridge Meadows 1); Female Bantam – Addison Bradley (Port Coquitlam); and Female Pee Wee – Morgan Hamilton (Ridge Meadows 2).

A special thank you to SUBWAY® Restaurants of BC for being the title sponsor of the BCLA Box Lacrosse Provincial Championships including sponsoring the Meal Program offering a \$5 Cash Card to every athlete participating in the 2015 Provincials, as well as, the title of the Team Sportsmanship Awards; major sponsors Warrior Sports Canada for being the title sponsor of the Trix with Stix competitions, supplying the lacrosse balls, Fair Play hats, and tournament MVP packages; to Tim Lansall and Firststar Sports Inc. for the Game MVP award

IceSkin towels; to Silver Ridge Promotions for producing great apparel items for all lacrosse fanatics; Vancouver Sports Pictures, Freeze Frame Photography, Cliff Hanger Multi Media for shooting photos at all Box Provincial events and STA for assisting team travel for all BCLA Box and Field Lacrosse Provincial Championships.

Also, we could not put on such quality tournaments without our many volunteers from all over BC. Thank you to the Provincial Tournament Committees with their volunteer teams for their endless hours of work preparing for the events. Your help is appreciated by the athletes, parents and friends of lacrosse.

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Team BC Box Medal at Nats

By: LacrosseTalk Staff

This past summer, six Team BC Box Lacrosse teams competed in three provinces at the 2015 Youth National Box Lacrosse Championships. The Bantam boys Nationals were held July 21-25 in Saskatoon, Saskatchewan; the Female Nationals were held July 21-25 in Calgary, Alberta and the Pee Wee and Midget boys Nationals, August 2-8, in Whitby, Ontario alongside the OLA Lacrosse Festival.

Team BC Box Lacrosse teams competed well at Box Nationals this summer and brought home six medals -- two gold, three silver and one bronze.

Female Bantams-A determined Bantam squad headed to Calgary with gold on their minds. The Bantams posted a 5-1 round robin record. Team BC scores were: 10-0 and 10-1 over Nova Scotia, two close games versus Alberta, a double OT 4-3 win and a 5-1 bounce back victory and a split with Ontario with a 4-1 win and a 3-1 loss. BC was ready for their third meeting with Team Ontario in the gold medal game. BC held 1-0 and 2-1 period leads until Ontario took a 3-2 lead after two quick goals in 37 seconds. BC's Erica Malcom tied the game with 46 seconds remaining to force overtime. In the second overtime period, Team BC was called for too many men on the floor and a penalty shot awarded to Ontario which resulted in a heartbreaking 4-3 loss in the final. Team BC top scorers overall were Hannah-Lise Bernoe (3G, 7A), Erica Malcom (2G, 8A) and Natalie Gane (6G, 1A). Goaltenders Jenna Phillips and Megan Morris posted a stellar team 1.86 goals against average over 7 games. Mackenzie Blair and Hannah-Lise Bernoe were the Team BC all-star selections, with Jenna Phillips named as top goaltender.

"The girls trained hard and were all committed to the Team," said Dan Stroup. "They played great all tournament, they did everything the coaching staff asked of them. They are a talented group of girls and we are very proud of them all. It was a tough way to lose the gold medal."

Female Midgets-The Midgets had a flawless 6 win and no loss record in the round robin outscoring their opponents 43-11. Team BC scores were: 6-1 and 5-4 over Alberta, 13-0 and 8-1 over Nova Scotia, and 6-2 and 5-3 victories over Team Ontario. BC met Alberta in the gold game, a first for Alberta. BC held 1-0 and 2-1 periods leads going into the third as Alberta scored 2 goals in 33 seconds late in the period to tie the score at three. Team BC's Nicole Pahnke netted the eventual winner with 72 seconds remaining to lift the Midgets to a second consecutive gold winning 4-3 in the title game. Team BC top scorers overall were Nicole Pahnke (9G, 5A), Rachel Beaulieu (4G, 4A) and Keeley O'Neill (4G, 4A). Goaltenders Emily Nelson and Candace McDole posted a team 2.00 goals against average allowing only 14 goals in 7 games. Paige Bell, Natalie Rathler, Keeley O'Neill were selected the Team BC all-stars and Candace McDole took home top goaltender honours.

Hall of Famer head coach, Geordie Dean, was ecstatic with his team's golden performance.

"Our group was destined to succeed with a work ethic second to none," said Coach Geordie Dean. "We worked hard every day and it all paid off in winning this title."

Female Juniors-2015 marked the third year the Female Juniors competed in the Box National tournament, after a 2013 gold and 2014 bronze. The Team BC Female



"The players came together as a family and fought for each other" - Female Junior Head Coach Blair Bradley

Juniors went through wholesale changes in the offseason with a determined head coach, Blair Bradley, returning behind the bench.

The Female Juniors were on a mission to get back to their winning ways and didn't disappoint going a perfect 6-0 in the round robin. Team BC scores were: 9-4 and 11-5 victories over Nova Scotia, 8-4 and 6-2 over Alberta and 10-5 and 9-3 over Ontario. BC was adamant to improve on their 2014 bronze with a date versus Ontario for gold. BC lead 1-0 after the first with the score tied at two after the second frame. In the third, four different Team BC players (Bradley, Delich, Dexter and Harvey) scored early and in bunches to take the lead and the ladies never looked back to go on and win 6-4 for the title. Team BC top scorers overall were Ashley Bull (13G, 15A), Kyra Bradley (8G, 6A) and Kaelyn Dexter (5G, 9A). Goaltenders Madison Krassman and Santana MacIntyre posted a team 3.86 goals against average in 7 games. Kyra Bradley and Ashley Bull were awarded Team BC tournament all-star selections.

"An overall team effort and being able to utilize all 18 runners throughout the tournament helped us wear down the opponents," stated Coach Blair Bradley. "The players came together as a family and fought for each other regardless of their age -- there was a mutual respect for all talent."

"We won the gold medal with the least amount of penalty minutes -- we proved you don't need to physically intimidate to be successful, in fact we just made sure we capitalized on our power play opportunities."

Pee Wee-The Pee Wee boys finished the round robin in third place with a 5 win, 2 loss record. Team BC scores were: 17-2 over Nova Scotia, 14-1 over New Brunswick, 17-1 over Saskatchewan, 8-7 over First Nations, 15-3 over Manitoba and two losses, 6-2 to Alberta and a 9-3 drubbing by Ontario. Team BC bounced back to beat Alberta 5-2 in a remarkable and well-played semi-final game. Team Ontario, the class of the tournament, was a well-tuned machine and outpaced the BC'ers to go onto an 11-2 victory for the gold. Team BC top scorers overall were Joel McCormick (11G, 8A), Finn Halladay (9G, 6A), Josh Iacino (9G, 5A) and Hunter Meyer (7G, 8A). Goaltender tandem Brayden Wandler and Brednan Hunchak yielded a measly 42 goals in 9 games. Josh Iacino was Team BC's tournament all-star selection.

"We were very happy with the boy's performance at Nationals, but fell short of our goal and achieved a silver medal," explained Coach Daren Fridge. "As a staff, we feel confident that we exposed our boys to a rewarding experience both on and off the floor. We played our best against Alberta in the semi-final game and our keys to success were definitely the full-court pressure and the physical play on defense. The players really bonded with one another in a short period of time -- they will definitely have lasting memories from this trip."

Bantams-The Bantams went into Nationals with an excellent team that had only one goal in mind -- GOLD. They ended up in second place after the round robin with a 4 win, 1 loss record. Team BC scores were: 10-3 over Manitoba, 6-3 over Alberta, a 9-1 win over Saskatchewan, 13-2 over Nova Scotia, and a tight 5-3 loss to Ontario. Team BC top scorers were: Jake Cantlon (11G, 9A), Finn Stark (7G, 4A), Ryan Jensen (3G, 6A), and Dylan McCormick (5G, 3A). Goalies Johnny Edin



Team BC Pee Wee-Silver Medalist



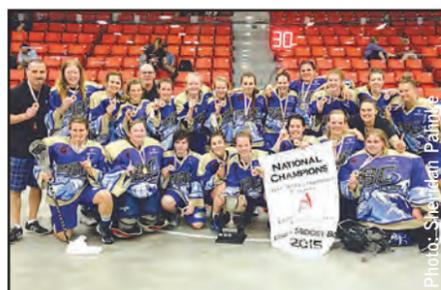
Team BC Bantam-Silver Medalist



Team BC Midget-Bronze Medalist



Team BC Female Bantam-Silver Medalist



Team BC Female Midget-Gold Medalist



Team BC Female Junior-Gold Medalist

and Ryan Atkinson posted 3.75 and 3.00 goals against averages.

Team BC met a relentless Team Alberta squad in the semi-finals and come up with a gutsy 6-5 victory punching their ticket to the gold medal game versus Ontario. Team BC led 3-1 after one and 4-3 after the second frame only to be held scoreless in the third as Ontario potted two unassisted goals in the final period to overtake Team BC 5-4 in a classic gold medal game. Jake Cantlon was selected Team BC's tournament all-star.

"Our boys battled hard every step of the way, but fell short in the last game," said Coach Jason Bishop. "The journey was a tough grind and a fantastic experience -- one many players will never forget."

Midgets-The Midget team looked to repeat as national champs. Parity was evident with the Midgets as it was a 5-team battle at the top with improved Nova Scotia and First Nations squads. The Midgets placed third after the round robin with a 3-2-1 record after battling illness and adversity. Team BC scores were: 13-1 over New Brunswick, 10-7 over Alberta, 15-2 over Saskatchewan, a 7-7 tie with Nova Scotia, and two losses, 10-7 to First Nations and 7-1 versus Ontario.

The First Nations team proved to be a thorn in Team BC's side all tournament as BC lost 11-5 in the semi-finals. Team BC met Nova Scotia for the bronze and persevered with a narrow 6-5 victory for the bronze. Team BC top scorers were: Sekawnee Baker (11G, 8A), Adam Fulton (8G, 3A), Kyle Nichols (9G) and William Clayton (8G, 6A). Goaltenders Justin Smith and Brodie Harris held their opponents to 50

goals against in eight games. Sekawnee Baker was named the Team BC tournament all-star.

"While we fell short of our goal of a National Championship, I believe that the team upheld the high standard of play, respect and sportsmanship that has been associated with the program since the start. It was an honour to coach our Team BC Midget team," stated Coach Trevor Smith. "I'm very proud of the Bronze Medal. With our fair share of hurdles, the team fought through adversity to earn a national medal. It was a great experience."

Team BC Box Lacrosse Technical Coordinator, Darcy Rhodes, was proud of all athletes, coaches, managers and volunteers that made the Team BC experience impressive.

"The 2015 Team BC Box Lacrosse program once again had a successful year at Nationals, all teams came home with hardware," stated Rhodes. "All players, coaches and team personnel should be proud by the way they conducted themselves at Nationals -- it is always nice to get such positive feedback on how well Team BC represents themselves as a Province at Nationals."

BCLA VP of Performance Programs, Ron McQuarrie, was proud of Team BC's accomplishments fully knowing the athletes took their games to another level.

"In 2015, we saw four National Lacrosse League level and a few Hall of Fame coaches share their knowledge and expertise while coaching various Team BC box teams," exclaimed McQuarrie. "The amount of lacrosse learned by the athletes, not only individual skill, but also team play, is worth its weight in gold."



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Shamrocks and Thunder Win Intermediate Titles



Victoria Shamrocks are Intermediate A 2015 Provincial Gold Medal Champions.

By: LacrosseTalk Staff

The 2015 Intermediate A and B provincials were held July 31 to August 3 at George Preston Arena in the Township of Langley, BC. Eight teams competed in the round robin event with four teams in the A division and four on the B side.

This Intermediate A and B Provincial Championships proved to be very tight with a high level of play – a testament to great parity in the BC Intermediate leagues. The Island teams showed their strength and gave all teams a battle to never forget.

The Intermediate A teams that competed for the Provincial title included the Coquitlam Adanacs, Langley Thunder, New Westminster Salmonbellies and the Victoria Shamrocks. After round-robin play the New Westminster Salmonbellies ended up playing the Victoria Shamrocks for the gold medal, while Coquitlam played Langley for the bronze.

In the Intermediate “A” gold medal game, the Shamrocks led the Salmonbellies 5-2 at the end of the first period. Midway in the second,

the Salmonbellies fought back to tie the game at six. The Shamrocks then outscored the Salmonbellies 8-1 the rest of the game to win 14-7 for the 2015 Provincial Champions. In the bronze match, Coquitlam and Langley were tied at four goals apiece at the end of the first period. After allowing one more goal in the second, Coquitlam took control and ended up defeating Langley by a score of 12-8 to win the bronze.

In the “B” division, the Coquitlam Adanacs, Delta Islanders, Ridge Meadows Burrards and Cowichan Valley Thunder battled for the Inter B title. After round-robin play, Coquitlam and Cowichan Valley played for the gold and Ridge Meadows and Delta for bronze.

In the Intermediate “A” gold game, Cowichan took a 3-1 lead over Coquitlam at the end of the first period and extended that lead to 7-3 by the end of the second. Each team added two more goals apiece in the third to make the final score 9-5 in favor of Cowichan Valley. In the Intermediate “B” bronze game, Ridge Meadows took a 4-1 lead into their dressing room, after the first period, but Delta scored five unanswered goals in the second. Each team



Cowichan Valley Thunder are Intermediate B 2015 Provincial Gold Medal Champions.

traded goals in the third with the Delta Islanders taking the game 7-5.

The 2015 Provincial Awards for the BC Intermediate A Provincials are as follows. All-stars: Reid Bowering (Coquitlam), Charlie Kurtenbach (New Westminster), Christian Bosa (Langley), Eddie Smith (Victoria), David Byrne (Victoria) and Spencer Erwin (Goal: Victoria). Point Leader: Marshal King (Victoria). Most Sportsmanlike Player: John Hofseth (Coquitlam). Top Goalie: Spencer Erwin (Victoria) and MVP: Eddie Smith (Victoria).

The 2015 Provincial Awards for the BC Intermediate B Provincials are as follows. All-stars: Jordan Wenaus (Ridge Meadows), Taylor James (Cowichan Valley), Victor Robichaud (Delta), Andrew Miller (Coquitlam), Bentley Barrados (Delta) and Kain Stewart (Goal: Cowichan Valley).

Point Leader: Tyson Black (Cowichan). Most Sportsmanlike Player: Brayden Doduk (Coquitlam). Top Goalie: Devon Vowles (Coquitlam). MVP: Kain Stewart (Goal: Cowichan Valley).

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In Memoriam

Stan Cowie. Well-known New Westminster athlete, Stan Cowie, passed away on May 7, 2015. Cowie, born in the Royal City on March 31, 1933, was a member of the Junior Salmonacs that captured the 1953 Minto Cup championship. He then joined the Senior Salmonbellies and was a member of the 1958 Mann Cup winners. Over a six-year Senior career, Stan accumulated 104 points on 70 goals and 34 assists. Cowie was also a well-known local basketball player and a member of the Vancouver Golf Club.

Skip MacKay. Skip MacKay, one of the most outstanding lacrosse stars of the 1950's, passed away May 5, 2015.

Born Norman Kenneth MacKay on January 31, 1934, Skip grew up in Vancouver's East End where he quickly earned a reputation as a promising lacrosse, hockey and soccer athlete.

As an 18-year-old, Skip joined the Prince Albert, Sask., junior hockey team where he soon grabbed everyone's attention with a 60-goal, 100-point season. The following season, he scored another 57 goals, a feat that earned him a two-game call-up with the Vancouver Canucks. But it was lacrosse that had him earning headlines on the sport pages.

Skip lined up with the Indians, Salmonbellies and Burrards before settling in with the Nanaimo Timbermen. In 274 senior games between 1951 and 1962, Skip gained 361 goals and 309 assists.

Undoubtedly, his greatest season was 1958, when his 96 points earned him the Commission Trophy as the league's Most Valuable Player. Although his team lost the playoffs to the 'Bellies, Skip once again was the MVP, taking the Max McDonald Trophy.

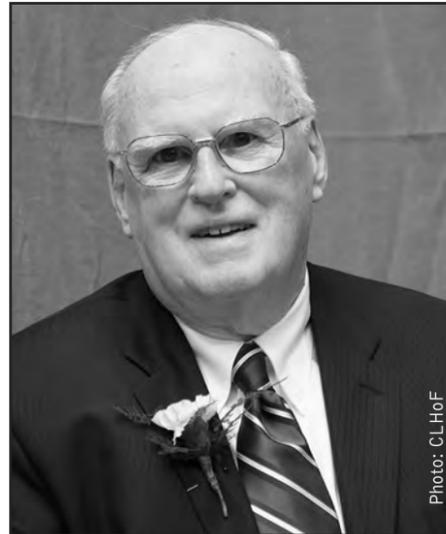
But he wasn't finished; New Westminster was so impressed with his season that the Royal City team added him to its lineup for the Mann Cup championship against Welland-Crowland.

Yes, he did it again. As the top point getter in the successful victory, Skip was his third MVP award of the season, the Mike Kelly Medal.

Altogether, Skip participated in three Mann Cup series -- 1957 as a pickup with Victoria, 1958 with New Westminster and 1960 with his Nanaimo team, winning gold in the first two matches.

Skip was inducted into the Canadian Lacrosse Hall of Fame in 1985.

Ernie Smith. Lacrosse Hall of Famer Ernie Smith passed away August 7, 2015. Smith, born in Grayson, SK, was just 17 years of age when he experienced his first Senior-level lacrosse -- six games with the North Shore Indians. The next season in 1942, he donned the Vancouver Burrards' uniform for an 11-year career. In 303 games, Ernie gained 556 points on 429 goals and 127 assists. Smith was inducted into the Canadian lacrosse Hall of Fame in 2005.



Bob Stewart

Bob Stewart. Over six decades of close involvement with the game of lacrosse ended June 11, 2015, with the death of popular Bob Stewart.

Born Robert Foster Stewart on July 22, 1935, he was another Vancouver East End product that somehow managed to squeeze in soccer, basketball, rugby and lacrosse while attending Britannia High School.

In 1954, Bob was a member of the PNE Indians' Junior boxla squad that captured the Minto Cup championship. Two years later, he gained his second Minto Cup gold medal with the Mount Pleasant Legion -- same team, new sponsor.

Over the following 10 years, Bob played soccer and field lacrosse with Ex-Brit before taking up coaching and managing young athletes with the Westburn Soccer Association and the New West-

minster Junior Salmonbellies. Later, he became a director with the senior Salmonbellies'

organization and spent 20 years as a governor with the Canadian Lacrosse Hall of Fame. Bob was inducted into the Hall as a Builder in 2010.

Dave Tory. Former New Westminster Salmonbellies' Dave Tory passed away August 7, 2015. Born September 16, 1939, and raised in the Royal City, Dave enjoyed his first Senior game as a Junior call-up in 1958 before starting a 10-year career in 1961. In his 352 games, Tory scored 233 goals and assisted on another 219 for 452 points. He also competed in three Mann Cup championships, winning in 1965 and 1970.



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2015 BCLA Box Lacrosse Provincials Warrior Fair Play Awards

Female Junior

- Kirstin MacMurchy (Coquitlam)
- Emily Prouse (Great White North)
- Amber Haley (New West #1)
- Gaby Jones (New West #2)
- Danita Stroup (Port Coquitlam)
- Sierra Leforge (Ridge Meadows)

Female Midget

- Kirsten Davies (Coquitlam)
- Taelor Zarkovic (Nanaimo)
- Jaime Lee (New West #1)
- Ingrid Vacha (Port Coquitlam)
- Paige Bell (Ridge Meadows #1)
- Adrienne Guimond (Ridge Mdws #2)

Female Bantam

- Sarah Svetic (Burnaby #1)
- Marah Baker (Langley)
- Alyssa MacDonald (Nanaimo)
- Shianne Lowka (New West)
- Megan Morris (Port Coquitlam #1)
- Elise Tremblay (Port Coquitlam #2)

Female Pee Wee

- Trinity Chow (Burnaby #2)
- Breanna Hollingshead (Coquitlam #2)
- Chantelle Lee (Nanaimo)
- Myhra Ali (New West #2)
- Jannah Lego (Port Coquitlam)
- Sarah Meaden (Ridge Meadows #2)

Fair Play Coaches & Official

- Wes Eaton
- Katrina McCurrach
- Tony Malcom
- Tony Angell
- Poonam Deol (Official)

Midget A1

- Blane Donaldson (Coquitlam)
- Brayden Brown (Juan de Fuca)
- Jordan Daniel (Langley)
- Kobe Noda (New West)
- Nate Faccin (Ridge Meadows)
- Will Johansen (Saanich)

Midget A2

- Trevor Gallant (Coquitlam)
- Jake Horvath (Kamloops)
- Aidan Joly (Nanaimo)
- Jean-Francois Leroux (Penticton)
- Chase Law (Port Coquitlam)
- Mac Schindel (Port Moody)
- Cole Johnson (Semiahmoo)
- Jared Huston (Prince George)

Midget B

- Anthony Ashby (Abbotsford)
- Luke Hutchings (Comox)
- Brandon Bavaro (Coquitlam)
- Eric Skelton (New West)
- Nick Looyesen (Peninsula)
- Keygan Harder (Quesnel)
- Taylor Caughy (Ridge Meadows)
- Emily New (Shuswap)

Midget C

- Cliodhna McMenamin (Fort St. John)
- Brandon Smart (Juan de Fuca)
- Evan Miles (Vanderhoof)
- Cass Harry (Williams Lake)

Fair Play Coaches & Official

- Danny Harada
- Gord McIntosh
- Mike Husband
- Robert Mills
- Jared Stevens (Official)

Bantam A1

- Kyle Woodley (Coquitlam)
- Owen Borthwick (Delta)
- Dawson Parker (Juan de Fuca)
- Callum Gorman (Kamloops)
- Cedar Rutherford (New West)
- Luke Evans (Ridge Meadows)

Bantam A2

- Jeremy Schmidt (Coquitlam)
- Remy Aquilon (Kelowna)
- Declan McLean (New West)
- Griffin Evans (North Okanagan)
- Sawyer Ingham (Peninsula)
- Jaxon Brandt (Ridge Meadows)
- Keenan Martin (Surrey)
- Rowan Watts (Vic-Esquimalt)

Bantam B

- Logan Visco (Abbotsford)
- Dakota Sinclair (Campbell River)
- Carlos Pasula (Coquitlam)
- Connor McClelland (Juan de Fuca)
- Hayden Davies (Langley)
- Trevor Thirsk (Port Coquitlam)
- Max Arnold (Prince George)
- Jorge Arrazola-Sam (Shuswap)

Bantam C

- William Taggart (Abbotsford)
- Ryan Baird (Juan de Fuca)
- Jayden Vandyk (Kelowna)
- Keenan Manning (Langley)
- Rhys MacDonald (Penticton)
- Evan Tate (Port Coquitlam)
- Kael Evans (Vanderhoof)
- Seth Whitehead (West Kootenay)

Fair Play Coaches & Official

- Doug Clark, Rod Charlton, Joe Graham, Troy Koski & Evan Horton (Official)

Pee Wee A1

- Joe Cranidge (Coquitlam)
- Cian Curriuan (Delta)
- Nick Swan (Juan de Fuca)
- Caleb Campbell (Kamloops)
- Aidan Roy (Langley)
- Chase Miller (Ridge Meadows)

Pee Wee A2

- Owen Rasmussen (Abbotsford)
- Parker Klippenstein (Cowichan Val.)
- Chase Schiavon (Kelowna)
- Jack Chezzi (Mission)
- Triston Spencer (North Shore)
- Nicholas Krawczyk (Prince George)
- Owen Robertson (Ridge Meadows)
- Elliot Deveau (Vancouver)

Pee Wee B

- Denver Kitt (Abbotsford)
- Alijah Paquette (Kamloops)
- Trevor Nyland (Langley)
- Caleb Gadd (Oceanside)
- Brandon Wong (Port Coquitlam)
- Tenzin Nyman (Ridge Meadows 1)
- Brayden Grant (Ridge Meadows 2)
- Tyler Iocchelli (Saanich)

Pee Wee C

- Tyler Wingert (Campbell River)
- Anthony Gudiel (Delta)
- Tye Kitamura (Kamloops)
- Andrew Brown (Langley)
- Ben Royston (Mission)
- Steve Nease (Ridge Meadows)
- Rhett Hamilton (West Kootenay)
- Lucas Smith (Victoria)

Fair Play Coaches & Official

- Troy Margetson, Keith Hogg, Lyle Thomas, Kris Potter & Ian Trevorrow (Official)

VKMLA Lacrosse Athletes Export Skills to NCAA

By: Erin Kingston

Vancouver, BC – August 2015 – Vancouver Killarney Minor Lacrosse Association (VKMLA) announces that three of its graduating lacrosse players have received National Collegiate Athletic Association (NCAA) scholarships. Intermediate players, Chase Pretti-Pearsall, Wesley Lo, and Tyler Vogrig, step outside the box and their field turf in Canada to export their homegrown lacrosse skills to NCAA University field lacrosse teams.

“Chase, Wesley and Tyler have all excelled playing box and field lacrosse with VKMLA. These players have consistently performed at a high level of lacrosse, have been drafted by BC Junior A teams after 2 years of play at the Intermediate level and are now selected to play at the NCAA University level,” said Regina Villanueva, VKMLA President. “Vancouver athletes heading to the US speaks of the caliber of youth lacrosse and the opportunities for players in NCAA programs and in the future to represent Canada in world class competition.”

In 2012, Chase Pretti-Pearsall was captain of the gold winning team at the BC Field Lacrosse Championships, named MVP twice, contributing 15 goals and 3 assists during the playoffs. Chase was Vancouver’s 2013 ‘Graduating Player of the Year’ in his Midget year. He played Team BC Midget box securing bronze at the Nationals that same year. He finished his U19 field lacrosse season playing for Surrey winning the bronze medal at the Provincials. He also participated in the 2014 “All Canada Lacrosse Games” and was one of only two BC players named to the All Star Team. In addition

to playing the game, Chase officiated lacrosse for 6 years and received the VKMLA Junior Referee award in 2010. Pretti-Pearsall is a very well-rounded midfielder, who emphasizes teamwork and demonstrated that as a coach of VKMLA field lacrosse for a season.

“My passion for lacrosse combined with my academic success opened NCAA doors. I’ve selected Mars Hill University (Asheville, NC) to play with the Lions who just won the 2015 South Atlantic Conference 2 championship. It came down to choosing a university that offers the degree I want and has a strong men’s lacrosse program. I’ll be back in Canada to play with Burnaby Lakers Junior A in spring 2016.”

In 2014, Vancouver’s Wesley Lo was drafted by the Langley Junior Thunder in the BC Junior A Lacrosse League. Wesley is a strong, right-handed offensive player who graduated from Killarney Secondary in the class of 2015. Lo has received an athletic scholarship from Alderson Broaddus (Philippi, WV), to play the midfielder position in field lacrosse for the NCAA Battlers team. Another Vancouver player to receive an athletic scholarship, Tyler Vogrig, is playing his second year for the High Point University Panthers, NCAA Div. 1, in North Carolina.

Student-athletes like Chase, Wesley and Tyler inspire youth to pursue the growth sport of lacrosse at the Canadian and US university level.

No other sport boasts a growth rate above 10%. From 2009 to 2014, a total of 551 schools added boys’ programs and 556 schools added girls’ programs which resulted in 27.8% growth for boys’ lacrosse and 31.2% for girls’ lacrosse.

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Ontario

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January 16, 2016
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The BCLA Provincial Championships take a host of passionate volunteers to successfully run and administer tournaments in their host communities. These special people took a leadership role in their community spending long, tireless hours with their volunteer teams preparing for that one weekend of non-stop lacrosse action!

In July 2015, there were 4 Provincial Box Championships in Kelowna, Port Coquitlam, Prince George and Ridge Meadows with 111 box lacrosse teams competing in 265 lacrosse games. Over 2700 athletes, coaches, officials and volunteers made it happen!

Thank you all for your passion and love for lacrosse. Your hard work and efforts mean so much to so many people in the lacrosse community. Your selfless use of your time has help etch life-long memories in the minds of young BC Lacrosse players and their families.

Congratulations Scott, Dianne, Stacy Tracey & Tammy!

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2015 Box Provincial Conveners

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Nicola Valley Builds New Box Facility



NVMLA players enjoy their new multi-use lacrosse box facility in Merritt.

By: Kelly Barch, Past VP/coach NVMLA

The Nicola Valley Minor Lacrosse Association (NVMLA) has completed its 11th season of lacrosse. There have been many bumps along the way as we grow the sport and manage the challenges of a newer association.

The athletes enjoyment in playing lacrosse far outweigh the losses! We continue to develop and improve the skill base of our athletes to increase the number of registered players. We were fortunate to have some coaching help from the likes of Steve (Stump) d'Easum and Rick Baker who encouraged us to build a box

in order to really see growth and improvement in the competitiveness of our association.

After approximately 6 years of working toward this project, the City of Merritt were on board during the revitalization of the city parks. Central Park now boasts a Lacrosse Box with lights and basketball hoops to go along with a skateboard park, numerous baseball diamonds, beach volleyball and BMX facilities. Phase Two of the revitalization will see new soccer pitches which will spark the beginning of Field Lacrosse in the community! The box is a first class facility with many long-time lacrosse people admiring the facility.

The grand opening of the Lacrosse Box was held in May 2015 with a great turnout despite the rain. Since then, it is a rare occasion when the box is not in use. The kids practice and play on their own for hours, only limited by the dinner bell. We expect to see an increase in player registration and skill development for the Nicola Valley Thunder.

This August, the NVMLA partnered with the BCHL's Merritt Centennials Jr. A Hockey School to provide five days of introduction to lacrosse for 100 kids ages 5 to 14, most of whom had no previous lacrosse experience. By the end of the week, many of the kids indicated they wanted to play lacrosse in the Spring!

NVMLA has the highest registration numbers per capita in the Interior. There is a strong interest in the sport and the new box is expected to build the association to new levels.

The future of lacrosse in Merritt is expected to grow and continue to develop into an eventual Junior team and a Field Lacrosse Association as well! For now, we will enjoy the new box! This summer has already seen a number of travelers stop and enjoy the facility with great surprise to see what many have already said is one of the best outdoor boxes in the province!

Consider this an invitation to any of you passing through to stop and try it out!

Zebbras Earned Their Stripes

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Men's Field Lacrosse Rules

Little change for 2015-16 season and five rules you should know

By: Andy Watson

With field lacrosse season just around the corner, we thought it would be a good time to share five rules commonly misunderstood in the outdoor game.

1. Crease Play: Unlike box lacrosse, an attacking player may reach into the goal crease to play a loose ball, so long as that player does not initiate contact with the goaltender. And unless the goalie has the ball in their stick any portion of the stick that is outside of the crease can be checked under the same circumstances as the stick of any other player (see Rule 48.1).

2. Loose Ball Rule: Players can make contact with each other within 9 feet of the ball as long as it is not from behind and legal within other rules of the game. A legal shoulder to shoulder hit is allowed in this area as players contest loose balls.

3. Stalling: Under Rule 62, any deliberate action on part of a team in possession of the ball

to maintain possession of the ball outside the attack goal area by holding or passing the ball without a reasonable effort to attack its opponent's goal may be guilty of is a technical foul known as stalling. A team may be told to advance the ball into the attacking area if they are deemed to not be attacking. And once inside their attacking zone, a team may be instructed to "keep it in" - meaning the ball cannot leave the attacking area. If the offensive team causes the ball to leave the attack goal area except after a shot, that team loses possession. It's important to note that a team that is shorthanded cannot be guilty of stalling.

4. Long Sticks: Up to four long poles (52-72 inches in length) are allowed on the field at any time. Most often, these are used by defensive players to aid them in keeping offensive players at bay. If a team is caught having too many long poles on the field a technical foul has been committed.

5. Sticks: Players not using long poles are required to use crosses that measure 40-42 inches in length and between 6-10 inches in width. Trick string construction, sticks when measured that are not of the correct length/

width, or a stick that withholds the ball from result in a three-minute penalty and the player loses their stick for remainder of the game under Rule 75.3. The illegal crosse rule (Rule 63) outlines when a player's stick infraction results in a technical foul. A couple of examples of technical foul stick infractions include, a pocket that is too deep and shooting strings that are too long (more than 2 inches in hanging length). When conducting a stick check, teams get one 'free' check a game without penalty if they are incorrect. A team can have a goal disallowed if that stick is deemed illegal after being used to score a goal. Youth players may play with shorter sticks as permitted by local league rules.

RULE CHANGES

The Canadian Lacrosse Association has instituted three rule changes this year.

1. Timeouts: In the past, teams could call timeouts while the ball was being passed between one teammate and another. Now, this not allowed and therefore here are no longer ball-in-flight timeouts allowed. Rather, when a team is requesting a timeout, it must be during a dead-ball situation (e.g. after a goal) or

when a player has possession with the ball in their stick.

2. Faceoffs: Teams can no longer bring a man up on the wing when they are shorthanded. This will further penalize teams when they are short in contesting a loose ball off a faceoff.

3. Offsides: The count for offside players is now only counted forward - so there are no more than seven players allowed in the defense and no more than six players allowed in the offence. Essentially this will help the game, especially at the developmental level, in allowing for "slow changes."

There are also some other minor rule changes - one with regard to field dimensions that notes they have been changed to unify the women's and men's dimensions. Note, the lacrosse playing field shall be a rectangular field 110 metres (120.30 yards) long and 60 metres (65.62 yards) wide.

A full version of the CLA men's field lacrosse rulebook is available at the CLA web site (www.lacrosse.ca) under the Officials Tab (via Rules of the Game).

Coach's Corner

Competitive-Development Coaching Clinic

By: Duane Bratt, CLA National Resource Person

Competitive-Development is the most advanced course in the CLA's coach development program. Competitive-Development box lacrosse clinics having been running for several years, and now it is time to convert the manual for men's field and women's field lacrosse. The target audience is the pool of coaches that would be available to coach Canada's national U-19 teams in both men's field and women's field lacrosse. This would include existing national team coaches as well as the coaches of provincial U-18 teams. While the target audience is at the U-19 level, as with box lacrosse, national senior team coaches would also be required to be competitive-development certified.

The writing of the new manuals is occurring in two steps. First, the following theoretical

material from the box manual has been converted to the two field manuals:

Becoming a student of the game by assessing the changes that have occurred in lacrosse over the last 10-15 years;

Role of the coach (interventions in practices, games, and the team environment; communication, feedback, managing conflict);

Developing a lacrosse program (designing/implementing training camps, team selection, talent identification procedures, statistics and scouting);

Mental Preparation (developing a competition focus plan, addressing distractions, goal-setting, visualization, establishing the right level of intensity, training mental skills);

Physical Preparation (prevention and recovery, anti-doping, developing athletic abilities). Note: these modules are taught by a CAC subject expert;

Planning (managing support personnel, procedures that promote readiness for games, decision-making during games, design a year-long

lacrosse program, advanced practice plans, understanding the concept of microcycles).

In addition, special men's and women's field scenarios are being crafted. These scenarios, which are led by the learning facilitator to encourage discussion among the coaches, are an essential part of the clinic setting. This writing process is led by Duane Bratt, who wrote the competitive-development box manual, but is being vetted for quality control by coaches of our national teams. On the men's side it is Randy Mearns (head coach of Canada's Senior Men's field team) and other national team coaches and for the women it is Roxanne Curtis (women's field Master Learning Facilitator), Scott Teeter (head coach of Canada's U-19 Women's field team), Tami Rayner (assistant coach of Canada's U-19 Women's field team), and Carolyn Toll (former national team member and coach)

The second step is to write all of the new advanced technical systems: team offence, team defence, transitions, man up, man down, goaltending, and analyzing performance. In addition, new statistical and scouting forms

especially designed for men's and women's field are being designed. The writing for this technical material is being done by Mearns, Teeter, Toll, Rayner, and others.

The timelines for this project are pretty quick. The initial writing will be finished by December 2015, piloted to a group of coaches in January 2016, and a revised manual presented to the Coaching Association of Canada (CAC) by March 2016. The hope is that full context approval will be granted by the CAC to the CLA in Spring 2016.

One of the key events is the pilot clinic in January 2016 in Toronto. The clinic will be facilitated by Duane Bratt and will include some of the top coaches in men's and women's field across Canada. The input provided by these coaches on both the theoretical and technical material will be critical for quality control and will lead to necessary revisions.

The expansion of the competitive-development coaching program to include men's and women's field lacrosse is a positive recognition that lacrosse in Canada has three distinct, but equal, disciplines.

Lacrosse the Country

Stealth 2016 Preview

By: *Teddy Jenner*

Safe to say the first two years in the National Lacrosse League for the relocated Vancouver Stealth didn't exactly go as planned. After making three Champions Cup finals in four years as the Washington Stealth, the club moved north to the Langley Events Centre in hopes of greener pastures, larger crowds and continued success on the floor. Well, they have a great deal going with the folks at the LEC however the crowds haven't flourished as they had hoped and the team has finished last in the west the past two years. Three cup finals in four years is now overshadowed by missing the play-offs in three of the last four seasons.

So what's the fix?

Well, for GM Doug Locker, there might not be as much panic as one would think. In 2015, the Stealth were missing two huge pieces of the D-core with captain Kyle Sorensen on the shelf with knee surgery and Matt Beers unavailable due to work probation. Add in injuries to Tyler Garrison and goalie Tyler Richards, and the Stealth lost quite a lot of man-games that really cost them last year. If the Stealth are healthy on the back end, they aren't a 5-13 team. The Stealth hoped to have as many of those pieces ready to go for 2016. Sadly though, Richards won't be back.

In a position where you're the target for the game's best shooters, taking a few shots off the noggin is part of the job and unfortunately for Richards, one too many shots led him to the decision to step away from lacrosse all together. So now, the Stealth look to their young goalies to step up and lead the charge.

Eric Penney became the heir-apparent to Richards late in the year with Cody Hagedorn acting as back-up and that's the way it'll probably look when camp opens up later this fall unless Locker can pull off a major trade. There was some scuttlebutt during the off-season



**Eric Penney
will replace
All-Pro
Goaltender
Tyler Richards**

that Champions Cup winning goalie Aaron Bold might have been close to signing with the Stealth but he opted to stay with the Rush. The Stealth did pick up Adam Shute off the free-agent wires so he will push both Penney and Hagedorn but the way it's shaping up, the Stealth will be quite young between the pipes. That might be a good thing but for a club that gave up a league high 265 goals last year, however throwing a couple young guys into the fire may not be the best idea.

It's been a busy summer for Locker who has been as

active as any GM since the free-agent window opened. He's been able to sign nine free-agents as of the end of August with all those players having a great shot of making the roster and having an impact.

With all the injuries to the back end last year, Locker has stacked up on defensive depth adding Ian Hawksbee, Reid Mydske and Jeff Moleski. Moleski returns to the Stealth after a season with the Roughnecks and will add another quality stay at home d-guy. This too will be Hawksbee's second kick at the can with the Stealth after a short three game stint with the club back in 2011. Strengthening the defensive unit will be a big necessity in order to prevent shell-shock on their young net minders.

One thing the Stealth have in spades, is transition specialists. Vancouver loves to run the floor and push the tempo as much as they can, however, it often cost them last year and that's why Locker went out and tightened up the back end. However, in 2016 the Stealth could be even scarier in transition but could they have too many T-guys? The addition of Travis Cornwall and Colton Clark will allow Vancouver the flexibility to play these two in a variety of roles. Both could play straight offence and very well may in 2016 but their versatility could be their biggest asset. With the likes of Ilija Gajic, Mitch McMichael, Justin Salt, Brandon Clelland, Tyler Hass, Jarrett Toll, Conrad Chapman, Kyle Belton and Garrison there will be some fantastic battles in camp as



Eric Penney will replace All Pro Goaltender Tyler Richards after his 2015 retirement after 7 NLL seasons with the Stealth.

the Stealth have nearly half their team listed as 'transition players'.

The horses out of the back should be much improved from last year; again if the Stealth can avoid the injury bug. While defence wins you championships, being able to score at least one more goal than your opponents goes quite a long way to the success of a club. The 211 goals-for last year was the team's most since they won the Cup back in 2010 so it's not like they didn't produce and that's a big reason why Locker may not want to tinker too much with that top group.

Rhys Duch had a career year notching 103 points playing in all 18 games for the Stealth and partnered with Victoria Shamrocks teammate Corey Small, they've created a fantastic 1-2 punch. When Johnny Powless was traded for Logan Schuss, some people were left scratching their heads. However, Schuss fit right in and is another local BC guy that has been welcomed back home with open arms as he adds another potential 70+ points guy to the Stealth arsenal. Tyler Digby took the summer off and after the season he had last year, the Stealth would love to have him back on the floor in 2016. Add in heart-and-soul grinder Joel McCready and the Stealth's top five are a gritty vaunted veteran group. One big question is, who will take up the third lefty spot? Matt Delmonico signed a 1-year deal after spending last year on the team's practice roster, and could be that guy. You can always rely on Cliff Smith to pick up some slack, but

he had a down year in 2015 which might open the door for a fresh face. This could be a great place to put Travis Cornwall who when given the chance can put up some solid numbers out the front door.

The Stealth are "BC's" team and much like the Rock do in Toronto, Locker and his staff are relying heavily on the incredible local talent this province has to offer. According to the team's website, there are 21 players all-told that hail from BC and that has to be a huge driving point. Having players that are familiar with each other is massive, being able to get that group together as much as possible is imperative and having them all in town working out in the community is a natural course of direction.

Vancouver will have to wait on draft day until the third round as it currently stands (at press time), so having an impact rookie in 2016 might not be in the cards. However, this club has plenty of youth already and look for Locker to build around. There will most likely be a few more moves made by Locker prior to the 2016 season starting and with the past firmly planted in his back pocket, there's only one way to go in the four team western division. Two years of below .500 lacrosse, a combined 9-27 record and a fan base that just hasn't quite come around, this would be as good a time as any for the Stealth to flip the script and get back trending towards the Champions Cup. One of the hardest working men in the game is doing all he can to change the paradigm in the Stealth organization.

Richards Announces Retirement from Lacrosse

By: *Vancouver Stealth*

Vancouver, BC (Friday, May 22, 2015) – After seven seasons, Vancouver Stealth goaltender Tyler Richards announced his retirement from the game of lacrosse. All of his seven seasons in the National Lacrosse League were spent with the Stealth organization.

The 28 year old finishes an impressive NLL career, which includes three Champions Cup finals in 2010, 2011 and 2013. In the 2010 run, Richards was instrumental in helping the team capture its first ever championship by going 3-0 in the playoffs and posting a 10.66 goals against average.

Commenting on his career and playoff history, Richards said, "I feel very blessed to play with so many great players. Thank you to all who have been a part of my career both as teammates, coaches or management. I'm looking forward to starting a new chapter."

"Tyler has had a tremendous career," said Stealth President and General Manager Doug Locker. "While it is very difficult to see him retire, we respect and support his decision, and are thankful for all that he has done for the Stealth organization over his extremely successful career."

'T-Rich' was drafted in the fourth round (46th overall) by the Stealth in the 2007 NLL Entry Draft. His 33 regular season wins is sec-

ond in franchise history. In 2014, he surpassed Rob Blasdell for most saves in franchise history (2,576). He's also the franchise leader in playoff wins with eight. He was named to the All-Rookie Team in 2009. Richards reached two important milestones this past season. The Coquitlam, BC native became just the 13th goaltender in league history to record 3,000 career regular season saves. On February 28, 2015 Richards scored his first career NLL goal, marking the first time since 2009 that a goaltender scored a goal.

Overall, Richards compiled a 32-42 record to go along with a 12.09 goals against average, a .771 save percentage and 3,065 saves. He's also the franchise leader amongst goal-



Tyler Richards.

tenders in games played (100) and minutes played (4,511).

Richards won a Gold Medal with Team Canada in the 2011 FIL World Indoor Lacrosse Championships.

CUFLA 2015 Preview

By: Mack Abbott

As the summer winds down and the box lacrosse season wraps up, it's time for our national game to head back outdoors. That means the Canadian University Field Lacrosse Association (CUFLA) season is right around the corner, as 15 teams from Ontario and Quebec begin their quest for the 2015 Baggataway Cup championship. The Guelph Gryphons capped off the 2014 season with a 15-12 victory over the McGill Redmen in the championship game. It was Guelph's second straight championship, making them the first team to repeat since the Brock Badgers won six straight championships from 2002-2007. Parity is the name of the game in CUFLA, as five different teams have won the championship in the past six seasons, including Brock, McMaster, Bishops, McGill, and Guelph. This season looks to be no different.

Entering this season the Brock Badgers, Guelph Gryphons and Western Mustangs will look to maintain a stranglehold on the top three spots in the West Division, as they have done every year in recent memory. The Badgers typically feature a high-flying, fast-paced offence, confirmed by their 201 goals scored in the 2014 season. On the other end of the spectrum, Western is known as a lock-down defensive squad, having the West Division's best goals against average last season. Splitting the difference are the Gryphons, who use a mix of offence and defense to propel them to success. Heading into the upcoming season, all three of these teams will look to continue that trend in maintaining their positions at the top of the division.

Further into the division the Laurentian Voyageurs and Toronto Varsity Blues, who finished tied for 4th in the division in 2014, will each attempt to improve their position and unseat one of the perennial favourites for a spot in the top three. The McMaster Marauders

rounded out the top six in the division in 2014 edging out the Nipissing Lakers for the division's final playoff spot. Nipissing enters their 2nd season in CUFLA and most certainly will have playoffs on their mind, having missed out on their first playoff appearance by only 2 points. Rounding out the West are the Laurier Golden Hawks, who will be bolstered by the addition of some impactful recruits, who have high hopes heading into 2015 despite finishing last season with a winless record.

In the East Division, the McGill Redmen and Bishop's Gaiters will once again battle for the top seed. Both have finished either 1st or 2nd in the division each of the last four seasons. The Redmen—who feature incoming goaltender Conor Manahan of Victoria, BC—will look to maintain their defensive dominance in the East, giving up an average of only five goals per game in 2014. Not far behind the Redmen and Gaiters are the Queen's Gaels and Carleton Ravens, who rounded out the top four last year. The Gaels, who squeaked past the Ravens in the opening round of last year's playoffs, lost a 17-16 barnburner against Western in the 2014 quarterfinals and will be looking to improve upon that result. Both teams will be hot on the heels of Bishop's and McGill for the East's top spot.

The East's 5th seed belonged to Trent last year. Located in the lacrosse hotbed of Peterborough, Ontario, it wouldn't be a surprise to see the Excalibur climb the standings this season. Rounding out the playoff picture in the East last season was the first-year team from the University of Ottawa. The team's two leading scorers are back in the fold and will attempt to lead Ottawa to their first playoff win in club history. Rounding out the East Division were the winless Concordia Stingers, who are entering a new era in club history as former Brock



Photo: Jeff Vogar

Guelph Gryphons defeated McGill in the 2014 CUFLA championship.

Badger Jonathan Corkery will take over the head coaching reigns.

At the conclusion of the 12-game regular season, the top six teams from each division

will make the playoffs. The opening round features six games within the division, with the winners advancing to the Baggataway Cup championship weekend, hosted by the Bishop's Gaiters on November 6-8, 2015. The highest remaining seed from each division earn a bye to the semi-finals, while the remaining teams battle it out in the quarter-finals against an opponent from the opposite division. The

winner advance to the semi-finals, where four teams square off for a chance to compete for the Baggataway Cup. The final game is a single game, winner take all event to determine the national champion.

2016 FIL U-19 Worlds Update

By: Andy Watson

The 2016 Federation of International Lacrosse (FIL) Under-19 World Lacrosse Championships being held at Coquitlam Town Centre are just under two years away.

Following on the heels of the momentum generated by the senior men's national team, the Canadian world junior men will look to capture their first U19 crown in history on home soil.

The process for attracting sponsors is now underway. If you are interested in sponsoring the tournament, please contact Garth Cambrey at garthc@2016worldlax.com

Vancouver Sports Pictures signs on-after successfully delivering photography services in 2008, Vancouver Sports Pictures has signed on as the official photographer for the 2016 FIL U19 World Lacrosse Championship.

For more information on Vancouver Sports Pictures, led by photographer Paul Yates, please visit www.vancouverpictures.com.

Stay Connected

Fans can follow the latest on the games on Twitter @U19Lax2016 and on Facebook at: <http://www.facebook.com/2016FILU19Lax>. Fans will also be able to search on Twitter by looking up the following hashtags:

#U19WorldLax2016

#U19Lax2016Canada

#U19Lax2016

Twitter and Facebook will also offer exclusive content and contests with ticket giveaways.

The official web site – www.2016worldlax.com – is live and will be updated regularly beginning in 2014 with new stories, profiles and news about volunteering, tickets and schedules leading up to the tournament.

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2015 NLL Media Person of the Year: Steve Ewen

Earlier this summer, the National Lacrosse League announced Steve Ewen from The Province as The Tom Borrelli Award winner, annually presented to the NLL Media Person of the Year, for the 2015 season.

Ewen was recognized by his peers for providing comprehensive coverage of not only the Vancouver Stealth, but also the entire rest of the league, teams and players, on a regular basis over the last 12 months across print, digital and social media.

“There are a lot of talented people in the media banging the drum for lacrosse,” Ewen said. “I’m elated to have my name connected to them through this award.”

Ewen joined The Province, the most-read daily newspaper in British Columbia, in 1994. He began covering the NLL in 2002 while his

lacrosse reporting dates back to the start of his career in 1989.

The award is named in honor of the late Tom Borrelli, who covered the Buffalo Bandits for The Buffalo News from the team’s inception in 1992 until 2008. Borrelli passed away in November 2008 after an accident that took place while covering high school football in Buffalo. In 2007, he had become the first media member to be recognized by the NLL Hall of Fame for contributions to the game.

“Never met Tom Borrelli, but I’ve heard nothing but great things,” Ewen said. “Guys like Paul Tutka, Jake Elliott and Stephen Stamp, among others, are all fiercely passionate about the game and have the best interest of the sport at heart.”

The Tom Borrelli Award was determined by a vote of the league’s media members. First pre-

sented in 2005 to the league’s Writer of the Year, the award’s title was changed to Media Person of the Year in 2011 to allow for a wider range of eligible candidates.

NLL Media Person of the Year (The Tom Borrelli Award) winners

- 2005: Mike Koreen (Toronto Sun)
- 2006: Sal Maiorana (Rochester Democrat & Chronicle)
- 2007: Ty Pilson (Calgary Sun)
- 2008: Paul Tutka (NLLInsider.com)
- 2009: Paul Tutka (NLLInsider.com)
- 2010: Paul Tutka (NLLInsider.com)
- 2011: Budd Bailey (The Buffalo News)
- 2012: Jake Elliott (Minnesota Swarm)
- 2013: Stephen Stamp (ILIndoor.com)
- 2014: Bob Chavez (ILIndoor.com)
- 2015: Steve Ewen (The Province)

Team Canada Box Roster Announced

By: CLA

OTTAWA, ON, May 19, 2015 - Dean French, Canada’s national team Chairman and the Canadian Lacrosse Association have announced Canada’s roster for the 2015 FIL World Indoor Lacrosse Championship (WILC). Canada’s elite indoor athletes will take on the world, vying for a fourth consecutive gold against long-time rivals from the Haudenosaunne Nation and the United States, amongst other countries.

The 2015 Team Canada coaching staff of head coach Eddie Comeau, along with assistant coaches Derek Keenan, Paul Day, and Glen Clark started the selection process early this year and after months of evaluating and assessing, have narrowed the 37-man training roster to twenty-three. The final twenty-three player roster will represent Canada as the FIL WILC comes to Onondaga Nation for the first time.

Canada is the reigning world champion and is unbeaten in international play with a 17-0 record in the past three World Championships.

With the competition taking place close to home, Team Canada is focused and ready to face the world. “Our coaching staff spent considerable time reviewing the National Athlete Pool (NAP). Every athlete in our NAP is an outstanding player and deserving for consideration for the Canadian national team but, we can only take 23 players to the Worlds,” said Comeau. “Although these were very tough decisions, we are confident that we have assembled a skilled and athletic team that is excited to represent Canada at the 2015 WILC,” he concluded.

TEAM CANADA LACROSSE ROSTER:

Player	2015 Summer Team	NLL Team
Aaron Bold	Victoria Sr. A Shamrocks (WLA)	Edmonton Rush
Adam Jones	Peterborough Lakers (MSL)	Colorado Mammoth
Billy Dee Smith	Six Nations Chiefs (MSL)	Buffalo Bandits
Brandon Miller	Six Nations Chiefs (MSL)	Toronto Rock
Brett Mydske	Langley Thunder (WLA)	Edmonton Rush
Brodie Merrill	Boston Cannons (MLL) (Field)	Toronto Rock
Chris Corbeil	Brampton Excelsiors (MSL)	Edmonton Rush
Curtis Dickson	Maple Ridge Burrards (WLA)	Calgary Roughnecks
Dan Coates	Six Nations Chiefs (MSL)	Colorado Mammoth
Dan Dawson	Victoria Sr. A Shamrocks (WLA)	Rochester Knighthawks
Dhane Smith	Six Nations Chiefs (MSL)	Buffalo Bandits
Jordan MacIntosh	Oakville Rock (MSL)	Minnesota Swarm
Kyle Rubisch	Brampton Excelsiors (MSL)	Edmonton Rush
Mark Matthews	Rochester rattlers (MLL) (Field)	Edmonton Rush
Matt Vinc	Peterborough Lakers (MSL)	Rochester Knighthawks
Paul Dawson	Brampton Excelsiors (MSL)	Rochester Knighthawks
Ryan Benesch	Kitchener-Waterloo Kodiaks (MSL)	Buffalo Bandits
Ryan Dilks	Victoria Sr. A Shamrocks (WLA)	Edmonton Rush
Scott Campbell	Brooklin Redmen (MSL)	Rochester Knighthawks
Shawn Evans	Peterborough Lakers (MSL)	Calgary Roughnecks
Stephan Leblanc	Oakville Rock (MSL)	Toronto Rock
Steve Priolo	Brooklin Redmen (MSL)	Buffalo Bandits
Zack Greer	Denver Outlaws (MLL) (Field)	Edmonton Rush

“The World Indoor Games are shaping up really nicely with thirteen countries competing. Our coaching staff spent a lot of time and energy working through the selection process and we are very proud of the players who have been selected and know they will represent Canada well both on and off the floor.” commented Johnny Mouradian, CLA’s National Team Director for Box Lacrosse.

This fall The Onondaga Nation will host 13 nations from around the world as Team Canada competes for the world title September 18-27. The games will be played at three venues: the War Memorial Arena; Onondaga Nation Arena;

with the bronze and gold medal games played at the Carrier Dome at Syracuse University on Sunday, September 27th. The game schedule is not currently set but it is likely Canada will open their quest for gold on the first day of competition, September 19.

Once the final schedule is set, the CLA will release the information to fans on lacrosse.ca. Fans can follow Team Canada leading up to the worlds on Twitter @CanadaLacrosse. During the Worlds, fans are encouraged to follow Team Canada live on Twitter and visit lacrosse.ca for post-game reactions and reports.



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- 5 Burnaby Lakers
- 6 Langley Thunder
- 7 Maple Ridge Burrards

Junior A Lacrosse Top 10

- 1 Six Nations Arrows
- 2 Coquitlam Adanacs
- 3 Peterborough Lakers
- 4 Victoria Shamrocks
- 5 Brampton Excelsiors
- 6 Delta Islanders
- 7 New West Salmonbellies
- 8 Calgary Mountaineers
- 9 Whitby Warriors
- 10 Orangeville Northmen

Wray Returns as U19 Team Canada Head Coach

By: CLA

OTTAWA, ON, May 6, 2015 - Edmonton, Alberta native Taylor Wray will take the reins for a second time as the Canadian Lacrosse Association (CLA) announces the selection of Wray as head coach for the 2016 Under-19 Men's Field Team Canada. After leading the 2012 U-19 Men's Field Team Canada to a silver medal, including a historic round-robin victory over Team USA, Wray will once again lead Canada on its run for gold when the world converges on Coquitlam, BC in the summer of 2016.

Wray, an NCCP competition-introduction certified coach, has enjoyed a long and successful lacrosse career, both on and off the field. Growing up he played junior A (box) lacrosse in Burnaby, BC then headed south for a strong college career playing four years for Duke University's men's field team, before ultimately entering the professional league playing for the National Lacrosse League's Calgary Roughnecks in 2004. From the time he graduated at Duke and while still playing competitively himself, Wray began his coaching career when he joined the coaching staff at Queens University of Charlotte (N.C.) as assistant coach. Wray held that position for four years (2003-06) then spent four seasons as assistant coach for Lehigh University (2008-11) before taking on his current role as head coach for Saint Joseph's University (Philadelphia, PA) in August 2011. Now in his fifth season with Saint Joseph's, Wray continues to exude his abilities to effectively and successfully lead athletes to excellence and was honoured in 2014 by being named NCAA's 2014 Northeast Conference Coach of the Year. Wray possesses a wealth of high-level playing and coaching experience that he brings with him to every team he's been a part of.

"I am thrilled that Taylor Wray is returning as the head coach of our U-19 team for the 2016 worlds. When you speak with people who work with him the common descriptor is 'Leader'. Our U-19 players are in the early stages of developing their leadership skills and they will benefit greatly from working with Taylor," commented CLA's National Team Director - Men's Field, David Huntley.

The Albertan native has also excelled internationally. In 2012 as head coach for the U-19 men's field national team, Wray led Team Canada to a round-robin victory over Team USA, a feat never accomplished by a Canadian U-19 coach. In 2010 he was



the defensive coordinator for the national team which finished second at the 2010 FIL Men's World Championships and most recently was a crucial member of the coaching staff when he once again served as the defensive coordinator for the 2014 men's field national team that won the gold medal with an impressive 8-5 win over Team USA at the 2014 FIL Men's World Championships. As a player, he started his Team Canada career as a member of the 1999 U-19 men's field silver medalist team and then took to the field as a member of the 2006 men's field gold medalists' squad. He capped his international playing career off in 2007 when Team Canada claimed the World Indoor gold medal for the second straight time and he was named to the All-World Team.

Team Canada Chairman, Dean French spoke to the international value of having Wray return to lead the team. "I do not know of any other national team that has a guy on their coaching staff who has played or coached in four World Championship fi-

nals since 2006; having Taylor return as Head Coach of our U-19 team is definitely a competitive advantage for Team Canada."

With fourteen months to go until Team Canada steps on the field in Coquitlam, coach Wray's first task will be flanking himself on the sidelines with an all-star coaching and support staff. Huntley indicated that "Coach Wray's next step is to select his staff and I am very pleased to present him with the deepest and most experienced applicant pool we have ever had. He will have some tough decisions to make and there is no doubt our staff will reflect his passion for Canadian lacrosse and our players."

Wray spoke to his appointment, "I am honored and thrilled to have been selected as the Head Coach for our U-19 national team. There is no greater honor in sports than having the opportunity to represent your country. To be in a leadership role is a tremendous responsibility and one that will not be taken lightly." He too is already looking forward of what's to come, "I believe we have an incredibly talented pool of players to choose from and I'm looking forward to learning more about them, assembling the coaching staff and building the support team necessary to help us win the world championship in 2016."

BCLA Partners in BC Sport Conference



By: LacrosseTalk Staff

Coaches from across BC and the Pacific Northwest will be in attendance at the BC Sport Conference to be hosted on January 16, 2016 at Burnaby's Michael J. Fox Theatre.

The BC Lacrosse Association has partnered with Basketball BC, Volleyball BC, BC School Sports and Sport Burnaby to bring this professional development conference to local coaches.

Coaches can earn 3 NCCP Professional Development Credits for attending the conference. Guest speakers include: Jay DeMerit (MLS All-Star), Ashleigh McIvor DeMerit (Olympic Gold medalist-Skicross), John O'Sullivan (Bestselling sports author), Trevor Ragan (Sport-centered motivational speaker) and Lindsey Wilson (Former Pro basketball player).

Conference topics will include cultivating captains, winning at no cost, becoming a mentor, growth mindset and mental training. The BCLA are planning a lacrosse specific session just for lacrosse coaches (details to be determined).

Early bird registration is up until November 30 (\$125 + GST). Regular rate begins December 1 (\$150 + GST). Registration includes conference, lunch & refreshments)

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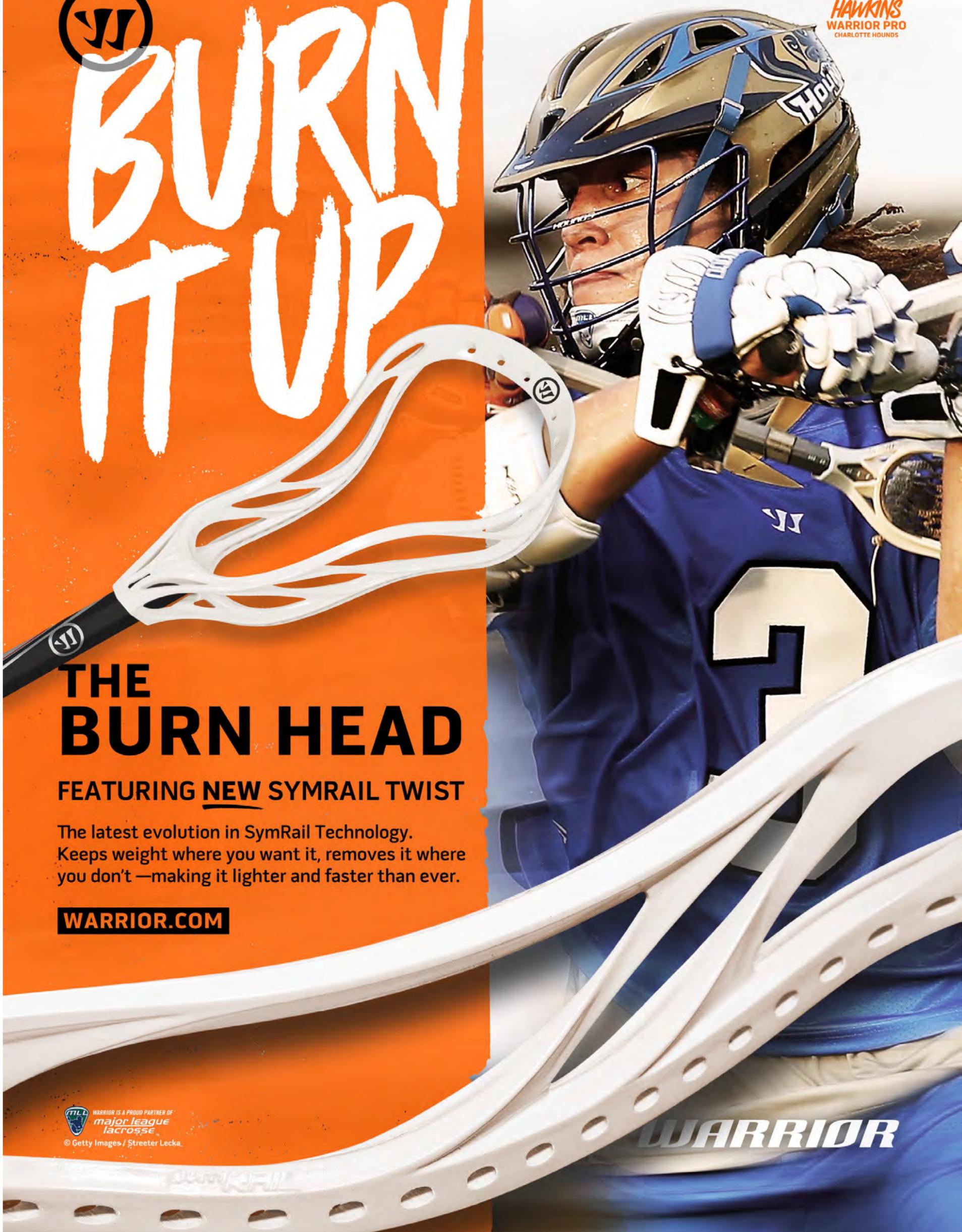
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