

\$1.00 Spring 2013

LacrosseTalk

The Official Publication of Canada's National Sport

Celebrating
BCLA Officials
APRIL 2013

THEY WHISTLE
WHILE
THEY WORK!



By: LacrosseTalk Staff

If you had yin without the yang, there would be no connection...or imagine the Yankees without Babe Ruth; there would be no dynasty; or macaroni without the cheese...it would be just plain old pasta. Now can you imagine sports without referees?

This year, Sports Officials Canada is recognizing April 17th as National Officials Day. In Canada, the lacrosse community is privileged to have the best lacrosse officials in the world. Because of that, the Canadian Lacrosse Association (CLA) has chosen not to simply observe National Officials "Day", but rather to recognize April as Officials Appreciation "Month" in Lacrosse.

Throughout April, the CLA will be featuring profiles of some of the many referees and umpires from across the country who continue to keep box and field lacrosse playing by the rules. The BCLA and BC Lacrosse Officials Association (BCLOA) looked at their officials from all disciplines to identify some of today's brightest stars. All officials are worthy of appreciation -- a few have been selected to commemorate the CLA's Officials Appreciation Month in Lacrosse.

So, where would we be without refs in sports, not just our game, but any sports? Could we manage ourselves and play the game in an organized fashion? Would we agree with the interpretations of the rules? Could we play on without someone with a whistle interpreting the rules? The answer to these questions is a resounding NO!

Officials have grown a tough skin, instilling the rules of the game over the years. Their jobs are without much reward, but a necessity that all athletes, coaches and fans take for granted every time an athlete enters the field of play.

Rules offer a framework to competition so all participants and coaches have an equal understanding of how the game is played -- instilling an underlying respect for the sport. This respect transfers to teammates, competitors, coaches; respect for the rules and for the game. That respect should transfer to the officials and the

job they do interpreting the rules for athletes who play the greatest game in the world -- Lacrosse.

The BC Lacrosse Association is a leader in officials training with BC Lacrosse Official Association (BCLOA) Chair Doug Wright and his team effecting change, mentorship and growth in the certification programs. Wright, an avid lacrosse fan, grew up playing lacrosse in Richmond and began officiating in 1995, and he's been involved ever since. His portfolio is full, managing the education and training of some 1100 referees in BC. Wright continues his ongoing quest for excellence in officiating, and enjoys educating officials of all ages.

"I take great pride in the work so many of our BCLOA volunteers are doing and have done over the years," states Wright. "Becoming a successful referee is a skill as well as an art. It involves a great deal of practice and dedication to learning not only the rules of the game, but how best to apply them."

Not all people are cut out for this type of duty. Wright feels key characteristics of referees include a great attention to detail, a degree of fitness, a good memory, an even temperament and an open mind to be successful -- not to mention, an overwhelming love for the sport.

"The very best officials I have worked with over the years never stop seeking to improve their game," explains BCLOA Chair, Doug Wright. "Many of our officials also officiate in other sports. Hockey and Basketball officiating is very similar -- Soccer and Football, being field sports, can also lead into our field game. The principles behind officiating, regardless of the sport, are generally very similar."

One can become a lacrosse official as young as age 13. Lacrosse referees/umpires tend to have long careers with many professional, collegiate and international opportunities in Box, Field and Women's Field Lacrosse to shoot for.

One veteran referee who has spent decades in sweaty arenas perfecting his trade calling Western Lacrosse Association Senior A games is Andrew Corbould. He's called his fair share of games and has seen it all in his career. So, what keeps him involved as he pushes 50?

"I just love being a part of the game," states the 28-year veteran Corbould. "It's about staying involved in a competitive environment and being in situations that make you call a good game."

Corbould hopes to stay on the floor as long as the body lasts, and if he can still be in the right position to make the right calls. His advice for young aspiring officials is aplenty:

"Communicate well with your voice and your signals and let the participants know exactly what your call is," explained Corbould. "Engage yourself and

British Columbia Lacrosse Association
#101 - 7382 Winston Street
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cover design by Cybervision Images, logo design by Design One Graphics Group Inc.

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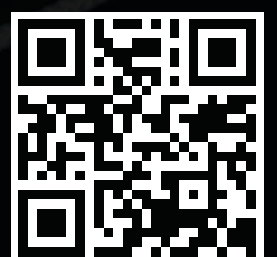
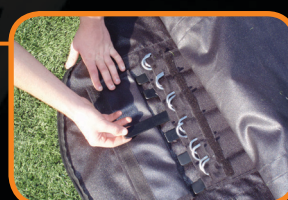
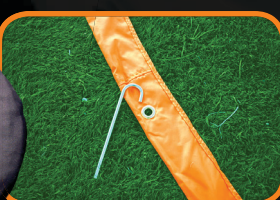
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Wright is Right for President's Award



Doug Wright is BCLA's 2013 selection for the coveted viaSport President's Award.

By: LacrosseTalk Staff

The 47th Athlete of the Year Awards and President Award ceremonies founded by Sport BC took place Thursday, March 8, 2013 at the River Rock Casino Resort and Show Theatre in Richmond, BC. Hundreds of BC's finest athletes, coaches and volunteers were recognized at the prestigious event.

The BC Lacrosse Association's 2013 selection for the Sport BC President's Award was BC Lacrosse Officials Association (BCLOA) Chair, Doug Wright.

Doug Wright has been a lacrosse lifer as a player, coach, official and educator. Wright comes from a lacrosse rich

family as his father and older brothers all played. This Richmond Minor Association product played lacrosse throughout his youth and finished with the Delta Islanders Junior B club in the early 1990's.

Wright has been a mainstay with the BCLOA starting as a referee in 1985. As he learned the tools of the trade, Doug felt he could give back to the younger officials and mentor their development. So in 1995, Wright trained to become a clinician and has been part of the education of BC officials ever since.

"When I was finished playing, I wanted to stay involved in the game and did so through officiating," stated Wright. "Over the years, I found myself taking on roles within the BCLOA where I could share that experience with others. I find the challenge of instructing referees to be very rewarding and take great satisfaction in teaching new and returning minor referees."

As if being a clinician and official wasn't enough, Doug delved further into the BCLOA as the Zone 5 Official Coordinator from 1995-2001 and took on the role of Vice Chair for Minor Box Lacrosse in 2001. Wright became a Master Course Conductor for Officials; he has been instrumental in creating referee training materials and has played a big role in streamlining officiating policies in BC.

In 2005, he joined the Canadian Lacrosse Association National Officials Certification Program Committee that oversees the continuous revision and development of referee training materials. He continues his role, as the BCLOA Chair, overseeing the officials of BC – a position he's held since 2008.

A labour of love, indeed, but Wright notes he's grateful for the work of so many other volunteers in the BCLOA.

"The work I do is a very small part of the work that a large group of dedicated men and women are doing across the province -- I am very grateful for their hard work," mentioned Wright. "It was a humbling experience to be honoured by this award, and being honest, it was a bit embarrassing, but also gratifying. It is nice to have our work appreciated."

"I take great pride in the work so many of our BCLOA volunteers are doing and have done over the years -- and to have that work recognized by this award is a tremendous honour," said Wright.

BCLA President agreed that Wright's hard work may be behind the scenes, and if one didn't notice the work done by the officials, they are likely doing a great job.

"Doug has been around the game for a long time and has been a great influence on the officiating community and is now getting his due recognition," stated BCLA President Sohen Gill. "You don't always know what he does, but we all know the efforts he puts towards the BCLOA and officials are paying off."

Previous Sport BC Athlete of the Year Award President's Award recipients from the BCLA are: Gloria Siegner (1999), Elinor Hinds (2000), David Soul (2001), Jack Crosby (2002), Hugh Tait (2003), Greg Toll (2004), Deb Stocks (2005), Shawn House (2006), Greg Toll and Toni Lowe (2007), Ron McQuarrie (2008), Mike Hall (2009), Gene and Judy Regier (2010), Dave "The Wall" Jenkins (2011) and Terry Mosdell (2012).

The BC Lacrosse Association thanks Doug Wright for his commitment to lacrosse.

BCLA Scholarships/Bursary -- How Can You Contribute?

By: LacrosseTalk Staff

Each year, the BC Lacrosse Association (BCLA) has three scholarship/bursary awards that are presented to deserving lacrosse participants in the Province of BC -- The Ted Fridge Scholarship, the Wayne Goss Scholarship and the Dorothy Robertson Memorial Bursary. These scholarships were developed to recognize outstanding contributions to lacrosse, and to encourage and assist our members in the pursuit of higher education while furthering the BCLA's objective in helping to provide trained people to meet the needs of our community. DEADLINE for applications is June 13, 2013.

We want to tell you more about the people behind these financial awards, what the scholarships represent and the criteria required to apply. And yes, new for 2013, these scholarships/bursary are connected to the National Sports Trust Fund (NSTF), which means that anyone who would like to make a donation of \$25 or more in support of any these scholarships/bursary can receive a tax deductible charitable receipt.

Wayne Goss Scholarship – Wayne Goss is still the number one fan of the New Westminster Salmonbellies. If you ever drop by the traditional Queen's Park Arena for a Salmonbellies game, you're likely to see Wayne cheering on his team. Wayne was one of the most decorated Salmonbellies in the 70's and 80's. During his 14-year, 465-game career, Wayne accumulated 812 goals and 1,040 assists for 1,852 points - the all-time assist and point records for Senior "A" box lacrosse in Western Canada. At the time of his retirement, Wayne held 41 WLA scoring and faceoff records and shared four others – today he still holds 26 of those records. Goss won six Mann Cup titles in seven attempts.

This \$1,000 scholarship is awarded to a person with a broad spectrum of the following categories including players, referees, coaches, team management, association executive and club executive. The person(s) selected must show a high standard of ability in his/her particular area of participation; possess strong leadership potential; have demonstrated good character, a sense

of citizenship, and have a history of participation in school and community activities. The person selected should have taken part in a community lacrosse member association's program and have indicated a desire to remain in lacrosse upon completion of his/her education.

Ted Fridge Scholarship – Ted Fridge was a school teacher by profession with a penache for sports, especially lacrosse. Ted's involvement began in Port Coquitlam as his two boys, Tom and Daren started to play for the Saints when he volunteered as coach and executive member. He joined the Adanac family in the 90's, then in 1994 served as GM of the Burrards senior club that shifted its franchise from Vancouver to Surrey and later to Maple Ridge. Fridge was a pioneer of developing field lacrosse in the lower mainland in the 1980's. He spent countless weekends managing the Adanacs men's team as well as being commissioner of Senior Men's Field Lacrosse League. Fridge was inducted into the Canadian Lacrosse Hall of Fame in 2009.

To be considered for the \$500 scholarship, a candidate for the Ted Fridge Scholarship Fund must be a person currently registered with the BCLA as a Field Lacrosse player, coach, referee/umpire, executive committee member or other volunteer position; a person who displays sportsmanlike behavior who is regarded as a helpful, upstanding leader with his/her peers; involved in the community; academic standing of A or B average and currently attending Grade 12.

Dorothy Robertson Memorial Bursary – Dorothy Robertson was the face of the BC Lacrosse Association in the early years serving in almost every capacity possible. She was part of the BCLA from the 1960's into the 1990's doing everything in the name of lacrosse. In 1996, the Dorothy Robertson Memorial Trophy is dedicated and annually awarded to Western Lacrosse Association Coach of the Year. Dorothy was inducted into the Canadian Lacrosse Hall of Fame in the Builder category in 1991. The Dorothy Robertson Memorial Bursary celebrates Women in Lacrosse. To apply for this \$500.00 bursary, one must be a 16-years or older involved in lacrosse as a player, coach, official and/or volunteer; has shown enthusiasm for

lacrosse, exhibits sportsmanship, promotes the sport in her community and has shown a strong commitment to the game of Lacrosse.

All scholarship/bursary applications must be received by Thursday, June 13, 2013, by 4:30 PM. Those wishing to apply for a scholarship/bursary in any category will do so by using the Application Forms on the BCLA website. After careful completion of the application form, the need for references and the verification of registration, applicants must submit the form and supporting documentation to the BCLA Office, Attention: BCLA Scholarship Committee by the deadline date. The scholarship/bursary winners will be announced no later than August 31, 2013, and all applicants will be notified.

New in 2013, the scholarships and bursary are registered as programs within the National Sport Trust Fund (NSTF). Individuals or companies making contributions of \$25 or more toward one of these programs will receive a tax deductible charitable receipt. Following is the process for making a donation to one of these three scholarship/bursary programs:

1) The donation cheque must be written to THE NATIONAL SPORT TRUST FUND.

2) On the cheque in the Memo section at the bottom of the cheque, it must say BC Lacrosse Association - with the Name and Number of the Project. The name of the Scholarship/Bursary should also appear.

Wayne Goss Scholarship - Program #268

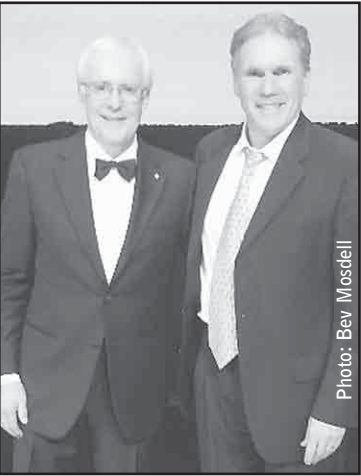
Dorothy Robertson Memorial Bursary - Program #266

Ted Fridge Scholarship - Program #267

3) The person making the donation cannot receive any benefit from this except for a tax deductible receipt. If you have a donation, you can send it to Rochelle Winterton at the BCLA Office, #101 – 7382 Winston Street, Burnaby V5A 2G9, and it will be sent on to the National Sport Trust Fund for processing.

For more information or questions, please e-mail info@bclacrosse.com.

Mosdell a Finalist at Athlete of the Year Awards



Host of the Athlete of the Year Awards Banquet, Brian Williams, poses with BCLA's Terry Mosdell.

2013 marked another banner year of honours and achievements for referee Terry Mosdell. Mosdell is one of the BC Lacrosse Association's most seasoned lacrosse officials. This Level 5 Box and Field Lacrosse official has officiated every age group and league in Box and Field Lacrosse in his career.

In 2012, Mosdell officiated over 60 box lacrosse league and playoff games for Box Lacrosse in Senior A & B, Junior A & B, Minor and Master's lacrosse. On the field, he called an additional 60 NCAA, High School and club Field Lacrosse games. The result

By: LacrosseTalk Staff

The 47th Athlete of the Year Awards Ceremony took place March 7, 2013 at the River Rock Show Theatre in Richmond. The BC Lacrosse Association annually submits nominations for the annual Athlete of the Year Awards. This year, the BCLA nominated Team BC U16 coach Scott Browning, the Team BC U16 2013 Alumni Cup National Champions, and top BCLA

of Terry Mosdell's dedication to lacrosse and his high level of respect has him positioned as one of BC and Canada's top box and Field Lacrosse officials.

Terry has had a great year in BC. He was nominated for BCLA's Ted Fridge Family Spirit Award and was the 2012 recipient of BCLA's top honour, the Tom Gordon Plaque. Mosdell also represented BC and Canada, as a Field Lacrosse official, at the FIL 2012 European Lacrosse Championships in Amsterdam. He also refereed at the 2012 Mann Cup and was a recipient of the Queen Elizabeth II's Diamond Jubilee Medal for outstanding contribution to the game of Lacrosse.

"Terry should be proud of his many achievements this year," said BCLA President Sohen Gill. "He continues to reach great heights in refereeing in BC, Canada and internationally."

2013 marked the second year that in a row Terry Mosdell was the BCLA nomination for the viaSport Official of the Year award, and for the second year running, he went home empty-handed without the hardware.

"Always a bridesmaid," Terry Mosdell quipped. "It's always an honour to be nominated for such a prestigious award, but it would have been even better to be named as the Official of the Year," stated two-time nominee. "Just to be noticed in the company of our elite athletes, coaches and officials was a great experience in itself. Thanks to the BCLA Office, the executive and Sohen Gill for their support."

Congratulations to Terry for another great achievement and for representing the BCLA honourably in his travels.

Continued from Cover Article: They Whistle While They Work.

By: LacrosseTalk Staff

ask older officials about game situations and rules; never stop asking questions; approach every game as a professional; and respect the game!"

Most would-be referees initially didn't enter the profession simply to be an official – many have looked at it as a great part-time job. Ten-year veteran youth Field Lacrosse official, Kody Moleschi, was first turned on by the ability to make some spending money as a youth ref, now it's his way of staying close to the game he once played.

"It would be very difficult to part from the program considering the amazing officials and countless volunteers I have had the pleasure to work with," mentioned Moleschi. "As a lacrosse enthusiast and ex-player, officiating keeps me involved in this great game."

Other referees officiate lacrosse as not only a way to teach and mentor new officials, but a way to increase their own knowledge of the game.

"I became a ref because I love the game of lacrosse," explained Surrey's Braden Wilkins. "I wanted to give back and get more involved in the game and help younger refs once I got better. It also helps me play a better game knowing the other side of the whistle."

Having that lacrosse game experience as a player (or ex-player) also has its advantages as an official – whether it is game flow or rule knowledge, that extra little bit of game sense is an asset.

Delta Lacrosse product Ryan Nose began refereeing Box Lacrosse when his association needed refs – he was one of the first officials to ref for the Footmen Field club during their inception. This Level 4 Field Lacrosse referee played through the sport system and toiled with the SFU Men's Field Lacrosse program. Those high level experiences have helped him keep an open perspective when managing game action.

"The game is always changing, the players are moving, the ball is moving," explained Nose. "As a referee you have to be cognizant of everything that is occurring and be able to anticipate what is about to happen, while forgetting about what just happened."

With the upswing of Women's Field Lacrosse participation and the increased college lacrosse opportunities, Women's Field athletes are competing more than ever, albeit with a small group of umpires. Women's Field Lacrosse umpire, Wilhemina Toews, knew nothing about lacrosse well into her early 20's, now she's a leader educating new Women's Field umpires in BC.

"I was introduced to lacrosse at the age of 24 when Women's Lacrosse was first brought back to the Valley," said Toews. "That was 14 years ago and I have been officiating ever since."

This late bloomer from Vancouver Island has served as the Women's Field Master Course Conductor and Clinician teaching new officials -- and loving it!

"Last year I had a young teammate take my clinic -- she walked onto the field for her first game and was amazing. She was only 17, but was confident, poised and her instantaneous success made me very proud," mentioned Toews.

It is experiences like these that keep officials involved in the game for the long-run and motivated to be the best possible official amongst their peers. But there is one underlying factor that keeps one enthralled to continue wearing the black and white jersey – FUN!

"The game has always been a lot of fun and it still remains fun," noted WLA's most veteran referee Ray Durante. "When it stops becoming fun, then it will be time to retire, or my body will let me know."

So in the light of the CLA's Official Appreciation month (April), the lacrosse community salutes all officials and their dedication towards maintaining the integrity of the Creator's Game. After all, without officials, there is no game!

"It has been said that a perfect game for a referee is one where people did not even notice the officials were there; when people can watch a game and enjoy the displays of skill and not even notice the referees were a part of the game," summed up BCLOA Chair Doug Wright. "If we do our job right, people see the benefits in the game, and do not even notice our work."

Aboriginal Development -- Northwest & Northeast



BCLA Aboriginal Developer Bryan Baxter Teaches Lacrosse Skills in BC Communities.

By: LacrosseTalk Staff

The BC Lacrosse Association continues the quest of lacrosse development in Aboriginal communities across BC. The BCLA, in partnership with the Aboriginal Sport, Recreation and Physical Activity Partners Council (ASRPAPC) and with the assistance of Warrior Sports Canada, continues to spread the

lacrosse knowledge to these communities while introducing more young students to the great game of lacrosse.

This past winter has been no different with numerous visits to schools and communities by BCLA Aboriginal Developers. BCLA Aboriginal Developer, Bryan Baxter, embarked on two trips to the Northeast and Northwest regions of BC to deliver Aboriginal Development Programs.

The first trip encompassed those areas in and around Terrace with the first stop being Prince Rupert. Lax Kleem Elementary was the first school visited. Their Principal had a brother that had played minor lacrosse in his youth in the Lower Mainland – sparking a nice lacrosse connection. Five sessions were conducted to 112 enthusiastic students. The afternoon session took Baxter to Port Edward for a visit to a Band School and offered instruction to 29 students.

On Day 2, Baxter travelled to Kitimat Village to visit the Haisla Community School. This turned out to be the most enthusiastic group of 30 students on this trip. Baxter determined the set of sticks and balls would be left for this school as a legacy at the conclusion of the trip.

"I was so impressed by the way I was treated and by the gratefulness of the staff," said Baxter.

Kildala Elementary was the next stop, where four lacrosse sessions were conducted and introduced to 72 students.

Gitxsan Territory, was the destination on Day 3, at Kitwanga Elementary School. Principal Jaclyn Wells accepted the offer to spend a few hours with the students. In the end, 80 students were introduced to lacrosse.

During Baxter's sessions, he acknowledges the host territory for having him on their territorial lands to deliver knowledge of the Creator's Game. He offers a short history on the sport and traces it back to its Aboriginal roots. At the conclusion of each session, Baxter points out scholarship opportunities through sport and the North American Indigenous Games in 2014.

That afternoon, Gitsegukla Village and the Gitsegukla Community School hosted the lacrosse session with 35 students introduced to lacrosse.

The final days of this trip were spent in the Nass Valley, home of the Nisga'a. Gitwinksilkw Elementary was prepared for Baxter's visit where he conducted three sessions to 49 students. The final school was at Alvin A. McKay in Laxgaltzap where lacrosse was introduced to 57 students.

The last evening session was at the Gitlaxt'aamiks Recreation Center where 11 eager young boys wanted to learn more about lacrosse. Local Recreation Director, Alvin Wright, attended and will hopefully carry on development and drum up enough interest to get lacrosse going. Wright had already purchased sticks and balls to be used at the center to continue lacrosse in his community.

Baxter's next trip took him to the Northeast including the communities of Chetwynd, Tumbler Ridge, Pouce Coupe, Dawson Creek and Fort St John. First stop, Chetwynd.

Don Titus Elementary was the first school visited where Baxter conducted three sessions and saw 76 students. Next stop Windrem. Principal Laurie Mason of Windrem Elementary was excited about the visit where 37 students were treated to two sessions of lacrosse. Additional talk of redeveloping lacrosse in the community was fruitful as the Recreation Director mentioned she knew of a "lacrosse dad" in the community that she would be willing to contact. The sticks and balls were left in Chetwynd at the conclusion of this trip.

Day 2 -- Tumbler Ridge. Tumbler Ridge Secondary was the destination for two sessions. The girls in the afternoon sessions were extremely keen on lacrosse and were pleading with their teacher to form a team in Tumbler Ridge. Baxter offered information and resources to assist them in the development of a team.

The final two days were centered out of Dawson Creek with the first stop at Pouce Coupe Elementary School. Three sessions introduced 89 students at Pouce Coupe. In the afternoon, Baxter attended Dawson Creek Secondary School and introduced the sport to 63 more students.

Fort St. John was the final city on the trip, with Duncan Cran Elementary School as the first stop. Three sessions of 86 students tried their hand at lacrosse. The final school on this trip was Robert Ogilvie Elementary. Principal Karl Peterson was both ready and excited about this visit and scheduled four classes with a total of 100 students. Three new coaches attended a coaching session, coupled with the coaches already trained in other sessions in a previous visit, Fort St. John will have a viable association in the near future.

"I am grateful for the opportunity the BCLA has provided me in experiencing the many wonders of our great province during my delivery of development sessions," stated Baxter.

Two trips, eight days, ten communities, over 915 students, one sport – Lacrosse! Lacrosse development will continue to new communities and more children through the year.



CLHoF Sponsoring Logo Contest

By Paul Horn

The Canadian Lacrosse Hall of Fame (CLHoF) board is looking to revitalize the logo for the Hall, and they are calling on Canada’s lacrosse community to help out.

The Hall is sponsoring the “Mojo our Logo” Contest, asking artists across the country to show their work through a new logo design for the Hall. The Hall is inviting every minor lacrosse association across Canada to share the contest entry information with their players, families and communities. Their aim is to use a new “homegrown” logo to represent the Hall as it makes a move to a new home in 2014.

“We see the move as a chance to really revitalize ourselves,” says Randy Radonich, CLHoF President. “Asking the country to design our new logo is just one way we want to

bring more involvement from Canadians into the Lacrosse Hall of Fame.”

This desire to integrate the old and the new is a critical element to the new logo’s design. The Hall is looking for a simple - but striking - emblem that combines the concepts of tradition and the present. In particular, the Hall hopes to see authentic First Nations images representing the earliest forms of the game tied to the version we play today. “We want to see an element of real creativity in tying those elements together,” says Tony Glavin, who is leading the logo process. “That’s why we have opened the contest to every Canadian, from youth to senior, from professional artist to budding student.”

The final element that must be present in the Hall’s new logo is its motto, “Our Game, Our Heritage.” “Those words express perfectly what we are all about,” explains Radonich, “So we

want them built right into our logo. Hopefully, we will build a better awareness of how the Hall preserves a cherished part of Canada’s history.”

The Hall will be accepting logo designs until June 1, 2013.

Only entirely original work will be considered and the winner must be willing to release their design to the Hall for exclusive use. Work will only be returned if accompanied by a self-addressed and postage paid envelope.

Designs must be limited to 2 colours (plus black). Entries must be submitted in both their colour and monochrome (grayscale) formats. Entrants must submit their designs in both digital (Adobe Illustrator or jpg/bmp 600 dpi or better) and camera-ready hard copy (8 x 10 or larger) versions.

The winning entry will receive \$250, a professionally framed and labeled print, plus



recognition at the 2013 Hall of Fame Induction Dinner as well as in the LacrosseTalk and Sticks and Stones publications. In addition, the winner’s design will be displayed in the Hall of Fame along with a photograph of the artist and description of the logo’s origins.

Contest entrants may submit their designs to: Logo Entries, Attn. Mr. Anthony Glavin, 510-2695 Granville Street, Vancouver, BC, V6H 3H4.

Hall of Fame Goes On-Line

By: Paul Horn

It doesn’t matter whether it’s your brand new graphite shaft breaking during a critical play or your computer crashing after hours of hard work, we can all relate to being frustrated by technology. Sometimes it truly seems like we ought to go back to the old ways when quality was king and people put pride into most everything they did. But every once in awhile the convenience of modern technology merges perfectly with the traditions of the past, and when that happens, it’s magic.

And so it is with the Canadian Lacrosse Hall of Fame who have now officially joined the 21st century with a brand new website, Facebook page and Twitter account. Now, more

than ever, you can follow the Hall and learn about the heritage of Canada’s greatest game.

The new website, www.canadianlacrossehalloffame.org, is a masterpiece. Learn about every inductee, or take a photo tour of the hall. Travel down Memory Lane with Stan Shillington or follow the blog where you can see what the new hall will look like in 2014 or find out which celebrity secretly stopped by for a visit last year. Perhaps best of all, you can easily nominate your favourite player, builder or team for induction by following the simple instructions and using the forms provided on the site.

Our Facebook page is just as easy to find. Just search for Canadian Lacrosse Hall of Fame, and if you’re a Twitter fan, look for @

CanLaxHall. We post quizzes, polls, and the latest news in both spots and we’d love to hear from you there too.

The museums of my childhood are long dead, and I say good riddance. In order to be relevant in 2013 and into the future, our past will have to connect to our future. Gone are the dusty displays and dim corners of buildings only accessible to locals. Our web-based resources bring the Hall to every person in Canada as well as sharing the story of our game throughout the world, so be proud and help spread the word.

And our web-based access is only just beginning. Unlike our bricks and mortar locations, there is no limit on the artifacts we can display

electronically or the archive material you can readily access. As we move toward our new building’s creation in 2014, we are committed to integrating technology into our displays and allowing people everywhere to interact with the Hall. Our aim is to record or stream our induction ceremonies and bring you clips of games, interviews and historical footage that will bring the game’s history to life. If you see a way for us improve what we’re doing, let us know.

The advantages of technology are vast, provided we use it well, and the Hall of Fame is committed to doing just that. Check us out through your computer screen or mobile device.

Alexander Scores Another Hall of Fame Spot

By: BCSHoF

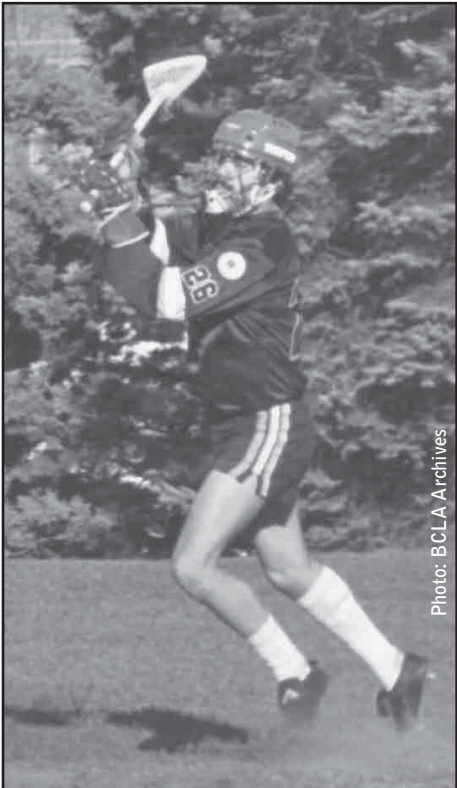
One of the greatest goal-scorers in Canadian lacrosse history, Victoria’s Kevin Alexander was called the “Gretzky of the lacrosse floor” and idolized by none other than a young Steve Nash. When Alexander retired in 1986 at the conclusion of a ten-year career in the Western Lacrosse Association, he stood as the league’s fourth all-time leading scorer.

In exactly 300 career senior games encompassing regular season, playoffs, and Mann Cup play, he amassed a remarkable 797 goals and 584 assists for 1381 points, good enough for a place in the top twenty professional players who ever played the game.

If his career had been as long as others around him on this list, he would undoubtedly be ranked even closer to the top. One of the highest scoring junior players ever, including a record 217 points in 28 games in 1976, Alexander was named MVP of the Victoria MacDonald’s 1976 Minto Cup victory, emblematic of the Canadian junior lacrosse championship.

Twice he led Victoria to the Mann Cup, as senior Canadian champions in 1979 and 1983. In 1986, while representing Canada, he was named best midfielder at the world field lacrosse championships and named to the All-World team.

Alexander will join other sports greats in the 2013 inductee class that include: Athlete category - Dawn Coe-Jones (golf), Brent Hayden (swimming), Robert ‘Ro’ Hindson (rugby), and Peter Reid (triathlon). In the builder category,



Kevin Alexander will be inducted into the BC Sports Hall of Fame September 19, 2013.

Kathy Shields (basketball) and Ken Shields (basketball) have been selected. Selected for induction in the pioneer category is Larry Kwong (ice hockey) and in the W.A.C. Bennett category, Pat Quinn (ice hockey). The 1965 Ocean Falls Amateur Swimming Club has been selected for induction in the team category (swimming) and Larry Isaac has been selected for induction in the media category.

The 2013 Inductees will be formally inducted to the BC Sports Hall of Fame at the 45th Annual Banquet of Champions presented by Canadian Direct Insurance at the Vancouver Convention Centre on September 19, 2013.



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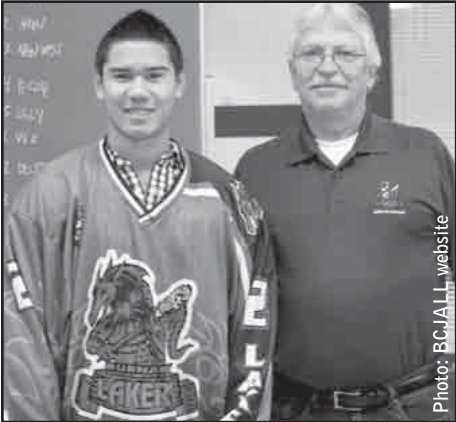
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2013 Junior Entry Draft Results



Tyler Vogrig Goes #1 in BCJALL Junior Entry Draft to Burnaby Junior Lakers.

| | | | | | |
|--------------------|----------------------------------|--------------------|-------------------------------|--------------------|--------------------------------|
| Round 1 | | Round 3 | | Round 5 | |
| 1 Burnaby | Tyler Vogrig (Vancouver) | 17 Burnaby | Brody Glemnitz (Maple Ridge) | 33 Burnaby | Nicholas Jensen (Richmond) |
| 2 Nanaimo | Bailey Robinson (Campbell River) | 18 Nanaimo | Lucas Frost (Cowichan Valley) | 34 New Westminster | Jacob Krismer (Saanich) |
| 3 New Westminster | Keanu Fernandez (Vancouver) | 19 New Westminster | Wyatt Kinna (Surrey) | 35 Langley | Brayden Lundy (Abbotsford) |
| 4 Port Coquitlam | Jayden Campbell (Surrey) | 20 Nanaimo | Mitchell Gurney (Saanich) | 36 Port Coquitlam | Brendan Green (Maple Ridge) |
| 5 Langley | Andrew Gresham (Maple Ridge) | 21 Langley | Byron Dargatz (Surrey) | 37 Victoria | Liam Reid (Comox) |
| 6 Victoria | Nicholas Preston (Saanich) | 22 Port Coquitlam | Cole Pollack (Maple Ridge) | 38 Nanaimo | Vic Rai (Vancouver) |
| 7 Delta | Chandler Bradley (Richmond) | 23 Delta | Wyatt Peters (Abbotsford) | 39 Delta | William Nomura (Surrey) |
| 8 Coquitlam | Mitchell McDole (Maple Ridge) | 24 Coquitlam | Michael Vukovic (Mission) | 40 Coquitlam | Evan Horton (Mission) |
| Round 2 | | Round 4 | | Round 6 | |
| 9 Burnaby | Brad Rowbotham (Maple Ridge) | 25 Burnaby | Jacob Tiefisher (Maple Ridge) | 41 Burnaby | Jeremy Harder (North Shore) |
| 10 Port Coquitlam | John Carvey (Surrey) | 26 Victoria | Daniel Smith (Saanich) | 42 Nanaimo | Alec Molander (Comox) |
| 11 New Westminster | Connor McKay (Surrey) | 27 Delta | Liam Wiebe (Surrey) | 43 Victoria | Devon White (Saanich) |
| 12 Nanaimo | Adam Golia (Cowichan Valley) | 28 Victoria | Andrew McLean (Abbotsford) | 44 Port Coquitlam | Perry McCulloch (Maple Ridge) |
| 13 Langley | Travis Froelich (Maple Ridge) | 29 Langley | Connor Lovely (Chilliwack) | 45 Langley | Braiden Galbraith (Chilliwack) |
| 14 Victoria | Zachrey Christiansen (Saanich) | 30 New Westminster | Pearson Willis (Semiahmoo) | 46 Nanaimo | Rees Cullen (Peninsula) |
| 15 Delta | Patrick Szabo (Surrey) | 31 Delta | Shawana Baker (Richmond) | 47 Delta | Liam Fisher (North Shore) |
| 16 Coquitlam | Tyson Walker (Maple Ridge) | 32 Coquitlam | Justin Tweedie (Maple Ridge) | 48 Coquitlam | Jacob Green (Surrey) |

BCJALL Spring Preview 2013

Minto Cup 2013 in New Westminster

By: Brad Challoner

We love lacrosse because it’s the fastest sport on two feet. It’s high scoring, hard hitting, athleticism at it’s finest. Rich in tradition, deeply communal, strategic in design, yet creativity executed. No other place do we get to see lacrosse played at its finest and purest than in the BC Junior ‘A’ Lacrosse League. Players flourish and grow under great leadership. They are driven to learn all they can about the game, and their end sight, after their own development, is always to capture a Minto Cup. Before we let the play of the game write its own stories from season start to end, let’s take a look at all that’s been going on off the floor in preparation for the 2013 season.

Five of the eight teams in the BCJALL will have new head coaches behind the bench this season. Brad Dougan in Nanaimo, Mike O’Reilly in Burnaby, Nirmal Dillon in Victoria, Danny Harada in Poco, and Neil Doddridge in Coquitlam, though it’s Coquitlam’s assistant coaches who are stealing the spotlight.

Joining the newly minted Doddridge behind the Junior Adanac bench will be two popular faces of the lacrosse world, Dane Dobbie and Jon Harnett. Having two current pro lacrosse players coaching in the BCJALL is just as exciting for fans, as it is valuable to the players.

Dobbie, who suits up for the Calgary Roughneck’s of the NLL and the Coquitlam Adanac’s of the WLA is one of the best goal scorers in the game today. Minto Cup Champion with the Burnaby Lakers, Dobbie also won an NLL Champion’s Cup in 2009 with Calgary. He comes from the school of Curt Malawksy, who has been his coach, teammate, and then coach again. Anyone who has spent that much time around Malawsky is bound to pick up some tricks and tactics. Dobbie will coach the offense for the Adanacs.

Jon Harnett grew up in Orangeville and won two Minto Cups with the Northmen before being drafted to the NLL by the Boston Blazers. A current member of the Roughnecks, Harnett also plays for Coquitlam in the WLA. One of the best young defenders in the game, Harnett will coach the back end for the Junior A’s, and no doubt teach them how to play relentless, shutdown defense. It is fantastic to see two players of this caliber giving their time back to Junior lacrosse. It’s also great PR for the league.

Czech Please! The Victoria Shamrocks have gone international to bolster their roster. They’ve signed 21 year-old, right-handed forward, Dominik Pesek, from the Czech Republic. A member of the Czech National team that competed at the 2011 World Indoor Championships, Pesek was introduced to the Shamrocks through former WLA Shamrock and Colorado Mammoth player Chet Koneczny. ‘Rocks GM Rod Wood hopes his transition to the Canadian game is an easy one, and if successful, could this open the floodgates for young talent around the globe?

A little closer to home, the Nanaimo Timbermen have signed a pair of free agent players from the Thompson Okanagan Junior Lacrosse League. Brett Hawrys and Owen Barker, both from the Armstrong Shamrocks, will look to get the T-Men back into the post-season. Hawrys led the TOJLL with 46 goals and 38 assists in 13 games last season, while Barker finished fourth with 50 points and 100 PIMS in 11 games.

Go West young men. The Okotoks Raiders of the Alberta Junior ‘A’ League will be crossing the Rockies like a Chinook wind for a series of exhibition games against their BC rivals. The Raiders will make stops in Langley, Coquitlam and Port Coquitlam from May 18th to 20th. This is the only time that Alberta players get to size their selves up against BC talent outside of the Minto Cup -- a great move by both leagues. An Alberta team has never won a game against an Ontario or BC opponent at the Minto Cup, and the only way they ever will is by playing more games against the other leagues. Kudos to the Okotoks Raiders for making this trip.

And finally the update on the 2013 Minto Cup. In the January LacrosseTalk BC Junior A Lacrosse League article it was reported that a host site was not yet confirmed, that changed just a few weeks ago. The Canadian Lacrosse Association met in BC over the April 6-7 weekend with stakeholders from Ontario, Alberta and BC to iron out the direction of the Minto Cup and to solidify the 2013 Minto Cup tournament. It was confirmed that BC will be the 2013 host of the Minto Cup. The BCJALL will host as a league, and play all games out of Queen’s Park Arena in New Westminster. As of press time, the dates were still to be confirmed, but it looks like the four team tournament will run from August 23 to September 1, 2013.

| DATE | DAY | AWAY | HOME | TIME | ARENA |
|----------|-----------|-----------------|-----------------|---------|----------------------------|
| April 26 | Friday | Langley | Port Coquitlam | 8:00PM | Port Coquitlam Rec. Centre |
| April 27 | Saturday | Burnaby | Delta | 7:30PM | Ladner Leisure Centre |
| April 27 | Saturday | New Westminster | Victoria | 5:00PM | Bear Mountain Arena |
| April 27 | Saturday | Nanaimo | Coquitlam | 5:30PM | Coquitlam Sports Centre |
| April 28 | Sunday | Port Coquitlam | Burnaby | 7:00PM | Burnaby Lake Arena |
| April 28 | Sunday | Victoria | Coquitlam | 5:00 PM | Coquitlam Sports Centre |
| April 30 | Tuesday | Coquitlam | New Westminster | 8:00PM | Queens Park Arena |
| May 4 | Saturday | Delta | Nanaimo | 5:00PM | Oceanside Place Arena |
| May 5 | Sunday | Langley | Burnaby | 7:00PM | Copeland Arena |
| May 5 | Sunday | Nanaimo | New Westminster | 5:00PM | Queens Park Arena |
| May 7 | Tuesday | Delta | New Westminster | 8:00PM | Queens Park Arena |
| May 9 | Thursday | Port Coquitlam | Langley | 8:00PM | Langley Events Centre |
| May 11 | Saturday | Port Coquitlam | Delta | 7:30PM | Sungod Arena |
| May 11 | Saturday | Burnaby | Nanaimo | 5:00PM | Frank Crane Arena |
| May 11 | Saturday | Langley | Victoria | 5:00PM | Bear Mountain Arena |
| May 12 | Sunday | Coquitlam | Burnaby | 7:00PM | Copeland Arena |
| May 12 | Sunday | Delta | Victoria | 5:00PM | Bear Mountain Arena |
| May 14 | Tuesday | Port Coquitlam | New Westminster | 8:00PM | Queens Park Arena |
| May 15 | Wednesday | Delta | Coquitlam | 7:30PM | Coquitlam Sports Centre |
| May 16 | Thursday | Burnaby | Langley | 8:00PM | Langley Events Centre |
| May 17 | Friday | New Westminster | Port Coquitlam | 8:00PM | Port Coquitlam Rec. Centre |
| May 18 | Saturday | New Westminster | Delta | 7:30PM | Ladner Leisure Centre |
| May 18 | Saturday | Okotoks | Langley | 8:00PM | Langley Events Centre |
| May 18 | Saturday | Coquitlam | Victoria | 5:00PM | Bear Mountain Arena |
| May 18 | Saturday | Port Coquitlam | Nanaimo | 5:00PM | Frank Crane Arena |
| May 19 | Sunday | Delta | Burnaby | 7:00PM | Copeland Arena |
| May 19 | Sunday | Okotoks | Coquitlam | 8:00PM | Coquitlam Sports Centre |
| May 20 | Monday | Okotoks | Port Coquitlam | 2:00PM | Port Coquitlam Rec. Centre |
| May 21 | Tuesday | Victoria | Nanaimo | 8:00PM | Frank Crane Arena |
| May 22 | Wednesday | Burnaby | Coquitlam | 7:30PM | Coquitlam Sports Centre |
| May 23 | Thursday | New Westminster | Langley | 8:00PM | Langley Events Centre |
| May 24 | Friday | Delta | Port Coquitlam | 8:00PM | Port Coquitlam Rec. Centre |
| May 25 | Saturday | Coquitlam | Delta | 7:30PM | Ladner Leisure Centre |
| May 25 | Saturday | Burnaby | Victoria | 5:00PM | Bear Mountain Arena |
| May 26 | Sunday | Victoria | Coquitlam | 5:00PM | Coquitlam Sports Centre |
| May 26 | Sunday | Nanaimo | Port Coquitlam | 5:00PM | Port Coquitlam Rec. Centre |
| May 28 | Tuesday | Langley | New Westminster | 8:00PM | Queens Park Arena |
| May 31 | Friday | Burnaby | Port Coquitlam | 8:00PM | Port Coquitlam Rec. Centre |
| June 1 | Saturday | Langley | Delta | 7:30PM | Ladner Leisure Centre |
| June 1 | Saturday | New Westminster | Victoria | 5:00PM | Bear Mountain Arena |
| June 2 | Sunday | Victoria | Burnaby | 5:00PM | Copeland Arena |
| June 2 | Sunday | Delta | Nanaimo | 5:00PM | Nanaimo Ice Cent. |
| June 4 | Tuesday | Burnaby | New Westminster | 8:00PM | Queens Park Arena |
| June 5 | Wednesday | Langley | Coquitlam | 7:30PM | Coquitlam Sports Centre |
| June 6 | Thursday | Delta | Langley | 8:00PM | Langley Events Centre |
| June 7 | Friday | Coquitlam | Port Coquitlam | 8:00PM | Port Coquitlam Rec. Centre |
| June 8 | Saturday | Victoria | Delta | 5:00PM | Ladner Leisure Centre |
| June 8 | Saturday | New Westminster | Nanaimo | 5:00PM | Frank Crane Arena |
| June 9 | Sunday | Port Coquitlam | Burnaby | 7:00PM | Copeland Arena |
| June 9 | Sunday | Nanaimo | Langley | 5:00PM | Langley Events Centre |
| June 11 | Tuesday | Nanaimo | Victoria | 8:00PM | Bear Mountain Arena |
| June 12 | Wednesday | Port Coquitlam | Coquitlam | 7:30PM | Coquitlam Sports Centre |
| June 13 | Thursday | New Westminster | Langley | 8:00PM | Langley Events Centre |
| June 14 | Friday | Delta | Port Coquitlam | 8:00PM | Port Coquitlam Rec. Centre |
| June 15 | Saturday | Burnaby | Delta | 7:30PM | Ladner Leisure Centre |
| June 15 | Saturday | Coquitlam | Nanaimo | 5:00PM | Frank Crane Arena |
| June 15 | Saturday | Port Coquitlam | Victoria | 5:00PM | Bear Mountain Arena |
| June 16 | Sunday | Langley | Burnaby | 7:00PM | Copeland Arena |
| June 16 | Sunday | Coquitlam | Nanaimo | 3:00PM | Frank Crane Arena |
| June 16 | Sunday | Victoria | New Westminster | 5:00PM | Queens Park Arena |
| June 18 | Tuesday | Delta | New Westminster | 8:00PM | Queens Park Arena |
| June 19 | Wednesday | Langley | Coquitlam | 7:30PM | Coquitlam Sports Centre |
| June 20 | Thursday | Port Coquitlam | Langley | 8:00PM | Langley Events Centre |
| June 21 | Friday | New Westminster | Port Coquitlam | 8:00PM | Port Coquitlam Rec. Centre |
| June 22 | Saturday | Victoria | Delta | 5:00PM | Ladner Leisure Centre |
| June 22 | Saturday | Langley | Nanaimo | 5:00PM | Frank Crane Arena |
| June 23 | Sunday | Nanaimo | Burnaby | 5:00PM | Copeland Arena |
| June 23 | Sunday | Victoria | Langley | 2:00PM | Langley Events Centre |
| June 25 | Tuesday | Burnaby | New Westminster | 8:00PM | Queens Park Arena |
| June 25 | Tuesday | Coquitlam | Langley | 8:00PM | Langley Events Centre |
| June 26 | Wednesday | Nanaimo | Delta | 7:00PM | Ladner Leisure Centre |
| June 28 | Friday | Coquitlam | Port Coquitlam | 8:00PM | Port Coquitlam Rec. Centre |
| June 29 | Saturday | Nanaimo | Port Coquitlam | 5:00PM | Port Coquitlam Rec. Centre |
| June 29 | Saturday | Langley | Victoria | 5:00PM | Bear Mountain Arena |
| June 29 | Saturday | Coquitlam | New Westminster | 8:00PM | Queens Park Arena |
| June 30 | Sunday | Victoria | Burnaby | 5:00PM | Copeland Arena |
| June 30 | Sunday | Nanaimo | New Westminster | 5:00PM | Queens Park Arena |
| July 2 | Tuesday | Nanaimo | Victoria | 8:00PM | Bear Mountain Arena |
| July 3 | Wednesday | Burnaby | Coquitlam | 7:30PM | Coquitlam Sports Centre |
| July 4 | Thursday | Delta | Langley | 8:00PM | Langley Events Centre |
| July 5 | Friday | New Westminster | Coquitlam | 7:30PM | Coquitlam Sports Centre |
| July 6 | Saturday | Coquitlam | Delta | 7:30PM | Ladner Leisure Centre |
| July 6 | Saturday | Burnaby | Nanaimo | 3:00PM | Frank Crane Arena |
| July 6 | Saturday | Port Coquitlam | Victoria | 5:00PM | Bear Mountain Arena |
| July 7 | Sunday | New Westminster | Burnaby | 7:00PM | Copeland Arena |
| July 7 | Sunday | Nanaimo | Langley | 5:00PM | Langley Events Centre |
| July 7 | Sunday | Victoria | Port Coquitlam | 5:00PM | Port Coquitlam Rec. Centre |

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Merit Award Categories include:

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- **Art Daoust** (Executive Volunteer)
- **Leon Hall** (Youth Field Lacrosse Association of the Year)
- **Jimmy Gunn** (Field Referee of the Year)
- **John Cavallin** (Field Coach of the Year)

The Award Winners will be presented during the 2013 BCLA Annual General Meeting Banquet in October 2013.

For more information or to download the nomination forms, www.bclacrosse.com or call (604)421-9755

Jr. Adanacs McIntosh Selected #1 in WLA Draft

By: LacrosseTalk Staff

The Western Lacrosse Association (WLA) held the 2013 Annual Draft of 2012 Graduating Juniors at the Langley Events Centre on Monday, February 4, 2013.

69 Junior lacrosse players were drafted by WLA teams including the Burnaby Lakers, Coquitlam Adanacs, Langley Thunder, Maple Ridge Burrards, Coastal Windows (Nanaimo) Timbermen, New Westminster Salmonbellies and the Victoria Shamrocks.

The Maple Ridge Burrards held the first pick of the draft and selected Ben McIntosh from the 2012 Minto Cup Finalists, Coquitlam Junior A Adanacs.

“Obviously it’s a great honour to get drafted first overall any year -- pretty much anyone in the first round could have gone first overall,” said McIntosh. “Each player brings something different to the table but the one thing in common is that everyone is incredibly talented. I guess I was lucky enough to be the type of player that Maple Ridge was looking to draft.”

The 6’-2” right hander joins his brother Garrett on the 2013 Burrard roster. This is the third team in as many years the brother tandem has played beside each other – the others being the Co-

quitlam Junior Adanacs and the Drexel University varsity men’s field lacrosse team.

“Garrett and I have been fortunate enough to play on many of the same teams,” noted McIntosh. “It’s a great feeling knowing that your brother is on the floor battling alongside you. I am looking forward to playing with him again as well as the rest of the team, some of which I have been fortunate enough to play with before.”

McIntosh finished his final BC Junior A Lacrosse League (BCJALL) campaign, netting 27 goals and 15 assists for 42 points in only 9 games. In 8 playoff games, he was fifth in BCJALL scorers with 31 points (21G, 10A) and a 25.00% shot percentage.

Known as a versatile player that can play any role, McIntosh has a knack for finishing in close on top of the goal.

“The Burrards are extremely talented, I am hoping to add an inside threat on their right side, but I will play

Ben McIntosh – Junior A Career Statistics

| Season | Team | Status | GP | G | A | Pts | PIM | PPG | SHG | HAT | Shots | Shot Avg |
|--------------|---------|---------|----|-----|-----|-----|-----|-----|-----|-----|-------|----------|
| 2012 Playoff | Adanacs | Active | 8 | 21 | 10 | 31 | 13 | 6 | 1 | 3 | 84 | 25.00% |
| 2012 Regular | Adanacs | Active | 9 | 27 | 15 | 42 | 14 | 10 | 2 | 7 | 90 | 30.00% |
| 2011 Playoff | Adanacs | Active | 8 | 17 | 9 | 26 | 6 | 2 | 0 | 3 | 69 | 24.64% |
| 2011 Regular | Adanacs | Active | 9 | 23 | 16 | 39 | 16 | 6 | 0 | 4 | 72 | 31.94% |
| 2010 Playoff | Adanacs | Active | 7 | 8 | 10 | 18 | 2 | 3 | 0 | 0 | 43 | 18.60% |
| 2010 Regular | Adanacs | Active | 8 | 16 | 15 | 31 | 4 | 2 | 0 | 2 | 62 | 25.81% |
| 2009 Playoff | Adanacs | Call Up | 11 | 17 | 11 | 28 | 6 | 4 | 1 | 1 | 72 | 23.61% |
| 2009 Regular | Adanacs | Call Up | 9 | 17 | 18 | 35 | 7 | 2 | 0 | 3 | 49 | 34.69% |
| CAREER STATS | | | 69 | 146 | 104 | 250 | 68 | 35 | 4 | 23 | 541 | 26.99% |

“Larry was great in the clutches,” recalled ex-teammate Paul Parnell. “He was particularly good at recovering loose balls.”

Parnell should know. He racked up 139 power play goals in his WLA career, many of them with Henry stationed on the crease at Paul’s side of the odd-man attack. Henry, himself, accumulated 92 goals and 100 assists on the power play.

Larry was born in Vancouver on January 19, 1943, but, along with his brothers Jack and Ken, began playing lacrosse while attending Queen Elizabeth High School in Surrey. Both brothers also played senior lacrosse.

In 1962, Larry began a three-year stint with the New Westminster Junior Salmonbellies, registering 72 goals and 43 assists for 115 points in 44 games.

After the junior ‘Bellies’ unsuccessful attempt in 1964 to wrestle the Minto up from Oshawa’s grasp, Henry graduated to the senior Royal City team.

any role that they feel they need me for. I think they have all the pieces they need to become a playoff contender and hopefully the additions they got from this year’s draft will only help them be more successful.”

McIntosh, also plays in the midfield for the NCAA Division 1 Drexel University Dragons in Pennsylvania. In 2012, he was sixth in team scoring with 10 goals and 4 helpers while collecting 9 ground balls. So far in 2013 up to press time, McIntosh leads Drexel in team scoring with 25 goals and 13 assists for 38 points in eleven games. He leads Drexel with shots (81) and shots on goal (46).

Although he managed only 10 goals in his rookie season, hustling Henry helped his club take the 1965 Mann Cup title. By 1968, though, his single season goal production total jumped to 45.

In addition to his 1965 Mann Cup ring, Henry also played a major role In New Westminster’s Mann Cup victories in 1970, 1972 and 1974 and the ‘Bellies’ National Lacrosse Association professional championship in 1968.

A total of 3,109 players have participated in the Inter-City Lacrosse League (ICLL) and the Western Lacrosse Association (WLA) since senior box lacrosse was introduced in B.C. 80 years ago.

Only 43 have exceeded Henry’s 364 games played total.

During his 11-year career, Larry topped the 20-goal season mark eight times, accumulating 607 career points on 313 goals and 294 assists.

Like Parnell said -- a great clutch player.

Larry Henry

By: Stan Shillington

Larry Henry was once described as a Jekyll-Hyde personality.

Off the lacrosse floor, he was an affable young athlete but, when the starting whistle for a game was sounded, it was “Damn the torpedoes, full speed ahead.”

Early in his 11-year senior career with the New Westminster Salmonbellies, Larry determined that, to compensate for his five-foot nine, 155-pound frame, he had to develop a tough, checking technique.

Opponents complained he was hacking and slashing but, in truth, it was a relentless hustle to gain possession of the ball.

Whatever! It worked for him.

2013 Western Lacrosse Association Junior Draft Results

| Rd. 1 | WLA Team | Player | Jr. Team |
|-------|-----------------|-------------------|----------------|
| 1 | Maple Ridge | Ben McIntosh | Coquitlam |
| 2 | New Westminster | Logan Schuss | Delta |
| 3 | New Westminster | Jeff Cornwall | Coquitlam |
| 4 | Burnaby | Robert Church | Coquitlam |
| 5 | Coquitlam | Matthew Dinsdale | Coquitlam |
| 6 | Burnaby | Tyler Digby | New West |
| 7 | Langley | Brandon Goodwin | New West |
| Rd. 2 | WLA Team | Player | Jr. Team |
| 1 | Maple Ridge | Mike Mallory | Delta |
| 2 | Coquitlam | Kevin Neufeld | Coquitlam |
| 3 | New Westminster | Reid Mydske | New West |
| 4 | New Westminster | Keegan Bal | New West |
| 5 | Coquitlam | Alexander Hawkins | Delta |
| 6 | Maple Ridge | Jaeden Gastaldo | Langley |
| 7 | Langley | Trent Hawke | Coquitlam |
| Rd. 3 | WLA Team | Player | Jr. Team |
| 1 | Burnaby | Hamish Brindle | Delta |
| 2 | Nanaimo | Paul Brebber | Victoria |
| 3 | New Westminster | Reagan Harding | New West |
| 4 | Maple Ridge | Carson Michaud | Port Coquitlam |
| 5 | Coquitlam | James Delaney | Calgary |
| 6 | Victoria | Jake Emms | Victoria |
| 7 | Burnaby | Nathan Klein | Coquitlam |
| Rd. 4 | WLA Team | Player | Jr. Team |
| 1 | Victoria | Kyle Dexter | Nan/Calgary |
| 2 | Nanaimo | Thomas Newton | New West |
| 3 | New Westminster | Matthew Zinn | Delta |
| 4 | Burnaby | Richard Lachlan | Port Coquitlam |
| 5 | Coquitlam | Cody L'Arrivee | Port Coquitlam |
| 6 | Victoria | Adam Brown | Victoria |
| 7 | Langley | Hugh Weir | Coquitlam |
| Rd. 5 | WLA Team | Player | Jr. Team |
| 1 | Maple Ridge | Alexander Lohr | New West |
| 2 | Nanaimo | Glenn Foley | Victoria |
| 3 | Victoria | Blair Pinnock | Nanaimo |
| 4 | Burnaby | Brock Whiteley | Port Coquitlam |
| 5 | Coquitlam | Colton Dow | Langley |
| 6 | Victoria | Oliver Phillips | Victoria |
| 7 | Langley | James Jackson | Langley |
| Rd. 6 | WLA Team | Player | Jr. Team |
| 1 | Maple Ridge | Shea Wakefield | Victoria |
| 2 | Nanaimo | Braden Kmita | Victoria |
| 3 | New Westminster | Cody Craven | Port Coquitlam |

| 4 | Burnaby | Brian Gillis | Langley |
|-------|-----------------|--------------------|----------------|
| 5 | Coquitlam | Patrick Bayliss | Langley |
| 6 | Victoria | Josh Fagan | Victoria |
| 7 | Langley | Kevin Schoemaker | Coquitlam |
| Rd. 7 | WLA Team | Player | Jr. Team |
| 1 | Maple Ridge | Dayton Pagliericci | Langley |
| 2 | Nanaimo | Ross Radcliff | Nanaimo |
| 3 | New Westminster | David Beaumont | Burnaby |
| 4 | Burnaby | Andrew Bromley | Port Coquitlam |
| 5 | Coquitlam | Cam Patterson | Pt. Moody |
| 6 | Victoria | Jason Gregg | Victoria |
| 7 | Langley | Keenan Lambright | Langley |
| Rd. 8 | WLA Team | Player | Jr. Team |
| 1 | Maple Ridge | Chris Jones | Delta |
| 2 | Nanaimo | Adam Bakular-Evans | Nanaimo |
| 3 | New Westminster | Ryan Schmidt | New West |
| 4 | Burnaby | Sean O'Neill | Delta |
| 5 | Coquitlam | Kristofer Liset | Port Coquitlam |
| 6 | Victoria | Pass | |
| 7 | Langley | Scott Muscroft | Langley |
| Rd. 9 | WLA Team | Player | Jr. Team |
| 1 | Maple Ridge | Rino Minni | Port Moody |
| 2 | Nanaimo | Mark Hilker | Nanaimo |
| 3 | New Westminster | Sando Falbo | New West |
| 4 | Burnaby | Emerson Schamberg | Coquitlam |
| 5 | Coquitlam | Michael Kennedy | Surrey Jr. |
| 6 | Victoria | Pass | |
| 7 | Langley | Pass | |
| Rd.10 | WLA Team | Player | Jr. Team |
| 1 | Maple Ridge | Jishan Sharples | Burnaby |
| 2 | Nanaimo | Bryan Dougan | Nanaimo |
| 3 | New Westminster | Joshua Becker | New West |
| 4 | Burnaby | Nicholas Kozuback | Delta |
| 5 | Coquitlam | Jake Baker | Port Moody |
| 6 | Victoria | Pass | |
| 7 | Langley | Pass | |
| Rd.11 | WLA Team | Player | Jr. Team |
| 1 | Maple Ridge | Pass | |
| 2 | New Westminster | Marino Best | Nanaimo |
| 3 | New Westminster | Callum Dailly | New West |
| 4 | Burnaby | Jamie Malanfant | Delta |
| 5 | Coquitlam | Josh Simons | Burnaby |
| 6 | Burnaby | Pass | |
| 7 | Langley | Pass | |

| Western Lacrosse Association 2013 Schedule | | | | | |
|--|------|------|-------------|-------------|-------------------------|
| DATE | DAY | TIME | VISITORS | HOME | LOCATION |
| May 17 | Fri | 7:00 | Nanaimo | Burnaby | Bill Copeland Arena |
| May 17 | Fri | 7:45 | Coquitlam | Victoria | Bear Mountain Arena |
| May 19 | Sun | 6:45 | Langley | Maple Ridge | Planet Ice |
| May 19 | Sun | 7:00 | New west | Nanaimo | Frank Crane Arena |
| May 22 | Wed | 7:45 | Coquitlam | Langley | Langley Events Centre |
| May 23 | Thur | 7:45 | Victoria | New West | Queen's Park Arena |
| May 24 | Fri | 7:45 | Burnaby | Victoria | Bear Mountain Arena |
| May 25 | Sat | 7:45 | Maple Ridge | Coquitlam | Coquitlam Sports Centre |
| May 26 | Sun | 6:45 | New west | Maple Ridge | Planet Ice |
| May 29 | Wed | 7:00 | Nanaimo | Langley | Langley Events Centre |
| May 30 | Thur | 7:45 | Coquitlam | New West | Queen's Park Arena |
| May 31 | Fri | 7:45 | Maple Ridge | Burnaby | Bill Copeland Arena |
| May 31 | Fri | 7:56 | Langley | Victoria | Bear Mountain Arena |
| June 1 | Sat | 7:00 | Nanaimo | Coquitlam | Coquitlam Sports Centre |
| June 2 | Sun | 6:45 | Victoria | Maple Ridge | Planet Ice |
| June 5 | Wed | 7:00 | Victoria | Nanaimo | Frank Crane Arena |
| June 5 | Wed | 7:45 | Burnaby | Langley | Langley Events Centre |
| June 6 | Thur | 7:45 | Maple Ridge | New West | Queen's Park Arena |
| June 7 | Fri | 7:00 | Victoria | Burnaby | Bill Copeland Arena |
| June 8 | Sat | 7:45 | New west | Coquitlam | Coquitlam Sports Centre |
| June 9 | Sun | 7:00 | Burnaby | Nanaimo | Frank Crane Arena |
| June 9 | Sun | 6:45 | New west | Maple Ridge | Planet Ice |
| June 12 | Wed | 7:00 | Nanaimo | Langley | Langley Events Centre |
| June 13 | Thur | 7:45 | Burnaby | New West | Queen's Park Arena |
| June 14 | Fri | 7:00 | Nanaimo | Burnaby | Bill Copeland Arena |
| June 14 | Fri | 7:45 | Maple Ridge | Victoria | Bear Mountain Arena |
| June 15 | Sat | 7:45 | Langley | Coquitlam | Coquitlam Sports Centre |
| June 16 | Sun | 6:45 | Burnaby | Maple Ridge | Planet Ice |
| June 16 | Sun | 7:00 | Coquitlam | Nanaimo | Frank Crane Arena |
| June 19 | Wed | 7:45 | New west | Langley | Langley Events Centre |
| June 20 | Thur | 7:00 | Nanaimo | New West | Queen's Park Arena |
| June 21 | Fri | 7:45 | Langley | Burnaby | Bill Copeland Arena |
| June 21 | Fri | 7:45 | Coquitlam | Victoria | Bear Mountain Arena |
| June 22 | Sat | 7:45 | Burnaby | Coquitlam | Coquitlam Sports Centre |
| June 23 | Sun | 7:00 | New west | Nanaimo | Frank Crane Arena |
| June 23 | Sun | 6:45 | Victoria | Maple Ridge | Planet Ice |
| June 26 | Wed | 7:45 | Coquitlam | Langley | Langley Events Centre |
| June 29 | Sat | 7:00 | Victoria | Nanaimo | Frank Crane Arena |
| July 3 | Wed | 7:45 | Burnaby | Victoria | Bear Mountain Arena |
| July 3 | Wed | 7:45 | Maple Ridge | Langley | Langley Events Centre |
| July 4 | Thur | 7:45 | Langley | New West | Queen's Park Arena |
| July 5 | Fri | 7:45 | New west | Burnaby | Bill Copeland Arena |
| July 6 | Sat | 7:00 | Maple Ridge | Nanaimo | Frank Crane Arena |
| July 6 | Sat | 7:00 | Victoria | Coquitlam | Coquitlam Sports Centre |
| July 7 | Sun | 6:45 | Langley | Maple Ridge | Planet Ice |
| July 11 | Thur | 7:45 | Victoria | New West | Queen's Park Arena |
| July 12 | Fri | 7:45 | Coquitlam | Burnaby | Bill Copeland Arena |
| July 12 | Fri | 7:45 | Langley | Victoria | Bear Mountain Arena |
| July 13 | Sat | 7:00 | Langley | Nanaimo | Frank Crane Arena |
| July 13 | Sat | 7:45 | Maple Ridge | Coquitlam | Coquitlam Sports Centre |
| July 14 | Sun | 6:45 | Nanaimo | Maple Ridge | Planet Ice |
| July 18 | Thur | 7:45 | Burnaby | New West | Queen's Park Arena |
| July 19 | Fri | 7:45 | Maple Ridge | Burnaby | Bill Copeland Arena |
| July 19 | Fri | 7:45 | New west | Victoria | Bear Mountain Arena |
| July 20 | Sat | 7:00 | Nanaimo | Coquitlam | Coquitlam Sports Centre |
| July 20 | Sat | 7:00 | Victoria | Langley | Langley Events Centre |
| July 21 | Sun | 6:45 | Coquitlam | Maple Ridge | Planet Ice |
| July 24 | Wed | 7:45 | New west | Langley | Langley Events Centre |
| July 25 | Thur | 7:45 | Coquitlam | New West | Queen's Park Arena |
| July 26 | Fri | 7:45 | Langley | Burnaby | Bill Copeland Arena |
| July 26 | Fri | 7:45 | Nanaimo | Victoria | Bear Mountain Arena |
| July 27 | Sat | 7:00 | Maple Ridge | Nanaimo | Frank Crane Arena |
| July 27 | Sat | 7:45 | Burnaby | Coquitlam | Coquitlam Sports Centre |
| www.theboxrocks.com | | | | | |

Women's Field Invitational Results

By: LacrosseTalk Staff

The SUBWAY® BCLA U19 Tier 1 & 2 Field Lacrosse Provincial Championships took place February 15-17 at the Willoughby Sports Complex at the Langley Events Centre. At the same time, the BCLA hosted the U12 and U15 Women's Field Lacrosse Invitational tournament. This is the first of its kind in recent Field Lacrosse history in BC.

Ten teams competed in 24 games over the three days in spirited competitions. The Under 12 New Westminster team defeated Burnaby/Ridge Meadows 8-3 in the gold game, while Coquitlam won 13-12 in overtime over Port Coquitlam for the bronze medal. In Under 15

action, Coquitlam outlasted Ridge Meadows 10-9 for the gold medal, while New Westminster defeated Langley 12-8 in the bronze game.

This tournament was a big success with the hopes of it being an annual event with teams from other clubs from all over BC.

Thank you to all the sponsors, partners and volunteers that made it all happen! Sponsor thanks to: new Title sponsor SUBWAY® Restaurants of BC, Warrior Sports Canada, Firststar, Sports Action Pictures and Silver Ridge Promotions. Thank you to the many volunteers that made this happen!



Women's U15 Champs - Coquitlam.



Women's U12 Champs - New Westminster.



Four BC Players on Tewaaron Watch List

By: LacrosseTalk Staff

On February 22, 2013, The Tewaaron Foundation announced the 2013 Tewaaron Award men's and women's watch lists. The lists include the top players across all three divisions of NCAA lacrosse and highlight the early contenders for the 2013 Tewaaron Award.

Amongst the 2013 watch lists are four BC male athletes – senior attackman Robert Church (Drexel), senior attackman Riley Loewen (Limestone), senior midfielder Tor Reinholdt (Limestone) and senior attackman Logan Schuss (Ohio State).

Robert Church (Coquitlam, BC) has been atop Dragon team scoring since his freshman year (2010), except in 2011, when he was second. Church started his final season with a career 88 goals and 49 assists and currently leads his team with 21 goals and 37 points in 11 games.

Riley Loewen (Burnaby, BC) of Division 2 Limestone has also been a team leader in scoring over his career with 179 points and currently sits on top of Saints team scoring with 37 goals and 22 assists. Loewen was named USILA Second-Team All-American in 2011 and 2012 amongst his other accolades.

Tor Reinholdt (Port Moody, BC) has blossomed into a leader for the Saints breaking out with a 26 goal, 12 assist season in 2012 – currently he's 5th in team scoring with 10 goals and 26 points. In 2012, Reinholdt was named All-Conference Carolinas First-Team, Conference Carolinas Tournament Most Valuable Player and Conference Carolinas All-Tournament.

Logan Schuss (Delta, BC) entered his senior year with 165 career points (102 goals & 63 assists) and currently is the team leader with 22 goals and 36 points. Schuss, currently on a 53-game point streak, has been a mainstay on the Buckeye offense and has lead Ohio State scorers since his freshman season in 2010.

First presented in 2001 at the University Club of Washington DC, the Tewaaron Award is recognized as the pre-eminent lacrosse award, annually honoring the top male and female college lacrosse player in the United States. Endorsed by the Mohawk Nation Council of Elders and US Lacrosse, the Tewaaron Award symbolizes lacrosse's centuries-old roots in Native American heritage. The selection committees are made up of top collegiate coaches and are appointed annually by The Tewaaron Foundation. Committees will make additions to these lists as the season progresses and athletes earn a spot along side these elite players. The finalists will be invited to Washington, D.C. for the 13th annual Tewaaron Award Ceremony, May 30 at the Smithsonian Institution's National Museum of the American Indian.





Senior Tier 1 Gold - Terry Fox Ravens.



Senior Tier 2 Gold - Delta Pacers.



Junior Tier 1 Gold - Terry Fox Ravens.



Junior Tier 2 Gold - Charles Best Blue Devils.

Terry Fox Ravens Double Golds

By: LacrosseTalk Staff

The 13th Annual High School Field Lacrosse Provincial Championships took place March 4-8, 2013 in Coquitlam, Port Moody and New Westminster.

Fifteen Senior and nine Junior teams squared off in the 5-day event for High School lacrosse supremacy. Senior teams included Best, Claremont 1 & 2, New Westminster, Terry Fox, Riverside, Vancouver College, Delta, Holy Cross, Heritage Woods, Centennial, Port Moody, South Delta, St. Thomas More and Langley. Centennial, Heritage Woods, New Westminster, Vancouver College, Best, Claremont 1 & 2, South Delta and Terry Fox competed in the Junior division.

The number of competing teams (24) increased by one from 2012, making it the largest tournament in history. For the first time in recent tournament history, all champions for each age group and tier were mainland teams.

Junior Tier 2: In the semi-finals, Best trounced Vancouver College 14-3 and Pitt Meadows doubled Delta 8-4. The top two teams were set for a rematch after an 8-3 Best round robin win. Best showed why they were the team to beat with a great offense and a tough defence scoring 38 goals for while only allowing 6 goals against in four round-robin games. Pitt, on the other hand, managed 25 goals for and 23 against. Pitt battled hard, but Best was just too strong at both ends of the field and took the Junior Tier 2 title with an 8-3 victory. Junior Tier 2 MVP: Connor Frost (Best).

"It was a nice game to win and the team played real well," stated 4th year coach and Best alumni Jeff Cornwall. "We kept improving all year and in the final it was a culmination of how hard we worked throughout the year."

Junior Tier 1: In the semi-finals, New West Hyacks doubled Claremont #1 8-4, while Terry Fox narrowly beat Claremont #2 by a score of 7-5. The Ravens were tough from goaltending to attack going undefeated and got stronger as the tournament progressed, so too did New West, while the only blemish on either's record was a round-robin 5-5 tie between the two clubs. Both teams had similar offensive power with equally tough defences that led to an outstanding final. The Ravens would go on to win the Junior Tier 1 title with a 5-4 OT win over the Hyacks.

"The New West goalie is a star and we had to be sure to only shoot with really good chances," stated Fox alumni Derek Wintermans. "Their defence was tough -- our guys eventually figured out that working for good chances was our key on offence. Our outstanding defence and goaltending were the difference only allowing four goals against a very talented offensive team."

Senior Tier 2: In the semi-finals, the Port Moody Blues were outlasted by Holy Cross 11-8, while Delta Pacers handed a lopsided 15-2 defeat to Riverside Rapids. A Holy Cross and Delta final would prove Delta was the top of the Senior Tier 2 heap. Delta outscored their opponents 33 to 5 in their semi-final and final matches as they blew out the Crusaders 18-3 for the Senior Tier 2 title. Senior Tier 2 MVP: John Phillips (Delta).

"I have been coaching high school Field Lacrosse for Delta Secondary School for 7 years and this is our first championship," stated Head Coach John Burr. "I'm so proud of my players for the commitment, dedication and heart they showed in the tournament. We just got more consistent as the tournament went on and every player believed in the game plan of team play."

Senior Tier 1: Claremont #1 battled Claremont #2 in one semi-final game with the #1 team taking a close 6-5 decision. In the other semi, Terry Fox maintained their winning ways and handed Best a lopsided 9-2 loss and a spot in the title match. This was the first and only match between Fox and Claremont #1. Both teams were evenly matched with Fox taking the early lead on Ty Klamer's 4 goals, but the Spar-

tans clawed back with six straight to get back into it. The Spartans lead late in the final frame until Ravens' tied the game with two minutes left sending the game into OT. Fox would go on to win 12-11 in OT. Senior Tier 1 MVP was Kyran Clarke (Terry Fox).

"Full throttle offence and high pressure defence has been our mantra all season," said Coach Wintermans. "Ty Klamer's four goals in the first half helped us get up and goaltender Andrew Gallant was lights out through the end of the game."

Coach Wintermans joins the ranks of a dual championship coach winning a Tier 1 and Tier 2 title on the same day.

"It means a lot to see Terry Fox win both championships in one afternoon," said Wintermans. "Other teams had done it, but I think we were able to come into the season as favourites in both divisions, and come through in the end. It says a lot about the athletes the Port Coquitlam and Coquitlam minor Box and Field organizations are producing."

The level of play at the 2013 tournament has increased with more programs developing their squads in preparations for the championships. Soon, the newest lacrosse academy, the Delta Pacers (grade 8 & 9's), will compete in the tournament. Claremont (Victoria) was the first lacrosse academy school in BC.

Tournament Coordinator Shawn House was happy with the talent level of the teams and the great competitions that ensued.

"As always the goal is to increase the number of schools and teams participating in the tournament," said House. "Many schools now have solid sustained programs for field lacrosse and the sport has gained a presence in the school community."

Many thanks go out to the many volunteers for helping host the championships this year including the BCLA and Jody Weatherby; Gina Graham with the timekeeper/scorekeepers, as well as, Randy Clough of X-treme Sports Gear and 1Lacrosse for providing hoodies and t-shirts sales and for sponsoring the Game MVP toques and Tournament MVP shaft awards.

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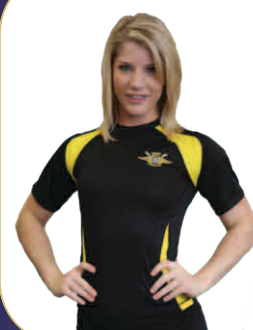
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SUBWAY® BCLA 2013 Youth Field Provincial Results



U12 Tier 1 Gold - Coquitlam Adanacs.



U14 Tier 1 Gold - Coquitlam Adanacs.



U16 Tier 1 Gold - New West Salmonbellies.



U19 Tier 1 Gold - Langley Thunder.



U12 Tier 2 Gold - Mission Mud Dawgs.



U14 Tier 2 Gold - Burnaby Devils.



U16 Tier 2 Gold - North Island.



U19 Tier 2 Gold - Victoria Titans.

By: LacrosseTalk Staff

The SUBWAY® BCLA U19 Tier 1 & 2 Field Lacrosse Provincial Championships took place February 15-17 at the Willoughby Sports Complex at the Langley Events Centre. Thirteen teams from Vancouver Island, the Lower Mainland, Interior and Prince George competed for U19 youth field lacrosse supremacy.

The weather was perfect field lacrosse weather hosted at a beautiful complex. The Tier 2 Victoria Titans took gold as they edged Ridge Meadows 12-11. In the Tier 1 gold game, the hometown Langley Thunder team outpaced the Nanaimo Raiders 13-8 to keep the title in Langley. Tier 2 Bronze medal game scores included Pacific Rim over Penticton 11-8 and New Westminster doubled the Adanacs 10-5 in the Tier 1 bronze match.

The Warrior Sports Canada Most Valuable Player award selections were: Ryley Brown (Under 19 Tier 1 – Langley) and Ryan Lewis (Under 19 Tier 2 – Victoria). The Warrior Fair Play coach selections were Bill Barwise (U19 Tier 2-Prince George) and Bryan Poole (U19 Tier 1-Langley). The overall Warrior Fair Play Official was Ryan Nose. The SUBWAY® Team Sportsmanship award went to the Under 19 Tier 2 North Shore Eagles team and the BCLA Volunteer Award recipient was Patricia Keizer of Langley.

The SUBWAY® BCLA Tier 1 Field Lacrosse Provincial Championships took place February 16-18 at the University of Victoria.

Twenty one teams from Vancouver Island and the Lower Mainland competed for Tier 1 youth field lacrosse supremacy in the Under 12, 14 and 16 age groups.

The weather stayed mainly cold and windy, but never cooled the competitive spirit of these athletes. The Under 12 Adanacs took gold with a 5-3 win over New Westminster. The Adanacs #2 U14's handily beat Ridge Meadows 8-1 to win the title. The Under 16 gold was taken by New Westminster as they took over and ran past Port Coquitlam 11-4. Bronze medal game scores were: Under 12 – Ridge Meadows over Pac Rim 11-4; Under 14 – Adanacs #1 over New Westminster 8-4; and Under 16 – Adanacs over Pacific Rim 10-4.

The Warrior Sports Canada Most Valuable Player award selections were: Austen Cooke (Under 12 – Ridge Meadows); Jack Kendall (Under 14 – Victoria) and Nikolas Lund-Murray (Under 16 – New Westminster). The SUBWAY® Team Sportsmanship award went to the Under 12 Langley Thunder team and the BCLA Volunteer Award recipient was Kathy Tanner.

The SUBWAY® BCLA Tier 2 Field Lacrosse Provincial Championships took place February 22-24 at the Burnaby Lake Sports Complex in Burnaby. Twenty-three teams from from Vancouver Island, the Lower Mainland, Interior and Prince George competed for Tier 2 youth field lacrosse supremacy in the Under 12, 14 and 16 age groups.

(Richmond) and Under 16 – Riley Kuxhaus (Nanaimo). The SUBWAY® Team Sportsmanship award went to the Under 14 Prince George Posse team and the BCLA Volunteer Award recipient was Patricia Keizer.

Thank you to all the sponsors, partners and volunteers that made it all happen! Sponsor thanks to: Title sponsor SUBWAY® Restaurants of BC, Warrior Sports Canada, Firstar, STA, Sports Action Pictures and Silver Ridge Promotions. Thank you to the many volunteers who carry on the SPIRIT of Lacrosse and offer so much of their free time to make the Provincial experience that much more special!

Sports Action Pictures at 2013 Provincials

By: LacrosseTalk Staff

The BCLA has recently partnered with sport photography company, Sports Action Pictures (SAP), to shoot photographs at the 2013 SUBWAY® BCLA Box Lacrosse Provincial Championship events in Metro Vancouver.

Sports Action Pictures was established in 2011. Founded by Matt Webb and Brittany Wouts, they wanted to bring a new style and fresh approach to the sports photography community in BC.

No stranger to sports, SAP has had the pleasure of working with BC Soccer and BC Hockey, and recently partnered with Volleyball BC as their official photographers. The lacrosse community has also experienced Matt and Brittany's work as they have shot photos at various lacrosse tournaments as well as past BCLA Provincial Championships.

"Sports Action Pictures takes quality photographs of lacrosse action and we enjoy having them at our events," stated BCLA Marketing Director Jeff Gombar. "Feedback from our tournament co-ordinators and participants has been very positive and we hope their services will add



Sports Action Pictures

to the Provincial Championship experience for our athletes and families."

SAP takes pride in providing high quality photos and exemplary customer service. They specialize in action photography at tournaments and league games as well as doing league photo day.

"We are proud and very excited to be partnered with BC Lacrosse for the mainland Box Provincial tournaments this summer," said Matt Webb. "We're looking forward to capturing many exciting moments and seeing some great competition."

Visit the Sports Action Pictures website at sportsactionpics.com.

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Adanacs Fly High at Ducks 7-on-7



Coquitlam and Burnaby Women's Field athletes pose with University of Oregon Coaches.

By: LacrosseTalk Staff

On February 2, 2013, the Coquitlam Adanacs U15 Women's Field Lacrosse team competed at the University of Oregon 7-on-7 Clinic and Play-Day tournament.

The U15's played in the Junior Varsity division under the Adanacs name. The team competed at a high level and gained plenty of praise from the University of Oregon Women's Varsity team coaching staff.

The 7-on-7 version of Women's Field Lacrosse is simply a game played on a field width with less players and majority of the same rules. The smaller playing field and closed quarters played very well into the favour of the Adanacs since many of the athletes have indoor box lacrosse experience. Each game was 20 minutes long.

The Adanacs went undefeated in the tournament beating their competitors by big margins. The game scores were: 16-4 over Lake

Oswego; 11-2 over Wilson White; 15-5 over Central Catholic; 18-6 over Oregon City; 14-10 over West Linn Lions; 12-3 over Bend United; and 15-7 over Marist Spartans. In the quarter finals, the Adanacs were in first place and beat West Linn United 18-1. In the semi-finals the A's outpaced Bend United 13-2 and in the final match and the closest game all day, the Adanacs were 18-16 victors over West Linn Lions.

The Canadians proved their ball movement skills and indoor game sense was a competitive advantage over their American counterparts. During the final game, a big crowd of men's and women's lacrosse teams watched the Adanacs final game with amazement.

Congratulations to Taylor Hall, Kara Nickle, Teya McFarlen, Taylor Booth, Samantha Thompson, Bianca Santucci, Nitkia Bagg, Harlowe Steele, Ciara Curran, Megan Kinna and Kathryn Harvey for their successful tournament.

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Simon Fraser Midseason Report

By: Casey Foster

The Simon Fraser University men's lacrosse team has just passed the 13-game marker of their 16-game regular season schedule, with a current record of 8-5 after two lengthy road trips that included matchups versus many of the league's top ranked teams. The Clan are currently ranked No.19 in the MCLA with losses against top ranked opponents including current No.1 Colorado State, No. 2 Colorado University and No. 11 Oregon. Only three games remain over the remainder of April, all against divisional opponents, including Washington State, Idaho, and Montana. With a starting line-up containing multiple freshmen, Simon Fraser is prepared to meet head on any and all opponents standing between them and a PNCLL Conference Championship, in hopes of earning a bid to the MCLA National Championships this May.

With a roster comprised of considerable youth, the 2012 Clan roster features an impressive fifteen freshmen, ten sophomores, five juniors and four seniors. Through their first 12 games, half the Clan's starting line-up have been freshmen and sophomores, with nearly all players registering minutes, and with more freshmen getting the call to start in recent games.

Simon Fraser was ranked in preseason and started the 2013 campaign No. 24 in the MCLA Division I Top 25 Poll. After opening the season with back to back home-wins versus PNCLL opponents Western Washington (20-7) and Oregon State (11-8), the Clan climbed to No.22 and then No. 20 after splitting games on the road with a loss to rivals Oregon (9-8) and a win versus Chico State (8-4). The team would make it to No.19 after a home win versus Boise State (14-6) before things took a turn for the worse as Simon Fraser fell out of the polls by

a slim margin after suffering losses at home to Arizona (14-12) and on the road versus No.1 Colorado State (16-7) and No.3 Colorado University (18-11). The Clan then rebounded, defeating No. 14 Virginia Tech in a neutral site contest (11-9), resulting in a return to the polls at No. 25. A recent trip eastbound pitted Simon Fraser against Illinois, No.9 Michigan State, and No.25 Davenport. The Clan won 2 of 3 of these matchups, defeating Illinois (7-2), upsetting Michigan State in a come from behind win (10-9), and narrowly losing to Davenport (11-9). The latest poll seats the Clan at No.19 as they continue to look to gain momentum down the stretch.

Last season, Simon Fraser started the 2012 campaign ranked No. 18 in MCLA Division I Top 25 Preseason Poll, dropping low enough in the rankings to be excluded from the polls as the team stumbled midseason. After rising back into the top 25, eventually landing at No.22, the Clan suffered a loss to longtime rivals No. 8 Oregon in the PNCLL Conference Championship, unfortunately snuffing Simon Fraser's opportunity to compete for the National title in South Carolina.

Thus far in 2013, Simon Fraser has out-scored their opponents 128-113. Again playing one of the MCLA's toughest schedules, the Clan's only losses have been against ranked opponents. The 12 teams that Fraser has gone to battle with this season have combined to post a 73-41 record, with the five teams that the Clan have lost to currently sitting at 43-10 over the time that has passed so far this season.

Despite their youth, several fresh faces have made a splash on the Clan's roster. Freshman midfielders Alex Bohl and Andrew Branting have produced considerable numbers offensively -- Bohl with 13 goals and 8 assists for

21 points, and Branting with 10 goals 6 assists for 16 points. Freshmen LSM Jon Bailey and defensemen Alex Thomson have both recorded substantial minutes on the field, picking up 23 and 19 ground balls respectively.

Leading Simon Fraser offensively is senior attack Eric Ransom (2012 PNCLL Honorable Mention All-Conference) who in 13 games has 19 goals and 24 assists for 43 points, including back to back 6-point performances. Closely following Ransom are senior attack Colton Dow (2012 PNCLL 2ndTeam All-Conference Attack) with 21 goals and 11 assists for 32 points, and Sam Clare (2012 MCLA 3rd Team All-America Midfield, 2012 PNCLL 1st Team All-Conference Midfield, and 2012 PNCLL Freshman of the Year) with 24 goals and 7 assists for 31 points.

With a goals against average (GAA) of 11.94 last season, SFU has improved by averaging only 9.41 goals against over twelve games in this season. Returning sophomore defensemen Mark Hilker and Bayne Bosquet have both consistently appeared Clan's starting line-up, while senior Mitch Frank, junior Tommy Newton, and freshmen Alex Thomson have all made appearances and logged considerable minutes. 2012 PNCLL 2nd Team All-Conference LSM, Riley Wanzer, is again having a strong year in his junior campaign, leading

the team with 59 ground balls and a goal and assist to his credit, while being a constant threat in transition. Junior Darren Zwack and Senior Kyle Middleton have split time in the cage as the last line of defense for the Clan, with .536% and .510% save percentages respectively.

Three regular-season conference matchups remain -- the Clan host Washington (April 6th), then hit the road to add to the thousands and thousands of miles of travel already logged this season, heading to Washington State and Idaho (April 12-13), finally returning home to host Montana on April 20th (Senior Day)

The PNCLL Final Four Conference Championships will take place May 3rd-5th in Tacoma, Washington, with the MCLA National Championship Tournament returning to Sirmine Stadium in Greenville, South Carolina May 13-19.



SFU's Alex Bohl in action Versus Virginia Tech this March. SFU won 11-9.

Photos: SFU

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Team BC Box & Field Teams Gear up for 2013



By: LacrosseTalk Staff

The 2013 Team BC Box Lacrosse programs will start the athlete identification process in early May and concluding in June. Both Men’s and Women’s Field Lacrosse programs have been selected and are preparing for competitions. After all camps are complete, nearly 600 box and field athletes will be identified from all regions of the province for Team BC programs.

The 2012 season proved productive winning three National Championship titles in Female Bantam and Midget as well as, the U16 Men’s Field Lacrosse team as repeat winners. Team BC teams performed well pushing their competitors in many gold medal games – Pee Wee, Bantam and Midget boy’s teams were handed silvers while the U19 Men’s Field team took bronze. All teams will be aiming at loftier goals to capture a National title in 2013!

The 2012 Team BC Box program consisted of five teams -- the boys Pee Wee, Bantam and Midget teams and the girl’s Bantams and Midgets. The Female Bantam and Midget teams once again met rivals Ontario in the 2012 gold medal games and won both finals 4-3 and 4-2 respectively. The Pee Wee, Bantam and Midget boy’s teams all fell short to Ontario in the National Championship final games losing 5-1, 8-4 and 9-5 respectively.

Added to the Team BC Box Lacrosse program will be a sixth team, Female Juniors that will represent BC at the 2013 Box Nationals. The final main box camps for each of the teams will be: Pee Wees (May 17-19); Bantams (May 10-12); Midgets (May 29-June 1); and all Female teams (May 29-June 1). Check the BCLA website for up to date camp information and locations.

The coaching staffs have been busy preparing the player identification process and planning the make-up of their teams with only one goal in mind – GOLD!

“The Bantam and Midget girls set the tone last year with two titles on BC soil,” mentioned Team BC Box Technical Co-ordinator Mike Marshall. “Our Team BC Box teams will be training extra hard to be that much better than last year and bring home more championship titles.”

The Female Junior and Midgets will be two groups of athletes that have had past national experiences – Female Nationals began with the Bantams in 2009. Junior Coach Blair Bradley has been in the Team BC fold for the past five years and knows past successes are great, but only hard work will get future results.

“We will have a great range of character role players,” stated veteran coach Blair Bradley. “At this age, our motto will be freedom with responsibility -- our defence will be much more aggressive than years past, but the key to success will be in our transition game.”

The Team BC Female Bantams will look to build on their first ever gold medal finish in 2012. New Head Coach, Jason McDole, has experienced national tournaments and is ready for the challenge behind the bench.

“I am looking forward to working towards a repeat performance at the Bantam Female Nationals,” said McDole. “This year’s team will emulate last year’s champions, with a healthy balance of offense, defense, leadership and hard work. The level of lacrosse will be very high and we’ll have one goal in mind - Gold.”

The Team BC Bantams have returning Head Coach, and Hall of Famer, Tyson Leies (Victoria) at the helm for 2013. This Ontario native is two years wiser and knows what it takes to be successful over the week-long event.

“This team will be a fast transition team and will possess the ball continuously,” stated Leies. “From past experiences, we’ve learned a little more about what to expect from our competitors. All spots are available for the 21 spots on this roster.”

The Team BC Midgets will have a new look behind the bench in Burnaby’s Rusty Wills. Wills has helped form many past Team BC teams as a district coach and evaluator and is geared up to succeed.

“We intend to pick a well-rounded team -- some skilled players that can execute offensive plays, some speed to push the ball up the floor in a hurry, and some tenacious checkers for a relentless defence,” stated Coach Wills. “I want a team that won’t quit whether we are winning or losing – and to play consistent lacrosse with not too many highs or lows.”

Team BC Pee Wees often fair well at Nationals with very good results. Coach Josh Wahl returns behind the bench looking for gold.

“I’m excited returning as the Pee Wee coach -- we will be looking for a very skilled, fast, hard working team this year,” commented second-year bench boss Josh Wahl. “There are many talented athletes in this age group, which will make for a competitive main camp. We are looking for nothing but gold this year.”

The Team BC Field U19 and U16 teams started the player identification process in November 2012 and have their rosters in place. In year 2, the U19 Women’s team has been identified and competed at a very high level at two tournaments in preparation to compete at the resurrected Canadian Women’s Field National Invitational this year.

Team BC Field Technical Co-ordinator, Reynold Comeault has assembled knowledgeable coaching staffs with collegiate and international game and coaching experience.

“As a Program we’re very pleased that Scott Browning and Travis Gillespie have

once again stepped up to continue with our success of back-to-back U16 National Championships,” stated Comeault. “Team BC is pleased that current WLA player, Ian Poole, has stepped forward to Coach our U19 group -- we’re looking forward to big things from Ian and his assistants Richard Cambrey and Bryan Poole.”

The earlier selection camps have already afforded the coaches the opportunity to have additional training sessions to develop their respective teams. The extended training season has played well into the progress of the older U19’s preparing for college lacrosse in September of this year -- which exemplifies the calibre of talent that the program is attracting.

New Head Coach Ian Poole is eager to get back to national prominence with his young and experienced coaching staff of brother Bryan and Robert Morris grad Richard Cambrey.

“It was a tough selection process this year -- really competitive,” noted Poole. “The coaching staff is really pleased and excited about the players that we chose. We have a big strong physical defense and we really want to concentrate on building our team around that. Overall we are a very talented team.”

As for the U16’s, every province will be shooting for the champions -- meaning each game will bring a world of challenges for these young stars. The addition of the U16 travel team concept has fulfilled a need for the players to have the opportunity to play in front of college coaches. Travis Gillespie will take over the head coach duties from 2-time National Champion coach Scott Browning. Browning will remain with the squad in an assistant role with Bert Marshal. The U16’s are ahead of schedule in their team development and look to

defend their Alumni Cup National title after a two-year title run in 2011 and 2012.

“Our squad will continue to develop in a manner that has made us successful the past two years,” said Head Coach Travis Gillespie. “We look to compete at a high level at nationals to give our team the best chances at winning another title.”

Team BC Women’s Field Lacrosse Program has blossomed into great training grounds for female athletes for the pursuit of high level competitions and college recruitment opportunities. Thus far since the Fall of 2012, the program has competed in a college recruiting tournament in Florida and the Sand Storm Tournament in California.

“It is an exciting time for female lacrosse players in BC,” said Head Coach Naomi Walser. “The team has had a great impact in the US varsity scene, and a number of grade 12 students will be heading to their first year of college on athletic/academic scholarships. This year we are also proud to be able to represent BC at a Canadian Invitational National Championship for the first time since 1997.”

The 2013 Box Lacrosse Nationals (Boys) Pee Wee and Midget will be August 4-10 in Whitby, Ontario, the Bantam Nationals, August 2-8, 2013 in Winnipeg, Manitoba and the Female Junior division will join the Bantam and Midget girls in Halifax, Nova Scotia, July 23-28, 2013.

2013 BCLA Field Lacrosse Provincials Warrior Fair Play Awards

U19 Tier 1

Conner Stroup (Coquitlam)
Cody Nass (Delta)
Brett Dobray (Langley)
Keony Magnan (Nanaimo)
Reese Robinson (New West)

U19 Tier 2

Alex Grabowski (Delta)
Cole Paterson (North Shore)
Cam Edger (Pacific Rim)
Tanner Thompson (Penticton)
Carson Toth (Prince George)
Andrew Gresham (Ridge Mdws)
Scott Lago (Valley)

U15 Women's Invitational

Tess Woldring (Bby/Pt. Coquitlam)
Sarah Mueckel (Coquitlam)
Melaina Ristich (Langley)
Jenna Barron (New West)
Megan Stewart (Ridge Meadows)

U12 Women's Invitational

Anna McGregor (Bby/Rdge Mdws)
Bianca Hayden (Coquitlam)
Olivia Ohlmann (Langley)
Maddie Lemieux (New West)
Kristin Caktas (Port Coquitlam)

Coaches & Officials

U19: Bryan Poole (Tier 1 Langley) & Bill Barwise (Tier 2 Pr. George).
Women's: Caitlyn Greenlay (U12 Bby/Rdge Mdws) & Mike Husband (U15 New West).
Officials: (M) Ryan Nose, (W) Gabby Jones, Jenna & Shaya Sandhu

U16 Tier 1

Mackenzie Dailly (Coquitlam)
Mitchell Stokes (New West)
Daniel Smith (Pacific Rim)
Dylan Ladion Degwara (Pt. Coq)
Cody Tracy (Surrey)
Austen Pidman (Victoria)

U14 Tier 1

Owen McCulloch (Adanacs #1)
Mackenzie Geldary (Adanacs #2)
Ryan Walters (Delta)
Sterling Tambolne (New West)
Jamie McKay (Pacific Rim)
Carson Rees (Port Coquitlam)
Haden Harty (Ridge Meadows)
Teagan Knoles (Victoria)

U12 Tier 1

Luke Benedect (Adanacs)
Trevane Hunter (Langley)
Cole Catton (New West)
Bryce Turko (North Island)
Riley Cronk (Pacific Rim)
Matthew Sinclair (Ridge Mdws)
Nicolas Coleman (Victoria)

Coaches & Official

U16: Steve McKinlay (Tier 1 Coquitlam)
U14: Russel Thomas (Tier 1 New Westminster)
U12: Brad Johnson (Tier 1 Langley)
Brian Norbey (Official)

U16 Tier 2

Daniel Andriani (Adanacs)
Denison Cohee (Burnaby)
Nathan McKeigan (Mission)
Riley Kuxhaus (Nanaimo)
Sam Kussauer (North Island)
Sam Hanley (North Okanagan)
Chandler Bradley (Richmond)
Damon Prince (Vancouver)

U14 Tier 2

Lucas Olheiser (Burnaby)
Lucas Devries (Kelowna)
Ryan Dueck (Mid Island)
Brian Madill (North Shore)
Josh Stebeck (Pac Rim)
Jared Yuill (Prince George)
Keiran McKay (Richmond)
Josh Barkovic (Valley)

U12 Tier 2

Silvano Campesato (Ads #2)
Liam Chernoff (Adanacs #3)
Joey Debaughn (Delta)
Sam Baxter (Mid Island)
Imat Grewal (Mission)
Cedar Rutherford (New West)
Ainsley Greffard (Surrey)
Bryan Toth (Victoria)

Coaches & Official

U16: Terry Crondahl (Tier 2 Mission)
U14: Bill Barwise (Tier 2 Prince George)
U12: Conner Stroup (Tier 2 Adanacs #2)
Paul Foster (Official)

In Memoriam

By: LacrosseTalk Staff

Gray, Neil Thomas. April 12, 1938 - January 27, 2013. Neil passed away from a heart attack while being treated at Lions Gate Hospital. He is lovingly remembered by his wife Jaye Routledge and their children Matthew and Margaret; along with children Brent (Michelle), Charles (Deb) and Janene (Brad); nine grandchildren and step- grandchildren and one great-granddaughter. Born in Vancouver, Neil graduated from Portland State University with a Bachelor’s degree in Applied Science. Neil was committed to amateur sport, as a coach and president of the BCLA (1971-72) and Canadian Lacrosse Associations. He moved to Bowen Island in 1977 and was very active in the community.

Dickinson, Art. One-time rugged defenceman Art Dickinson passed away March 21, 2013.

Born in Vancouver on December 28, 1946, Art moved through the Burnaby minor lacrosse

system but broke into junior boxla with Chilliwack in 1963. He returned to North Burnaby the following year and spent the next four seasons under the Norburn Junior “a” banner. During his 92-game junior career, he earned a reputation as a punishing checker while still gathering a respectable 89 goals and 63 assists. Art, son of Hall of Famer Bill Dickin-son, joined the Vancouver Burrards in 1968, further adding to his reputation as a “defensive defenceman.” However, a broken jaw forced him to the sidelines for the entire 1971 season. He returned to the Burrards in 1972 and then joined the Coquitlam Adanacs for the next two seasons before his retirement. In 171 senior games, Art registered 72 goals and 77 assists for 149 points. Oh yes, he also racked up 351 minutes in penalties.

Roy Pinder

By: Stan Shillington

Longtime lacrosse figure Roy Pinder passed away February 20, 2013.

Born January 16, 1925, in Saskatoon, Roy Andrew Pinder moved at an early age to Richmond, BC, where he began playing lacrosse.

In 1943, he joined the senior Richmond Farmers club, remaining with the team until it folded in 1948. He then spent his last two playing years with the Vancouver Burrards. His career scoring output was 162 goals and 92 assists in 122 games.

Roy later spent over 40 years coaching at all levels – minors to seniors. He was also a member of the Canadian Lacrosse Hall of Fame “Player Selection Committee” in the early 1980’s.

Over the years, Roy proudly watched sons Gerry and Ron and grandson Bill Mischke rise to the senior lacrosse level, with Ron being inducted to the Lacrosse Hall of Fame in 1998.

Wayne Woollard

By LacrosseTalk Staff

December 17, 1945 to February 12, 2013. After a lengthy battle with Parkinson and Lewy Body Dementia, Wayne passed away peacefully on February 12, 2013.

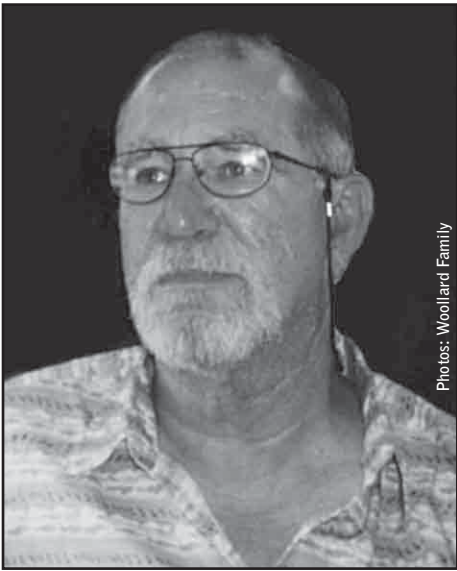
Wayne started his lacrosse career in 1964 with the New Westminster Eagles Minor Lacrosse, not only was he proud to be a Eagle, but was given the opportunity to coach with his brother-in-law, Ron Dalzell, and to coach his nephew Robbie Dalzell.

He coached in New Westminster through the minor system before leaving for the Surrey Minor Lacrosse Association. In 1974, the Surrey Salmonbellies left Surrey for New Westminster, but Wayne stayed in Surrey. He coached through the minor system, then got an opportunity to coach the Surrey Mohawks Junior “B” team. Wayne continued with the Junior “B” Mohawks through the 1970’s and early 1980’s, then in 1986, coached the Junior “A” Rebels.

Wayne soon decided to stop coaching, but wanted to stay involved with lacrosse, so he became the commissioner of the BC Intermediate “A” and “B” leagues. After a few years of being the commissioner, Wayne had to resign as he was diagnosed with Parkinson’s and his health was his first priority.

Wayne was very successful in getting his players involved in the community as they participated in fundraisers, delivered local papers, even attended the Surrey Santa Clause Parade. It was all about having fun and being a leader for his teams.

Woollard loved the game of lacrosse and always wanted to get his family involved. His brother Gary joined the Mohawks coaching staff and was adamant that his youngest brother Ken started playing lacrosse. He was not finished, as lacrosse was the game in the Woollard



Photos: Woollard Family

Wayne Woollard.

household, his son in-law, Gord Gohringer, coached and was on the Langley Minor Lacrosse executive.

Wayne and Linda’s home was like going to the lacrosse arena, it was a lacrosse house -- lacrosse sticks upstairs and downstairs was the workshop where Wayne and his friends would make pads for the players.

If it was not for Wayne becoming ill, you can be assured he would still be involved the game that he loved. Wayne was a role model not only for his players, coaching staff and friends, but also for his family and his five brothers and two sisters.

Wayne always instilled to everyone involved in his life from family, friends and to his team members that you must have fun in what you are doing, strive to be the best and treat everyone with respect. He will be missed.



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July 11-14, 2013

Bantam - Delta
July 17-21, 2013

Midget - Port Coquitlam
July 24-28, 2013

For schedules and additional information visit

www.bclacrosse.com



In Memory of Jack Crosby "Mr. Lacrosse"



The BC Lacrosse Association (BCLA) Members have created the Jack Crosby Endowment Fund in honour of the man whose name is synonymous with Lacrosse in the City of Burnaby, throughout British Columbia, and across Canada. As an athlete, coach, volunteer, and mentor, Jack has touched many lives within the lacrosse community and beyond.

The Jack Crosby Endowment Fund will provide a sustainable future for the lacrosse community who play, coach, volunteer, referee and enjoy the game of lacrosse throughout BC. Charitable donations will be invested in the principle of this trust fund. These donations will never be touched and will be a growing investment managed by the Vancouver Foundation. Interest of 5% per year will be allocated to the BCLA

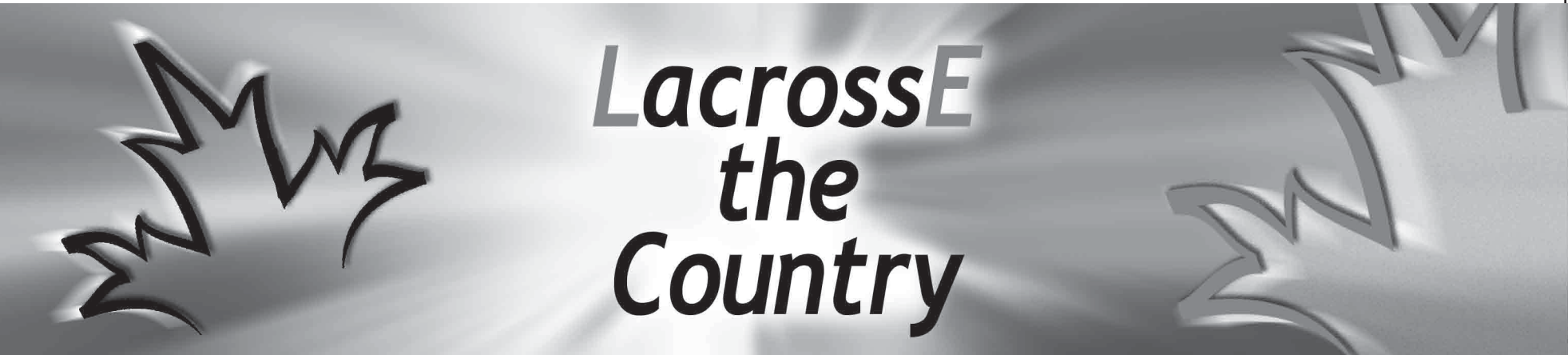
and these funds will be used to support Innovative projects and programs that will address the needs of BCLA members.

This is an investment for our lacrosse community to become self-reliant; a fund that will benefit our grandchildren's children; a legacy that will continue to “pay it forward” forever; a future for lacrosse that we feel Jack would be proud to support.

To make a charitable donation to this fund, please make cheques out to Vancouver Foundation referencing the BCLA Jack Crosby Endowment Fund in the memo line.

The BCLA members will strive to build this Endowment so that we who share the passion for Lacrosse today will leave a lasting legacy for the game of lacrosse throughout British Columbia.

**Jack Crosby Endowment Fund Donations can be sent to:
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NLL Parity

League Adds 2 more games in 2014

By: Teddy Jenner

In March, the National Lacrosse League announced that in 2014 they would be expanding the regular season so from 16 to 18 games, saying that it was at the demand of their fans. Well in this year's 16 games season, the NLL fans are getting one heck of a fantastic finish.

As April started, only three teams (Toronto, Calgary, Edmonton) had clinched a play-off spot while five teams were tied for "last place" (Rochester, Philadelphia, Buffalo, Minnesota, Colorado) with five wins. Eight of the nine NLL teams make the post-season meaning the final three weeks are bound to give fans (and for that matter GM's, coaches and players) quite a few anxious moments leading up to the play-offs that begin the last weekend in April, culminating in the Champions Cup Final which will be played on the weekend on May 10-12.

But what has made this year so intense, nail-biting, close, stressful and fun to watch? Easy, the game is the best it has ever been.

First off, take a look at this year's rookie class. Mark Matthews of the Edmonton Rush is on pace to break the single season rookie goal scoring mark set back in 1991 by Paul Gait. It's becoming more and more commonplace to see rookies come into the pros and make an immediate impact. That's a two part success story where in kids are realizing the importance of fitness off the floor and making sure they come into camp in the best shape they can be and with so many more playing NCAA lacrosse by the time most of them have finished their four

years down south, they have already played a season or two in senior lacrosse giving them the experience of playing against the best of the best.

While many lacrosse purists are not fans of the offence/defence mentality that the game of lacrosse has morphed into, we are starting to see more players become specialist in their role on the floor and that allows teams to create game plans built around those players. The O/D way of life is changing too because the players are so fit that we are seeing guys play multiple shifts, push the tempo and get up and down the floor more to create that fast paced action the game has become so known for.

It didn't hurt that the NLL instituted a few new rules last year in order to speed up the game and they continually talk amongst each other in hopes of getting the game of professional lacrosse into the mainstream where we all want it.

The NLL has star power on every roster but it's not just one or two guys anymore. Every week teams try and find match ups and holes where their team can succeed against their opponents and that's where coaching and preparation comes into play. The league has never seen the quality of coach that it has today. One could easily take many of the team's assistant coaches and turn them into top level head coaches; showing that there isn't just depth in the player pool but the coach's pool as well.

The 2013 NLL season has been fought tooth and nail all year long and even now, with Toronto seemingly a lock for the East regular

season title, you just never know what to expect from one weekend to the next. We've seen teams have an absolute stinker of game one night, then the next, blow out one of the top teams in the league. There have been weekends when a team expected to compete for a title, has a complete melt down and lose two crucial games back to back. We've seen questionable moves by some teams while others seemingly can't do anything wrong.

It's as if every year the number one professional lacrosse league in the world gets better than the year before it and the year before that and that's what keeps us fans coming back for more. The anticipation that we never know what is going to happen could be one the NLL's best selling points. There is no guaranteed win in this league anymore. Sure, much of that has to do with the fact that there are just nine teams but that just makes every team that much more competitive. For the first time in many, many years, the NLL didn't lose a team during the off-season, giving teams another year together to gel, build chemistry and work on their systems they instilled the previous year.

Now the NLL has said that they are not adding any more teams for 2014, their main focus

right now is to solidify a new CBA and avoid what the NHL just went through, so while we all want to see more teams, the league realized it has to take things slowly. Remember back when the league ballooned to 13 teams and everyone thought it was so great for the game? Well, in just 6 seasons, the league lost five of those teams for whatever reason and in that time, has seen many more come and go.

The product on the floor is exactly where it needs to be and while we all want national TV deals, big league contracts and million dollar endorsements, that won't happen if the league hastily makes decisions to let any prospective owner with a few million to burn join the party. It has to be done right.

The 2013 season is showing us that the leagues starting to do things right and the players are rewarding us all with one the most memorable seasons to date. With just three weeks left in the regular season, six of nine teams are battling it out for five spots. It's going to be a photo finish; just imagine what it'll be like next year when each team plays two more games.

2013 Turtle Island Festival of Lacrosse



(OSHAWA, ONT) The Canadian Lacrosse Association will be hosting the 2013 Turtle Island Festival of Lacrosse during the 2013 Women's World Cup. The festival will take place from Friday, July 12 through Sunday, July 14 and will be held at the Oshawa City Recreation Complex - the same venue as the World Cup!

Teams from the UK, USA and Canada have already registered to be part of this great event! Please join them!

Festival Snapshot The 2013 Turtle Island Festival of Lacrosse at the 2013 Women's World Cup. Tournament Fee: \$1500. Fee includes: Six (6) full games; three (3) day event passes for the 2013 FIL Women's World Cup; and a participant package which includes t-shirt and string backpack.

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Coaches Corner

New Coach Survival Guide

By: Duane Bratt, CLA National Resource Person

The *New Coach Survival Guide* is a new resource that has been prepared by the Canadian Lacrosse Association to assist brand new coaches. It was the brainchild of Sean Steinwald, a former Cornell University field lacrosse star who is now coaching in Quebec. It is not designed to replace the National Coaching Certification Program (NCCP), but instead should be seen as a safe introduction to lacrosse for newbies. Lacrosse's NCCP program is a requirement across Canada, but can be quite daunting for someone "straight off the streets." Therefore, the *New Coach Survival Guide* is really a pre-NCCP tool.

The *New Coach Survival Guide* is a glossy short resource (only 40 pages) which is light on text and heavy on pictures and diagrams. It is divided into six major parts. Part one provides an overview of lacrosse and its four disciplines: box, men's field, women's field, and inter-crosse.

Part two identifies the game's governance structure and services that the CLA and the member associations/associate member associations deliver. It also includes contact information for all of them.

Part three explains the NCCP and the different courses that lacrosse offers: community-initiation, community-development, competitive-introduction, and competitive-development.

Part four, using text (how to and identifying common errors) and diagrams, illustrates the fundamental skills of lacrosse: ready position, scooping, cradling, passing, catching, and shooting. These skills are important regardless of the discipline. The guide also shows some basic drills for each skill. The drills are designed for elementary school-aged children



The CLA Coach Survival Guide is a Great Tool for all Levels of Coaches.

which are the types of players that a new and inexperienced coach would encounter.

Part five focuses on practice plans and seasonal plans. All of the important components of a practice plan are described: purpose and objectives, warm-up, skill introduction, drills, fun game, and cool-down. A practice plan template is also provided. The same thing is done for a seasonal plan with things to consider (i.e. length of season, periods of training, administrative duties, evaluations, physical preparation, mental preparation, individual skills, and team skills) and a template.

Part six is a list of important coaching resources provided by the CLA and the Coaching Association of Canada (which administers the NCCP).

The great value of the *New Coach Survival Guide* is that the information is not new. Rather, it is a simplification of what is already contained in the various coaching manuals. It is designed to give a new coach a few key tools (to get them started) and hopefully whet their appetite for more information which comes through the NCCP and other professional development opportunities.

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Anti-Social Media?

By: Andy Watson

You’ve worked extremely hard to lead your team to the provincial championship. You’ve been selected for a Team BC Lacrosse Program. Several scouts are on the sidelines and have made the trip just to see you and get a true assessment of your skill. You play the game of your life and get offered a full-ride scholarship to an NCAA Division 1 school the next day. But in the blink of an eye – an inappropriate post that catches the wrong set of eyes, a mistimed F-bomb dropped in a YouTube video, an offensive tweet – you can lose it all. The perils of social media can be life-changing. While there is certainly value in Facebook, Twitter, YouTube and other social media channels for communication, interaction, education and even competition, you are always representing yourself online. In sport, the impact usually goes beyond the individual and can affect your teammates, your association and your sport as a whole.

And what you say in or do through social media doesn’t just apply to players – officials, coaches, administrators and anyone involved in the game are equally accountable. For right or wrong, the actions of people in the public realm – in our case, through sport – are held to a different standard. As I wrote in the August 2012 LacrosseTalk introduction to social media, if you choose to do something negative that is captured and posted online, it can have severely bad consequences for your organization or the sport in general. Some U.S. schools and professional and semi-professional sports organizations go as far as banning their athletes and personnel from using social media, in season or altogether, and many have members of their organization sign policies. Like many other sports organizations – and non-sports businesses and organizations in general in the world – the Canadian Lacrosse Association and BC Lacrosse Association have social media policies in place, and severe disciplinary action can be taken, including suspensions, fines or even the refusal of membership.

In sport, social media blunders are most often committed by players, leading to suspensions and sometimes even fines. Most often, this is as a consequence for comments made about other competitors, officials or organizational decisions. There are situations of this from every sport in many leagues, most arising from actions that were preventable. With over 70% of the population using some form of social media daily in North America, it is powerful; and the consequences don’t just apply to players. An Ontario Hockey League referee’s controversial Twitter post cost him a lot more than the hostility of some hockey fans in Sault Ste. Marie, Ont, earlier this year. Referee Joe Monette was suspended for the balance of the 2012-13 season as well as the playoffs for his disparaging tweet about the city of Sault Ste. Marie. Prior to refereeing a game between the Sault Ste. Marie Greyhounds and Windsor Spitfires, Monette posted “Soo Saint Marie, two words, Slim Pickens .noteeth .hicktown .allfaties.” The comment created significant buzz on Twitter and Monette later apologized, posting “My tweet last night was not meant to be offensive and was meant as a joke between myself and a buddy of mine that lives in the Soo. I apologize if I offended anybody.” His account was later closed to public access. “Mr. Monette displayed extremely poor judgment and the tweet not only contravened the league’s social networking policy, but as well was detrimental to the welfare of the league, the officiating staff and fans of the OHL,” OHL commissioner David Branch said in a statement. Just in April, an extreme example with evidence of physical and verbal abuse towards players cost a U.S. college basketball coach his job. Rutgers University fired head men’s basketball coach Mike Rice when video surfaced showing him throwing basketballs at flinching players, shoving one in the back and kicking at another. He also frequently berates players in the clips.

Excerpts of practice sessions shot between 2010 and 2012 initially had earned Rice a three-game suspension, a \$75,000 fine and a ticket to anger management classes. Following the video going viral via ESPN, he has since been fired. The video even caught the ire of the non-sports community when state Governor Chris Christie said through a spokesperson that he was “deeply disturbed” by the video and that he supports Rice’s firing.

Sadly, the Rutgers video recalled the 2000 firing of infamous Indiana basketball coach Bobby Knight in the aftermath of a videotaped incident in which he put his hand to the throat of a player. While it was another specific incident that finally led to Knight’s firing, it was the videotaped 1997 incident that prompted strict limits on the coach’s frequent physical and verbal outbursts and set the stage for Indiana to let him go.

It also sparked discussion about how far coaches should go to motivate players, what message such behaviour sends to young athletes and how widespread such behaviour is in locker rooms and practice facilities. Sadly, we all remember black eyes for the sport of lacrosse. Last year’s Intermediate A lacrosse brawl between Coquitlam and Nanaimo went viral so quickly and received such high traffic on YouTube that it caused widespread embarrassment for not just the individuals and clubs involved, but for the sport worldwide. It hurts registration numbers, development of the sport and impacts perception of contact sports overall.

There are other black-eye moments out there and we need to do our best to realize the power of social media.

At the end of the day, just in daily face-to-face or telephone interactions, each individual needs to be responsible for what they say in any former of communication, including social media content. So what can you do to be informed and, at the extreme, protect yourself? Start by reviewing your privacy settings for your Facebook, Twitter and YouTube accounts.

Remember, when you make it big on the field or on the floor, there’s the online exposure that comes with it. This can often be a good thing, building a network of colleagues, but sometimes fans and followers can push too hard. Case in point, the recent retirement from Canadian tennis star Rebecca Marino who quit the sport she loved because of online bullying.

Cyber-bullying can have take many forms and the definition is quite liberal – often cyber-bullying includes premeditated remarks, making fun of another player or team, trash talking or severe criticism of another player or organization.

Remarks made online are permanent and can never be taken back. So when going online to make remarks, always avoid using extreme or hurtful language and always think twice about what you post and who else can be affected by your remark or opinions. And, as with any form of social media and its impact in sport, this is not limited to players: recently in our sport, the CLA has recently considered disciplinary action against non-playing personnel for damaging remarks made through social media.

Those in a position of prominence need to be wary that when making a critical statement or expressing a personal opinion could cause a stir, many members of the public, fans and even the media will follow (and in some cases simply “creep” you, following you if your privacy settings are not set high) you. What you say can be taken as an official position for your organization – even if it’s only made through your personal account. And social media channels are considered legitimate sources in the mainstream media and are easy to quote.

Naturally other members of your organization are interested in what you are saying through social media channels. And they should be. And so should you. So, follow them, friend them or like them online and you’ll be able to be out in front of anything disparaging that is said, if and


when it’s said. In the semi-pro, collegiate and professional ranks, it is common practice now for coaches and administrators to add, follow or friend players through various social media channels.

And use social media for positives – teaching a new skill, learning a new strategy, getting advice, sharing praise for teammates after a good game, talking about an amazing goal or play you saw, promoting your games amongst friends and family. Consider that Paul Rabil of the Philadelphia Wings is even using his social media channels, primarily through YouTube, to bring in endorsements and has been coined as the first million-dollar man in lacrosse, becoming the first professional laxer to earn over \$1 million annually through the sport he loves.

And your social media footprint does not just apply to your involvement with sport. Some schools will review Twitter accounts and Facebook pages as part of consideration for scholarships. And many employers now conduct background checks on prospective employees as part of their review – if they see you doing something unprofessional through your social media channels, it could cost you the chance at getting hired.

Bottom line – be wary, consider what you’re saying and use social media for positive use and not to cause damage.

Andy Watson is a communications professional who graduated from Carleton University with a Bachelor of Journalism (Hons.) degree and has worked in sports communications and as a sports reporter. He is currently the marketing and communications chair for the 2016 FIL World U-19 Men’s Field Lacrosse Championships and works in communications for the Government of British Columbia. For more information or to book Andy as a presenter or speaker, email Andy at andydkwatson@hotmail.com.



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(2013 Season Start Ranking)

Senior A Lacrosse Top 7

1 Peterborough Lakers

2 Langley Thunder

3 Victoria Shamrocks

4 Brampton Excelsiors

5 Brooklin Redmen

6 Burnaby Lakers

7 Coquitlam Adanacs

Junior A Lacrosse Top 10

1 Orangeville Northmen

2 Coquitlam Adanacs

3 Whitby Warriors

4 New West Salmonbellies

5 Six Nations Arrows

6 Victoria Shamrocks

7 Peterborough Lakers

8 Delta Islanders

9 Okotoks Raiders

10 Brampton Excelsiors



Lacrosse Talk – Spring 2013

BCLA Phone # 604-421-9755
Publisher – British Columbia Lacrosse
Controller – Rochelle Winterton
Managing Editor – Jeff Gombar
BC Editor – Jeff Gombar
Cover – Cybereyes Images

*Contributing Writers: Teddy Jenner,
Duane Bratt, Stan Shillington, Jeff Gombar,
Casey Foster, Brad Challoner, Paul Horn,
BC Sports Hall of Fame, Ken Woollard,
Kelowna Capital News, Andy Watson.

*Contributing Photographers: Sports Action
Pictures, Brad Hara, Harry Brust, Bev
Mosdell, M2 Photography, Tim Gillespie,
Nicole Cornwall, Daryl Foulds, viaSport,
Jeff Gombar, BCLA Archives, BCJALL
Website.

Layout and Typography
Creative Plus Solutions
kim@creativeplussolutions.com

Advertising Sales
Jeff Gombar
jeff@bclacrosse.com
(604) 421-9755, fax (604) 421-9775

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The BCLA wishes to acknowledge
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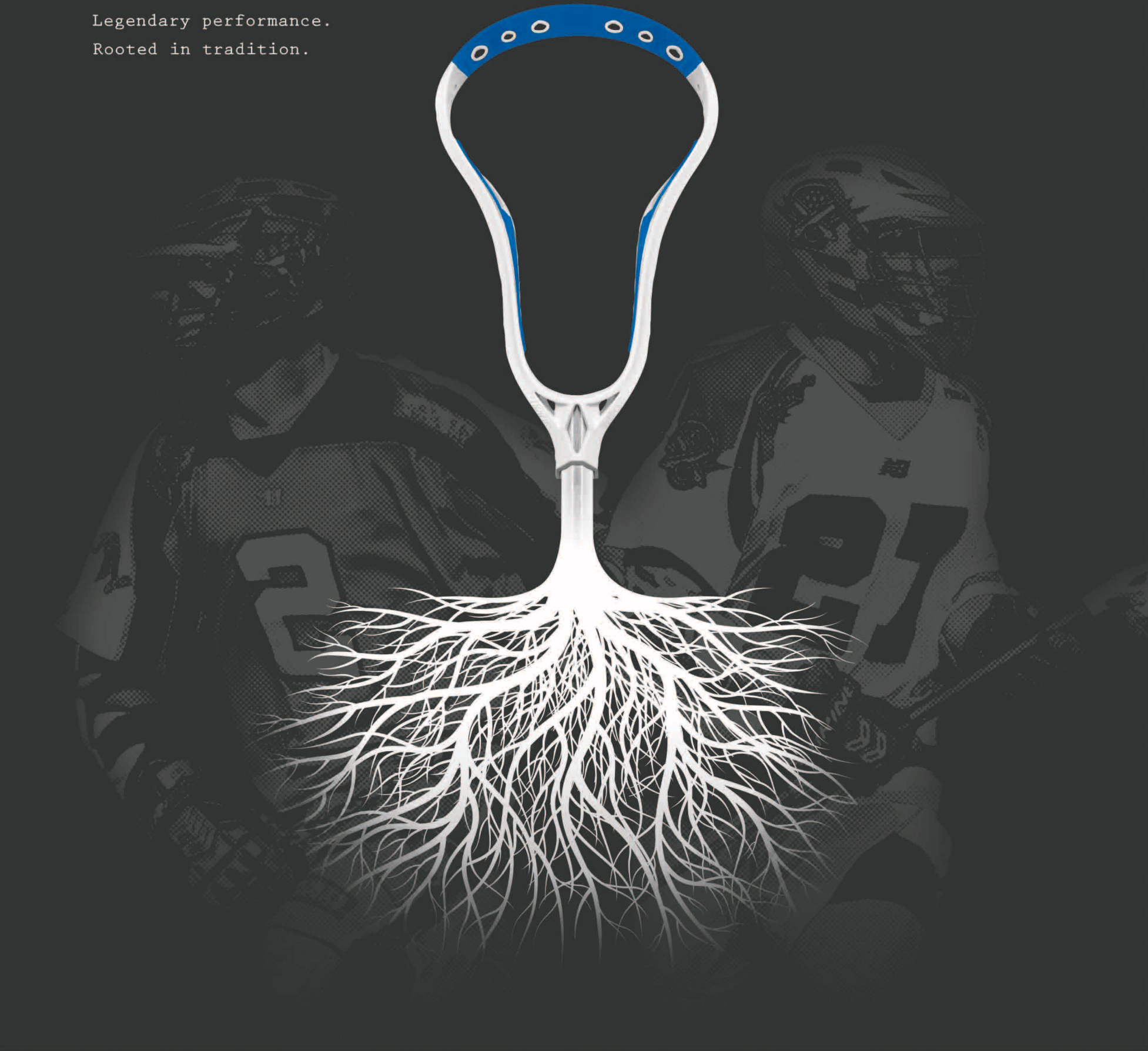
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