By: Teddy Jenner

As kids we looked up to our parents with wide eyes, in awe of these great beings that control our every move while trying to make sure we have all we need and or want. There’s nothing they can’t do in our eyes and while kids often turn to big name athletes, pop stars or the latest newsmaker as idols, in the end, it’s our parents who are our heroes and we would do anything for them.

But when saying that as kids we really had no idea. Our parents were invincible. How often were we ever in a position to actually do “whatever it took” to give back? We can love, we can take care and we can even take them in to our homes when they get on in years. And for most of us, that’s all we will ever have to consider.

But consider this; what happens when giving back means giving the biggest gift possible? Giving life.

The answer for Chris Gill was simple. “...when a person needs a kidney to live and they’re family? It’s an automatic no-brainer.”

If you don’t know the story of Chris and his father Sohen Gill -- it’s a life long journey of a son following in his father’s footsteps, doing as his father did then having to make a decision that was life changing for both.

For years, Sohen Gill was a Vancouver, BC Firefighter -- oddly enough if you go through the professions of many of lacrosse’s top stars, Firefighter is near the top of the most popular. Conventional thinking would lead you to the team mentality of working in a fire hall as drawing lacrosse players to one of the most demanding jobs but it’s also perhaps the ability to make a difference, give back and be a hero.

Back in 1990, while fighting a fire in Kitsilano, the elder Gill, who was the acting Fire Captain at the time, fell through the roof of a house and was almost killed. After nearly 26 years, a Firefighter’s worst nightmare, being injured while fighting a blaze had become reality. Gill suffered severe burns to his face, hands, legs and lungs but much worse, was the damage to his kidneys. He spent nearly two and a half years in rehabilitation, eventually retiring after 30 years of service. In 1992, Gill was honoured as Firefighter of the Year in Vancouver.

While in hospital, nearly 24 hours after the accident his kidneys failed. He would be later diagnosed with Kidney Disease and so began a long arduous recovery process that would see him in and out of hospitals on a far too regular basis.

“I was given three options at the time -- eventually I’d be going on dialysis, if I didn’t do that I’d have to get a transplant or the third one which I didn’t like too much was death.” Gill was and has always been one to meet a challenge head on. When he was a young Indo-Canadian boy growing up in North Burnaby, he often heard racist remarks while playing the game he loved but instead of running and hiding, he opted to run and score. He couldn’t exactly run while hooked up to a dialysis machine three times a week for five hours at a time but he most definitely could fight back.

Kidneys are a funny organ inside the human body -- we have two of them but we actually only need one to survive. A preferred kidney donor is from within the family, as the chances of finding a perfect match from somebody that isn’t related to you in one in 100,000.

Towards the end of 2012, Sohen’s need for a kidney became imperative. It was his son’s chance to give back. And on November 28, 2012 he did -- giving his father one of his kidneys.

Sohen’s only son, Chris, followed his father down the path of battling the city’s blazes and keeping families across the lower mainland safe. Fighting fires and playing lacrosse runs strong in the Gill bloodlines.

Chris may be one of the best players to ever come out of British Columbia collecting accolades from every team and league he has played in. Most recently he can be found behind the bench as an assistant coach for the New Westminster Salmonbellies of the WLA where after a long and storied playing career, he realized he couldn’t stay away from the game and his other family.

Family is important to the Gills. No matter if it’s your direct family, your lacrosse family or your fire-fighting family, you stand up for them, you fight for them, you love them and you do whatever it takes to keep that family whole.

During his career, Chris Gill was known as one of the best and most naturally gifted goal scorers in the game. Always with a knack of finding the back of the net from the toughest of angles and a hunger to win that never stopped until the final whistle.

Both father and son are recovering well from their surgery. Both Sohen and
Lacrosse Goal

Get that extra goal for practice with Bownet's full-size Lacrosse goal. Portable and lightweight, it's perfect for camps, clinics and the backyard:

- **Weight**: 25 lbs
- **Bag Size**: 48" x 10" x 6"
- **Box Weight**: 30 lbs
- **Box Size**: 50" x 10" x 9"
- **Set Up Time**: 80 sec

Halo

The Bownet Lacrosse Halo is a portable free-standing net that fits around any manufacturer's Lacrosse Goal. The Halo gives you a 3" protective barrier with no clips or brackets.

- **Ideal for Camps and Clinics**
- **Recommended for U14 and under**
- **Portable backyard goal**
- **Bag Size**: 33" x 10" x 9"
- **Set Up Time**: 85 sec (2 people)

Men’s Crease

The Bownet Portable Men’s Crease is a one-of-a-kind new product that allows you to have a Lacrosse Crease on any surface. Designed to work on turf, grass or the gym floor. Great for practice and youth tournaments. Fits around any manufacturer’s Lacrosse Goal. No tools needed and sets up easily in seconds. Good for any age group: youth, high school, club or college. Bright orange for visibility.

- **Comes with free 30" x 1" round case**
- **Size**: 18 Dia
- **Weight**: 8 lbs
- **Bag Size**: 30”Dia x 1”
- **Set Up Time**: 30 sec

Barrier Net

The Bownet Barrier Net is a one-of-a-kind new portable sports barrier that works great for every sport. Not only can you corral the balls, you can also divide your field off from other sports. The key to the product design is the “bow” in the poles, which allows the poles to flex, and puts less stress on the net. Comes complete with net, ground frame, stakes and composite Bow Poles. Unique design makes it the most portable barrier net available. No tools needed.

- **Huge net measures**: 21’6” wide x 11’6” tall
- **Use it as a backdrop, barrier net or for field division**
- **Break down in about 1 minute**
- **Includes Roller Bag for easy transport**
- **Durable and Stable**
- **Weight**: 44 lbs
- **Set Up Time**: 80 sec (2 people)

All Creases and Arcs come in a carry bag with stakes, weights and pockets for storage.

www.entrixsports.com/bownet

Be sure to check out other products for: Soccer, Baseball, Football, Field Hockey & Volleyball.
The BCLA Ballywood AGM Merit Awards

BCLA Ballywood AGM Merit Awards Banquet

By LacrosseTalk Staff

The British Columbia Lacrosse Association (BCLA) held the 2012 Annual General Meeting on October 12-14 in Whistler, BC. Every year, this event includes meetings for various directors, a lacrosse trade fair, a hospitality social gathering and the annual merit awards banquet. Over 250 delegates were registered for the meetings and close to 500 participants attended the BCLA Annual Merit Awards Banquet.

This year’s “Ballywood” theme proved to be a hit! This AGM was a year in the making, and by all reports from our members, a resounding success! The evening was once again encased by lacrosse’s own Dave Evans and Pete Quyvola’s Keen. The banquet craze was enjoyed by all the time-worn traditions of clothing or lacrosse and giving BCLA’s organizations an opportunity to acknowledge and thank an individual who has demonstrated outstanding dedication and commitment to lacrosse or youth field lacrosse associations.

The BCLA Presidents’ Award recipients were announced at the 2012 AGM over the October 14-16 weekend. The Presidents’ award promotes and celebrates the spirit of volunteerism by annually giving BCLA organizations an opportunity to acknowledge and thank an individual who has demonstrated outstanding dedication and commitment to lacrosse or youth field lacrosse associations.

The BCLA Executive was named, they are as follows: President - Sohen Gill, Treasurer – David Sohen, Secretary - Myra Cohn, VP Administration - Don Scott, VP Operations - Greg Toll, VP Performance Programs - Ron McQuarrie, VP Development - Terry Mosdell and Director at Large - Dave Jenkins.

On Saturday October 13, the BCLA hosted the annual buffet breakfast for the delegates, families and sponsors. Over 350 people attended the breakfast in preparation for meetings and the afternoon AGM.

During the evening, the BCLA Merit Awards Banquet took place on the main stage at the Whistler Conference Centre. The Ballywood theme was apparent with many people dressed up in traditional, and colourful, East Asian attire. Guests were welcomed at the entrance by the Shiamak dancers and our Ballywood movie producer hosts, Kneedeep and Godeep, and their ever-so-eloquent sidekick, Jazzminder. All females who entered the banquet were offered traditional bribes to wear for the evening. Many banquet participants dressed up in costumes to celebrate the achievements of the volunteers – none more apparent than the numerous tables full of Salomonbelle and Adamac representatives in their colourful matching costumes!

The event was once again encased by lacrosse’s own Dave Evans and Pete Quyvola’s Keen. The banquet craze was enjoyed by all the time-worn traditions of clothing or lacrosse in BC. In the SPIRIT of the game, we thank you!

The BCLA Merit Awards Banquet was held out during the 2012 Merit Awards Banquet Saturday October 13 at the Whistler Conference Centre.

The BCLA Merit Awards recipients were as follows: Ted Friddle Family Spirit Award (presented annually to a family deemed to have contributed to the development and promotion of lacrosse locally and/or provincially) – The Angell Family (Darren, Sharen, Ivan); Ted Fridge Family Spirit Award (Box & Field Lacrosse-award toward fostering and promoting the image of lacrosse) – Box Lacrosse: Debbie Berg (Team 1040 and Team 1410 (Vancouver)); Jimmy Gunn Merit Award (Box LACrosse Award toward fostering and promoting the game, improving the image and stature of lacrosse at their level and provincially) – Box Lacrosse: Ed Ponsart (Coquitlam Minor Lacrosse Association); Art Daoust Merit Award (Box & Field Lacrosse-award toward fostering and promoting the game, improving the image and stature of lacrosse at their level and provincially) – Field Lacrosse: Laura Lea Perez (Team BC - U16 Male Box Lacrosse). 

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The Community Sport Hero® Award was created by Sport BC in 2001. The awards presented by Teck, honour outstanding sport volunteers in communities across British Columbia. The awards recognize coaches, officials, mentors and administrators who have dedicated themselves to grow and develop amateur sport at the community level. Through the relationship with Teck, Sport BC travels to 8 communities per year across British Columbia and celebrate sport volunteers in local communities, Vancouver, being the choice for November 2012!

Michael O’Connor began his lacrosse career as a referee in the 1970’s. After a short Senior B career in Prince George and a lengthy lacrosse hiatus, he resurfaced in 2008 coaching youth box lacrosse in the Vancouver Killarney Minor Lacrosse Association (VKMLA).

O’Connor a Community Sport Hero

By: LacrosseTalk Staff

Vancouver Killarney Minor Lacrosse Association’s O’Connor was the latest VLCMRA to be recognized by the BC Sport Community Sports Hero program. When told of his nomination, O’Connor was in complete disbelief.

“I am gob-smacked and flattered all at the same time,” stated O’Connor.

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In 2010, O’Connor took on an executive role responsible for special events and tournaments and later was elected as VLCMRA President and VP of Field Lacrosse – two positions he currently holds.

Michael is a real inspiration to his association, not only for his excellent coaching skills, but as a proud a keeper of the Lacrosse flame in Vancouver. He knows it’s just a small piece of the puzzle volunteering and managing lacrosse in his community. He was quick to name Wayne MacDonald, Terry Kersting amongst others who were more than worthy community leaders who could have easily been named the recipient for this award.

“It was an honour and my pleasure to be nominated,” said a humble O’Connor. “Humbling as you see what other volunteers have accomplished or do for their sport and in inspiring that to want to contribute for the sport in which they are so passionate. It’s great to be recognized, so often you have your head down tailing away – and an event like this allows you to reflect on what you do for the greater community. Vancouver lacrosse is a small organization so all the volunteers do double and triple duty; I see this as an award and recognition for us all.”

Mike is always there for the kids. He coaches using positive encouragement with honesty and integrity. In any given year, he can be found coaching more than one team, to ensure teams have someone reliable behind the bench.

His coaching successes include many medals in tournaments and provincial competitions as well as individual accolades as VKMLA touch of the year and VLCMRA Presidents’ Award recipient. In 2010, his Pacific C box team won the Sid Durnan Tournament, finished with a bronze at Provincials and was honoured with the Warrior Fair Play Coach Award for his Pee Wee C team at Provincials.

In 2010, one of his major achievements included the resurrection of field lacrosse in Vancouver. After a 2-3 year hiatus of not having a Field Lacrosse program, O’Connor, with the assistance of Nicole Ferré and John Robbie, scrambled to form a single team in 2010. In 2010, there were two teams and the U14 team won gold in the Tier 2 U14 Provincials. The goal in 2012 was to increase by one more team, but the response was overwhelming that four teams and 75 players registered in U8, U12, U14 and U16.

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Michael was honoured for his achievements at a ceremony hosted at the BC Sports Hall of Fame on November 28, 2012.

Lacrosse recipients of the Queen Elizabeth II Diamond Jubilee Medal

Jim Butler, Ajax, ON
William Hatton, Ajax, ON
Bill Fox, ON
Dave Vernon, ON
Terry Lloyd, Oshawa ON
Jim Haddock, Haliburton, ON
Bob Allan, Peterborough, ON
Jim Brady, St. Catharines, ON
Jim Price, Thornhill, ON
John Grant St. Petersen, ON
Joey Harris, Winnipeg, MB
Angie Schulz, Delta, BC
Terry Rowland, Port Perry, ON
Doug Lowry, Oshawa, ON
Marcie Di Bari, Toronto, ON
John Doherty, Toronto, ON
Stan Cockerton, Oshawa, ON
Dave Higdon, Saint John, NB
Tom Parker, Winnipeg, MB
Duane Bratt, Calgary, AB
Stewart Begg, Prince Albert, SK
Jim Price, Thornhill, ON
Randy Trobak, Saskatoon, SK
Bruce Paton, Winnipeg, MB
John Grant St. Petersen, ON
Stewart Begg, Prince Albert, SK
Tom Engel, Edmonton, AB
Terry Lloyd, Oshawa, ON
Jim Haddock, Haliburton, ON
Bob Allan, Peterborough, ON
Jim Brady, St. Catharines, ON
Jim Price, Thornhill, ON
John Grant St. Petersen, ON
Joanne Stanga, Mathlouth, ON
Dieter W. Kiner, Oshawa, ON
Bruce Paton, Winnipeg, MB
Tom Parker, Winnipeg, MB
Glenn Hendrickson, Winnipeg, MB
John S. Herd, Bich Hills, SK
Ryan Trobik, Sakantuk, SK
Alan Lusin, Sakantuk, SK
Duane Bratt, Calgary, AB
Russ Sheppard, Edmonton, AB
Allen M. Zerg, Prince George, BC
Douglas Wright, Richmond, BC
Deb Stocks, Nanaimo, BC
Terry Mossell, Surrey, BC
Myna Cbale, Prince George, BC
Johnny Mounadian, Radnor PA
Paul Gait, Ahlomnt, NY
David Hurley, Torun, ON
Gary Gait, Fayetteville, New York

The CLA wishes to congratulate all the recipients; their commitment to Canada’s national summer sport is strengthened when we collectively pay homage to those who distinguished themselves by virtue of their talents, their generosity, and their service to their community, sport and to our country. Lacrosse is better for the all the contributions and time you each have given towards the growth and development of our sport in Canada.

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LacrosseTalk British Columbia Lacrosse Association

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20-20 Perspective of Field Goaltending

Field Lacrosse Goalties balance communications, defending, stepping and transitioning the ball for their teams.

By: Jeff Gombar

Goalties, have you ever asked yourself “why did I ever become a goaltender?”

For some, it was the position the coach wanted us to play, for others it was the allure of playing a different role on a team. No matter what, it was pretty much a matter of coming to the conclusion of wanting to be that player between the pipes to make the difference for their team.

For me, I knew I wanted to be a goalie from the get-go. I was that chubby kid on the block who would play goal in street hockey – mainly because of the cool pads and I wasn’t a fast one on my feet either. What can I remember, I was pretty good, or at least I thought my parents and other boys made me believe.

Growing up we played hockey in the winter and box lacrosse in the summer. After a winter of strapping on the goal pads, for me, it was an easy transition to try out for a goalie in lacrosse – which I did all my life, because it’s all I knew and I loved it.

At sixteen I was introduced to this game called Field Lacrosse. The mindset back then was if you played Box Lacrosse, the transition to the outdoor game would be easy. Well, maybe for all other positions on the field, but not so much for the goaltender.

I showed up to my first Field Lacrosse practice with all my box goalie gear. To my surprise, some players had six-foot sticks, players wore fewer pads and the goals were much larger than I was used to. Feeling well out of my comfort zone, I was taught a new stance with my stick held in two hands and positioned off the ground. Then I was told field goaltenders are very active and are involved in the transition game and it would be advantageous to play without as many pads in order to be more mobile. Yeesh.

In time, I figured the game out through years of practice, watched other goalies, viewed video, listened to other players and tried new things to be the best stopper I could. This hard work won me positions on a college lacrosse team and three tours with our national squad – all without a permanent goalie coach. I’ve earned positions on a college lacrosse team and been the best stopper I could. This hard work won me positions on a college lacrosse team and three tours with our national squad – all without a permanent goalie coach. I’ve earned positions on a college lacrosse team and been the best stopper I could.

So what compels a Box or Field Lacrosse out player to step out between the pipes in the field? We hope to unravel some data and identify traits that make these players turn goalies a great option as a field goaltender.

It is true to be successful in the 6’0" by 6’2" net takes plenty of courage, competence and technique. In a perfect world, these goalies are taller in stature, have quick hands and feet, have great stick skills, communicate well and can think like a shooter. If all goalies came with this package we wouldn’t need coaches – not the case!

Team BC Field Lacrosse Co-ordinator and long time coach, Ray Comerault, points out the variety of positive reasons why out players make perfect field goalies and the transition is easier achieved than perceived.

“There are so many fundamental differences in playing goal from box to field,” mentioned Comerault. “I believe good box players who are good decision makers in general are capable of adapting to goal in Field. Box players have experience engaging themselves to catch the ball or anticipate better in most circumstances based on their experience playing out in Box Lacrosse.”

Comerault is a firm believer that the communication skills of box players are a huge asset in the transition to the goal field.

“Out players in box are generally quite vocal,” mentioned Comerault. “A vocal goalie is so much more crucial in Field Lacrosse due to the nature of continually communicating to the defense.”

Two-time Team BC U16 National Champ-ionship Head Coach Scott Browning feels the transition for a box goalie to field goalie may be more difficult, comparing the differences in stepping the ball.

“I don’t see being a box goalie as an advantage for a player when it comes to field,” stated Browning. “In some ways it is perhaps a disadvantage in the need to change their thinking from stopping the ball [with the body] compared to catching the ball [with the stick].”

“I also think confidence and personality comes into play more with a field goalie,” continued Browning. “A field goalie will be successful if they are confident in themselves and able to communicate directions to their defense. They need to be a strong communicator – maybe not as much with a ‘voice’ that commands respect and instills confidence.”

None of this is to say box goalies don’t make good field goalies, because they do, and that will never change – a la Team Canada 3-time All World Field Goaltender Chris Sanderson. But this also offers today coaches plenty more options when searching for a field goalie for their team.

Two young goaltenders, Conner Stroup and Graydon Bradley are traditional out players that have been drawn to play the goaltending position in Field Lacrosse. Here are some of their thoughts on goaltending and a few secrets of their success.

Team BC U19 Field goalie Conner Stroup is a Box Lacrosse player turned Field Lacrosse goalie. As a youth, he experienced a player rotation in goal as his team didn’t have a permanent goalie – he liked the position and wasn’t really afraid of the ball so he stuck with it.

So what skills as an out player have trans-ferred well in becoming a good field goal-keeper?

“Having speed and being agile has helped me in my position as a field goalie,” said Stroup. “Being an out player in box helps me continue to work on those skills.”

Stroup feels some of the toughest things to learn are the mental aspects of tending goal, especially when you are the backbone of your defense.

“Multi-tasking is hard but very important as a field goaltender,” mentioned Stroup. “You need to structure your defence and make sure you’re doing everything correctly – while at the same time focusing on the ball and anticipating its next direction.”

Stroup has learned to become a better Field Lacrosse goalie through hard work, watching more experienced goalies and viewing college ball on TV – he offers this advice for anyone thinking about giving Field Lacrosse goaltending a try.

“Even though you are in for the majority of the game, you’re a crucial part of the break-out and the defense. Give it a try; you will be surprised how much fun it can be.”

Port Coquitlam U16 player Graydon Bradley is in his second full season between the field pipes. His transition from out player to goalie was more out of necessity – playing part time as goalie when needed and in the field.

Graydon’s experience has been a positive one and he’s taken on the goaltending role full time.

Bradley also agrees his agility as an out player has transferred well in goal allowing him to be quick on his feet, but balancing communi-cations and positioning has been a challenge.

“Some good stick skills also help while in net, being able to fake a clear pass or move my stick around attackers helps a lot,” said Bradley. “The toughest things to learn while being a goalie are always talking to help your de-fence and keeping the best positioning possible to take away angles on shots.”

Bradley’s training off the field includes watching professional goalies emulating their moves and putting in extra time practising with friends.

“I have watched many goalies playing at a professional level – in particular I enjoy watch-ing Brent Queener (Hamilton Nationals), who plays as a Field Lacrosse goalie and a Box Lacrosse player like me,” explained Bradley. “I also will sometimes get some friends together to come out and shoot on me, usually before the field season starts.”

No matter who your field goaltender may be, they have been placed in that position for many different reasons. They are brave souls that have stepped up for the betterment of their teams. Some have better experiences than oth-ers and it’s key to assist these players as best possible in a positive manner. We as coaches should think outside the box when searching for a goalie – and these options may be as easy as opting for a Box or Field Lacrosse player who just may want to step between the pipes and give it a try!
Lacrosse and Fighting

By: CLA Media Release

OTTAWA, ON, December 10, 2012 - The Canadian Lacrosse Association (CLA) and its Board of Directors hereby declare that they are opposed to fighting in the game of lacrosse. A Task Force was established in the spring 2012 to examine the policies and rule changes required to give effect to this declaration. The Task Force reported back to the CLA’s Board of Directors with recommendations in Fall 2012 at the Annual General Meeting.

As a result of the recommendations, the CLA Board of Directors has approved changes to Rule 45 in the Box Lacrosse Rule and Situation Handbook that positions Canadian lacrosse on the international stage as a world leader in maintaining the integrity of the game.

Here’s what you need to know about the rule change - the approved changes are in bold.

Rule 45 – Fighting

(a) A major penalty and game misconduct penalty shall be assessed to any player/goalkeeper who fights. A goalkeeper penalty shall be served by a player who was on the floor at the time of the infraction. The major penalty must be served in its duration.

(b) If there is an instigator or clear aggressor in a fight, a major penalty and a game misconduct plus any other penalties shall be assessed to the offending player(s). Where an instigator or clear aggressor penalty is assessed the non-offending player shall not receive a game misconduct under 45(a).

So what does this mean? After lengthy discussion and revisions the updated rule enforces that fighting is not tolerated. If an athlete, at any level, takes part in a fight, they will be removed from the game.

Fighting in the sport is an unnecessary risk - it is a dangerous activity for any athlete to be a part of. Incidents of concussions can increase as a result of fighting, with every fight that happens; it is becoming part of. Incidents of concussions can increase.

The rule change will come into effect in the 2013 lacrosse season. The 2013 Canadian Lacrosse Association Rule Book will be available in the early New Year through the head office of the CLA.

Athletes, parents, coaches and administrators are also encouraged to contact their Member Association should they have any questions or require further clarification.

About the Canadian Lacrosse Association

The Canadian Lacrosse Association (CLA) is the governing body responsible for all aspects of lacrosse in Canada. The CLA mission is to honour the sport of lacrosse and its unique nation-building heritage, by engaging our members and leading our partners and providing opportunities for all Canadians to participate. We value health, excellence, accountability, respect and teamwork. For more details on the Canadian Lacrosse Association and the sport of lacrosse, visit www.lacrosse.ca.

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LacrosseTalk | British Columbia Lacrosse Association

CLA MEMO—CLA Approved Nets

Date: November 27, 2012

To: CLA Member Associations

Cc: CLA Staff, Board of Directors, and Sector Chairs

From: Equipment Review Committee

Re: Box Lacrosse Net Requirements for January 1st, 2013

Effective January 1st, 2013 all Box lacrosse nets* in Canada must meet the Canadian Lacrosse Association (CLA) approved net specification standards and be manufactured by one of an approved list of CLA net manufacturers.

Warrior is no longer manufacturing nets. If anyone currently has Warrior manufactured nets, they are also encouraged to contact their Member Association should they have any questions or require further clarification.

An up to date list of CLA approved net manufacturers is available on the CLA site at www.lacrosse.ca under ‘Equipment’. Approval is open to all manufacturers and those wishing to become CLA approved net manufacturers should contact the CLA Office at 613-260-2028 for further details.

The current list of CLA approved net manufacturers are:

- STX/NAMI – Pat Colucci, 905-427-6475, pcolucci@nami.ca
- Riley - Sean Riley, 519-539-4830 x 225, sean@rileymfg.com
- Qued Ltd – Gary Madden, 1-800-361-0464 x 28, gary@quedltd.com
- Court 1 Sports Inc. – LiLi Xu, 1-800-363-3591, lili@court-1.com
- PDS Metal Solutions Inc. – Mark Campbell, 1-877-713-5141, mark@pdsmetal.com
- HN Welding & Machinery Ltd. – Ged Aldred, 604-820-1183, hwelding@shaw.ca
- Steel Crease Industries – Chris Scott, 604-297-2111 | 800.590.3932 | franco@executivehotels.net

For special sport rates and availability please contact Franco Michielli

*The term ‘nets’ refers to the piping and mesh that may otherwise be known as the goal.
Simon Fraser Fall Recap and Season Outlook

By: Casey Foster, SFU Lacrosse Marketing & Communications Assistant

BURNABY, BC – 2013 is finally upon us, and the MCLA season is drawing closer. The Simon Fraser men’s lacrosse team has been gearing up for their eleventh season under Head Coach Brent Hoskins and is more than excited to return to the action. After suffering a tough loss to the rival Oregon Ducks in the PNCLL Conference Championships at the end of last year, the Clan will definitely be looking to come out of the gates with tenacity and hunger.

A fall-ball season that included Simon Fraser’s largest ever roster began in early September and ended late November. During this time the Clan practiced on and off-field together, gelling early. Enthusiasm was at its highest as the team made their fall trip to Northern California. This trip saw the Clan face Diablo Valley College (club, 9-6 L), Notre Dame de Namur (NCAA DII, 9-8 L), and Chico State (club, 10-7 L). Development and growth were stressed, and definitely achieved during the excursion.

The rest of the fall held something new for the Clan. Fall 2012 marked the inaugural SFU Lacrosse Fall Showcase, featuring an Intracity scrimmage of the Clan’s prospective 2013 roster (November 17th). Team White (featuring coaches Tessarolo and Bortignon) faced off against, and defeated Team Navy (coaches Fox and Generex) to the tune of 10-6.

Looking forward towards the springtime and season, the Clan have exceeded the intensity of previous year’s schedules with one of the league’s strongest list of opponents. It all begins with a pre-season scrimmage on February 2nd at University of Washington. The season gets underway with a home stand on February 8th and 9th with games against Div II and I opponents Western Washington and Oregon Ducks. Other trips to Northern California are scheduled on February 15th for the clan for a game at Chico State.

After that, another re-match from last year is set to be played at home with a lot of pride on the line versus Boise State on the 23rd of February. Proceeding into March, the Clan will play host to the University of Arizona on the 1st of the month in an out of conference battle. The first of two jet-setting trips that Simon Fraser will make this year starts on the weekend of March 9th in Colorado versus defending national champions, Colorado State. Another high powered matchup will occur the next day versus Colorado at their home field, with the trip finishing with a neutral site game versus Virginia Tech in Colorado March 12th. No more than two weeks after the Colorado excursion, The SFU Clan will take to the skies again to travel to Michigan to face off against Illinois, Michigan State, and Davenport March 28-31 respectively. Upon returning a divisional matchup for the Clan is scheduled to be played at home on Terry Fox field April 6th versus the University of Washington. An away game versus Washington State is then slated for April 12th. The Clan will then play a conference matchup on the road against Idaho on April 13th. Simon Fraser then finishes its regular season schedule with a home game versus divisional opponents Montana on April 20th.

The Clan return multiple key players, such as 3rd Team All-American, 1st team All-Conference and former freshman Sam Clare (Ladner, BC) who had a massive rookie season, producing the highest offensive stats from the midfield. Also returning, and representing 2nd team All-Conference honours are now senior attackers Colton Dow (Coquitlam, BC), now juniors LSM Riley Warmer (Mukilteo, WA) and Goalie Taylor Zwack (Sherwood Park, AB). Rounding out the Clanmen awarded with 2nd team All-Conference honors is now sophomore defense-man Mark Hilkier (Boxmornville, ON). Then junior midfield Eric Ransom (Sherwood Park, AB), and freshman defense-man Bayne Bosquet (Cold Stream, BC) also return after receiving an honorable mention for All-Conference in the PNCLL as well.

ABOUT SIMON FRASER MEN’S LACROSSE


High School Championships March 4-8

Up to 24 High School Field Lacrosse teams will compete in the 2013 tournament.

By: Shawn House & LacrosseTalk Staff

The 12th annual BC High School Field Lacrosse Championships will be held March 4-8, 2013 in Coquitlam and New Westminster. This year, there are plans for a women’s field as organizers try and get this exciting sport into high schools in BC. If there are any girls’ teams interested in competing in the tournament or any additional tournament information needed, please contact Tournament Co-ordinator, Shawn House at shouse@sd43.bc.ca or call 604-524-3063 or 604-461-5581.

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ABOUT SIMON FRASER MEN’S LACROSSE

Team BC Impresses in Maryland

The Team BC U16’s takes time out to tour Washington DC and the Capitol during their Maryland tour.

By: LacrosseTalk Staff

After repeating as U16 Almani Cup national champions, the Team BC U16 program was hard at work training in preparation for their annual recruitment trip in Maryland. In early November, the U16 team traveled to the Baltimore, Maryland to compete at the Ultimate Performance Lacrosse (UPLax) and Warrior tournaments. Coaches Scott Browning, Travis Gillespie and Derek Milani prepared the U16 athletes for an extramural November, the U16 team traveled to the tournament organizers to play only five games in a row, so Team BC was ready for another game in a convincing fashion with an 8-3 victory.

Coach Travis Gillespie. “Seeing the talent and quality game. Team BC started a little flat and掐 dead to half. The second half was more of the same. Team BC continued to push the ball at every opportunity and players took turns driving hard from all areas of the field. Team Titanium got on the board with a few nice goals — the unofficial score was 13-3.

Game Two vs Blackwolf Lacrosse (Maryland)

With only an hour between games, the team had barely enough time to eat a quick snack before the next opponent. Coach Browning requisitioned to the tournament organizers to play only the best teams and he called Team Sunrise a field. A ref asked the opposition.

Game One vs Titanium Lacrosse Club (Ohio)

After a delayed journey to the tournament location, a short warm up ensued attempting to pick up ground balls from the grass, dirt and pothole combination that was called a field. A ref asked Coach Browning where his team was from, of which he replied, British Columbia, Canada. The ref was quick to reply, “Guess I’ll get ready to throw my flag,” only to be quipped by Coach Browning, “Just be ready to raise your arms,” — and the games began!

From the opening faceoff, Team BC over matched Titanium in all facets of the game. By some accounts of an opposing team’s parent, they were expecting to crash this team from Canada. Team Titanium learned quickly that any mistake resulted in a quick transition up field, usually leaving a worthy attacker on the doorstep. The quick pace of play caught a few Team BC players ill-prepared and found them on the sideline questioning how late they ate their pregame meal. There was no official scorekeeping at the tournament but the score was around 8-4 at half.

The first day on the east coast included some historical sightseeing in Washington, D.C. The athletes took in the Washington Mall, Memorial Parks, Smithsonian Museums, the White House and some food at various street vendors.

Game One vs St. Paul’s School (Maryland)

Game Two vs Blackwolf Lacrosse (Maryland)

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Game Three vs Maryland Lacrosse Club (Maryland)

Game three was the third game in three hours. Earlier in the day, MLC lost to Blackwolf by a goal, so Team BC was ready for another quality game. Team BC started a little flat and trading goals with a team that was not as talented. At times, the game showed great promise with the trademark fast break and a lay-up goal. At other times, the BC’s struggled with passing, catching and loose balls.

One consistent aspect in the first three games was the pressure brought on the opposition by Team BC long poles. The defenders were more than willing to break up field and could be found on many occasions leading the fast break or running the offense. Connor Robinson unleashed which became a common occurrence, a powerful dodge down the alley, capped off with a great on the run shot that left opposing goalies wishing for an early slide. Team BC won the game but the players all felt that they got what they deserved.

Game Four vs St. Paul’s School (Maryland)

The Monday morning destination was lacrosse St. Paul’s School in Baltimore to face off against the host school on turf — the first game on turf! Again, the sidelines and the stands were lined with college coaches, many wanting a second look at some of the Team BC players.

Connor Robinson took the opening faceoff, drove the alley and did what he was doing best all weekend. 1-0 Team BC. From goalie to attacking, Team BC was firing on all cylinders and quickly gained a lead before half. A couple nice goals from Brodie Gillespie and Andrew Gresham were too much for St. Paul’s, ending the game in a convincing fashion with an 8-3 victory.

Game Five vs Coldbrook Lacrosse Club (Syra-

cuse, NY)

The Coldbrook Club from Syracuse had good size, speed and excellent sticks. In 2011, this team was on the Team BC wish list of competitors — and their wish was granted!

Just like in the Maryland Lacrosse Club game the day before, Team BC was a step behind and did not play their best lacrosse. Coldbrook’s attack tried fancy stick moves and generally had shots but controlled possession of the ball. The score was close all game, but the U16’s found themselves down by a goal after giving up an easy one in the last minute.

Tyler Vogrin scored a beautiful behind the goal cutting to the net with less than five seconds, to tie the game. The goal came from a bullet of a feed from Nick Preston, just one of the many heads-up plays in his forte. The game now tied, until Blackwolf, the BC refs decided to have a quick facemask and an impromptu overtime session to which Team BC gave up a quick goal and just a good save.

Game Six vs Southern Maryland Selects

The final game of the trip was played on a field overlooking the campus in beautiful weather. A tired crew sucked it up, laced them up and finished the weekend with a classic display of down and dirty lacrosse. Because of the plentiful, shots were on target and most of the team got in on the scoring action. Team BC won the game by at least four goals, a score that flattened the opposition.

“We’re always very encouraged at the number of college coaches that line the sidelines to watch us play,” said Team BC Field Coordinator, Reynold Comread. “Due to the reputation that Team BC has earned, tournament organizers line up games with the most competitive eastern US teams, ensuring all top college coaches see our athletes. This year was no different, and as result of the attraction of coaches, many of our players are nearing the end of their process of distinguishing the college that best fits their needs.”

Lessons Learned in Recruiting

Some great lacrosse connections were made and nurtured with Team BC coaches and athletes with numerous college coaches as well as many lessons learned in the college recruitment process.

“The players realized that there are tons of great athletes their age from all over competing for limited scholarships,” explained Assistant Coach Travis Gillespie. “Seeing the talent and the number of coaches watching helps them[athlete-letes] stay focused in the classroom because they know that grades are often the determining factor in getting a second look.”

The effects on the field are important, but it’s the effects off the field and in the classroom that will set and athlete apart from others in the recruitment process.

“Athletes are realizing that schools are not knocking on their doors,” stated Gillespie. “Unless you are the top Junior A player at a young age, you need to put in loads of work in order to get scholarship. Getting good grades, emailing schools and attending events where coaches are attending are only a few of the things players need to do. Players need to research the schools they want to attend, register with clearinghouse, write their SAT’s, volunteer in the community, create online videos along with continually working on becoming a better player.”

For more information and updates visit lacrossetalk.com
Team BC, Browning & Mosdell Nominated

By: LacrosseTalk Staff

It’s like déjà vu all over again! Famous words of Baseball Hall of Fame Yankee catcher Yogi Berra. For a coach, an official and a team, 2012 marked another banner year of honours and achievements.

The BC Lacrosse Association annually submits nominations for the annual Sport BC Athlete of the Year Awards. This year, all BCLA nominations are repeat nominations from 2011; Team BC U16 Coach Scott Browning, the Team BC U16 2012 Alumni Cup National Champions, and top BCLA box and field Officials Terry Mosdell have been nominated for the coach, team and official categories.

Sport BC Coach of the Year nomination - Scott Browning.

2012 marked Browning’s third year of coaching field lacrosse with the Team BC Under 16 Field Lacrosse program. He has spent decades coaching box and field lacrosse in Victoria, now firmly entrenched with BC Lacrosse Association’s Team BC program.

Browning prepares his athletes in a way to expect anything that may occur on the field. He masterfully melded a coaching staff with Travis Gillespie, Derek Milito and Robert Marshall to assist him in best preparing his athletes for battle. Fait accompli!

The result of Scott Browning’s dedication to the Team BC Field Lacrosse program resulted in repeating as Alumni Cup Under 16 Field Lacrosse National Champions. Last year, Team BC won a close 11-10 gold medal game against Ontario, but in 2012, they won a commanding 14-8 victory over rival Team Ontario – Browning’s second national title in as many years.

Not only did Browning win a national title, personally, he was an assistant coach with the 2011 U19 Men’s National Field Lacrosse team that won a silver medal at the FIL U19 Men’s World Championships in Turku, Finland.

Sport BC Team of the Year nomination - Team BC Under 16 Field Lacrosse team.

The Team BC Under 16 Field Lacrosse team is a culmination of the best Under 16 year old field lacrosse athletes in BC. These elite athletes were identified in the fall of 2011 and trained up until the 2012 Under 16 Men’s Field Lacrosse Championships, Alumni Cup, over the Labour Day weekend.

Head Coach, Scott Browning, brought his knowledge back to coaching field lacrosse with the Team BC Under 16 Field Lacrosse program.

This team was a committed group that expected a lot of each other and themselves. The athletes spent many weekends practicing in preparation for nationals, in addition to their local club box lacrosse schedule (4 days/week in season), club field lacrosse schedule (2-3 days/week in season) and personal training activities.

Additional competitions included playing six games at a college recruitment tournament in Annapolis and Baltimore, Maryland versus high school and elite teams from Ohio, New York and Maryland.

The roster included athletes from Metro Vancouver and Vancouver Island that endured extensive travel to training sessions. They grew as individuals and as a group during training.

The result of the Team BC Field Lacrosse program and their 2012 season was evident winning the Under 16 Field Lacrosse National Championships for the second year in a row with a 14-8 victory over rival Team Ontario.

Sport BC Official of the Year nomination - Terry Mosdell.

Terry Mosdell continued to be one of BC Lacrosse Association’s most seasoned lacrosse officials. This Level 5 box and field lacrosse official has officiated every age group and league in box and field lacrosse in his career.

Mosdell not only calls the game from the arena and athletic fields, but also transfers his knowledge and instructs young officials as a clinician for both box and field lacrosse. He is also a Field Lacrosse Official Master Course Conductor educating new field lacrosse official clinicians.

In 2012, Mosdell officiated over 60 box lacrosse league and playoff games for box lacrosse in Senior A & B, Junior A & B, Minor and Master’s lacrosse. On the field, he called an additional 60 NCAAA, High School and club field lacrosse games. The result of Terry Mosdell’s dedication to lacrosse and his high level of respect has him positioned as one of BC and Canada’s top box and field lacrosse officials.

Terry has had a great year in BC and has been noticed for his work in lacrosse. He was one of seven nominees for BCLA’s Ted Fridge Family Spirit Award. He was the 2012 recipient of BCLA’s Tom Gordon Plaque. The volunteer candidate is selected from the executive ranks of the leagues, member associations and the BCLA. This individual is considered one of the persons who has done the most for lacrosse in the past year and the award is considered the most prestigious of all BCLA merit awards.

Mosdell also represent BC and Canada as a field lacrosse official at the FIL 2012 European Lacrosse Championships in Turku, Finland. And lastly, he was a recipient of the Queen Elizabeth II’s Diamond Jubilee Medal for outstanding contribution to the game of Lacrosse.

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Team BC 2013 College Commits

By: LacrosseTalk Staff

On November 11, 2012, the British Columbia Lacrosse Association celebrated Team BC Lacrosse athletes who committed to attend NCAA colleges and universities in 2013. The event marked the National Letter of Intent signing which confirmed their respective Colleges’ Admissions Office official acceptance.

Since the inception of the Team BC program in 2004, numerous athletes have used Team BC as a major step in their lacrosse development. It is a goal of the Team BC programs to train the athletes to compete at an advanced level and expose the athletes in a manner that their talents will be marketable to any post secondary schools in North America.

“I believe our primary objective within Team BC Lacrosse, both Field and Box, is to provide an opportunity for our male and female athletes to compete with the best players in the province,” commented Team BC Field Lacrosse Coordinator Reynold Comanault. “In doing so they have a better opportunity of attracting the eye of college coaches at the showcase events that we attend.”

Many Team BC alumni who have played college lacrosse have moved through the sport system to go on and play Box Lacrosse in the BC Junior A Lacrosse League, the Western Lacrosse Association (Senior A), the professional Major League Lacrosse as well as Field Lacrosse for Canadian National Teams.

The 2013 National Championship dates and locations are: Midget and Pee Wee Nationals - August 4-10, 2013 (Whitby, Ontario); Bantam Nationals - August 2-8, 2013 (Winnipeg, Manitoba); and Female Junior, Female Midget and Bantam Nationals - July 23-28, 2013 (Halifax, Nova Scotia).

For more information on Team BC Coaching positions and requirements, please contact Team BC Box Lacrosse Co-ordinator, Mike Marshall at mike@bridgestudios.com.

Athlete Name College Attending Hometown

Reece Callies High Point University D1 Langley
Kyran Clarke Marquette University D1 Port Coquitlam
Miguel DelSilla Florida Southern University D2 Prince George
Ashley Hasler Canisius University D1 Chilliwack
Gaby Jones American International College D2 New Westminster
Tyler Klarner University of Massachusetts D1 Port Coquitlam
Brett Kujala Bowdoin University D3 Maple Ridge
Aaron Madaisky University of Massachusetts D1 Surrey
Mary McQueen Long Island University D1 New Westminster
Tyler Pace Denver University D1 Port Coquitlam
Johnny Pearson Bellarmine University D1 Langley
Savannah Phillips Pfeiffer University D2 Delta
Tanner Rennich Robert Morris University D1 Cranbrook
Ryan Sarazin Marquette University D1 Vernon
Stuart Smith Bellarmine University D1 Victoria
Danita Stroup Long Island University D1 Port Coquitlam

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By: LacrosseTalk Staff

Team BC Call for Coaches

By: LacrosseTalk Staff

Team BC Box Lacrosse programs are preparing for the 2013 season. The 2012 Team BC Female Midget and Bantam Box Lacrosse teams brought home two gold medals while the Midget, Bantam and Pee Wee teams settled for silvers at the 2012 National Tournaments.

The 2013 Team BC Box Lacrosse Coach Application can be found at the BC Lacrosse Association website link, http://bcla.centraldesktop.com/bcla/doc/2097169-w-Minornationalsmain-page. The deadline for all Box Lacrosse coach applications is February 8, 2013.

Team BC 2013 College Commits (L-R): Danita Stroup, Aaron Madaisky, Gaby Jones, Ashley Heisler, Savannah Phillips, Tyler Klarner and Mary McQueen.
Team BC Field Women Turn Heads

By: LacrosseTalk Staff

Over two decades ago women’s field lacrosse in BC was flourishing with some of the country’s best athletes training in BC. The successes of the women’s programs produced many top quality athletes that went on to be impact players for Canada at International tournaments.

With those successes came failure in sustaining grassroots programs to grow the discipline which resulted in a big drop in participation.

Fast forward to 2012.

Women’s Field Lacrosse has become chic again in BC with more athletes competing at high levels and more athletes getting noticed by schools south of the border. Consider this as a “Lacrosse Renaissance” of sorts – a new beginning and the overall efforts are generating high dividends!

2012 marked year two of the Team BC Women’s U19 Field lacrosse program. Through the efforts of Team BC Field Lacrosse Coordinator, Reynold Comeault, Head Coach Naomi Walser and her coaching staff, the program has doubled in size in one season beating two squads and thirty-eight athletes.

“The 100 percent increase in interest from players with the Team BC Women’s Field Lacrosse main camp clearly illustrates that the Women’s Field Lacrosse athletes in our province are catching the college recruitment bug,” stated Comeault. “Our male athletes have long been riding this wave and are competing at a variety of NCAA Division 1, 2, and 3 schools.”

These thirty-eight lacrosse athletes have been busy this fall and winter honing their skills as the second as Head Coach and U19 Women’s Field Lacrosse team took form in preparation for two major recruiting tournaments – The President’s Cup recruiting event in Naples, Florida (November) and the annual Sand Storm tournament in India, California (January).

Team BC journeyed to sunny Florida to participate in the Presidents Cup Recruiting Event – the largest Women’s Field Lacrosse recruiting event in North America.

Dozens of college coaches lined the sidelines in search of lacrosse talent. Team BC completed the event with a combined record of 4 wins and 2 losses amassing 62 goals for and allowing 37 goals against. Under the direction of Head Coach Naomi Walser and Assistant Coaches Dan Stroup and Jamie Stewart, Team BC gathered speed throughout the event looking like a very talented, well-organized, hard-working team.

Day 1 - Team BC began play against at the beginning of the weekend. Starting off strong, Team BC carried the play early, however, forced its opportunities while their opponent capitalized on their offensive chances early. Chalane Morrison (Pfeiffer University commit) Savannah Phillips and Mary McQueen (Long Island University commit), showed a great deal of composure providing a solid offensive presence. In the end, Team BC fell 9-5 to team Northern Edge.

Game two was against the SoCal Edge team. Team BC came out ready to play and jumped ahead to a 7-3 first half lead. The score at the final horn was 10-5 in Team BC’s favour moving their record to 3-1. Anastasia Kalyta scored a highlight reel goal as did Mackenzie Rolland, who was also effective at draws, while Gaby Jones (Western College commit) showed calmness and agility in controlling a gifted attack player from the opposition. Jenny Newman showed her athleticism playing perfect defence time and time again while Sydney Hara bolstered the defence at key times. Lauren Stewart impressed many with her lightning speed between the restraining lines and her great decision making.

Day 3 - Team BC rolled out of bed and into their cleats for a challenging final day but rose to the occasion after overcoming a slow start. In particular Rianne Wilkinson, Shaya Sandhu and Priscilla Lawson-Pires played well for Team BC in securing an 11-4 victory over team Stick With It! The second game proved to be a great challenge for Team BC spotting the opposition an 8-2 half time lead after a slow start. Coach Walser gathered the troops at the half time huddle and clearly motivated the players as the girls came out on fire climbing back to Ultimately end up one goal short losing 11-10. Georgia Larden played particularly strong on defence in the second half of the game holding a very talented and offensive BC Elite Team (Orlando, Florida) to only three goals in the second frame. Morgan Sherley impressed everyone with her discipline and decision making using her aggressive box style to her advantage as a field lacrosse player.

A number of the girls on this year’s squad have travelled to various tournaments over the last few years with only a few new to the US tournament style of play. Walser has molded a cohesive group in preparation for an advanced level of play and have been impressive.

“It is great having such a talented team come together to compete at an elite level,” stated Coach Walser. “Although, having at most 3-5 years of field experience, in comparison to some of the teams we came up against, Team BC girls demonstrated solid athleticism, speed, and skill from playing box lacrosse and field lacrosse in the annual season, which makes them fierce competitors. The girls play with a lot of hustle, drive, and intensity and have worked hard to learn and understand the women’s game, as reflected on the field displaying a fast paced game with polished fitness. Each time we get out there, we learn something new – the more playing time and experience they get the stronger they become.”

Team BC players attracted a great deal of interest from college coaches who attended the event representing numerous NCAA Divisions 1, 2, and 3 institutions. Players received e-mails from many college coaches as soon as the final whistle sounded. The common chatter amongst the coaches was how impressed they were with Team BC’s stick skills and the intensity of their play,” stated Team BC Field Lacrosse Coordinator, Reynold Comeault.

“It was great to get BC on the map with the forming of very skilled female athletes capable of playing NCAA Lacrosse. I was very proud of our girls particularly when the Northwestern coach came up to me right on the field asking about our players. It’s great to see the girls in BC getting the respect that they have truly earned.”

The U19 Women’s squads competed at the Sand Storm Lacrosse Tournament in Indio, California at press time.

Team BC U19 Women’s squad won 2 games and lost 2 at the Presidents Cup Recruiting Event in Florida.
By: LacrosseTalk Staff

The 9th annual Space Needle Lacrosse Shoot-out was held December 1-2 in Tukwila, Washington. The annual fall-ball tournament is one of the largest youth lacrosse events in the region. Over 1,300 youth, middle and high school-aged boys representing 66 teams from Washington, Oregon, Montana, British Columbia and Alberta matched sticks in 144 individual games.

Coquitlam Adanacs U14 Field team won gold at Space Needle Shootout.

Pacific Rim U16 Field team outlasted Port Coquitlam 7-4 for the U16 Space Needle Shootout title.

By: LacrosseTalk Staff

The 9th annual Space Needle Lacrosse Shoot-out was held December 1-2 in Tukwila, Washington. The annual fall-ball tournament is one of the largest youth lacrosse events in the region. Over 1,300 youth, middle and high school-aged boys representing 66 teams from Washington, Oregon, Montana, British Columbia and Alberta matched sticks in 144 individual games.

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The Alhambra Cup and Lacrosse’s Lost Trophies

By: David Stewart-Candy

A few months ago, I was nominated and ac-
cepted as one of the governors for the Cana-
dian Lacrosse Hall of Fame. One night in Septem-
ber, prior to one of our meetings, I arrived early
to help with some archiving. With that task
soon out of the way, Vice President Corinne
Perriman and I were looking at Hall’s displays
and the many historic trophies that reside there
when she casually said to me, “oh, and this
here is my favourite trophy…”

I almost had a heart attack when I read the
engraving on it.

The trophy in question was the Alhambra
Cup from 1889 – a trophy about which I had
read some newspaper research about a year
ago. I couldn’t believe that the old silverware
was still actually existed; for one year, 1889, it was
considered ‘the championship’ before
lacrrosse officials then couldn’t find the
trophy because Charlie Welsh had never both-
ered to tell anyone else where he kept it. After
the 1930’s after its remaining trustee, Charles
A. Welsh, passed away. At the time, the Minto
Cup, the Shaw Cup quietly faded from
prominence.  It disappeared for a few years in
the mid’30s after its last competition in
1931. Its whereabouts got caught up in the
midst of the Second World War and forgotten
for over sixty years until it was located in 1995,
tucked away in the rafters of an old building
located in Armstrong. Today it’s awarded for the
Okanagan-Thompson Senior C championship.

Concerns over betting at the final Alhambra
Cup competition. – originally to be won by the team
winning the most matches played in Vancouve-
er, as the playing season progressed, the
Vancouver club would sometimes announce
beforehand that, regardless of location, the up-
coming game would count towards Alhambra
Cup competition.

Concerns over betting at the final Alhambra
Cup match in October 1889, which ended
in a 2-2 draw, and disagreements between
Vancouver and New Westminster over rules
and player eligibility to play for what they
deemed the ‘championship’, led some people
to look at the example of Eastern Canada – for
elementару, usage of a set code of rules like those
used by the Manitoba Lacrosse Association.
This encouraged them to look towards forming
under an unused desk in the late Mr. Welch’s
harbor commission office.

In the Okanagan, an uncanny similar fate
occurred around the same time to their own
cherished championship trophy, the Shaw Cup.
Believed to be the second oldest lacrosse trophy
in Canada that is still in competition (after the
Minto Cup), the Shaw Cup quietly faded from
history sometime after its last competition in
1931. Its whereabouts got caught up in the
midst of the Second World War and forgotten
for over sixty years until it was located in 1995,
tucked away in the rafters of an old building
located in Armstrong. Today it’s awarded for the
Okanagan-Thompson Senior C championship.

Now, getting back to the Alhambra Cup…
you may be wondering what this old mug’s
importance is to lacrosse in BC? What follows
is an excerpt I wrote about the Alhambra Cup
from my recent Professional Field Lacrosse in
BC’ word:

“The following year (1889) saw Vancouver
Lacrosse Club put forth the Alhambra Cup for
competition – originally to be won by the team
winning the most matches played in Vancover,
although as the playing season progressed, the
Vancouver club would sometimes announce
beforehand that, regardless of location, the up-
coming game would count towards Alhambra
Cup competition.

Concerns over betting at the final Alhambra
Cup match in October 1889, which ended
in a 2-2 draw, and disagreements between
Vancouver and New Westminster over rules
and player eligibility to play for what they
deemed the ‘championship’, led some people
to look at the example of Eastern Canada – for
elementару, usage of a set code of rules like those
used by the Manitoba Lacrosse Association.
This encouraged them to look towards forming
their own provincial association. A week before
Christmas of 1889, during a dinner hosted by
the president of the Vancouver Lacrosse Club
for his players, discussion about the formation
of a provincial association was brought up.
The move towards formal, organized lacrosse
would start to take shape the following spring.”

Old sports trophies have a knack for going
missing – and lacrosse is no stranger to this.
Certainly, usage of a set code of rules like those
like his own. He also found great joy in the
playing for the team.

However, lacrosse’s other national cham-
pionship trophy, the Minto Cup, has its own
story to tell. It disappeared for a few years in
the 1930’s after its remaining trustee, Charles
A. Welsh, passed away. At the time, the Minto
Cup had been in storage, literally and figura-
tively, because it was given for the Canadian
professional championship – but no team had
won it. The trophy in question was the Alhambra
Cup from 1889 – a trophy about which I had
read some newspaper research about a year
ago. I couldn’t believe that the old silverware
was still actually existed; for one year, 1889, it was
basically deemed ‘the championship’ before
there was an official provincial championship.
And, the cup also holds a unique, special place
here is my favourite trophy…”

Vancouver Lacrosse Club 1888-1890

The Alhambra Cup was
called the British Columbia Amateur Lacrosse Associa-
tion (a forerunner of today’s
BCLA) in 1890.

The Alhambra Cup was
probably named after the Al-
hambra Hotel in Gastown that
is believed to have offered
up the trophy, but it quickly
disappeared into the pages
of history to be forgotten. I
assumed – after reading vari-
ous old news reports on those
early games - that it suffered
the same fate as most old
sports trophies of that time. Surely it was long
gone lost, probably broken, and most likely
melted down years later for its valuable metal.

The move towards formal, organized lacrosse
would start to take shape the following spring.”

And thus the seeds were sown in the spring of
1890 for what evolved into our modern BCLA.

The Alhambra Cup – when you can look at an old
unassuming trophy and know the stories it can
tell – that I really appreciate being associated
with the Canadian Lacrosse Hall of Fame.

The Canadian Lacrosse Hall of Fame is
currently located at the Centennial Community
Centre in New Westminster. Come by and see
what treasures you can uncover.

In Memoriam

By: LacrosseTalk Staff

Siddall, Owen Siddall, ‘Big O,’ as he was
affectionately known, died suddenly at his
home in Armstrong on Thanksgiving Sunday
October 7, 2012. He was 46. Siddall, a cabinet
maker, was a goalie with the Armstrong Sham-
rocks senior C team. Siddall didn’t have any
children, but was a cherished uncle and treated
his girlfriend Sheila Stewart Bronson’s children
like his own. He also found great joy in the
Shamrocks’ dressing room.

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Mountain Edge Lacrosse
The Vancouver Shamrocks have also expressed interest in hosting. “We feel we will have a very competitive junior A team in 2013 and that the support expressed so far in the community will carry into the tournament itself and become a very successful event should we win the bid,” GM Rod Wood said. “It’s important to us as a city to support the downtown.”

The Delta Islanders have earned consideration for what they accomplished on the floor last season. The Islanders reached the league finals for the first time in their two-year history under Coach of the Year Shaun Springett and they looked poised to get there again. Trouble in Ladner is that the home barn, the Ladner Leisure Centre is converted to ice early each year for the Vancouver Giants of the WHL, and they have to move to North Delta’s Sun Gaeta Arena where lacrosse crowds aren’t as abundant.

Another next step that is being tossed around and considered is having no host team at all. The two BC junior A finalists would make it into the tournament through a playoff system to determine who gets the Minto Cup out of lacrosse ground zeros, historic Queen’s Park Arena in New West. Arguably the best place to watch a lacrosse game in the entire country, this field would be an interesting decision if the league can agree on it. One thing is for certain, no matter where the Minto Cup is played for IC Juniors, the host will be going to be an absolute showcase of the best of Canadian lacrosse and the future stars of the sport.

The following night, the Legion met the host Coquitlam Squad and, again, it was the hot Pepper show. ‘Bridge’ scored four goals, again the final marker came — AGAIN — in a second overtime period that resulted in a 12-11 win.

Game Three proved to be another exciting match, although more than 60 minutes were not required by Peterborough to register a 13-10 win over Coquitlam.

Games Four and Five were both convincing victories for the defending Minto Cup champs. 12-10 over the Easterns and 11-6 over the Adanacs.

The stage was now set for Game Six of the preliminary round robin.

Peterborough would advance the Ontario representative into the one-game, sudden death final against the unbeaten Esquimalt. However, Coquitlam would qualify for the one-game final for the third straight year. Six by four goals, of course, would be one better than the earlier 13-10 loss to Ontario.

It was definitely a complicated situation, so much so that officials were forced to schedule a meeting to decide what to do if Coquitlam won by the same three-goal margin.

Other going on in the BC Junior ‘A’ League, there are some new faces in new places. In Coquitlam, the boys in purple and gold seek to win league gold every season since 2009 but losing in the last two Minto Cup finals to their eastern rivals has caused GM Tosh Nishimura to shake up their coaching position. Out are former head coach Neil Dinsdale, and in is respected lacrosse legend Neil Dodgell. “We are very excited about Coach Dodgell joining the Junior Adanacs Club. His resume speaks for itself and we look forward to getting back to work preparing for the upcoming Draft and season.” That resume includes seven Mann Cups as a player. His last coaching gig was with the Adanacs of the WLA. The Adanacs graduated a Christmas list of talent in 2012, losing key pieces at the both the front and back ends of the floor so Dodgell will be leading a rebuild charge in 2013. This team now belongs to Universi- ty of Denver and Team Canada U-19 attackman Wesley Berg. The 19-year-old star who put up 114 points in 2011 now gets to try his hand at directing the offense in the absence of Robert Church, Ben McIntosh and Marty Dandile.

Across the Tri-Cities, Coquitlam’s cross-town rivals Port Coquitlam Shamrocks entire coaching staff was fired and the bench boss calling plays this season, Danny Hanra has replaced Nick Demulcan as that city’s head coach. ‘Dumi’ was a big asset and knowledge of the Port Coquitlam Jr A Saints. He has been involved in lacrosse for 32 years as a player and has coached at all levels of the game coaching being the assistant coach with the Jr A Saints during the 2011 season. He has been on winning teams and won several championships during his coaching career,” the Saints said in a press release. A surprising move considering the Saints had their best season since 2006 under Demulcan in 2012 and they’re returning much of the roster to improve on their 5th place record. Among those returning on their top two scorers Nash Harrison and Garrett Chan as well as two top goalminders that could flip a coin to start each game Michael and Garrett Span. The tandem split almost equal minutes in 2012. If Hanra can get this squad to play up to its potential they could be looking at a top 4 finish.

Across the drink in Nanaimo, the Junior Tim- bermen also announced a new head coach to replace the head coach who retired to the post-season. Brad Dougan will slide over from the WLA’s Nanaimo Senior ‘A’ Timbers to act as the Junior ‘A’ Head Coach. Brad assisted under Art Webster for the past 3 seasons. He’s also the former coach of the Nanaimo Intermediate Timbermen where many of the core players on the Junior Timbermen’s roster come from. Dougan will look to reignite some of that Intermediate level success with his young squad as he brings his lacrosse pedigree to the organization.

Next up for the BC Junior ‘A’ League is the return of the Free Agent Midget Draft. A program that helps to calibre of lacrosse players all around this great province and with all the the reputable coaching staffs in the BCJALL, they will be molding great players from every corner for years to come.

1986 Minto Cup

By: Stan Shillingford

Peterborough Maulers dominated the Ontario Junior “A” League in 1986, racking up 28 straight league and playoff wins.

But, could the OLA champs continue their undefeated way through the Minto Cup tournament against Esquimalt Legion and Coquitlam Adanacs against the odds in the West? Answer: No, they couldn’t.

In fact, the Maulers were dumped three times in the three-team, round robin series’ preliminary round while Esquimalt enjoyed four victories.

The question then was Peterborough still able to capture the Minto Cup? Yes, the Maulers certainly could.

Esquimalt and Peterborough kicked off the series in exciting fashion, the Vancouver Island lads clawing their way to an 18-17 double overtime win.

Greg Pepper scored at 4:41 of the second overtime period with his young squad as he brings his lacrosse pedigree to the organization.

Lew Landess

By: Stan Shillingford

Lew Landess was one of the four Royal City buddies who grew up together and eventually took their multiple lacrosse skills to Victoria in 1955, Lew moved fulltime to Victoria, aiding Shamrocks to Mann Cup titles in 1955 and 1957.

Defensive play may have been his specialty, but he still managed 245 goals and 117 assists in the western Inter-City Lacrosse League and an additional 29 goals and 15 assists with the 1950 Excellors.

After retiring in 1960, Lew took up coaching youngsters for eight years, leading five Intermediate A teams to the 1963 and 1964 provincial titles and the 1966 Junior Shamrocks to the Minto Cup finals.

In 2004, Lew again joined his three buddies — Browning, Severson and Northrup — as an inducted member in the Canadian Lacrosse Hall of Fame. A splendid athletic career for an outstanding individual!

Unfortunately, Lew Landess passed away on October 4, 2012.

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LacrosseTalk British Columbia Lacrosse Association

Where will the Minto Cup will be in 2013?

Both Gait and Droy were placed on the series’ all-star team, along with Maulers’ Jamie Bailey, Esquimalt’s Paul Gait and Greg Pepper, and Coquitlam’s nemtinder Jeff Gobm.
By Duane Bratt, CLA National Resource Person

The inability of Sidney Crosby to play hockey, the early retirement of Eric Lindros, and high profile brain scans of deceased former NFL and NHL players have all put a spotlight on the long-term impact of concussions. Many sports are taking a closer look at how to minimize concussions and reduce the impact (often cumulative) of players who suffer concussions. The days of laughing off a concussion by saying that a player “got his bell rung” are long gone. Lacrosse, like other contact sports, has started to address concussions in more detail in its risk management strategies. The CLA’s coaching committee held concussion education workshops in Halifax (May 2011) and Toronto (September 2012) and is adding concussion protocols to all of its coaching manuals. The CLA is also working with the Coaching Association of Canada to develop an online concussion education tool for all coaches.

A concussion is a brain injury caused by a direct blow to the head, face, neck or anywhere else on the body that causes a severe and sudden movement to the head. A concussion alters the way your brain functions and can cause significant impairment. Symptoms of a concussion may include: loss of consciousness, headache, neck pain, dizziness, sensitivity to light or noise, loss of balance, ringing in the ears, confusion, etc. Coaches can also use concussion tests such as memory function (What is the score? What team did you play last week?) and balance testing to determine whether a concussion may have occurred.

When a concussion is suspected the player should not be allowed to return to play in the current game or practice. When in doubt, sit them out! The player should not be left alone; regular monitoring for deterioration is essential. The player should be medically evaluated following the injury. Return to play must follow a medically supervised protocol: 1. Physical and mental rest until symptom free; 2. Light aerobic exercise such as walking; 3. Individual non-contact lacrosse-specific training such as passing and catching; 4. Team non-contact lacrosse-specific training such as floor drills; 5. Full-contact lacrosse training; and 6. Game play.

It is highly recommended that there should be at least one day between steps, and that any return of symptoms means the players should not go to the next step.

Coaches have the responsibility to take a leadership role in concussion management. Education is key, but coaches also need to be able to resist the efforts of players and parents to shorten the process in the return to play protocol. Please that “he didn’t lose consciousness therefore he doesn’t a concussion” “it’s a big game” “there are scouts in the stands” “we paid a lot of money to go to this tournament” must be ignored in favour of protecting the player’s safety. Returning to play before a player is fully healthy makes him/her more susceptible for further concussions. Multiple concussions are cumulative and can lead to devastating effects such as long-term disability or even an early death.

The good news is that with proper management 90% of concussions last no longer than a few weeks, and do not result in long-term symptoms or cognitive deficits. But the key is proper concussion management! 

BC Lacrosse Association 2013 EVENTS

SUBWAY (R) BCLA Field Lacrosse Provincial Championships
U19 Tier 1 & Tier 2 February 15-17, 2013 Langley, BC
Women’s U12 & U15 Field Invitational February 15-17, 2013 Langley, BC
U12-U16 Tier 1 Boys February 16-18, 2013 Victoria, BC
U12-U16 Tier 2 Boys February 22-24, 2013 Burnaby, BC
Box Lacrosse BCLA Coach Clinics
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The SUBWAY “Way To Go!” Volunteer award is offered to any BC Lacrosse volunteer who best exemplifies the meaning of community and sport. This person goes over and above the call of duty in the BC Lacrosse community.

Jane Boutiller

B.C. Lacrosse Association SUBWAY® Restaurants Volunteer Award

Jane Boutiller

BCLA Provincial Advisor Field Lacrosse - BC Summer Games

Jane Boutiller has been a BC Lacrosse Association volunteer since 1999, when her sons picked up their first lacrosse sticks to play for Mission Minor Lacrosse Association. Already an active member in the community, she quickly went from volunteering at the team level, score-keeping, et al, to a director on the minor club executive. Jane served several years as a director before accepting the role of President. In her tenure, Mission experienced incredible growth in participation with a dedicated group of volunteers.

After 3 years as President of the Box association, Jane and family were drawn to Mission’s fledgling Field Lacrosse program where she focused her future volunteer efforts. Jane credits the drive and encouragement of her husband Brent, for the growth of the field program from 1 team to multiple teams across the age divisions.

In 2008, Jane joined a team led by Cliff Pascas to host the U19 Men’s World Lacrosse Championship in Coquitlam – responsible for ceremonies and VIP hospitality support. She has been the BCLA Provincial Advisor for Field Lacrosse at the BC Summer Games since 2010.

Jane is a proud member of the legacy of the 2008 U19 World tournament, a non-profit foundation that supports initiatives aimed at promoting the development of youth Field Lacrosse in BC and looks forward to another successful event in 2016. Congratulations Jane!

Jane Boutiller

The SUBWAY “Way To Go!” Volunteer award is offered to any BC Lacrosse volunteer who best exemplifies the meaning of community and sport. This person goes over and above the call of duty in the BC Lacrosse community.
Canada Selects Mears as 2014 Head Coach

By: CLA Media release

The Canadian Lacrosse Association announced that they have appointed Randy Mears as the head coach. Mears will serve as the head coach for the Canadian National Team. Mears will guide the team at the 2014 FIL (Federation of International Lacrosse) World Championships in Denver, Colo.

“I am very excited and humbled with this opportunity,” Mears said. “It is a tremendous honor to be a part of Team Canada. With just over two years until the event, there is a lot to be done. I am ready for the challenge and anxious to get started.”

Mears has served as the assistant coach for Canada in each of the past two World Championships. He helped lead the team to the gold medal during the 2006 tournament, while earning a silver medal in 2010. Mears and the 2006 team were inducted into the Canadian Lacrosse Hall of Fame in 2007 after earning the country’s first title in 28 years.

“Randy is no stranger to high performance sport,” said Canadian Lacrosse Association Vice President of International Competition Stewart Begg. “We are pleased to have him be a part of the national team program once again. Both as a player and coach, Randy has shown his passion for the sport so far truly can lead to great things. It is only fitting that his return to Team Canada be as head coach - he has served us well as assistant coach in the past and so we are confident that now is the time for him to take the reigns and lead the 2014 national team to gold.”

The St. Catharines, Ontario native finished his 14th season leading Canisius College in 2010. Mears and the 2006 team were inducted into the Canadian Lacrosse Hall of Fame in 2007 after earning the country’s first title in 28 years.

Recently, Mears was named the Head Coach of the Canisius College men’s lacrosse team and the Men’s Indoor Tournament Coach. He is a long-time member of Team Canada and has served as the assistant coach for the Under-19 Women’s Field team. He is currently the head coach of Syracuse University’s women’s field team, where he has won two gold medals as an assistant coach and four times as a member of the coaching staff.

Calgary first round draft pick Matthew Drozdal battles Ian Poole at the faceoff dot in NLL action at the LEC. Calgary trousered Colorado 20-11.

Roughnecks Rock Mammoth in NLL Pre-season Action

By: Gary Ahuja, Langley Times

It wasn’t a sellout like the previous year, but the December 8th exhibition tilt was a hit regardless. “It was an exciting game,” said Jared Haman, the Langley Events Centre’s director of business development. “Anytime we have pro sports or sports of that calibre in Langley, it is fun for everybody involved.

More than 4,000 fans were out at the LEC on December 8 to watch the Colorado Mammoth and Calgary Roughnecks battle in National Lacrosse League exhibition play. Last year’s contest between the Toronto Rock and Washington Stealth was a sellout (5,200 fans).

The game was missing one of the sports’ biggest names as John Grant Junior was unable to play because of the flu.

The teams combined for a dozen goals in the opening frame — six apiece — before Calgary took control in the second quarter with a 7-1 opening frame — six apiece — before Calgary took control in the second quarter with a 7-1 advantage and never looked back.

The final score was 20-11 for the Roughnecks.

Jeff Shattler (Shawinigan). The experiences gained on such a magnitude of stage should definitely make them much experience, success and passion for the sport and national team program. We look forward to the continued preparation of Canada’s best Men’s Field team.

With the coaching and support staff now set, the next step for the CLA and the 2014 Team Canada staff is to fill the roster with the best Canadian players.

Jeff Shattler (Shawinigan) and Curtis Dickson (Maple Ridge Burrards) scored five goals apiece for the victors, while Jordan Mc- Coughlin (Magnetawan). The experiences gained on such a magnitude of stage should definitely make them much experience, success and passion for the sport and national team program. We look forward to the continued preparation of Canada’s best Men’s Field team.

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In a prelude to 2014, a Team Canada squad flew to Denver in early September to take on Team USA in what was dubbed the ‘Duel in Den- ver’. Though not the final squad who will rep- resent Canada at the 2014 World Championships, Team Canada came out top defeating Team USA 11-9. “It was a beautiful night in a terrific venue and a strong step in the right direction for our 2014 effort,” said National Team Chair Dave Huntley. “It was classy, gritty effort by a group of Canadian honing the legacy of Chris Sanders- son, continued Huntley.

With the win in the ‘Duel’ fresh in their minds and on the horizon, Team Canada looks to improve on the 2010 World Championship silver medal as they battle for the gold in 2014. Player applications for the 2014 Men’s Field team are not yet being accepted. Once the player applica- tion period starts, they will be posted on the CLA website, www.lacrosse.ca.

The 2014 FIL Men’s World Championships will be held in Denver, Colorado at Dick’s Sport- ing Goods Park July 10-19, 2014. More than 40 countries and nearly 1,000 athletes are expected to compete in the 2014 championships.

Canada Head Coach Randy Mears

Canada’s silver medal result in 2010.

recently as head coach for the 2011 World Champs Men’s Indoor Team, Eddie will be a huge asset to the team. With a masters degree in sport coaching, level three NCCP certification and course conductor, Eddie is a natural-born leader. He was head coach and general manager for two seasons with the NLL’s Orlando Titans, where he was selected as GM of the Year in 2009.

Jeff Comber (Port Coquitlam, BC) - Assistant Coach. As B.C. Lacrosse Association Marketing Director, Jeff’s passion for the game is apparent. A long-time advocate and supporter of the game, Jeff is a long-time member of Team Canada, last taking on the role as bench coach of the 2010 silver medal Men’s Field Team Canada in Man- chester, England. Jeff has represented Canada on seven different occasions, three times as a player and four times as a member of the coaching staff.

Gary Gait (Fayetteville, NY) - Assistant Coach - Defence. Gary has extensive experience in coaching and playing at the international level having participated in the 1990, 1994, 1998, and 2006 World Championships as a player, and in 2003 and 2008 as a coach of the U-19 Men’s Field. He is currently the head coach of Syracuse University’s women’s field team, where he has won two gold medals as an assistant coach and four times as a member of the coaching staff.

Eddie Comeau (Syracuse, NY) – Scout. A five-time Team Canada staff member, most

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Gary Gait (Fayetteville, NY) - Assistant Coach - Defence. Gary has extensive experience in coaching and playing at the international level having participated in the 1990, 1994, 1998, and 2006 World Championships as a player, and in 2003 and 2008 as a coach of the U-19 Men’s Field. He is currently the head coach of Syracuse University’s women’s field team, where he has won two gold medals as an assistant coach and four times as a member of the coaching staff.

Eddie Comeau (Syracuse, NY) – Scout. A five-time Team Canada staff member, most

Jeff is a long-time member of Team Canada, last taking on the role as bench coach of the 2010 silver medal Men’s Field Team Canada in Manche- ster, England. Jeff has represented Canada on seven different occasions, three times as a player and four times as a member of the coaching staff.

In a prelude to 2014, a Team Canada squad flew to Denver in early September to take on Team USA in what was dubbed the ‘Duel in Den- ver’. Though not the final squad who will rep- resent Canada at the 2014 World Championships, Team Canada came out top defeating Team USA 11-9. “It was a beautiful night in a terrific venue and a strong step in the right direction for our 2014 effort,” said National Team Chair Dave Huntley. “It was classy, gritty effort by a group of Canadian honing the legacy of Chris Sanders- son, continued Huntley.

With the win in the ‘Duel’ fresh in their minds and on the horizon, Team Canada looks to improve on the 2010 World Championship silver medal as they battle for the gold in 2014. Player applications for the 2014 Men’s Field team are not yet being accepted. Once the player applica- tion period starts, they will be posted on the CLA website, www.lacrosse.ca.

The 2014 FIL Men’s World Championships will be held in Denver, Colorado at Dick’s Sport- ing Goods Park July 10-19, 2014. More than 40 countries and nearly 1,000 athletes are expected to compete in the 2014 championships.

Canada Head Coach Randy Mears

Canada’s silver medal result in 2010.
McGill Crowned CUFLA Champ!

By: Earl Zukerman, Communications Officer Athletics & Recreation, McGill University

Captain Sharplees to the rescue, scores in overtime for win that leads to another CUFLA title.


The 2012 Draft Results: Rush Select Mark Matthews First

By NLL.com

Read the full story for the full list of selections.

The 2012 NLL Draft at the Toronto Westin Harbour Castle is now complete. A total of 56 players heard their name called at the 2012 NLL Entry Draft, held at the Harbour Castle in Toronto on Monday night. As expected, the Edmonton Rush selected Mark Matthews, the consensus top-rated prospect out of Denver University, with the first overall pick.

The full Draft results are as follows:


TAYLOR SIPPERLY OF CHARLOTTE, N.C., SCORED THE WINNER FOR THE UNIVERSITY OF MONTREAL, WITH THE FIRST OVERALL PICK.
For McGill Redmen, Sharples Scores the One Goal that Counts

Lord Byng graduate named Canadian university lacrosse league’s most outstanding player

By: Megan Stewart, Vancouver Courier Staff Writer

Jishan Sharples scored twice in a semi-final Canadian university field lacrosse game against Guelph University Nov. 3. He scored two more in the championship final.

One, two or five? How many goals did Vancouver’s Jishan Sharples score for McGill in the Canadian university field lacrosse championship?

Although the number grows with the memory of the Redmen winning their first-ever Baggatave Cup and with the embellishment of legend, the answer, according to Sharples, is “just one goal.”

Even he’s wrong, if modestly so. Sharples scored twice in the final, held Nov. 4 in Peterborough, and one all McGill was scored.

Tied 6-6 against the Western University Mustangs in a game that had seen a dozen goals and two extra frames, Sharples fired home the winning point in double overtime. Twelve seconds remained on the clock when he ended the game.

The 21-year-old graduate of Lord Byng also scored earlier. In the fourth quarter with 15 seconds remaining in the championship, Sharples gave McGill the go-ahead goal to lead 6-5. The Mustangs answered with one of their own nine seconds later to force overtime.

Since then, website misreports and newspapers have rewritten details. In an interview with the Courier, Sharples laughed it off.

“That number just kept growing. It’s bizarre,” said Sharples.

From his dad, the high-calorie superstition is a source of sugary energy and confidence.

“I picked 16 because it was my lucky number,” said Sharples, “and the final point, right when overtime came when I scored the final goal, the stream cut out.”

With the feed down for no more than 10 seconds, the father missed his son’s goal. The announcers filled in the blanks.

“He’s been one of the biggest support systems for me,” said Sharples about his dad. “He’s such a great leader and someone to look up to.’”

As a bantam player, Sharples left the Killarney association for Bumaby Mountain Selects, a highly competitive program focused on U.S. tournaments frequented by NCAA scouts. The ambition is to score athletic scholarships, which Sharples also actively pursues. He was recruited by 18 schools. Academics were as important as athletics, he decided. Now a finance major, he will graduate next semester with a goal to work in management consulting.

Since childhood, he was set on attending the University of Western Ontario, his mother’s alma mater, and playing for the Mustangs. A 30-minute conversation with the Redmen’s head coach Tim Murdoch convinced him McGill was the right fit. (CLULFA is located in Ontario and Quebec. In B.C. Simon Fraser plays in the primarily U.S.-based Pacific North Collegiate Lacrosse League.)

Owen Lyons, Ondonaga Faitherkeeper on behalf of the Ondonaga Nation Council of Chiefs said, “The Ondonaga Nation is extremely proud to host the international lacrosse community and is looking forward to a successful and fun-class event. The strength of the Buffalo Bandits organization, coupled with the historical and spiritual significance of hosting the championship on the homelands of the Haudenosaunee people will make this an event to remember.”

Scott Loffler, Director of Operations of the Buffalo Bandits has this to say: “The Buffalo Bandits are extremely pleased to be selected as host, along with the Ondonaga Nation, of the will in 2015. As we have seen in the past, the Bandits, Buffalo Sabres, and the City of Buffalo do an excellent job of putting on world class events. It will be very exciting for our fans to not only see the best lacrosse players in the world, but now they will have the opportunity to see the best indoor lacrosse players in the world.”

Jishan Sharples scored twice in a semi-final Canadian university field lacrosse game against Guelph University Nov. 3. He scored two more in the championship final.

He is still true to another childhood allegiance. Sharples eats 16 — no more no less, colour irrelevant — Jelly Belly jelly beans before each match. A habit picked up on a word of advice from his dad, the high-calorie consumption is a source of energy and confidence.

“I picked 16 because it was my lucky number. It was my dad’s number,” said Sharples, who wore No. 16 before he switched to No. 7.

The candy draws guffaws, he said. “Most people just laugh. I just offer them some. Right before a big game, I’m just munching on jelly beans.”

That’s 16 candies and two goals, for the record.

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Lacrosse Awards 2015 World Indoor Championship to Haudenosaunee Nation

Syracuse and Buffalo Provide Exciting Dual Venues

By: Jeff Barnhill, FIL, Vice President

Stock Cockerton, President of the Federation of International Lacrosse (FIL) is delighted to announce that the 2015 World Indoor Lacrosse Championship (WILC) has been awarded to the Haudenosaunee Nation.

The Championship, which takes place every four years, will be held in Syracuse and Buffalo, New York from September 18-26, 2015.

In making the announcement Cockerton stated: “The Federation of International Lacrosse (FIL) is excited to announce that the Haudenosaunee Nation has been awarded the hosting rights for the 2015 WILC and we are extremely confident that the hosting commitment, under the leadership of Neil Powless and Gever Shindler, will run an event that the FIL and the international lacrosse community will be proud of.”
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