For the first time in Female Box Lacrosse history, Team BC tasted the fruits of victory after winning a pair of gold medals at the Female Box Lacrosse National Championships. A first of many firsts this summer for female box lacrosse!

Since 2009, Ontario has dominated the Female Bantam National Championships winning three straight, while the Team Ontario Midgets won the inaugural 2011 event in New Westminster. Team Ontario proved to be Team BC’s arch nemesis in 2012, but with very different results.

The 2012 Canadian Lacrosse Association Female Midget and Bantam Box Lacrosse National Championships took place July 29 to August 2 at Bear Mountain Arena in Victoria. This tournament marked the first time the Female Nationals were hosted off mainland Canada, in BC’s traditional lacrosse-rich community of Victoria.

Team BC came into the 2012 Nationals as underdogs after settling for silvers in 2011. But with the additions of ex-WLA and NLL star players Dan Stroup (Bantam) and Pat Coyle (Midget) behind the benches, this year’s version of Team BC would prove to be forces to be reckoned with!

Team BC Female Bantams had a nearly flawless round robin with five wins and a loss. Round robin scores were: BC 15 – Nova Scotia 0, Ontario 4 – BC 3 (OT), BC 9 – Alberta 2, BC 17 – Nova Scotia 0 and BC 5 – Ontario 3. Team BC met a physical Team Alberta squad in the cross-over match, with BC shutting out their western rivals by five goals, setting up another BC-Ontario gold medal showdown.

With BC and Ontario splitting their round robin games – 4-3 Ontario in overtime and 5-3 Team BC in the second match, it was as evenly matched a final game could be. The rubber match didn’t disappoint!

Going into his second gold medal match in as many years, Head Coach Dan Stroup’s confidence level couldn’t have been higher.

“We had the same game plan as last year, injuries played a big part in last year’s gold game,” remembered Stroup. “We felt very confident going into the gold medal game this year, the girls were excited and ready to play.”

Team BC struck first at 12:35 of the first period on a goal by Keeley O’Neill (New Westminster) off a feed from Madison Obrovac (New Westminster). Over two minutes later on a fast break, Bianca Santucci (Coquitlam) hit Megan Kinna (Ridge Meadows) streaking up the floor to put her in the clear. Kinna made no mistake and buried it behind the Ontario goalie to take an early 2-0 lead.

Team Ontario replied back a minute later on a goal by Jessica Digirolamo to cut the lead to one. Both teams raced back and forth to get the ever-important next goal, but with under four minutes left in the first, Ontario’s Melanie Camacho took a feed from Katy DeSnoo to score and bring the score even at 2-2. The period ended with the teams knotted at two.

“We talked about not getting too high or too low,” preached Stroup. “I let them know before the game that we’d get our goals and they would get theirs – it’s a game of runs. We stuck to our game plan and if we concentrated on the process -- more loose balls, more shots, and more face-off wins -- the end result would be gold.”

The second frame started just as the first with great goaltending and tight defense. Both teams experienced high percentage chances, but couldn’t tickle the twine as Team BC goalie, Bianca Ballarin, and Ontario’s Lauren Young both made timely saves and denied shooters at both ends.

With BC’s Mieke Stobbart (Coquitlam) in the penalty box, Nadine Stewart (New Westminster) broke up an Ontario pass deep in the BC end and sent Katie Browning (New Westminster) on a break. Browning fended off an Ontario defender and scored shorthanded to put BC out in front midway through the period. At the 3:11 mark, Elle Hamilton (Juan de Fuca) intercepted a pass in the BC zone, then out raced the Ontario defenders down the floor, and made no mistake scoring on a breakaway to restore Team BC’s two goal lead to end the second up 4-2.

Team BC continued their dominance on defense with stingy goaltending by Ballarin in the third, until the 6:19 mark when Ontario’s Jessica Digirolamo scored her second of the game to make it a one goal game. Team Ontario seemed poised to make a valiant comeback as they continually pushed the ball inside the BC zone only to be repeatedly pushed back by a stubborn defensive corp. It was apparent Team BC was not going to be denied victory as they hung on to defeat Ontario 4-3 and win BC’s first Female Bantam Box Lacrosse gold medal. Game MVP’s were

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 continua on page 4
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A Guinness World Record for the longest game of Box Lacrosse

“More far-reaching and impactful than the boasting rights of a Guinness World Record is the effect of the money raised by these attempts,” said Parnell. With every $50 raised, one child will be able to experience Right To Play’s weekly sport and play-based programs for a year.

The final score was unbelievably close with the winning Team Donkeys (Black) taking the lead over Team Unicorns (White) by a mere 3 goals, at 299-296 respectively.

About Right To Play: Right To Play is the leading international humanitarian and development organization using sport and play as tools to effect behaviour and social change. The organization works with over 15,000 trained coaches and community leaders who implement Right To Play programs for 700,000 children and youth. Right To Play programs are designed to develop basic life skills, prevent diseases, teach conflict resolution and instil hope in children affected by war, poverty and disease in Africa, Asia, Middle East and South America, and is supported by more than 350 elite Athlete Ambassadors from over 40 countries. Recently, Right To Play expanded its programs in Ontario to include 30 new First Nation communities.

About Hotbox Lacrosse: Hotbox lacrosse was founded by Shaw and Scott Cable, two brothers from Calgary, Alberta. Lacrosse has always been a big part of the brothers’ lives, whether playing or coaching. With a lack of up-to-date, youthful lacrosse apparel they wanted to bring something to the growing lacrosse community that was fresh and exciting and that’s how hotbox lacrosse was born. Their company and website is dedicated not only to keeping players and fans up to date on stories and events happening in the lacrosse world, their website also allows you to shop online for Hotbox gear. Their vision is to design quality clothing for every lacrosse player and fan to wear anytime. Whether under equipment, during a game, out with friends, or cheering from the sidelines, they want their clothing to unite and refresh the lacrosse community. For information about Hotbox Lacrosse visit www.hotboxlacrosse.com.

Lax 4 Life raises over $15,000 for Cancer Society

12 hour fundraising game launches new season for lacrosse community

By: Mark Booth, Delta Optimist

The Delta lacrosse community celebrated the start of the 2012 season in generous fashion, raising over $15,000 for the Canadian Cancer Society with its second annual Lax-4-Life charity game.

Members of the Delta Lacrosse Association (DLA) and surrounding areas, came together to put on a memorable event that was highlighted by a 12-hour game - from 8 a.m. to 8 p.m. - April 14, 2012 at the Ladner Leisure Centre.

In the inaugural event, DLA members raised just short of a total of $13,500 and ultimately that was their goal again this year.

Volunteers began organizing their effort in January and with the generous support of local businesses and private donors, they were thrilled with the response. Last year’s total has already surpassed and when the final numbers are in, organizers believe it will be closer to $17,000 raised.

The game began with Tessa Vincent and Savannah Phillips singing the national anthem. Tim Winter and Patty Burr (in honor of their mother) then dropped the first ball.

Participants in the opening face-off were Max Stalling and his mother Nancy.

What followed was 12 hours of fast paced box lacrosse action with Tyke members as young as seven being on the same floor with members of the Ladner Pioneers Senior “B” team.

Max Stalling raised the most money in 2011 and came through with a big total again this year with $1,630 - the fourth highest total. His efforts were outdone by Hayden Dance, ($1,705), sisters Tessa and Nattarine Vincent and Castlin Schoik ($2,800) and Ashley and Mitch Robinson who topped the list at $2460.

Lax 4 Life volunteers were once again happy to welcome Delta South MLA Vicki Huntington to the event. Not only did she witness some great action but also met some of the young players of the Delta Lacrosse family that are willing to give back to their community.

Organizers shared with her one great story of a young lacrosse player that, although he wasn’t able to participate in the game, he did come by to make a donation. He had ‘charged’ members of his family 25 cents when they walked by his bedroom door and then he brought those funds down to the arena.

Event organizers Angela Smith, Kelly Robinson and Angie Schwan, along with the support of their families, have already started to brain storm about next year’s Lax-4-Life event and have also laid out a friendly challenge to the Campbell River Ravens Club to hold their own fund raiser game for the Canadian Cancer Society.

The Gold Dust Twins

By: Stan Shillington

The City of Victoria will soon honour two of its greatest sport figures.

Whitey Severson and the late Archie Browning -- known throughout their brilliant lacrosse careers as the Gold Dust Twins -- are to be inducted into the Capital City’s Sports Hall of Fame on October 27.

“It’s really an honour to be recognized like this, but even more so because Archie is going in with me,” said Whitey. “We were teammates and life-long friends, so it’s wonderful that we’re sharing this distinction.”

The pair was not yet 18 years of age in 1945 when they were considered too small to make the New Westminster junior boxla team. Not to be denied, both tried out and made the senior Adanacs club.

Slightly-built but elusive, their blond, curly hair bobbing wildly as they braved past would-be checks, they soon became the darlings of the Royal City fans and were dubbed the Gold Dust Twins.

An immediate success, Archie won the 1945 Rookie-of-the-Year award by notching, 61 points, followed by Whitey’s 43 points. Both were instrumental taking the Adanacs to the 1947 Mann Cup title.

In 1949, Browning left B.C. for Brampton, Ontario, and was followed the next season by Severson. Both returned West in 1951 and joined the new Victoria Shamrocks’ franchise.

During his 540-game senior career, Whitty accumulated 1,202 points on 535 goals and 667 assists while his Gold Dust Twin had 744 goals and 528 assists for 1,272 points in 395 games.

During and following their playing careers, both coached minor, junior and senior lacrosse teams in and around Victoria. Severson also took a turn at officiating, refereeing 189 senior games.

Severson was inducted into the Canadian Lacrosse Hall of Fame in 1978, followed the next year by Browning.

On October 27, 2012, the names of Whitey Severson and Archie Browning will be added to the honoured list of stars in the Victoria Sports Hall of Fame.

Cable Guys set World Lax Record

By: LacrosseTalk Staff

An epic 24 hour game of lacrosse was endured in Calgary on April 27-28, 2012 in an attempt to set a Guinness World Record for the Longest Game of Box Lacrosse.

The endeavor “Lacrosse Quest 24” commenced at 7:00PM Friday April 27, and played around the clock through to 7:00PM Saturday April 28, at the South Fish Creek Recreation Complex Arena (S.E. Calgary).

There is no current Guinness World Record for the longest Box Lacrosse game. The Lacrosse Quest 24 attempt is now pending verification by the Guinness World Record office and successful verification will ensue a brand new entry in the list of Guinness World records.
Team Cowieson takes BCLA 2012 Golf Classic

By: LacrosseTalk Staff

On Thursday June 19, 2012 the BC Lacrosse Association hosted the 11th Annual President’s Golf Classic, honouring Skip Chapman at the Carnoustie Golf Course in Port Coquitlam, BC.

The event was just shy of a total sell out and thank you to all who participated. Canadian Lacrosse Hall of Famers Don Hamilton and Sohn Gill took in the event with local players, volunteers and friends of lacrosse rounding out the field.

We take great pride in bringing the lacrosse community together with players, coaches, fans and friends of lacrosse for a day of golf and a chance to reconnect. The weather was hot and sunny all day -- as sponsors, lacrosse friends and players alike competed in the Texas Scramble event.

Each hole was sponsored by a company of which the BC Lacrosse Association is very grateful for their support. They included: Authentic Wine & Spirits Merchants (yellow tail) wines, Sports-Can Insurance, BCLA, Sammy’s Grill & Bar, Warrior Sports Canada, Investors Group, Coquitlam Senior Citizen’s Centre, Delta Whistler Village Suites, Commercial Printers of BC, and the Dorothy Robertson Family.

Thank you for your continued support!

The golf shirts were sponsored by Firstar Sports Inc. and the golf classic prize packages were sponsored by a number of companies.

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Social Media

By: Andy Watson

Ever turn to YouTube to look for a big goal, sweet save or jaw-dropping move?

You’re definitely not alone; in fact, if you haven’t been online to consume the things you love, you’re in the minority.

Social media – and in particular the impact of “citizen journalism” – is changing the landscape for sports organizations around the world. Advances in video technology, especially with smartphone enhancements that allow anyone to turn their cell phone into a video recorder or a videographer. When something happens in a game, it’s easy for someone to quickly pull out their camera or video application on their phone and capture it – with most smartphones making it idiot-proof to upload content online.

Now more than ever, actions on the field or on the field can have a major impact with the potential to reach audiences in the thousands and tens of thousands. The potential for something to go viral and quickly spread will only continue to grow.

A lot of you are probably nodding your head. But, you say to yourself, “I knew all this already. What does all this mean to athletes?”

Here’s some food for thought. A social media sampler:

You are always representing your team, your sport. Every time you wear your team colours, carry your stick and represent the sport you are playing, you are representing the sport. For right or wrong, the actions of athletes are held to a different accord. If you do something negative that is captured and posted online, it can have bad consequences for your organization or the sport in general. A simple Google search for college athletes and social media will paint a telling portrait of U.S. athletes teams often banning their student-athletes from using social media (many have athlete sign policies – if they break them, they get cut from their team). The reason for this is that a poor action from a player or coach can have major consequences – sponsors pulling funding, donors pulling scholarships and/or student-athletes or coaches getting suspended. On the flip side, if you capture something good on camera, (an amazing play on the field, a community event off the floor, etc.) consider the positive impact you can make for the sport by sharing that with others.

Posting info or footage can have a major reach. Over 70% of the population uses some form of social media daily in North America. It is powerful.

So, consider this when posting content: If you don’t want a video to go viral – for whatever reason, maybe it can damage the reputation of your team, of a player, of your sport, or possibly put you in a position for getting reprimanded – consider making it private or sharing with those who need to see it through a file sharing service like Dropbox or YouSendIt. There’s a lot of value in video from an education standpoint in sport. A lot of athletes learn by watching, so taking some footage of your team and sharing it can have a positive impact. And not just for players but coaches can pick up on trends and scout opponents and referees can learn how to be in better position and self-evaluate with the use of video. But, if you’re posting something that you might find entertaining or cool, remember it can be viewed by others easily.

Consider your privacy settings.

Don’t want the world to see what you post or share online, manage your privacy settings. Facebook, Twitter, YouTube, Flickr and many other social media sites have privacy settings that can restrict who can view your content.

The advent of social media has given rise to role of those involved in sport – is there a way to provide discipline out of content posted online to social media. Should coaches and administrators teach the merits of emotional control as part of player development?

Lacrosse is the fastest growing sport in North America, and there is international growth of the sport as well. From downloadable games online to a version of the sport on Xbox (follow in the footsteps of the Vintage PlayStation Pioneer, Blast Lacrosse), the increased exposure of the sport helps to attract new interest. But as players, coaches, officials, parents and administrators, we have a role to play in providing positive, skilled video and not resorting to posting content that can be damaging to the sport.
The 2012 SUBWAY ® BC Lacrosse Zone Players of the Year were announced earlier this summer. Each of the 8 lacrosse zones from across BC nominated an athlete who best exemplifies what it takes to be a top athlete on and off the floor. The following Midget aged athletes were selected as their Zone Player of the Year in 2012: Zone 1-Billy Chirdaris (West Kootenay), Zone 2-Jeremy Brooker (Kamloops), Zone 3-Joshua Kemp (Coquitlam), Zone 4-Connor Robinson (New Westminster), Zone 5-Tyler Vogrig (Vancouver), Zone 6-Tanner Jones (Comox Valley) and Zone 8-Riley Lawryk (Williams Lake).

Each 2012 SUBWAY ® BC Lacrosse Zone Players of the Year received a custom embroidered Firstar jacket and a $500 scholarship for being named to this prestigious award. The overall 2012 SUBWAY ® BC Lacrosse Zone Player of the Year was Zone 8 representative, Riley Lawryk of Williams Lake. Riley, in addition to the custom Firstar jacket, received a $1000 scholarship for the accolade.

Connor Robinson, a member of the New Westminster Salmonbellies Midget A1 team, was named the SUBWAY ® BC Lacrosse Midget Provincial Champions MVP. He was an integral part of the 2012 Midget A1 gold medal winning team at the Midget Provincials in Port Coquitlam. Connor received a custom Firstar jacket and a $1000 scholarship. Congratulations to all award recipients!

By: LacrosseTalk Staff

The BC Lacrosse Association is proud to announce Taylor Bourne (Victoria), Caitlyn Greenlay (Burnaby) and Nick Theobald (Port Coquitlam) as the 2012 BCLA scholarship recipients.

Taylor Bourne is not only an avid competitor on the field, but also gives his time off the field volunteering with the local lacrosse and hockey associations. Taylor is always willing to assist at various clinics, camps and tournaments as well as stringing sticks for players. In addition to officiating lacrosse, Taylor also coaches youth teams and demonstrates the importance of “giving back” to the community.

Outside of the arena, Taylor, has a proven to be a student in high standing balancing academic responsibilities with community activities. Bourne plans to study at the University of Victoria after graduation.
Salmonbellies board as Assistant GM, General in 1992 made his return to New Westminster nor’s role for the Coquitlam Jr. Adanacs, then, nine seasons. In 1990, he accepted the Gover

In 1981, Lehman took the jump from minor Lacrosse Association and managing teams in Lacrosse League (now WLA) from 1963-70.

a goal judge and bench official for the Inter-City (BC) – Murray’s introduction to lacrosse began as

Players and 42 Veterans (those who played prior

Curtis (Peterborough, ON); the 1928 Canadian and Tom “Slick” Wreggitt (Oshawa, ON);

Players and 42 Veterans (those who played prior

Keenan played one season with the Whitby

in total Canadian point scoring overall with

Wreggitt was in the Major Series Top 10 of scor-

Wreggitt played in 20 seasons of Major Series lacrosse

Peterborough Lakers winning four Mann Cup titles with

517 assists for 1151 points. Stevenson scored 440 goals, 711 assists for 1151 points in 400 games. Stevenson's 5-year NLL career had stops in Anaheim, Portland and currently Edmonton. Keenan was inducted into the Ontario Lacrosse Association Hall of Fame in 2009.

Craig Stevenson (Surrey, BC) – Craig started his lacrosse career in the hotbed of Peterborough (ON) as a youth up to the Junior and Senior levels. Stevenson bagged three Minto Cups in 1986, ’87 and '89 with the Peterborough Junior Excelsiors. He was selected as a 1989 Minto Cup MVP. In his Junior career, he netted 194 goals, 323 assists for 517 points. After three season with the Peterborough Lakers Major Senior and Minor, Keenan was inducted by the New Westminster Salmonbellies, and never went back. From 1993 to 2006, Stevenson wore the "Bullets" jersey where he was named an All-Pro on four occasions and ended his career 17th in all-time WLA scoring. In his 17-year Senior A career in Peterborough and New Westminster. Stevenson scored 440 goals, 711 assists for 1151 points in 400 games. Stevenson’s 5-year NLL career had stops in Buffalo, Ottawa, Vancouver and Calgary amassing 76 points in 37 games.

Derek “Jammer” Keenan (Oshawa, ON) — Derek played in seven seasons (1976-1982) with the Oshawa Green Gaels Junior A lacrosse team where he was a perennial Top 10 league point scorer. Keenan played his entire nine Major Series seasons (1983-89, ’92 & '95) with the Brooklyn Redmen, winning three Mann Cup titles in four years (1985, 1987 & 1988). He was the OLA Major Series Top Scorer and MVP in both 1987 and 1988. In 212 career games, he scored 342 goals and 437 assists for 779 points and 361 penalty minutes. In 1991, Keenan played one season with the Whitty Steelhawks of the Canadian NLL winter pro league where he was the league Top Scorer and MVP. In three Major Indoor Lacrosse League seasons, Keenan netted 123 points in 27 games with Buffalo and Toronto winning two Champions Cups with the Buffalo Bandits (1992-93). Derek began his NLL coaching career in 2003 with the Toronto Rock with stops in Anaheim, Portland and currently Edmonton. Keenan was inducted into the Ontario Lacrosse Association Hall of Fame in 2009.

Tom “Slick” Wreggitt (Oshawa, ON) — Tom played in 20 seasons of Major Series lacrosse (1979-99) with the Brooklin Redmen and Peterborough Lakers winning four Mann Cup titles with Brooklin in 1985, ’87, 88 and 1990. Wreggitt was in the Major Series Top 10 of scor-

Jay scored 383 goals and 245 assists (628 points) in 327 games – with an additional 29 goals and 7 assists with Peterborough. Ron was inducted into the Shamrock, World of Fame in 2010.

R.G. (Bob) Curtis (Peterborough, ON) — After amassing an impressive 2.07 points per game average as a Peterborough Junior, Bob Curtis graduated to the 1954 Peterborough Timbermen, helping win a Mann Cup in his very first year as a Senior player. He helped his team earn the league championship four more times (1955-57, ’59), earning a stellar 2.57 points/game average. He was a top scorer for the first six years of his career (1954-60), but was more than an of-

Craig Stevenson (Surrey, BC) – Craig started his lacrosse career in the hotbed of Peterborough (ON) as a youth up to the Junior and Senior levels. Stevenson bagged three Minto Cups in 1986, ’87 and '89 with the Peterborough Junior Excelsiors. He was selected as a 1989 Minto Cup MVP. In his Junior career, he netted 194 goals, 323 assists for 517 points. After three season with the Peterborough Lakers Major Senior

Ron Jay is one of a generation of excep-

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The Canadian Lacrosse Hall of Fame moving to downtown New Westminster in 2014.

Canadian Lacrosse Hall of Fame Logo Contest

By: Paul Horn, CLHoF

The Canadian Lacrosse Hall of Fame board is looking to revitalize the logo for the Hall, and they are calling on Canada’s lacrosse community to help out.

Beginning in November 2012, the Hall is sponsoring the “Mojo our Logo” Contest, asking artists across the country to show their work through a new logo design for the Hall. The Hall is inviting every minor lacrosse association across Canada to share the contest entry information with their players, families and communities. Its aim is to use a new “homogeneous” logo to represent the Hall as it makes a move to a new home in 2014.

“We see the move as a chance to really revitalize ourselves,” says Randy Radonich, CLHoF President. “Asking the country to work through a new logo design for the Hall is looking to revitalize the logo for the Hall, and they are calling on Canada’s lacrosse community to help out.

“The move is more than purely a physical change in location; it represents a whole new world of opportunities for the Hall of Fame. Our new quarters will be part of a larger civic complex that will also house the New Westminster Museum, the Arts Centre and shared public space. By engaging these assets, the groups that run them will have the opportunity to share staff and to open their doors to the public for more hours each week.

The new facility also gives the Hall of Fame board a chance to revitalize its floor plan and exhibits. In particular, a new home means that the Hall will be able to catch up with the possibilities afforded by technology. The capacity for better wiring, computer stations and interactive exhibits will allow the Hall to put much more of its holdings on display, both in the new space and on-line.

The Hall is more than a repository of names and photos of our greatest players, builders and teams; it is also the keeper of our national summer sport’s history. The new hall will honour the tradition of lacrosse from its very roots, with displays honouring the First Nations who created the game and exhibits showing the game’s transition into modern life.

The moving entry will receive $250, a professionally framed and labeled print, plus recognition at the 2013 Hall of Fame Induction Dinner as well as in the LacrosseTalk and Sticks and Stones publications. In addition, the winner’s design will be displayed in the Hall of Fame along with a photograph of the artist and description of the logo’s origins. Contest entrants may submit their designs to: Logo Entries, Attn: Mr. Anthony Glavin, 516-2695 Granville Street, Vancouver, BC, V6H 3H4

Entries received prior to November 17th will be accepted but will not be judged until the contest has closed.

2012 BCLA Box Lacrosse Provincials Warrior Fair Play Awards

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Champion On and Off the Field

Chris Sanderson was gone but the memory of his cancer history, Chris was a major catalyst. His impact on Canadian field lacrosse will be felt for many years. I’m forever in debt to Chris and will miss him terribly.

Chris did well in the indoor game, too, helping the Orangeville Jr. A team win the Canadian championship in 1993 and 1995. He was a member of the 2001 National Lacrosse League Champion Philadelphia Wings and until just recently was their goaltending coach.

“Chris is the best international goalie in the history of the tournament,” said 2006 and 2010 national team defence man Brodie Merrill. “He thrived in the world championships. They brought the best of him.

“Chris was such a great communicator, constantly directing the play. It was like having a coach on the field. You felt confident playing in front of Chris. He would make jokes during the course of the play to keep everyone loose. Sometimes he subtly poked fun at opponents with his quick wit.”

“Getting a chance to play with Chris and win a gold medal with him was a dream come true. And if you trace the recent explosion of popularity of Canadian field lacrosse, Chris was a major catalyst. His impact on Canadian field lacrosse will be felt for many years. I’m forever in debt to Chris and will miss him terribly.”

“Chris’ leadership, spirit and humour made him one of the most popular players,” said Wings co-owner and president Michael French. “Chris’ leadership, spirit and humour made him one of the most popular players.”

“Chris’ leadership, spirit and humour made him one of the most popular players.”

“Chris was such a great communicator, constantly directing the play. It was like having a coach on the field. You felt confident playing in front of Chris. He would make jokes during the course of the play to keep everyone loose. Sometimes he subtly poked fun at opponents with his quick wit.”
Simon Fraser University Men’s Lacrosse 2012-13

SFU Lacrosse is led out by Iain Vickars (#16) on bagpipes to Terry Fox Field.

By: Casey Foster, SFU Lacrosse Marketing & Communications Assistant

Gearing up for their ninth season under Head Coach Brent Hoskins, the Simon Fraser University men’s lacrosse team is ripe with excitement to return to competition in the Men’s Collegiate Lacrosse Association (MCLA). After suffering a tough loss in the PNCLL Conference Championships to long-time rivals, the Oregon Ducks this past May, the Clan is itching to begin work towards a PNCLL Championship starting this September, in hopes of once again competing for an MCLA National Championship next May.

The Clan returns 27 players from their roster of the 2012 campaign this fall. Representing the highest level of collegiate field lacrosse north of the border, Simon Fraser continues to attract top recruits from across Canada and has begun to attract attention from throughout the United States seen in last year’s roster containing a program high of four American players, two from California, and two from Washington. Joining these American athletes, the Clan’s 2012 roster featured fourteen players from BC, three from Alberta, three from Saskatchewan, and two from Ontario.

Having no seniors last year, Simon Fraser returns award winning players, such as 3rd Team All-American and 1st team All-Conference player Sam Clare (Ladner, BC) who had a massive rookie season, producing the highest offensive stats from the midfield for the Clan. Also returning, after garnering 2nd team All-Conference honours are senior attackman Colin Dow (Coquitlam, BC), juniors LSM Riley Warner (Mukilteo, WA) and goalkeeper Darren Zwack (Sherwood Park, AB). Roundout the list of returning 2012 award winners are 2nd team All-Conference defenceman and sophomore Mark Hiller (Bowneemail, ON), Senior midfield Eric Ransom (Sherwood Park, AB) and sophomore defenceman Bayne Bosquet (Coldstream, BC) also return after receiving All-Conference Honorable Mention status in the PNCLL last season.

This fall will be a very exciting one for the Clan, as a record high 21 freshman recruits will be reporting in September, joining the returning 27 athletes “on the line” for the first practice. The Simon Fraser Men’s Lacrosse team is buzzing top to bottom in anticipation of the year’s incoming freshmen, who have been reported collectively as the deepest and most talented recruiting class to date.

The Autumn of this year will be busier than the last for SFU. After a month of practice comes the Clan’s first test. Their annual fall-ball trip (Oct. 4-8) will land them again in Illinois, Davenport, and Michigan State for another three games in four day stint March 28-31. Upon returning, another divisional matchup for the Clan is scheduled to be played at home on Terry Fox field April 6. An away game versus Washington State is then slated for April 13. The Clan will then play a conference matchup on the road against Idaho on April 13. Simon Fraser then finishes its regular season schedule with a home game versus divisional opponents Montana for what will be Senior Day on April 20.


For further information on Simon Fraser men’s lacrosse please visit www.sfumlax.com or follow the Clan on Twitter at www.twitter.com/fraserslacrosse.
Play. Train. Compete.

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From playground to podium, the City of Richmond can fulfill every sport hosting need. Superb venues like the Richmond Olympic Oval and North America’s largest all-weather turf complex, outstanding transportation connections, a full array of accommodation choices and a dedicated community volunteer base can help make your event a success. Our Sport Hosting Office can help you learn more about Richmond and work with you to put together winning bids and events. The starting line is www.richmondsport主持ing.ca
By: LacrosseTalk Staff

In the light of the Female Bantam and Midget teams winning national titles, the Pee Wee, Bantam and Midget boys’ teams had high hopes heading into their national tournament Aug 6-10 at Iroquois Park in Whitby. Team BC were well prepared and ready to do battle with the rest of Canada.

Pee Wee – The Pee Wee ended up in third place after the round robin with a 6 win, 2 loss record. Team BC scores were: 20-0 over Quebec, a 6-3 loss to Alberta, 10-1 over Saskatchewan, a 5-2 loss to Ontario, 23-0 over Newfoundland, 12-1 over Manitoba, 5-3 over the Iroquois and a 7-2 victory over Nova Scotia. Team BC top scorers overall were Tyler Even (14G, 13A), Austin Walsh (10G, 11A), Gabriel Procyk (9G, 6A) and Nico Pace (5G, 11A).

Team BC met Alberta in the semi-finals and won 7-3 with a victory winning their fourth in a row and a spot in the gold medal game versus Ontario. The tough Team Ontario crew showed their mettle in the finals beating Team BC 5-1. “Our team really improved as the tournament went on, gelling as a team and executing our systems,” noted Coach Josh Wahl.

“Our team really improved as the tournament went on, gelling as a team and executing our systems,” noted Coach Josh Wahl.

“Winning the first time [in 2011] was hard enough,” mentioned Head Coach Scott Browning. “Our guys played extremely well – they executed on our team strategies, and we were able to do what we wanted, when we wanted. It was a real team win!”

Browning was overly proud of his team and all the other support they received from his fellow coaches, equipment trainer Jim, Team Manager extraordinary Laura-Lea and to the parent group that looked after the food, water, transport, shade and fun departments. Without them, this repeat victory wouldn’t have happened.

“Winning the first time [in 2011] was hard enough,” mentioned Browning. “It is an incredible result being able to repeat on the road. Our guys totally bought into the team systems and tactics we coaches put in place and executed these extremely well.”

In the gold medal game we fought hard for three periods, but couldn’t beat the massive Ontario goalie. Their constant pressure and fast break started to wear us down. The coaching staff was very proud of the athletes hard work and determination all week.”

Bantam – The Bantams were arguably the most well rounded team and BC’s best chance at winning a gold medal. They ended up a disappointing third place finish after the round robin with a 4 win, 2 loss record. Team BC scores were: 15-2 over Quebec, a 13-1 victory over Nova Scotia, 13-4 over Manitoba, an 8-6 win over Alberta and ended up the round robin on a low note with losses to the Iroquois and Ontario 4-3 and 5-1 respectively.

Team BC top scorers overall were Ty闫inko (8G, 9A), Tavin Grant (4G, 7A), Bryce Taylor (7G, 2A), Ethan Ticehurst (3G, 3A) and Nathan McKeigan (3G, 5A).

Team BC met the Iroquois in the semi-finals and got their revenge with a tight 5-4 victory punching their ticket to the gold medal game versus Ontario. Team BC battled hard but just couldn’t overcome the talented Ontario team and fell 8-4 in the finals.

“Our team showed lots of character to compete in the medal round after losing twice in the round robin,” stated Coach Tyson Leies. “Coming back and heating the Iroquois was great, but we ran out of steam in the finals. We’re proud of the team and all involved with our Bantam squad.”

Midgets – The Midget team placed best after the round robin of all BC teams with a 6 win, 1 loss record and a second place standing. Team BC scores were: 14-4 over Nova Scotia, 8-6 over Alberta, a 10-2 drubbing to Ontario, 8-6 over the Iroquois, 15-4 over Quebec, 14-7 over Saskatchewan and 19-2 over Newfoundland. Team BC top scorers overall were Jeremy Bosher (15G, 13A), Tyler Vogrig (7G, 1A), Connor Robinson (9G, 7A) and Gord Phillips (8G, 5A).

Team BC met Team Alberta in the semi-finals and thumped the Albertans 13-5 en route to another gold medal match against Ontario. Team BC put forward a valiant effort before dropping a 9-5 decision to Ontario.

“We battled hard all week with only gold in mind,” stated Coach Milan. “Ontario was a good team and we lost to the better team that day. I’m proud of our team and what we learned nationally.”

“I am so proud of what we accomplished this year with all Team BC teams,” commented Team BC Box Co-ordinator Mike Marshall. “Team BC is going in the right direction offering incredible experiences in athlete development that these young athletes will cherish for many years.”

Team BC U19’s finish with the bronze medal in the First Nations Trophy medal round. was never threatened in this match as they rattled off seven goals by six different scorers in the first quarter for a 7-0 quarter lead. The scoring continued in the second with BC making the score 10-0 before Alberta got on the board at the 10 minute mark, scoring three straight to end the second quarter in a 3-3 tie and an overall 10-3 BC lead.

Alberta’s 7-minute offensive push would all be they could muster with half the game left. Team BC scored nineteen unanswered goals by eight scorers in the second half en route to a 26-3 crushing of Alberta. Pearson, Buchan and Rahe scored 5 goals apiece while Naus ended up with 7 goals and 2 helpers for the win.

Not being in the gold medal match to average their 2011 loss to Ontario was a tough pill to swallow, but Coach Spaven took some solace in the growth of his young team.

“I am a little disappointed in our finish,” stated Coach Brian Spaven. “The Ontario team was probably one of the strongest teams I have seen. It would have been tough to beat Ontario in the final so it was sort of nice to come home with a win. I am very proud of the players as we were a young team and pulled it together after the back to back losses to win the bronze.”

Team BC U16 - The U16’s ended up in first place after the round robin with a 3 win, 0 loss record. Team BC scores were: 17-3 over Team Iroquois, a 26-0 shutout versus Nova Scotia and 21-3 over Manitoba. Team BC top scorers overall over five games were Andrew Gresham (8G, 13A), Nick Preston (13G, 15A), Connor Leies (12G, 5A), Brodie Gillespie (12G, 3A), Chase Malcolm (11G, 3A). Andrew Gallant led all goalies with a 3.0 record allowing only 13 goals against for a 4.33 goals against average. BC’s only all-star selection was attackman Andrew Gresham.

Team BC U19’s finish with the bronze medal in the First Nations Trophy medal round.

“It’s an incredible experience that these young athletes will cherish for many years.”

Team BC U16's win their second consecutive Alumni Cup National Title, this time in Ontario.

Team BC Bantams.

Team BC Midgets.

Team BC U16 Repeat

Team BC U19’s finish with the bronze medal in the First Nations Trophy medal round.

By: LacrosseTalk Staff

Team BC Field U19 and U16’s prepared for the 2012 Field Lacrosse Nationals with one goal in mind – GOLD! With high hopes leading into the Labour Day Weekend Classic, only one team would hit it rich.

The Alumni Cup and First Nations Trophy National Field Lacrosse Championships were held in Oshawa August 31-September 2, 2012.

Team BC U19 – The U19’s trained well in preparation for nationals with gold on their minds after losing a close 13-12 decision to Ontario in the 2011 First Nations Trophy final on home turf.

The U19’s ended up with a 4 win, 2 loss record. Team BC scores were: 27-1 over Nova Scotia, a 22-5 loss to Ontario, a 12-9 loss to Saskatchewan, 23-6 over Alberta and 25-2 over Quebec.

Team BC top scorers overall were Johnny Pearson (23G, 12A), Cody Naus (23G, 10A), Sam Clare (15G, 4A) and Mitch Parker (12G, 7A). Goaltender Connor Stroop won two games and allowed 7 goals in two games while fellow tender, Jake Morran, won two and lost two allowing 39 goals. Midfielder Sam Clare was the lone U19 selection to the all-star team.

Team BC was knocked out of the gold medal game due to their two losses and met Alberta for the bronze medal. Team BC ran out of steam in the finals. ‘We’re proud of the team and all involved with our Bantamt squad.”

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Team BC U16 Repeat
The 2012 SUBWAY® BCLA Box Lacrosse Provincial Championships took place during the month of July in four centres around BC. The 2012 Provincials had 114 teams with over 2400 athletes, coaches and volunteers participating in the championships.

The events and locations were: Pee Wee and Midget Provincials July 11-15 in Richmond and Port Coquitlam, the Female Provincials July 19-22 in Nanaimo and the Bantam Provincials July 26-29 in Burnaby.

The 2012 SUBWAY® BCLA Box Lacrosse Provincial medal winners were as follows.

Pee Wee B-Gold: Peninsula, Silver: Campbell River, Bronze: Delta.
Female Pee Wee Gold - Ridge Meadows, Burrards.

By: LacrosseTalk Staff

The 2012 SUBWAY® BCLA Box Lacrosse Provincial Championships included sponsoring the Meal Program offering a $5 Cash Card to every athlete participating in the 2012 Provincials, as well as, the title of the Team Sportsmanship Award; major sponsors Warrior Sports Canada for being the title sponsor of the T'nT with Stix competitions, supplying the lacrosse balls, Fair Play hats, and tournament MVP packages; to Finsat Sports Inc. for being the title sponsor of the Finsat Game MVP award airline travel for the three MVP's as well as, the title of the SUBWAY® Team Sportsmanship award; to Firstar Sports Inc. for being the title sponsor of the Firstar Game MVP award; to Firstar Sports Inc. for being the title sponsor of the Firstar Game MVP award; to Firstar Sports Inc. for being the title sponsor of the Firstar Game MVP award.

Midget A1 Gold - New West Salmonbellies.
Midget A2 Gold - Cowichan Valley Thunder.
Midget B1 Gold - Burnaby Lakers.
Midget B2 Gold - Shuswap Outlaws.
Midget C Gold - Kelowna.

Female Midget Gold - New West Salmonbellies #1.
Female Midget Gold - Burnaby Lakers.
Female Midget Gold - New West Salmonbellies #2.

By: LacrosseTalk Staff

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The 2012 SUBWAY® BCLA Box Lacrosse Provincial medal winners were as follows.

Pee Wee B-Gold: Peninsula, Silver: Campbell River, Bronze: Delta.
Pee Wee Girls MVP-Beau Chetner (Saanich), Pee Wee A2 MVP-Justin Reedeker (Port Coquitlam), Pee Wee A MVP-Brandon Medcalf (Pentiction), Pee Wee B MVP-Justin Reedeke (Pentiction) and Pee Wee C MVP-Katya Browning (New Westminster #1), Bantam A1MVP-Roman Pose (Langley), Bantam A2 MVP-Clark Walter (Port Coquitlam), Bantam B MVP-Jackson Boyd (Saanich) and Bantam C MVP-Nolan Fair (Campbell River), Midget girls MVP-Carlie Robinson (Port Coquitlam), Midget A1 MVP-Conor Robertson (New Westminster), Midget A2 MVP- Pollo Claxton (Cowichan Valley), Midget B MVP-Shuswap (Victoria-Esquimalt), Midget C MVP-Justin Algar (Kelowna) and Junior girls MVP was Toni Angell (Nanaimo).

A special thank you to SUBWAY® Restauran
ts of BC for being the title sponsor of the BCLA Box Lacrosse Provincial Championships including sponsoring the Meal Program offering a $5 Cash Card to every athlete participating in the 2012 Provincials, as well as, the title of the Team Sportsmanship Award; major sponsors Warrior Sports Canada for being the title spon- sor of the T'nT with Stix competitions, supplying the lacrosse balls, Fair Play hats, and tournament MVP packages; to Finsat Sports Inc. for being the title sponsor of the Finsat Game MVP award airline travel for the three MVP's as well as, the title of the SUBWAY® Team Sportsmanship award; to Firstar Sports Inc. for being the title sponsor of the Firstar Game MVP award; to Firstar Sports Inc. for being the title sponsor of the Firstar Game MVP award airline travel for the three MVP's as well as, the title of the SUBWAY® Team Sportsmanship award; to Firstar Sports Inc. for being the title sponsor of the Firstar Game MVP award; to Firstar Sports Inc. for being the title sponsor of the Firstar Game MVP award airline travel for the three MVP's as well as, the title of the SUBWAY® Team Sportsmanship award; to Firstar Sports Inc. for being the title sponsor of the Firstar Game MVP award.
The 2012 Intermediate A and B provincials were held August 3-5 at the Burnaby Lake and Bill Copeland Arenas in Burnaby, BC. Eight teams competed in the round robin event with four teams in the A division and four on the B side.

This Intermediate A and B Provincial Championships proved to be very tight with the exception of only one lopsided score – a testament to great parity in the BC Intermediate leagues.

In Intermediate A action, New Westminster Salmonbellies and the Victoria Shamrocks advanced to the Intermediate A gold medal game with round robin records of 2 wins and 1 loss each. The 'Bellies defeated the Shamrocks 12-9 in the gold medal game.

Intermediate A Provincial Champions - New Westminster Salmonbellies.
By: LacrosseTalk Staff

After a three-way round-robin tie-breaker between Intermediate B teams Coquitlam, Juan de Fuca and Port Moody with two wins and one loss apiece, it was the Port Moody Thunder and Juan de Fuca Whalers who advanced to play in the Intermediate B gold medal game. The Thunder defeated Juan de Fuca 10-8 in an evenly contested gold medal game. Port Moody redeemed themselves after a 10-9 loss to the Whalers in round-robin action. This was the fourth year in a row Jean de Fuca was playing for gold, but this year, went home with silver. In the Intermediate B bronze medal game, the Coquitlam Adanacs got revenge on the New Westminster Salmonbellies 7-6 to claim third place. In round-robin play, Coquitlam had earlier beaten New West 9-6.

“The Intermediate provincials were a great success,” stated Intermediate B Commissioner Barb Laprise. “The fans enjoyed the games, and saw how competitive they were, with very close games.”

The 2012 Provincial Awards for the BC Intermediate A League are as follows. All-stars: Josh Bourne (New Westminster), Ryan Vogrig (Richmond), Jean Luc Chetner (Coquitlam), Dan Sorensen (Victoria), Case Mcintyre (New Westminster) and goaltender Michael Flintoff (New Westminster). Point Leaders: Matt Symes (Coquitlam). Sportsmanlike Player: Cody Nass (Richmond). Top Goalie and MVP: Michael Flintoff (New Westminster).

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The Western Lacrosse Association announced the 2012 All-Stars and league awards.

The 2012 WLA First All-Star team is as follows. Goaltender - Nick Rose (Coquitlam). Defense - Brett Mydske (Langley) and Bruce Murray (Coquitlam). Forward - Dane Dobbie (Coquitlam), Scott Ranger (Nanaimo) and Corey Small (Victoria).

The WLA Second All-Star team is as follows. Goaltender - Zac Boychuk (Nanaimo). Defense - Ian Hawksbee (New Westminster) and Brad Richardson (Coquitlam). Forward - Iilja Gajic (New West), Athan Iannucci (Langley) and Jeff Shattler (Victoria).

The WLA League Awards are as follows: Leo Nicholson Trophy- Outstanding Goaltender Nick Rose (Coquitlam), Ab and one loss apiece, it was the Port Moody Thunder and Juan de Fuca Whalers who advanced to play in the Intermediate B gold medal game. The Thunder defeated Juan de Fuca 10-8 in an evenly contested gold medal game. Port Moody redeemed themselves after a 10-9 loss to the Whalers in round-robin action. This was the fourth year in a row Jean de Fuca was playing for gold, but this year, went home with silver. In the Intermediate B bronze medal game, the Coquitlam Adanacs got revenge on the New Westminster Salmonbellies 7-6 to claim third place. In round-robin play, Coquitlam had earlier beaten New West 9-6.

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Fraser Valley Tops at BC Summer Games

Summer Games Box Lacrosse Gold - Zone 3.

By: LacrosseTalk Staff

The 2012 BC Summer Games took place in Surrey on July 19-22, 2012. Field lacrosse was played alongside box lacrosse in the team sports during the BC Summer Games.

A total of 12 lacrosse teams (6 box; 6 field) and over 225 athletes competed at the BC Summer Games which is one of the most represented sports by one association. Many coaches, officials and volunteers took part in the 2012 games; their hard work and efforts made this event the most memorable in years.

One of those volunteers, Greg Toll, has been the BCLA liaison with the BC Games for a decade. This tireless worker has built a great relationship between the BCLA and the BC Summer Games. In his tenure, he has never seen the parity of all competing teams be so tight. “Of course our lacrosse volunteers and the staff at the arena made it easy just to concentrate on the games themselves and not worry about the mechanics of putting on our venue. They put in many hours and always seemed to be willing to do anything that needed to be done.”

“This year’s games were some of the closest that I have seen – there were four top teams other fighting to get into the gold medal game, I have not seen in all the years I have done this. The teams from Zone 8 and Zone 1 were also competitive as well.”

Six zones were represented and competed in box lacrosse and in field lacrosse. This is a testament to all the hard work and development by lacrosse volunteers around BC.

The Box Lacrosse Blue Pool included Zone 1 (Kootenays), Zone 8 (Thompson-Okanagan) and Zone 3 (Fraser Valley) and the Green Pool included Zone 4 (Fraser Valley-Delta), Zone 6 (Vancouver Island-Central Coast) and Zone 8 (Cariboo-North East). In field lacrosse Pool A included Zones 2, 3 and 5 while Pool B was Zones 4, 6 and 8.

Box game scores were as follows: Zone 4 7-4 over Zone 8; Zone 3 9-7 over Zone 2; Zone 4 17-3 over Zone 8; Zone 3 15-2 over Zone 1; Zone 6 17-2 over Zone 8; Zone 2 13-6 over Zone 1; Zone 3 8-7 over Zone 4 (OT); Zone 6 10-9 over Zone 2; and Zone 8 11-4 over Zone 1. In the box medal rounds, Bronze Medal Game Zone 4 defeated Zone 2 10-7 and in the Gold Medal Game, Zone 3 edged Zone 6 8-5 to avenge the gold medal loss from the 2010 Games.

Field game scores were as follows: Zone 3 14-0 over Zone 5; Zone 4 42-0 over Zone 8; Zone 5 7-5 over Zone 2; Zone 6 21-0 over Zone 8; Zone 3 15-0 over Zone 2; Zone 6 9-6 over Zone 4. In the semi-finals, Zone 3 9-8 (OT) over Zone 4 and Zone 6 13-5 over Zone 7. In the field medal rounds, Consolation Game Zone 2 16-3 over Zone 8; Bronze Medal Game Zone 4 defeated Zone 5 6-5 and in the Gold Medal Game, Zone 3 handily beat Zone 6 9-2 for the gold medal.

“Surrey did a great job hosting the games – the volunteers both at our venue and in the other event centers did a great job,” mentioned Toll. “Of course our lacrosse volunteers and the staff at the arena made it easy just to concentrate on the games themselves and not worry about the mechanics of putting on the games. My thanks goes out to them and the staff at the arena made it easy just to concentrate on the games themselves and not worry about the mechanics of putting on the games. My thanks goes out to them and the other event centers did a great job.”

Toll added “This year the Board of Directors were faced with the highest number of applicants since its inception. After much deliberation the Foundation selected 4 high performance athletes who are striving to compete at international, national and elite levels. Additionally, the board granted funding to one minor lacrosse association that is determined to revive a dormant field lacrosse club in their community.”

The 2012 recipients are: Regan Conneally (Team Canada) 2012 FIL U19 Men’s World Championships, Jonathan Rachfall (Team Germany) 2012 FIL U19 Men’s World Championships, James Raker (Team BC) 2012 First Nations Cup, Tanner Reninch (Bamaby Mountain Selects Senior Elite) and Vancouver Killarney Minor Lacrosse Association.

The board would like to congratulate the recipients and extend a thank you to all applicants.

The application deadline for next year’s awards is May 31, 2013. Potential candidates for the award can find detailed information on the 2008 U19 World Lacrosse Foundation’s website www.2008world laxfoundation.com

The 2008 U19 World Lacrosse Foundation is proud to announce that five recipients will be awarded funding through the Foundation’s annual grant distribution program.

Potential candidates for the award can find detailed information on the 2008 U19 World Lacrosse Foundation’s website www.2008worldlaxfoundation.com
Another Wild BCJALL Season

By: Brad Challoner. Twitter @laxcaster

It’s only a four month long season in the BC Junior ‘A’ Lacrosse League. About half the length of an average school year, and double the length of an average BC summer. Usually about 120 days, but the 120 days that make up the 2012 season made some of the best Junior ‘A’ lacrosse we’ve seen in years. For the first time since 2009 the Coquitlam Adanacs were challenged at the top. For the first time in history the Delta Islanders made it to the BC Championship series and an Islander won the league’s MVP award. Superstars emerged, the standings were rolled like a game of craps and new eras started in a few different towns. 2012 in a word was insane.

Let’s start with the Delta Islanders. They went into the season with eleven rookies, a brand new head coach also knowing their best player would miss half the season with NCAA commitments. They ended the season with a franchise first 2nd place finish, a first round-playoff bye, an appearance in the league finals, and the league’s Top Defender and MVP.

Head Coach Shaun Springett changed the culture in Delta from a group of crash and bang and acquired another 6’4 300 pound goalie in the playoff run. Management searched Ontario for the ‘Bellies but lack of a killer instinct kept them away from a 4th straight league final appearance. With eleven graduating players it might be the end of an era that never was for New West.

Which brings us to the Coquitlam Adanacs. It wasn’t the easiest or cleanest path to their 4th straight league championship and Minto Cup appearance, but this time they needed perseverance to get there. Curt Malawsky wasn’t behind the bench anymore. Robert Church, Ben McIntosh and Wesley Beng were to miss large chunks of the season. Goal tending was to be a question mark. Those were all reasons that the Adanacs were to fall from the top in 2012, but none of those reasons took.

In the absence of the three-headed beast, Church-Berg-McIntosh for most of the season Marty Dinsdale took the reigns and played MVP caliber lacrosse. He led the league with 95 points but was happy to slide back into a role player when the big three re-emerged for the playoff run. Management searched Ontario and acquired another 6’4 300 pound goalie in David Druscus. Though he backedstopped the league’s best defense, he still only allowed 4.32 GAA per game, which is a number some hockey goalies would be jealous of.

The coaching question marks were answered as well, but by the players. First year coach Neil Dinsdale was behind the bench, but he’s the first to say that it all came down to the players on the floor. Despite some regular season hiccups, one cannot underestimate experience at the junior lacrosse level and when the A’s hit their stride in the playoffs it was almost terrifying for other teams to watch. They cruised through two rounds of BC playoffs before capturing their 4th straight league championship and stamped their plane tickets to Whistler, Ontario for the Minto Cup.

In Whistler, the A’s would meet the Orangeville Northmen in the Minto Cup final for a rematch of the 2010 national championship that Coquitlam won. This year Orangeville was out for revenge and swept the A’s in a best of three Minto Cup final and won their 3rd cup in 5 years. A handful of A’s including Church, McIntosh, Dinsdale, Jeff Cornell and Kevin Nuefeld ended their junior careers with four Minto experiences which makes them battle ready generals when they enter the next level in their lacrosse careers.

British Columbia is producing some of the best lacrosse players in the game today, and judging by the compete level fans watched this past season, we could be closer than ever to an all BC Minto Cup final in 2013 when the tournament will be hosted on the west coast. The Islanders and Thunder are surging. The Adanacs will return ample bodies, while the Salmonbellies and Shamrocks will be looking at bounce back seasons next year. It’s clear that whatever team emerges from BC will be ready to bring the Minto Cup back to the province.
Victoria Women’s Lacrosse: The Growth of the Game continues on Vancouver Island

LacrosseTalk
British Columbia Lacrosse Association

The 2001 Coquitlam Adanacs won their first Mann Cup title over Brampton Exceallers.

By: Stan Shillington

The 2001 season had arrived -- a new century, a new beginning. For the courageous young men:

An unbeaten, season’s record was halted at 26 games, but could the Canadian title still be there for the taking? Indeed, it could -- and the plucky Royal City lads did just that.

The road to success began months earlier with New Westminister that led to the winning of the Canadian title still be there for the taking? Indeed, it could -- and the plucky Royal City lads did just that.

The road to success began months earlier with New Westminister that led to the winning of the Canadian title. The Adanacs had to stop off in Winnipeg for a two-game series schedule and, after breezing through the league playoffs, the Salmonbellies and Adanacs’ names were crossed off the schedule. Fed by Noble Collins’ five goals and Cliff Sepka’s three-goal, remarkable display of courage and determination.

Neave goal with 1.5 minutes left.

Success was relatively swift with the Adanacs capturing the 1966 Minto Cup -- Courage Over Adversity.

The fifth and final game of the series, played Thursday, was a convincing 14-10 victory.

Still feeling the effects of the poisoning, Salmonacs, nevertheless, gave an inspirational showing in Game Four, losing on a Norm Neave goal with 1.5 minutes left.

The final and fifth game of the series, played Thursday, was a remarkable display of courage and determination.

Down by one goal with less than two minutes to play, Barry Pfaff, the second pickup player, notched a tying goal. The Westemers outscored Long Branch 3-1 to take the overtime victory 16-14.

And, so, on to Game One. Seven minutes into the contest saw a goal by Andy Ogilvie, it was his swan song from the Mann Cup in September. But wait, there’s more -- Dallas was the hero’s role.

Coquitlam netminder Dallas Eliuk beamed through his second overtime when Ogilvie snagged a loose ball and fired it up to Squire Brunsch. What a change! Coquitlam was eight and two the rest of the season, then beat New Westminster four straight and Victoria in six to take the B.C. title.

Coquitlam was off to the Mann Cup for the fourth time in 37 years of life. Despite a determined effort, the Adanacs stubbed their toes in the first two matches against Brampton, losing 9-6 and 9-5. Obviously, the Adanacs had to get untracked -- 18 of the 20 league and playoff victories came when Coquitlam accumulated 11 or more goals.

Games Three and Four went to Coquitlam and, yea the offence did it in 13-5 and 12-4. With the next two games epic -- 17-6, 15-10 Coquitlam -- the stage was set for the fourth-seven gasp Mann Cup finals since 1981.

Victoria Women’s Lacrosse Growing

By: Linda Jenner

Leies, Alexander, Jenner, Dillon, Dement -- when you hear these names in the realm of lacrosse you think Victoria Sharmookas and box lacrosse. This may have been true in years past, but not so much anymore. With the passing of time, each of these players became a father to at least one daughter, and now it is all about the girls.

These girls have all become a part of the Victoria Women’s Field Lacrosse program, which runs from April to July. This program has been in existence for many years with the senior women playing the majority of those years. In the past decade they have brought a huge influx of youth players to the field and now the game is booming due to the fruits of their labour.

Currently the VWFL association has 97 athletes -- six teams with ages ranging from 8-5, with the bulk of these players falling into the U-11 and U-14 divisions. The association had an increase of 45 percent the past year with no signs of letting up.

The U-11 and U-14 divisions consist of four teams, the Victoria Ripper-Weehawken Ripper, Victoria Wolves and Westshore Waves. These teams practiced each week and played games on Saturdays against each other, as well as Cowichan teams from Shawnish, B.C., and Victoria. The U-14 girls had an all-star team participate in exhibition games at the 2012 Summer Slam this past August against a Vancouver area team. The girls are coached by volunteers and are assisted by team members of VWFL from the Victoria Winds.

The U-18 team, the Breakers, continue to work hard on and off the field and participated in the much-anticipated Cascade Cup in Shawnish (WA) this year. The girls had an excellent showing and also had a ton of fun on this trip.

The senior women’s Tsunami team has been participating in the Northwest Women’s Lacrosse League with teams from BC, Washington and Oregon from March to June. The women finished their season at the Summer Slam event in August and some will compete in the Hawaii Invitational tournament in Oahu this October.

Coquitlam managed only four markers in the first 40 minutes but continued to press an attack. With six minutes remaining, the score had narrowed to 9-8, still with 35 seconds left. The words “Last minute in regulation time” were still echoing in the arena when Dan Stroup took a feed from Kim Squire and blasted a long howzer past a screened Bob Watson.

By the time the club returned to its lodgings, the players had become violently ill. The entire team was rushed to hospital.

Only player Don Frey and trainer Paddy O’Flantern, both of whom had not attended the banquet, were spared sickness.

The fourth game had been scheduled for Saturday, but doctors warned the victims were in no condition to play and would take a week to regain their strength. The game was rescheduled from Saturday to Monday, then to Tuesday.

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The fifth and final game of the series, played Thursday, was a remarkable display of courage and determination.

The Western boys began slowly, outshot 8-4 in the first period, but behind goalie Delmonico’s performance, managed to take a 3-2 lead. The match remained close throughout, entering the last quarter tied 7-7.

The Salmonals then caught a second wind and raced to a convincing 14-8 victory and, proudly, the Mann Cup.

A huge crowd welcomed home champions when their train pulled into the New Westminster depot. A parade followed, then a banquet (of healthy food) -- an incredible showing of civic pride for the courageous young men:


The tireless efforts of the many women that have come through this program have allowed for the growth and opportunity for our younger players. These women have also given the girls something to aspire to. The VWFL is a fantastic organization that sees the big picture for women’s field lacrosse in B.C. and the potential to develop national level players.

The growth of the athletes in this club has been extraordinary. These girls aspire to playing at a university lacrosse program and for Team Canada someday. Inspired by the fact that Canada will be hosting the world championships in 2013, sights are set on a national level.

The Victoria girls are going places with this game and the future is very bright.

With the “famous” fathers on the sidelines cheering their girls on the game of lacrosse continues to grow on Vancouver Island, but this time the venue is outside, on the turf, with skilled players, sporting only a mouth guard for gear. The look of the game may be different, but one thing holds true, these girls love the game as much as their fathers and their passion will keep this game moving forward.
Women’s Field Lacrosse Instructed by D1 Coach

By: Anna Nickle & Brad Hara

Women’s field lacrosse in Metro Vancouver has taken steps in growing the sport and successfully competing at high levels. Two events this summer saw the women compete at the Cascade Cup and attend training sessions with a Division 1 NCAA coach.

2012 Cascade Cup – Thirteen gifted athletes participated in the Cascade Cup in Snohomish, Washington this past July 28 and 29. Their efforts were awarded by winning the High School Division 1 portion of the tournament.

It was a last decision to field the team which was assembled in a little over 24 hours. The team had no name (the tournament organizers named them “Canada”) and no uniforms (they eventually played with homemade uniforms). With only one spare, the girls knew it was going to be tough to compete, but it was the experience they looked forward to. Their play improved with every game and they never gave up, battling back in every game to overcome early deficits.

After round robin play, the team advanced to the playoff round, with one win, one tie and one loss, seeded sixth in their division. They then played with every game and they never gave up, battling back in every game to overcome early deficits.

Northwestern Camp – The girl’s field lacrosse hosted Danielle Spencer, assistant coach with Northwestern University, for an instructional camp on August 24-25 at Centre Fields in Coquitlam. Janna Nickle, Sarah Walters, Carlan Thompson and Gabby Jones assisted in the development camp.

Forty-two female field lacrosse athletes from throughout the Lower Mainland were put through their paces. They ranged in ages from U-12 through to U-19. Some were absolute beginners who learned basic stick skills, while others were more experienced players who learned offensive and defensive strategies. The participants also learned about the recruiting process for 15 universities and colleges. Everyone had a great time.

Congratulations to Jenna Andres, Kyra Bradley, Sidney Hanna, Gabby Jones, Anastasia Kyra, Erika Mackenzie, Mary McQueen, Chalene Morrison, Mackenzie Roland, Shaya Sandhu, Morgan Sherley, Lauren Stewart and Chelsea Weisinger. And thanks to the coaching staff and management, Brad Nickle, Carlan Thompson and Sarah Jones.

Northwestern Coach Danielle Spencer (centre) instructed over 40 BC women field players.

Nordwestlough!
Coaching TIPS 101
Field Goal goaltending

By: Jeff Gombar

With over 300 Canadian athletes competing in NCAA Division III, II, and III lacrosse programs, the growth of this sport is a welcomed development to better train our athletes for participation in the growing college lacrosse recruitment process. Similar to box lacrosse coaches, field lacrosse coaches need to increase their knowledge to best prepare their athletes for the field of play. With additional resources, one can continually learn, become a better coach and make the lacrosse experience a positive one.

Field lacrosse continues to be the fastest growing sport in North America, mainly the explosion of the sport south of the border. More and more, traditional schools are starting new lacrosse programs at schools you would least expect, with majority of these institutions starting up new women’s lacrosse programs. The opportunities for our athletes to play NCAA college lacrosse are endless!

Our latest topic will be on field lacrosse goal-tenders. Much like box goal-tenders, field goal-tending training tends to get overlooked when a roster includes approximately twenty players and one goal-tender.

It is imperative that field coaches just don’t throw the goalie in the net and leave them to play hundreds of unrealistic shots – many of the types of shots that would not be faced in real game action.

This discipline requires so much more teach- ing between the pipes than simply placing a well-padded body in a 4 by 4 net. Can you imagine telling someone to fix a leaky faucet without any tools? Similarly, can you imagine how a goalie feels being thrown into the game without the proper tools to stop a ball? We need to give field goalies direction on how to play the position to make this experience a positive one.

Role of the goaltender. The goaltender is the most important position on any team. Goalies are a stopper (save the ball); a Communicator (extra set of eyes for the defense); A Defender (‘loose balls and passing for transition); and a Leader (leads the back and front of the goalie box).

Goalie’s are human and will make mistakes like any player on your team, but we all notice when a goal is scored because the ball gets past the goalie. Remember it is a team game.

A good start to basic goaltending is with the stance (or ready position) and on stopping the ball (see, body and hands). The stance, or ready position, can be mastered with practice and must become automatic. Without a proper stance, a goaltender provides ineffective defense. The proper stance is an open, comfortable position allowing quick free movement.

Let’s break down the parts of the body and how the stance affects the flow. The rear shoulder width apart (or the width of the goal head stick head apart) and standing on the balls of the feet (neither toes nor heels) with the toes slightly pointed out. Ankle screws are slightly bent with the back erect with shoulders square to the shooter. Arms are loose and away from the body with elbows pointing out away from body. The goalie’s head up and eyes should line up with your top hand with the thumb always pointing to the ball.

When holding the stick, grip the shaft with both hands and hold the stick in front of body angled slightly across the body to the left or right side of the goaltender’s head (depending left or right handed). Place the top hand on the shaft near the neck of the stick and the bottom hand 8-10 inches from the butt end of the stick (nipple distance apart is a good gauge). Turn the hands on shaft so you can “point in dex fingers at a shooter. Be sure the wrists are behind the shaft with the top hand at eye level and the fingers pointed out. The ball in between the shaft and fingers - the bottom hand out on the stick is slightly angled out from the body out front of the hand (but end away from body). Ask your goalie to “tell time” to confirm bottom hand out is enough to be able to read a watch. Each goalie has their own comfort zone and the way they face the ball. But if you continually remind the goalie about EYE, THUMB, BALL, their stance and stick positioning will be in fine shape.

Proper placement of the head of the stick is so important in order to cover as much of the goal area as possible. In the ready position, the head should not be high above the cross-bar or to the side of the body outside the posts or even in front of the goaltender’s body. The head of the stick needs to be placed to the left or right of the body depending on which side the shooter is taking the shot.

This offers the maximum area of the goal to be covered by the head and in a great position to react to any low or high shot, let alone pass and catch the ball between defenders.

Field Lacrosse Goalkeepers face an average of 30-45 shots directed towards the goal with only 15-25 shots on the goal per game.

Stopping the ball. Now that your goalie has a good solid stance, let’s stop the ball. Goalies use their body and stick to stop the ball; however, it is important to understand how and when to use the different body parts and stick to block shots.

Stopping the ball originates from the ready position moving in a lateral manner to ones left or right to get in the path of the ball being shot at the net. First and foremost, shots should be stopped with the stick.

The goalie must be in the ready position like a coiled spring ready to uncoil and attack the ball. Always lead with the hands, punch your top and bottom hands out and step towards the trajectory of the ball (left side if right handed and vice versa). Shots should initially stopped with the stick and back yourself up with the body. Once the shot motion stops the body must follow and maintain a square position to the ball in order to block the ball if not successful with the stick. It is important to maintain balance staying on two feet in order to react to a pass, rebound or another shot.

Goalies face both high and low shots. High shots are similar to playing pass with the opponent. The goalie should anticipate the trajectory of the ball will travel, step to that area, lead with the hands and meet the ball with the top hand of the stick. A key to the success of this is to follow the ball in the opponent’s stick to anticipate where the ball will travel.

Low shots or bounce shots are the most dif- ficult for goaltenders to stop. The goalie must step to the area where the ball makes contact with the ground – punch the top hand toward the ball, hold the stick high down the center of the body stay square to the ball and old and new goalie when the goalie needs to adjust. This is a stand off situation, the goalie needs to adjust or step back and readjust. Once the goalie has adjusted or stepped back, let the goalie try and keep the position and bounce the ball.
Aboriginal Lacrosse Camp 2012

By: LacrosseTalk Staff

This summer’s Provincial Aboriginal Lacrosse Camp took place August 10 and 11 at the Seabird Island First Nation in Agassiz, BC. The event was held in partnership with the BC Lacrosse Association.

This Provincial Lacrosse Development Camp was for Aboriginal youth players ages 10-18 who looked to build on existing skills and develop team play. The participants met Aboriginal role models to gain leadership skills, celebrate cultural pride and improve their lacrosse game with some of BC’s top instructors.

BC Lacrosse’s Naomi Walser did a fantastic job of leading the facilitation of the event with her crew Marcus Wooden, Wes King and Dallas Squire – all did a great job with the kids. The feedback from parents and the youth was overwhelmingly positive. The camp participants were put through the paces learning more individual box lacrosse skills as well as team skills. The quality of the camp was excellent and the level of ability of those who attended was impressive and inspiring.

Thank you to our community host partner, Seabird Island First Nation, particularly Lisa Douglas and Angie Chapman for all of their planning and coordinating. All did a fabulous job of making everyone feel welcome and keeping things well organized. Thank you all for your warm hospitality and your professionalism.

Aboriginal Lacrosse Camp Instructors.

Nominate Field Lacrosse Volunteers NOW!

We would like to give you the opportunity to nominate some of your dedicated field volunteers for the 2012 BCLA Merit Awards while the season is still fresh in your minds.

- Hugh Gifford (Manager of the Year)
- Ruth Savage (Outstanding Volunteer at the Local Level)
- Art Daoust (Executive Volunteer)
- Lowie Hall (Youth Field Lacrosse Association of the Year)
- Jeremy Gunn (Field Referee of the Year)
- John Cavallin (Field Coach of the Year)

The Award Winners will be presented during the 2012 BCLA Annual General Meeting Banquet in October 2012.

For more information or to download the nomination forms, www.bclacrosse.com or call (604)421-9755

BC Lacrosse Association 2012 EVENTS

Mann Cup 2012
Senior A Nationals September 7-15, 2012 Peterborough, ON
BCLA AGM October 12-14, 2012 Whistler, BC
Field Lacrosse BCLCA Coach Clinics
Clinic Participant Info. Visit bclacrosse.com Click Coaches, Clinics, Field
Field Lacrosse BCLA Official Clinics
Clinic Participant Info. Visit bclacrosse.com Click Officials, Clinics, Field
CLA AGM November 15-17, 2012 Richmond, BC

Darren & Shawna Angell (Nanaimo Lacrosse)

Darren and Shawna Angell have been tireless volunteers with the Nanaimo & District Minor Lacrosse Association (NDLA) spending most of their time developing the Female Box Lacrosse discipline.

This dynamic duo have held many volunteer positions in Nanaimo with the NDLA. Senior and Junior Timbermen. They were community lacrosse pioneers 12 years ago when Female Box Lacrosse began in Nanaimo.

Shawna has managed female teams for 12 years including fundraising, organizing practices, playing and refereeing games. She’s run excavator, sold 50/50 tickets and organized the Jr. Girls to volunteer at all Sr. A games the past 3 years.

Darren coached and managed teams from 1995-2000 when their kids started playing lacrosse and in 2000, developed the Female Lacrosse elite side and has been a head coach ever since. He became part of the NDLA board in 1998 and has served as Arena Allocutor since 1999. Darren coached the Team BC Female Bantam & Midget teams (2009 & ’11) and served on the National Committee for the Female Nationals in 2012.

The Angells were the gracious hosts, with Shawna as Convener, of the Female Box Lacrosse Provincials this July. These Angells are true lacey angels for all they do in lacrosse, especially growing girls’ lacrosse from’ 12 girls in 2000 to over 100 participants today.

Congratulations Darren and Shawna!
LacrosseTalk  British Columbia Lacrosse Association

By: FIL & CLA Staff

It is with great pleasure and pride that I announce Oshawa, Ontario, Canada will be the host city of the 2013 FIL Women’s World Cup. As a life-long resident of the City of Oshawa I am well aware of its rich lacrosse history. Oshawa’s new world-class field complex combined with the passion and experience of our local Hosting Committee, led by Cheryl McNeill, gives me great confidence that this will be a winning combination for the hosting an event of which we will be proud.

Stan Cockerton, FIL President

The Canadian Lacrosse Association (CLA) would like to thank the Federation of International Lacrosse (FIL) for granting this event to Canada for the third time the event will take place in the land of the Maple Leaf. The Canadian Lacrosse Association was the host of the 2007 Under-19 World Championship, won by the United States at Trent University in August of that year. The return of the World Cup to North America marks the third time the event will take place on the continent; the United States served as the host in 1986 and 2005.

“Our hosting group welcomed the world to Peterborough Canada in 2007 for the U-19 Women’s World Championships,” said Cheryl MacNeill, the co-chair of the organizing committee. “On the foundation of that successful event we look to 2013 when we welcome the world to Oshawa Canada for the FIL Women’s World Cup. In many ways the Durham Region has been the centre for growth and development of the sport of Women’s Field Lacrosse in Canada, and with a brand new field facility and a new University for housing we plan on making this an event to remember.”

Stewart Begg, the CLA Vice President of International Competition, added, “The CLA has recently announced a new strategy to manage our national team programs and being able to host the FIL Women’s World Cup in Canada will be the atmosphere in the Memorial Centre, with less than five minutes remaining and sent the tray to their experience from last year’s Mann Cup.”

Canadian Lacrosse Association to serve as host

By: Teddy Jenner, LacrosseTalk Staff

For those who have never been inside the Memorial Centre in Oshawa, Ontario will serve as the venue for the quadrangular world championship; the event is slated to take place on July 11-20, 2013.

Shelley Maher, Director of Women’s Lacrosse for FIL, expressed her excitement that the CLA will serve as hosts for the 2013 World Cup. “It is with tremendous anticipation that we announce Canada as the host location for 2013. Expecting the largest number of countries to ever compete in a World Cup, and in particular, Ontario is well placed to host an outstanding event.”

The 2013 World Cup will be the first women’s international championship for Canada and the second major international women’s event to take place in the land of the Maple Leaf. The Canadian Lacrosse Association was the host of the 2007 Under-19 World Championship, won by the United States at Trent University in August of that year. The return of the World Cup to North America marks the third time the event will take place on the continent; the United States served as the host in 1986 and 2005.

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Mann Cup 2012

By: Teddy Jenner, LacrosseTalk Staff

While it may not be USA vs. Russia in the 1948 Lake Placid Olympics, Langley Thunder head coach Rod Jensen used one word to characterize his team’s chances at winning the 2012 Mann Cup in Peterborough, “Miracle.” More specifically, he said we’re going to need a miracle.

That’s not a shot to his own team but a tip of the cap to the Eastern champions, the Peterborough Lakers, who are making their sixth Mann Cup appearance in the last twelve years and they’ve won four of them.

As head coach of the Langley Thunder, Jensen has led his team to the WLA finals for the third straight season and has relied heavily on a youthful roster of players that play a high tempo brand of lacrosse that puts their opponents on their heels. John Grant Jr. (5G, 2A) dazzled the fans with pin-point passing and shooting, it was the hustle and determination that conserved the win. Langley 1-0.

What may work in the favour of the Thunder though is the fact that nobody is really giving them a chance in this best of seven series. Under-dogs from the get go; Langley will look to build on their experience from last year’s Mann Cup and head into the Mann Cup against Brampton: the first time in franchise history. One thing they won’t be able to prepare for will be the atmosphere in the Memorial Centre, that will be jammed to the rafters for every game; 4000 strong. Some of the most knowledgeable and passionate lacrosse fans there are, the Lakers supporters will be buzzing to see their hometown team lift the cup again.

For those who have never been inside the Memorial Centre in Peterborough, it’s a very tightly packed old school arena that has recently been updated with air conditioning allowing fans to stay cool in the hot humid summer months in Ontario. Another nuisance to Lakers home rink is the fact that the player’s benches are on opposite sides of the floor making for a very fast paced transition game and some interesting strategic game-plans.

A western team hasn’t won a Mann Cup since the 2005 Victoria Shamrocks and are winless on the road since New West went back in 1986. Davidson versus Goliath, perhaps. Miracles can happen, and the Thunder are the Phoenix rising from the ashes and a Mann Cup wouldn’t be that much of a surprise.

Mann Update: In Game 1, it was apparent Langley belonged in the Mann with Canada’s elite. After a slow start, the Thunder overcame adversity and stuck to playing lacrosse and succeeded by taking a 13-12 decision. As much as John Grant Jr. (5G, 2A) dazzled the fans with pin-point passing and shooting, it was the hustle of Langley that conserved the win. Langley 1-0.

Game 2 was similar with Langley getting behind 4-2 after one, then caught their stride and rattled off four goals in over three minutes to tie the score 8-8 after two. The Thunder struggled often using seven different goal scorers tying the game with less than five minutes remaining and sent the game into OT. Garrett Billings (3G, 7A) scored a pair in less than two minutes of OT leading Langley to a 15-14 OT decision. Langley 2-0.

Game 3, Peterborough had their backs to the wall to get back into the series. The game continued the ebb and flow of the past two with the Thunder leading 6-1 after one and the Lakers tying things at seven going into the third. The Lakers six unanswered goals in the third proved to be too much as they took a 14-10 win on the back of Shawn Evans’ (9G, 5A) six point performance.

Game 4, the momentum began to sway towards Peterborough as a barrage of shots were hurled towards the Thunder goal throughout. The Lakers out shot Langley 54-34 but the score didn’t depict the outcome. Peterborough took a 3-1 first period lead then extended it to a 7-4 lead going into the third. Langley mounted a late comeback on the back of anathamm’s 4-goal, 1-assist game, only to fall short 9-8 and the series tied at two game apiece.

Game 5 was a tale of two games as Langley only scored in the first period to lead 4-0 and the Lakers scored in the second, seven unanswered goals to make the game 7-4 after two en route to a 9-5 victory. Shawn Evans, Scott Evans and John Grant all netted four points apiece (1G, 3A). The Lakers were in the driver’s seat heading into game 6.

In Game 6, there was no denying Peterborough their 14th Mann Cup title. Langley got off to another great start with a 5-3 lead after one, but fell to the Peterborough transition in the second as the Lakers rattled off six straight in the second and a 9-5 lead into the final frame. The Lakers went on to defeat the Thunder 14-8 using nine different goal scorers on Shawn Evans’ seven point outing (1G, 6A). Laker goaltender, Mike Thompson, was named Mann Cup MVP after four straight decisions.
Six Officials Represent Canada at FIL U19 Worlds

By: Team Canada Lacrosse

The Canadian Lacrosse Association (CLA) would like to congratulate the Canadian officials and assessor for their appointments as Umpires to the FIL 2012 U19 Men’s World Lacrosse Championship in Turku, Finland.

The following officials were represented Canada at the FIL U19 World: Lawrence Zdiirl (Edmonton, AB), Lee Brun (Burnaby, BC), Ryan Nose (Surrey, BC), Scott McMullen (Darmouth, NS), Brent Coulter (Victoria, BC) and David Goslett–assessor (Abbotsford, BC).

It’s always a privilege to be selected to represent your country for something you love to do. Sharing the field with the best teams, players, coaches and fellow officials in the world is a true honour and is what every official should work for,” commented Lee Brun Canadian officials are back on the international level.

They love the game, respect the roles of the sport and work hard to get to the international stage.

“I am honoured to be a part of the Canadian officials contingent at the 2012 World Championship,” said David Goslett, Canadian assessor for the FIL U19 Worlds.

For most, the 2012 event was not their first experience at a world championship, but for a couple, it was. International rookie, Scott McMullen said “To be selected to represent Canada and the Canadian officials was a great honor. It was exciting to go to my first international championship.”

Stewart Bogg, VP of International Competitions for the CLA thanked the officials on behalf of the Canadian Lacrosse community, “each one of you has put in many years of training to be at the level of a world class official. My congratulations to all of you for your devotion and hard work to be the best. Now that you have successfully made this long journey, please remember to take with you the most precious gift of all – you are the ambassadors of the Canadian Lacrosse Association, our National Sport and the greatest country in the world, Canada.

Congratulations to our Canadian representatives!

Box Skils Equals Success in Field

Skills of box lacrosse emerging as vital for success in world of NCAA field lacrosse

By: Michael Kennett for StealthLax.com

“American field players would really help themselves if they were exposed to a steady stream of box experience,” – University of Virginia Head Coach, Dom Starsia

Even though field lacrosse purists continue to try, there’s no denying the impact of box lacrosse on the landscape of the sport as a whole. Box lacrosse players are consistently being recruited to play at the highest levels of collegiate field lacrosse, and with good reason. Box players bring a different skill set to the field game with superior stick skills, scoring ability and toughness.

It goes all the way back to the Gait brothers, who grew up in the boxes of Victoria, B.C., and went on to field dominance at Syracuse, more recently with players like Garrett Billings (two-time All-American at Virginia) and Kevin Crowley (All-American at Stony Brook), and continues today with Mark Matthews (All-American at Denver) and Kiel Matis (All-American at Robert Morris).

The bottom line: the brightest coaching minds in collegiate and professional lacrosse today are searching for more players with box experience.

Three such coaches – Virginia’s Dom Starsia, Ohio State’s Nick Myers and Hartford’s Peter Lawrence – gave their thoughts on the influx of box lacrosse talent in the NCAA.

“Box lacrosse is an extremely valuable back-end,” said Myers. “This sharpens a player’s ability to react and you find that players with box experience, in many cases, have superior stick skills than those who have never played the box game before.

When returning to the field, players with box lacrosse experience typically have an advantage with more time and space. Coaches at the highest levels of NCAA Men’s Lacrosse have taken notice, and encourage participation in box lacrosse to their players and recruits.

“The more a player is developed before they arrive at college the better,” added Myers. “We certainly value anyone that has box experience and encourage our men to explore opportunities to play the game they love inside and outside.”

Box lacrosse players are being recruited more and more at powerhouse NCAA schools, and one reason for that is their ability to score around the crease and in traffic.

“The hardest thing to do in the field game is to score goals and good indoor players have a special knack for it,” said Starsia, who has had numerous Canadian box lacrosse players on his National Championship-caliber teams in past years, including one of the PLL’s premier scorers in the Toronto Rock’s Garrett Billings. “Box lacrosse players have special skills around the goal and in tight spaces. Their skills are so special that we should be looking closely at the box method of shooting and scoring.

The benefits of a box lacrosse background aren’t only showing themselves on the offensive end either.

“What has changed recently is that box players have begun to excite the defensive end of the field as well,” added Starsia. “It used to be that you looked primarily for offensive box players. Now, a good, physical athlete with a box lacrosse IQ can develop into a special defensive player. They tend to be more aggressive checking, are very good at picking up the ball off the ground and are more creative in the transition game.

If you’ve played any lacrosse, box or field, you are also aware of the importance of being a “smart lacrosse player” (every player at all levels has heard those words from a coach, just ask Stealth coach Chris Hall)

“Of the biggest benefits of playing box for a young lacrosse player is in the development of lacrosse IQ,” said University of Hartford Head Men’s Lacrosse Coach Peter Lawrence. “Because everyone plays with a short stick [in box lacrosse], you have to focus on being a complete lacrosse player versus specializing as an attackman or d-man. That is how your IQ grows and skills improve.

The proof is out there. These are the thoughts of just three coaches at the highest level of collegiate lacrosse, but there are many more examples of college programs with the same ideology throughout the NCAA Division I, II and III levels.

The Washington Stealth started the Stealth Lacrosse Academy in the fall of 2010 to provide local lacrosse players with the opportunity to learn those box lacrosse skills from some of the world’s most talented players. Since then, hundreds of local athletes have honed their skills in the box and seen the benefits on the field.

USA U19 Wins Gold Over Canada

The main venue Utrechtsepoort Ylikentti, in Turku, Finland was filled with lacrosse fans an hour and a half before the start of the final game between USA and Canada in the 2012 FIL U19 World Lacrosse Championships. It was the final showdown of the world’s best U19 lacrosse players from Canada and the USA.

Canada was the first to make history while the Iroquois were the second team to defeat the USA in world lacrosse competitions play. Canada beat the USA 12-9 while the Iroquois beat them 15-13 in round robin action. In semi-final action, the Iroquois defeated Canada 15-4, while the USA rebounded to defeat the Iroquois 12-7 to punch their tickets to the gold medal game.

The final game began in a very even way as both teams played it safe. Team Canada’s Jesse King (Victoria, BC) scored the opening goal 5 minutes into the game. A few minutes later the US team fired it up with goals from Joseph Leonard and Ryan Tucker. Before the 1st quarter ended, Reilly O’Connor put the ball in the back of the US net to make the score 1-0.

The 2nd quarter was in the control of the US team. Canada did not get many quality chances to attack and go for goals as the US controlled the ball and their defense played strong. Team USA scored four unanswered goals to end the half 6-2 in the advantage of the USA.

If the second quarter was held by USA, the third quarter saw a new light as the Canadians took control. The Canadians blasted three goals in the back of the net. Connor Buczkow had had a brilliant tournament so far delivered and scored a goal for the US and took their team in a two goal lead. Dan Lintner (Whitby, Ontario) brought team Canada one step closer once again with his sharp shot. However,

Ryan Tucker came and scored a goal in the last minutes of the 3rd quarter and put the score to 9-4. Tucker’s goal was the winning goal of the game.

In the last quarter Canada tried to push the US defense, but were not able to crack it anymore. Reegan Comerford (Pitt Meadows, BC) was able to score, but after that US player Ta- gliaferr put the ball once again behind Canada goalie Brendan Donville (Oakville, Ont.).

Wesley Berg (Coquitlam, BC) was able to score one more time for Canada in the last seconds of the game, but it came too late and USA took the gold!

The 2012 FIL U19 World Lacrosse Championships committees thanks all teams for their great efforts and passion for the game. Congratulations to the US team for their 7th consecutive gold medal! All-World Team

Attack: Reilly O’Connor (Canada), Seth Oakes (Iroquois), Matt Kavanagh (USA)
Midfield: Jesse King (Canada), Lyle Thompson (Iroquois), Ryan Tucker (USA)
Defense: Leo Stouras (Canada), Danny MacDermott (Canada), Stephen Jahelka (USA)
Goalie: Warren Hill (Iroquois)

Most Outstanding Player Awards

Attack: Matt Kavanagh (USA)
Midfield: Lyle Thompson (Iroquois)
Defense: Danny MacDermott (Canada)
Goalie: Warren Hill (Iroquois)

2012 NLL Draft to Take Place in Toronto

By: NLL.com

The NLL National League has announced that the 2012 Draft will take place on Monday, October 1 in Toronto at the Westin Harbour Castle. The draft starts at 7pm Eastern and will be broadcast live on The NLL Network at NLL.com. The evening's events will help set the overall selection for the Draft. The current order of selection for the first round draft is listed below. Attendance is free of charge.

In conjunction with the draft, a player combine for draft prospects and free agents will be held on Sunday, September 30 at the new Toronto Rock Headquarters & Training Facility in Oakville.

“The Toronto Rock are extremely pleased to have the opportunity to showcase our new practice facility in Oakville,” said Rock Owner & President Jamie Dawick. “Hosting a combine is something that is beneficial for the entire league and not just the Toronto Rock. We look forward to making this an annual event.”

Information regarding player participation and eligibility for the combine will be announced in the coming days.

The draft order is subject to changing trades of selections among the clubs.

FIRST ROUND
1. Edmonton (from Washington)
2. Minnesota (from Buffalo)
3. Minnesota (from Philadelphia via Edmonton via Buffalo)
4. Minnesota
5. Buffalo (from Toronto via Minnesota)
6. Calgary (from Colorado via Rochester)
7. Calgary
8. Edmonton
9. Colorado (from Rochester)
10. Minnesota (from Boston)
**U19 Worlds Return to Coquitlam**

By Andy Watson

Following in the success of the Under-19 men’s field hockey world championship in 2008, the ta-
top’s top lacrosse players will once again converge in Coquitlam to compete for the international crown in July.

The championship, which takes place every four years, will be held in Coquitlam, B.C., for the second time in less than a decade, running July 7-16, 2016, at the Coquitlam Town Centre Park, with main games and events held at Percy Perry Stadium.

With the continual growth of the field game in Canada and increased overall parity in field lacrosse internationally, it already promises to be a great showcase for the sport.

Canada hopes home-field advantage can help them to end the reign of the United States, winners of all seven U-19 championships. It was in London, Ont., in 2008 that Canada ended the American streak at the senior men’s level, and they hope a strong fan presence and familiar territory will give them the edge they need.

The exposure this event will create for lacrosse in Canada is exciting according to chair Cliff Pascas, the leader behind the successful 2008 event.

“On behalf of the bid committee for the FIL Under 19 World Championships 2016, I would like to say thank you to the FIL members for allowing us the opportunity to host this event again,” Pascas said.

“The event committee as well as the City of Coquitlam and surrounding areas are excited to have the opportunity to showcase the Lower Mainland of British Columbia once again. Our thanks to all the Indian and Pakistani communities, the municipal, provincial and federal governments for their support in assist-
ing us with a successful bid. We look forward to hosting the world lacrosse community once again.”

The Under 19 world championships commenced in 1988 with Australia, the U.S., Japan and Canada playing host. The U.S. has won all seven previ-
sous championships, but with two losses in the last two U-19 worlds held in Turku, Finland, during the round-robin stage, signs of increased parody were visible.

Both Canada and the Iroquois showed they are excited to be given the opportunity to build on that successful event in 2016.

“Canada fielded a very proud and talented U19 team in Finland this summer and to know that our next generation of U19 Team Canada will play on home soil is incredible,” said Heath. “On behalf of all the members associations across Canada, I’d like to thank FIL for granting this event to Canada and we look forward to welcoming all participants to Canada, the birthplace of lacrosse, to play Canada’s national summer sport.”

The event in 2008 was an overwhelming success and still up comes in conversation about what a great experience it was in Canadian international lacrosse circles.

“Last September, I held the role of CLA Conven-
er at the First Nations Trophy Aluminni Cup Under 19 and Under 16 men’s held in Burnaby,” Pascas said. “This event was organized by the great volunteers of the Pacific Coast Field Lacrosse league, and I got to experience again what a great experience it is to be involved in a signature event and the satisfaction that comes from it.”

This tweaked the idea of possibly building for the world championships again,” Pascas explained. “From there, working with fellow board members, Garth Cambray and Jane Boutilier, we put our bid package together. It was amazing the support we received from the CLA, BCLA and all three levels of government.”

“We understand there were other bids, but are not privy to who and how many others there were.”

In 2008, Pascas noted the success of tournament came, in part, from a team of dedicated and enthusi-
astic volunteers.

“Volunteers are everything and we had over 250 of the very best,” Pascas said. “We were very for-
tunate to have very well-organized and committed people in key roles, and this was a key reason the event went off as smoothly as it did.”

But can these games be better?

“I think in reflection you can always think of things that you would do differently that would improve the overall experience and this is no differ-
ent,” Pascas said. “The ultimate goal is to produce an event and event that will create a lifetime memory for its participants, by athletes, teams or spectators.”

Pascas said he and the committee will study the report being submitted to the FIL board from the Turku. He said his team would like to see growth in participation as one of the early goals.

“Big picture wise, our thoughts are to have dis-
cussions with the BCLA and the B.C. Lacrosse field 
directorate to see how this event could be used as a tool to increase awareness of this brand of lacrosse and see what can be done to help grow the game and increase participation in the game,” Pascas said.

Tickets for the tournament will likely go on sale in mid 2015. Right now, the board are building their team and beginning to look for partnerships and committee representation. While general volunteer registration will be available online soon once the web site www.2015worlds.dk is fully devel-
oped, there are some committee positions available.

Sponsors are also being sought. Those interested in committee positions or in sponsoring are asked to email Cliff Pascas at cliff30@telus.net.

And with hope, those who come to watch will see history in the making; Canada’s first win at the U19 world men’s lacrosse title.

**Federation of International Lacrosse Becomes Newest Member of SportAccord**

The Federation of International Lacrosse (FIL) has been accepted as the 106th member of SportAccord. This decision took place at the annual General Assembly of SportAccord meeting on May 25th in Quebec City, Canada.

President Stan Cockerton and Development Director, Tom Hayes were in attendance and President Stan Cockerton presented the ac-
ceptance speech on behalf of the Federation of International Lacrosse.

SportAccord is the umbrella organization for all Olympic, non-Olympic, and international sports federations. “Ratified SportAccord in 2009, the former General Association of Interna-
tional Federations (GAIFI) the purpose of SportAccord is not to replace the IFs, ASOIF, AIOFF or ARISF; nor to step on their respective autonomy and authority; it is about uniting the world of sport. SportAccord fully recognizes the IOC and the Olympic Movement’s authority; it is and will remain a loyal partner in the achieve-
ments of the Olympic Movement objectives.”

The FIL sees its membership with SportAccord as an opportunity for increased cooperation, access to services and promotion as well as being the first step in the pathway toward Olym-
pic recognition. SportAccord President, Hein Verbruggen, warmly welcomed the FIL as its newest federation and FIL President Cockerton responded to the acceptance with an expression of gratitude for accepting the offer stating “This is an exciting day for FIL. We are honored to become a SportAccord member, and will continue to strive forward in our pursuit of the Olympic dream.”

Announcement on SportAccord website: New SportAccord Members:

SportAccord: www.sportaccord.com

**LacrosseTalk – Fall 2012**

BCLA Phone # 604-421-9755

By Andy Watson

Publisher – British Columbia Lacrosse

Coordinator – Rochelle Wintonen

Managing Editor – Jeff Gombar

Advertising Sales – Jeff Gombar

Sales – BC Sport Agency

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